

## Strategic Needs Assessment 2025



## Why?

- To inform the next WDHSCP Strategic Plan
- To contribute to the ‘bigger picture’ on the changing landscape for health & care services in line with Public Sector Reform

Any queries please contact [wdhscp@west-dunbarton.gov.uk](mailto:wdhscp@west-dunbarton.gov.uk)

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Sources and  
contributors

NHSGGC Health and Wellbeing Survey – West  
Dunbartonshire

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Public Health Scotland

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NHSGGC Public Health Directorate

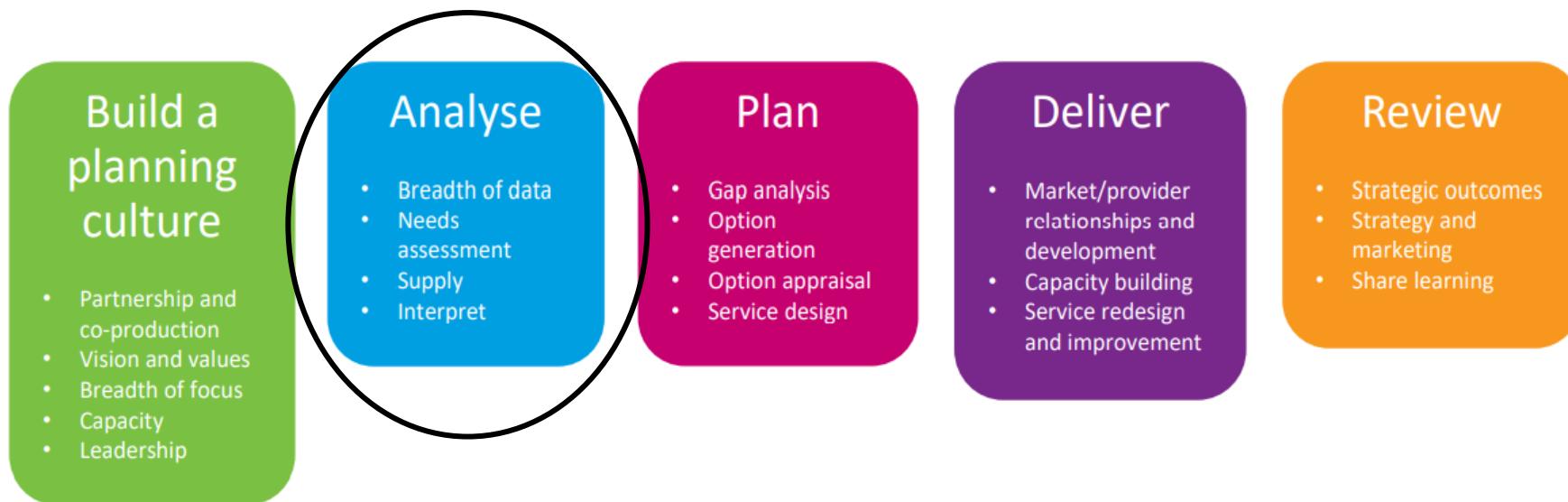
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WDHSCP Strategy and Transformation

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# Strategic Planning: Good Practice Framework



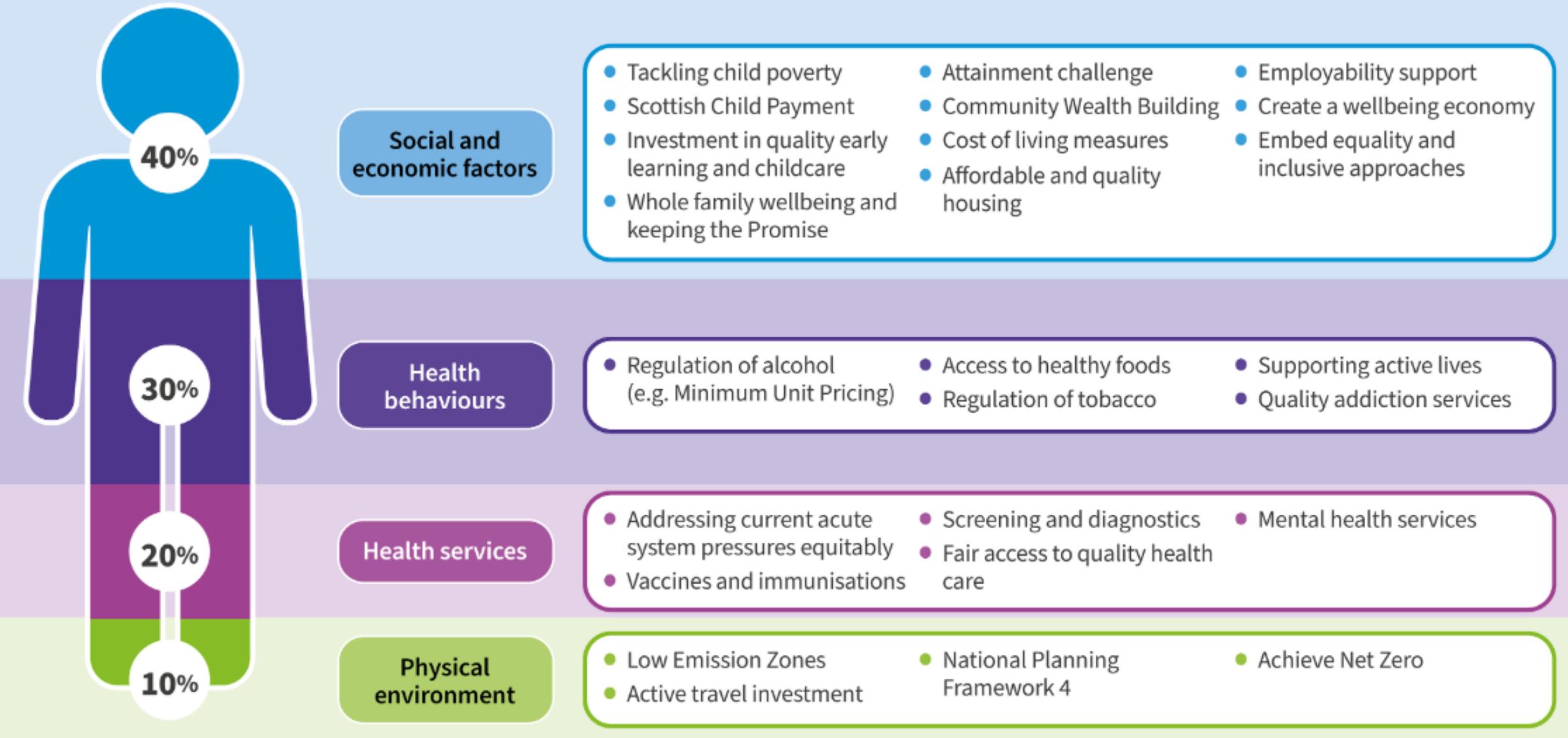
Source = [Strategic planning good practice framework](#)

Health and social care -  
strategic plans: statutory  
guidance (2024)

# Cover

- Demographics
- Babies, Children and Young People
- Adults and Older People

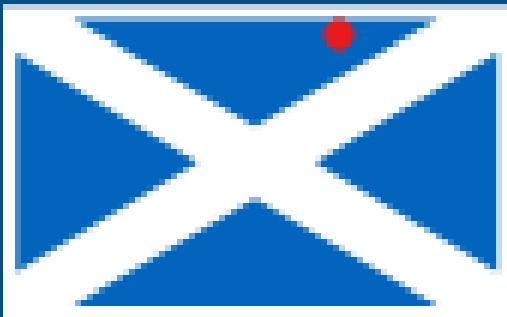
# What shapes our health



Adapted from The Kings Fund (<https://www.kingsfund.org.uk/publications/vision-population-health>)

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# Census 2022



**Scotland's Census**  
Shaping our future  
A' dealbhadh ar n-àm ri teachd

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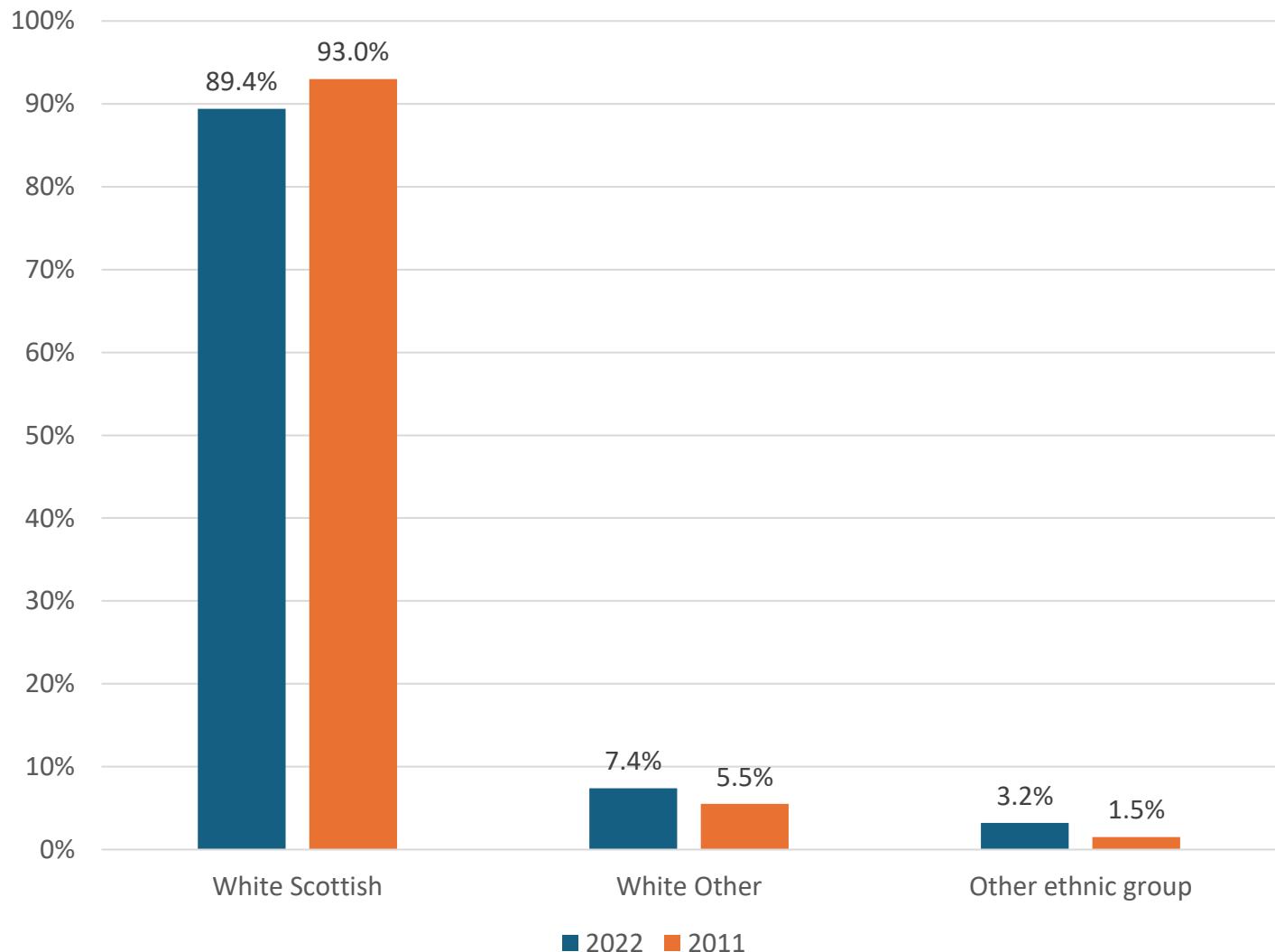
[2022 census | Scotland's Census](#)

# Census 2022 Ethnicity

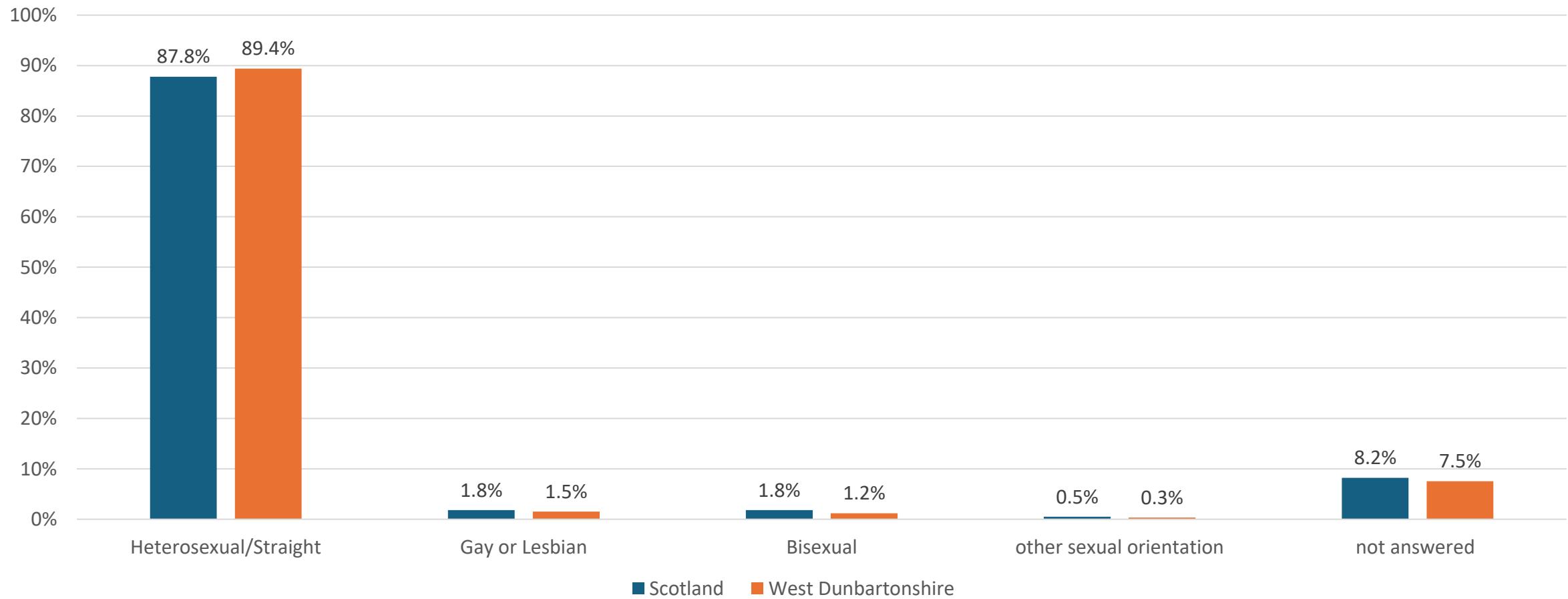
More Communication support required

- deaf or partially hearing impaired
- Increasing number of people have another language as main language
- 50 languages top 5 Polish, Arabic, Ukrainian, Malayum, Urdu

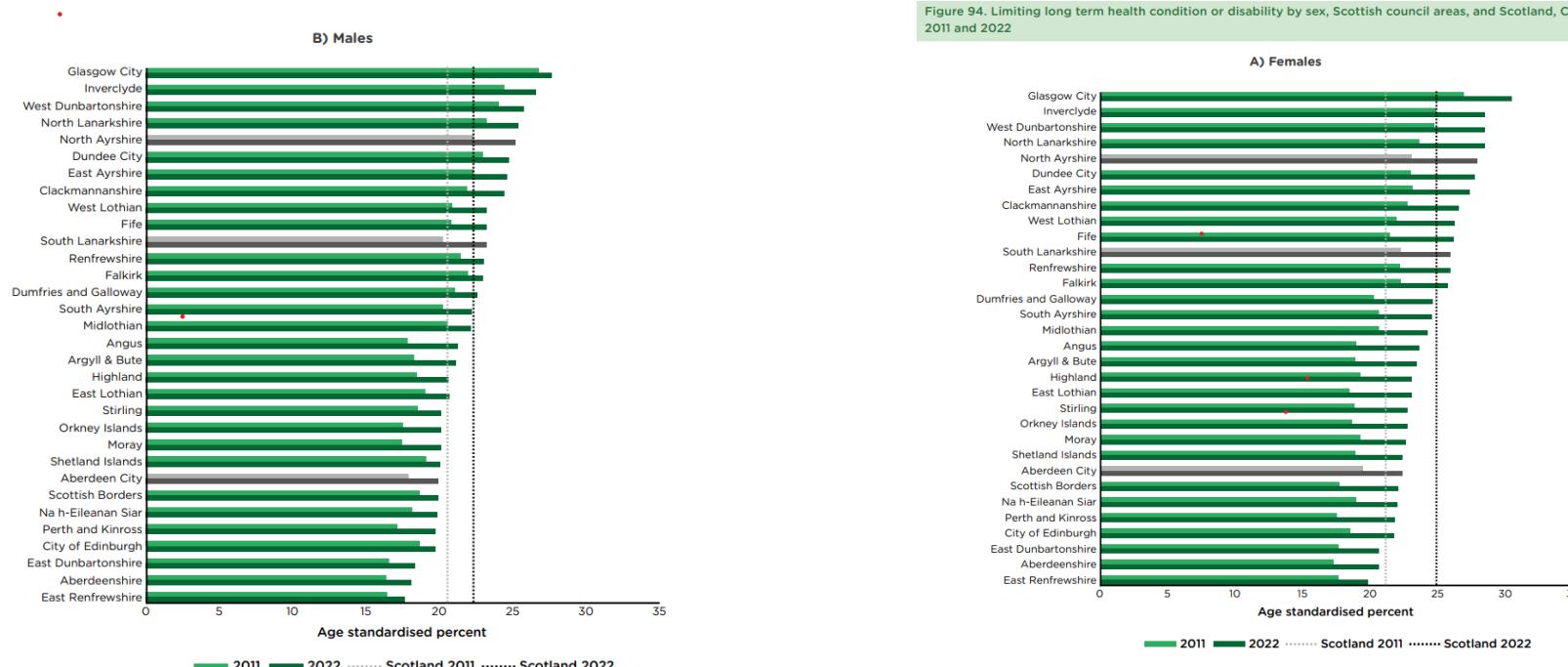
West Dunbartonshire Ethnicity Breakdown 2022 and 2011



# Census 2022 Sexual Orientation



# Limiting Long term health conditions by sex



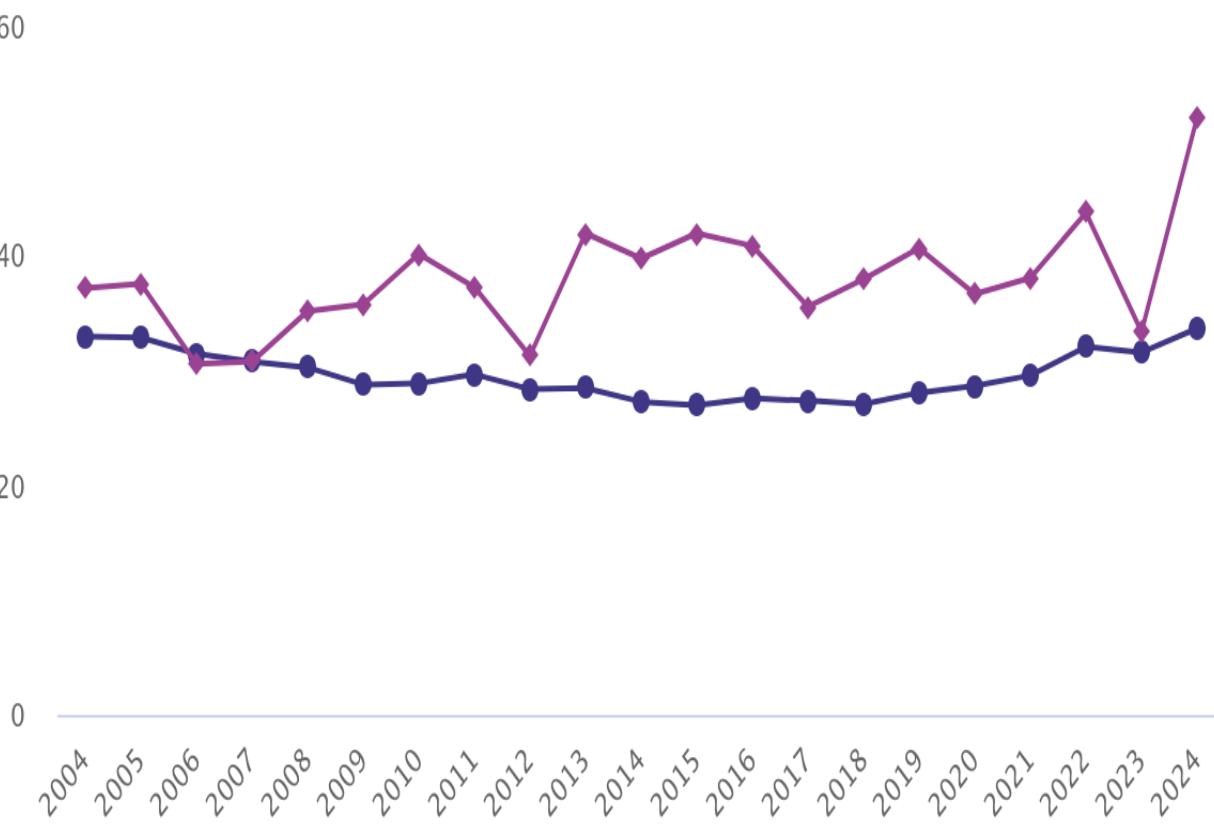
Census 2022	% of Scottish Population 2022	% of West Dun population 2022	number of people 2022	2011	% of West Dun population 2011	number of people 2011
Long-term illness, disease or condition	21.4%	23%	20362			
Mental health condition	11.3%	12.7%	11190	Mental health condition	5.7%	5188
Physical disability	9.7%	11.8%	10465	Physical disability	8.3%	7159
Deaf or partially hearing impaired	7.1%	7.3%	6440	Deafness or partial hearing loss	7.2%	6572
Blind or partially vision impaired	2.5%	2.6%	2276	Blindness or partial sight loss	2.6%	2360
Full/partial loss of voice or difficulty speaking	0.3%	0.4%	346	One or more conditions	32.6%	29592
Has one or more of learning disability, learning difficulty or developmental disorder	5.2%	5.2%	4571	Learning disability	0.5%	482
				Learning difficulty	1.9%	1685
				Developmental disorder	0.7%	607
				Other condition	20.5%	18583

No of West Dun recipients as at Summer 2025	Main reasons for receiving in Scotland
Adult disability payment	2/5 Mental and Behavioural disorders
Pension Age disability payment	1/3 for arthritis
Child Disability Payment	3/4 for Mental and Behavioural disorders

# Economic inactivity due to long-term ill health

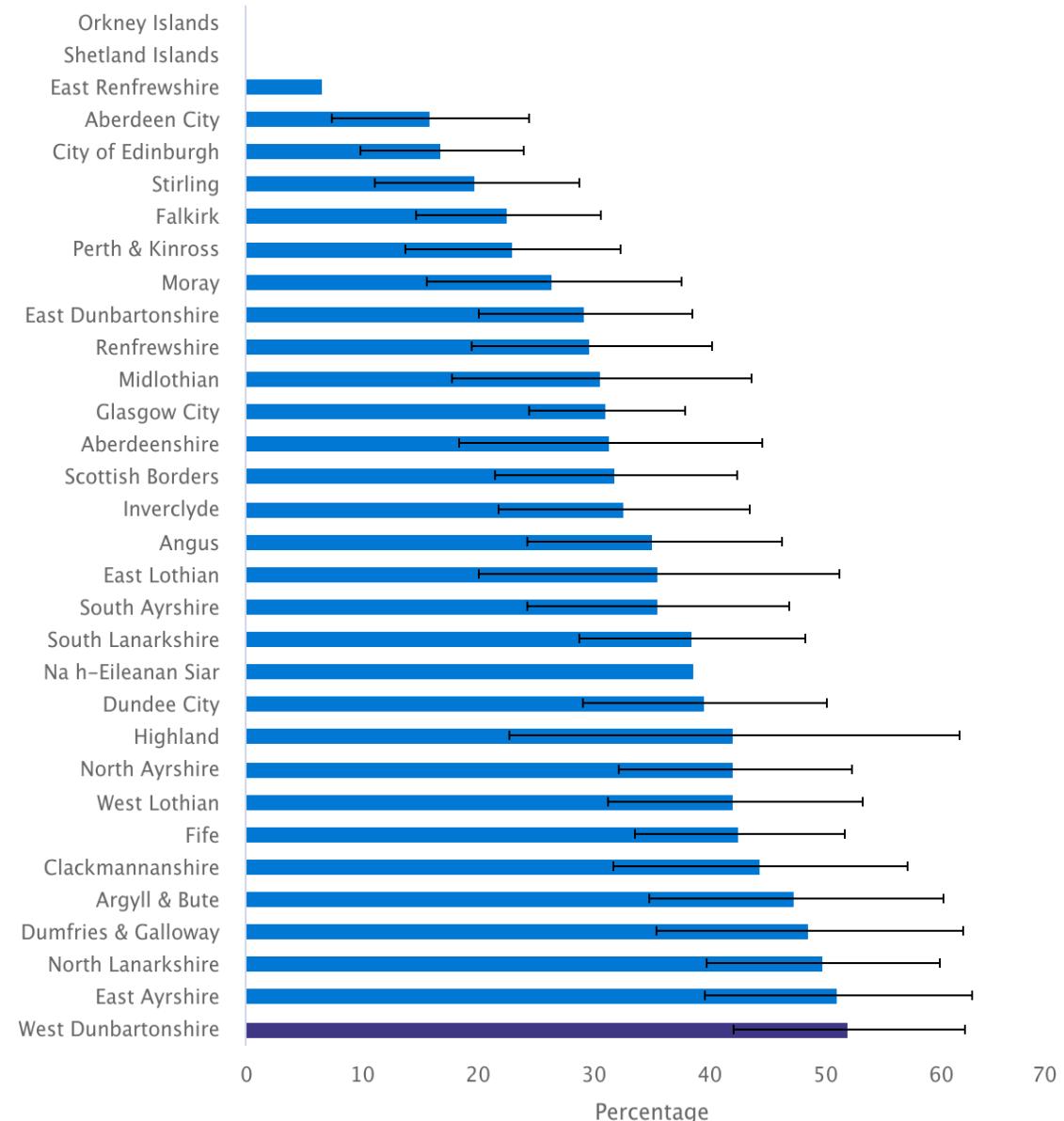
2004 to 2024

Scotland West Dunbartonshire



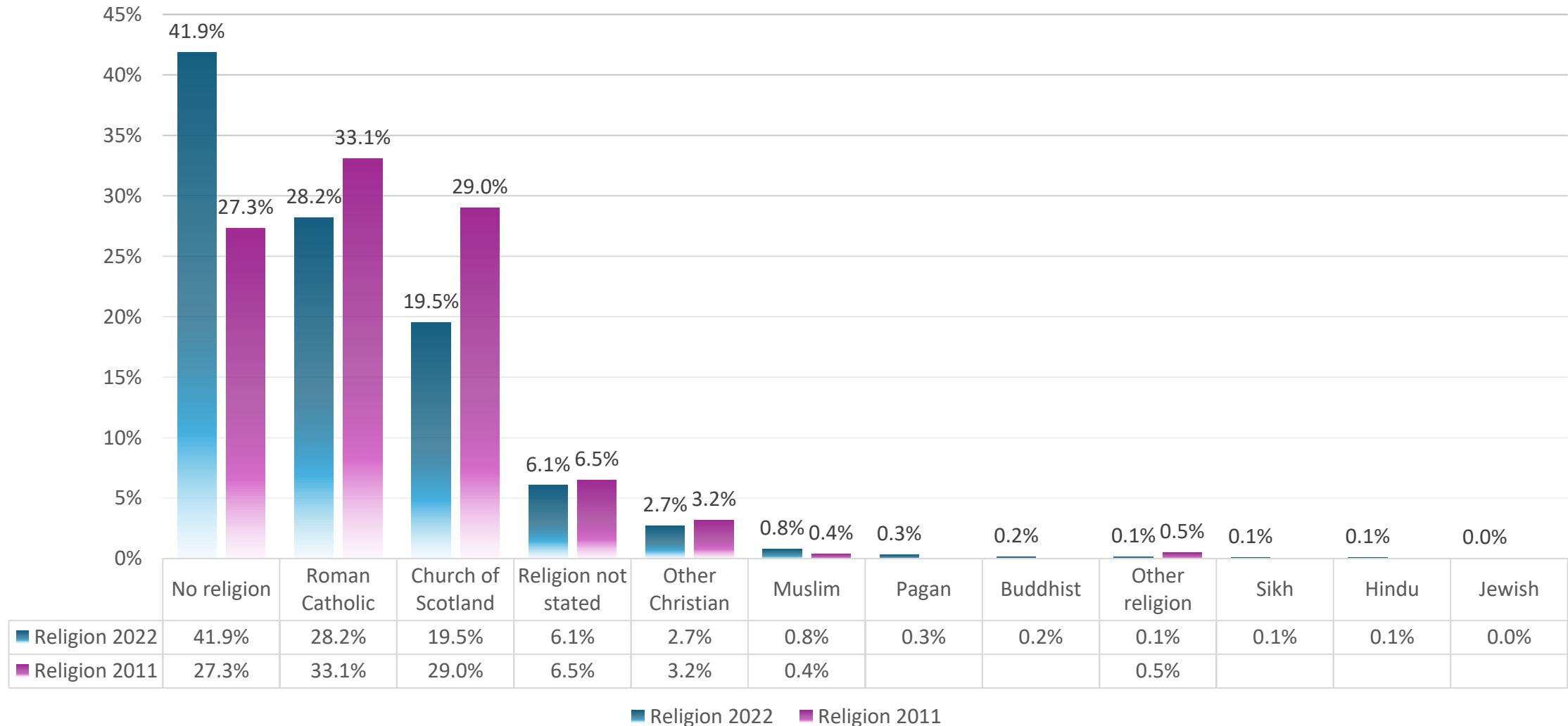
## Economic inactivity due to long-term ill health split by Council area

Council area – 2024 calendar year

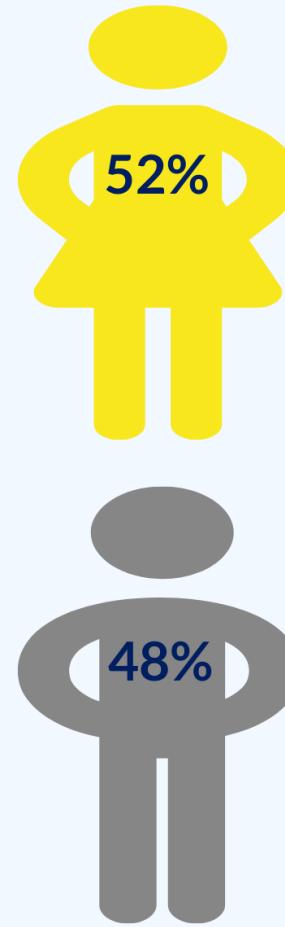
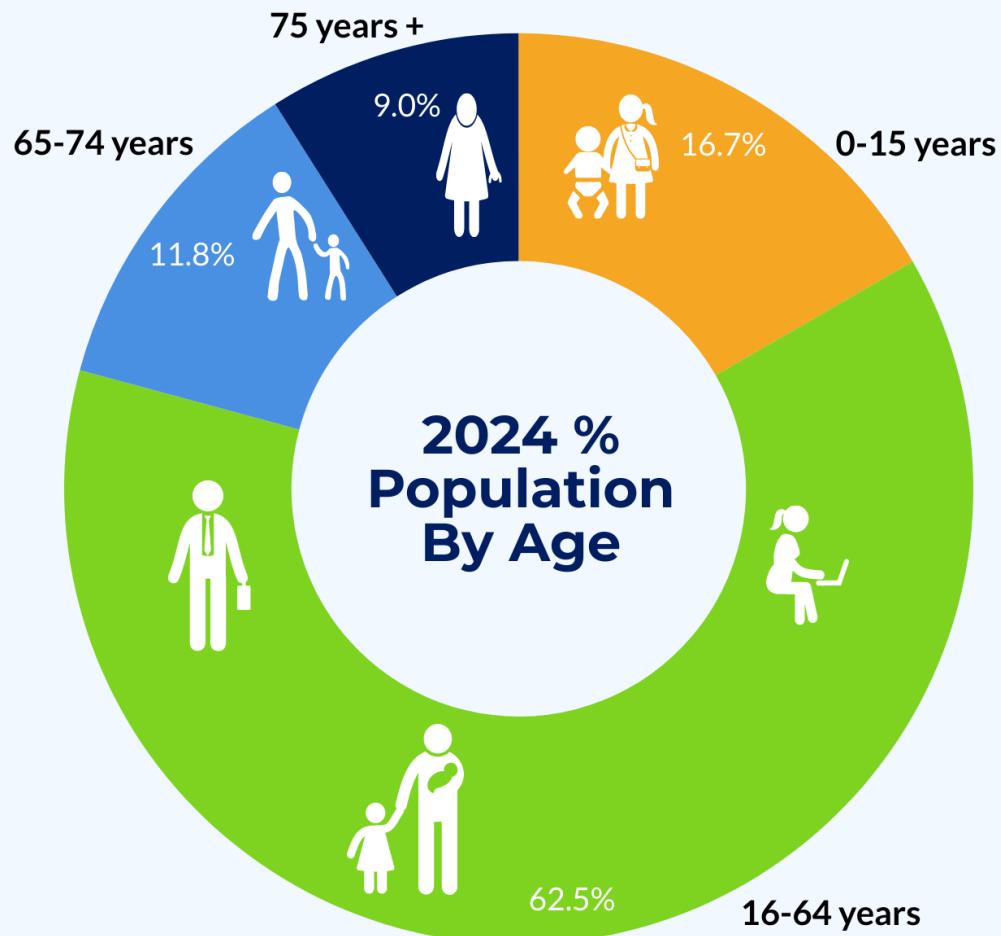


# Census 2022

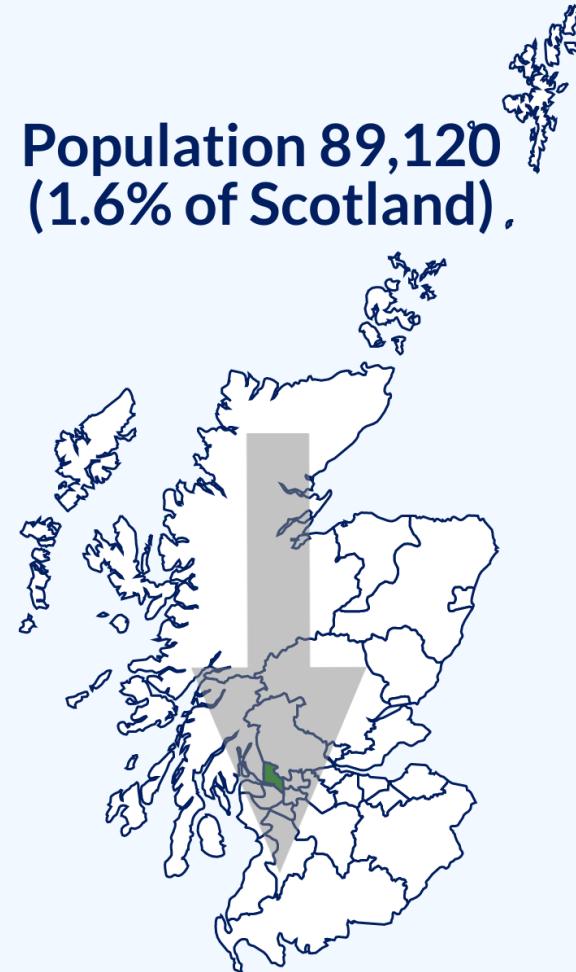
## RELIGION IN WEST DUNBARTONSHIRE



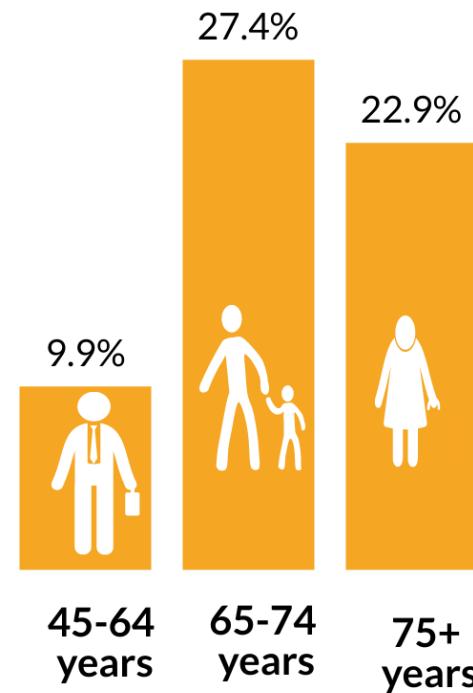
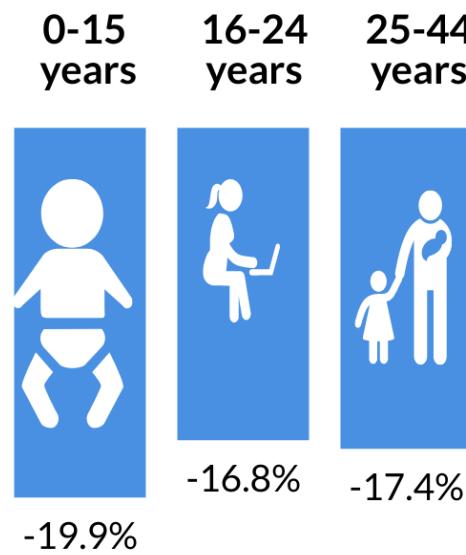
# WD Current Population Profile 2025



**Population 89,120  
(1.6% of Scotland).**



# Population change by age group 2001-2024



4.5% decline in population between 2001-2024



800 live births in 2024 a decrease of 17.7% since 2001



1131 deaths in 2024 3rd highest death rate in Scotland



# Leading causes of death 2023

Note: cancer would be the leading cause of death if all cancers were grouped together

## Females



Dementia & Alzheimers  
Disease **11.8%**

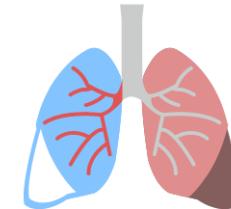


Ischaemic Heart  
Disease **8.5%**

## Males



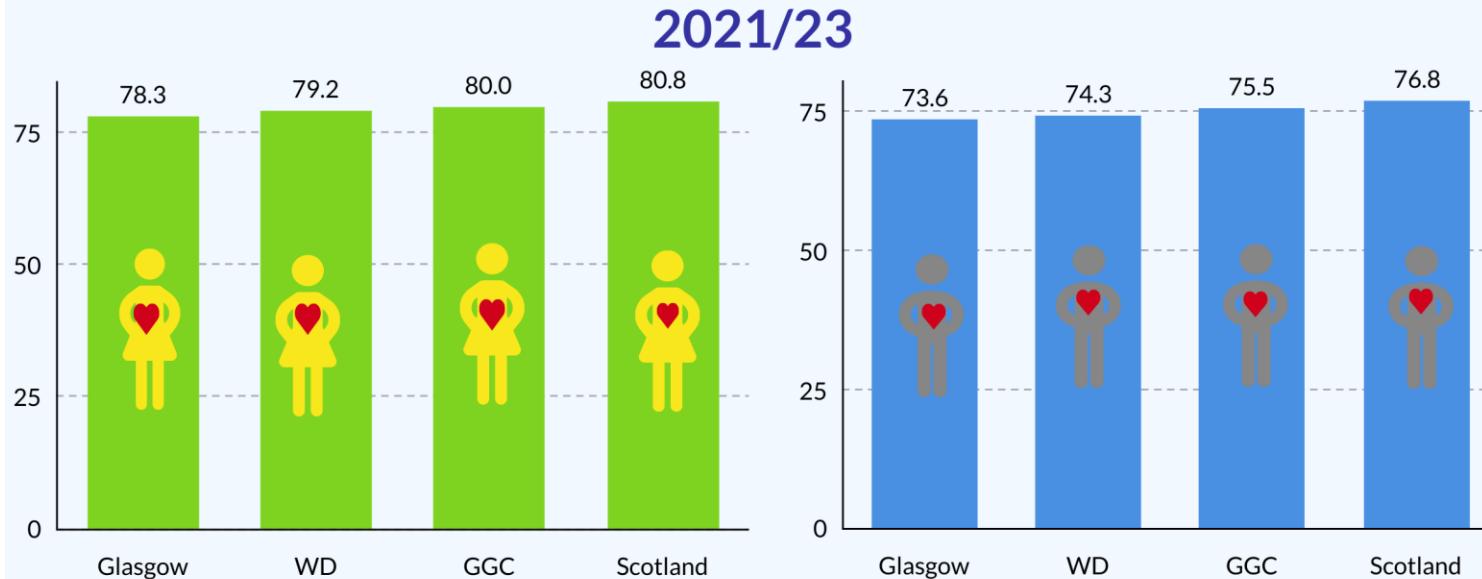
Ischaemic Heart  
Disease **15.6%**



Lung cancer **6.7%**

## Female Life Expectancy

4th lowest



## Male Life Expectancy

2nd lowest

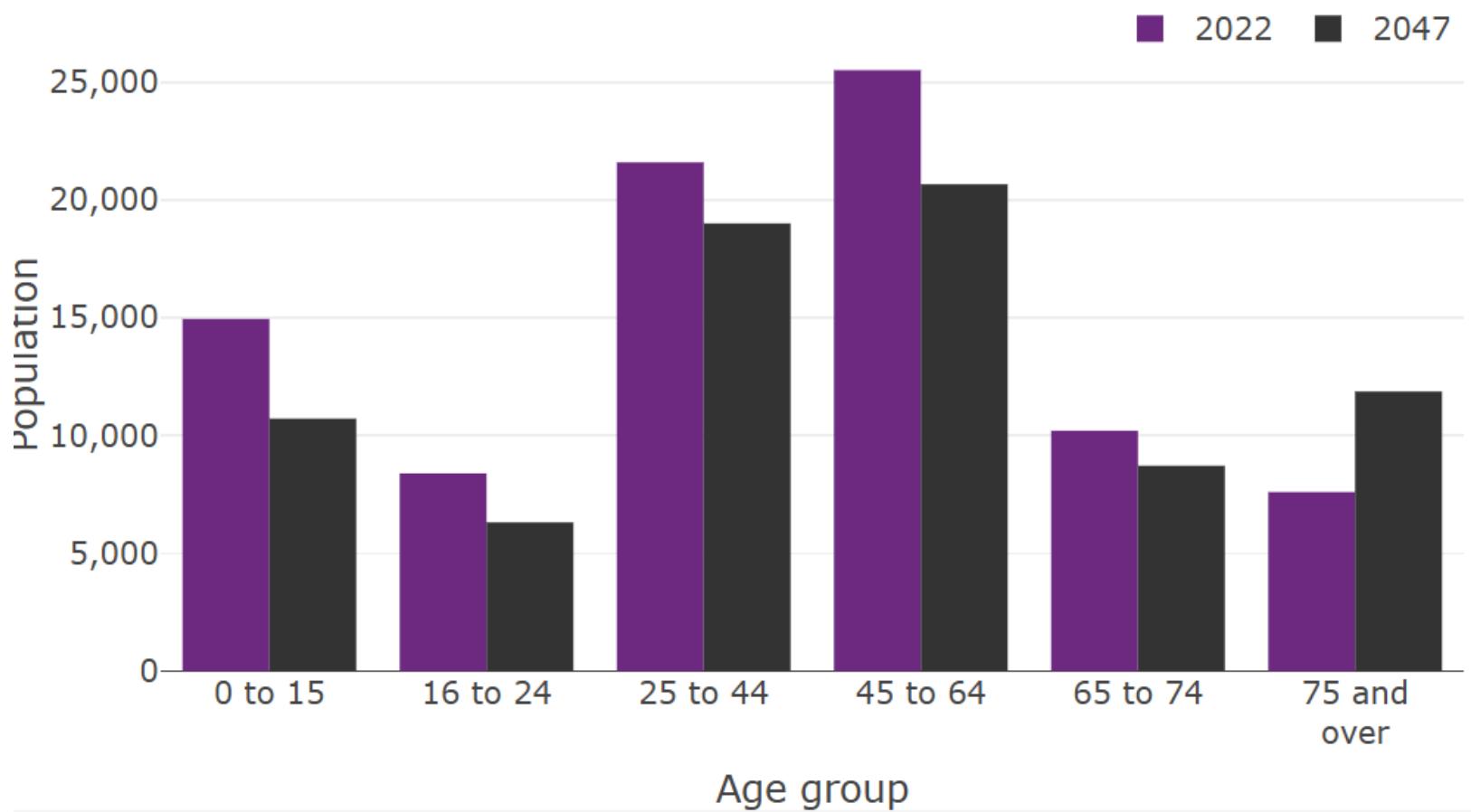
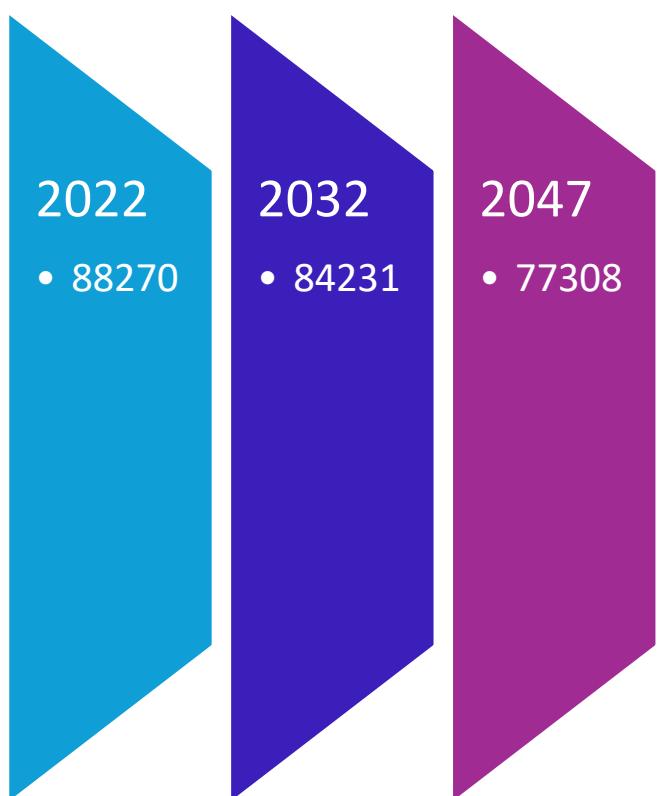


  
**55.4 years**  
Gla City 57.5 yrs  
GGC 58.6 yrs  
Scotland 60.0yrs

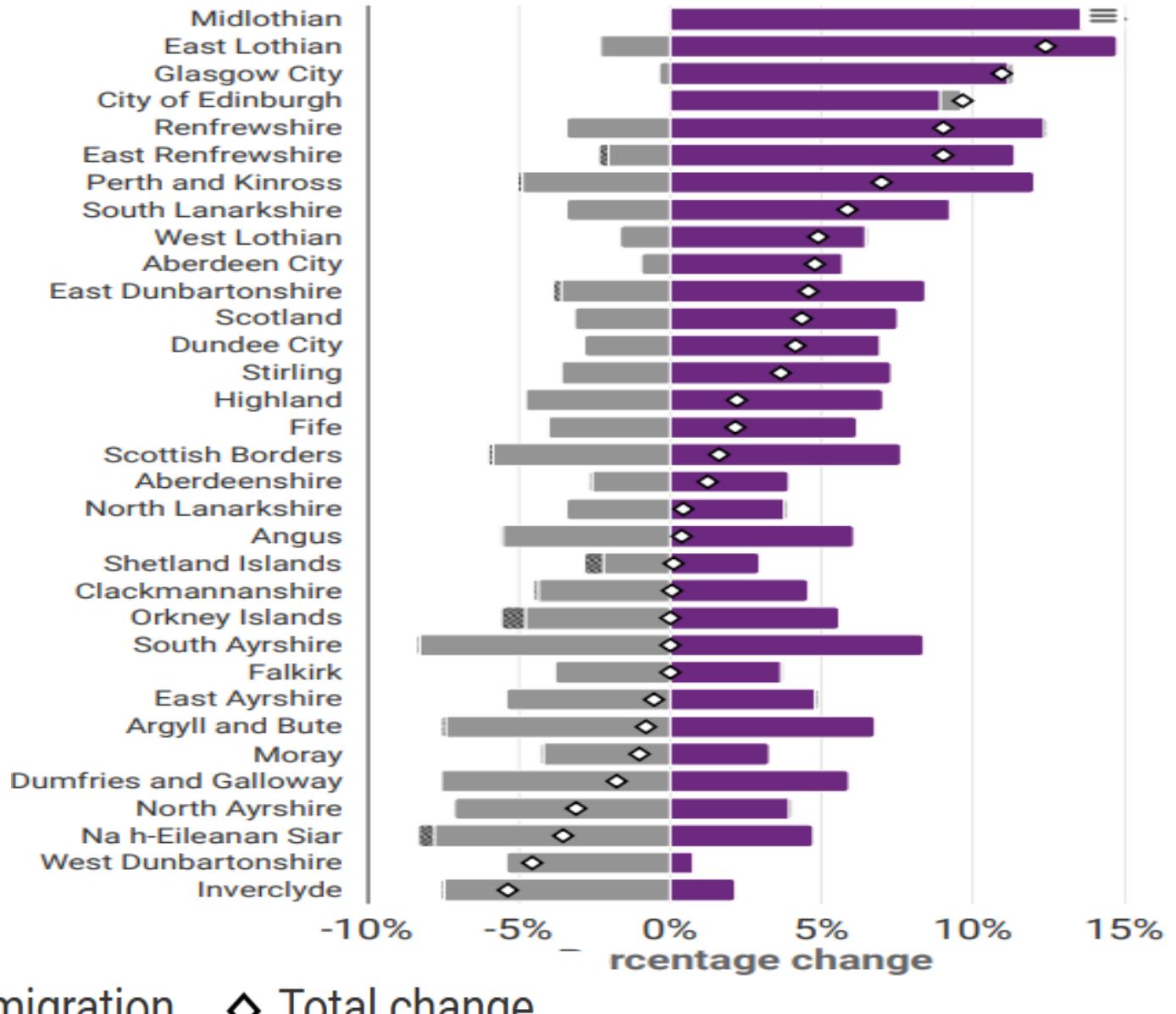
**Healthy Life Expectancy 2021-23**  
Decreasing for WD & Scotland  
**females: 5th lowest**  
**males: 3rd lowest**  
in Scotland

  
**55.1 years**  
Gla City 56.8yrs  
GGC 58.0 yrs  
Scotland 59.6yrs

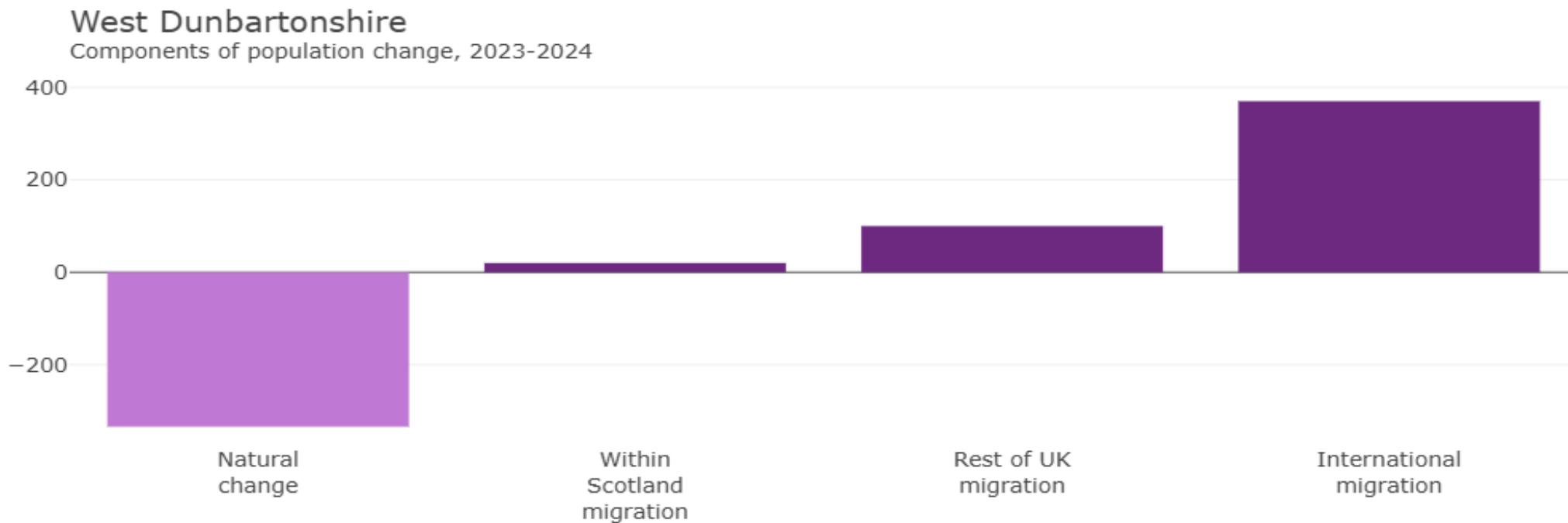
# West Dunbartonshire Population projections to 2047



Projected components  
of population change,  
council areas, mid-2022  
to mid-2032



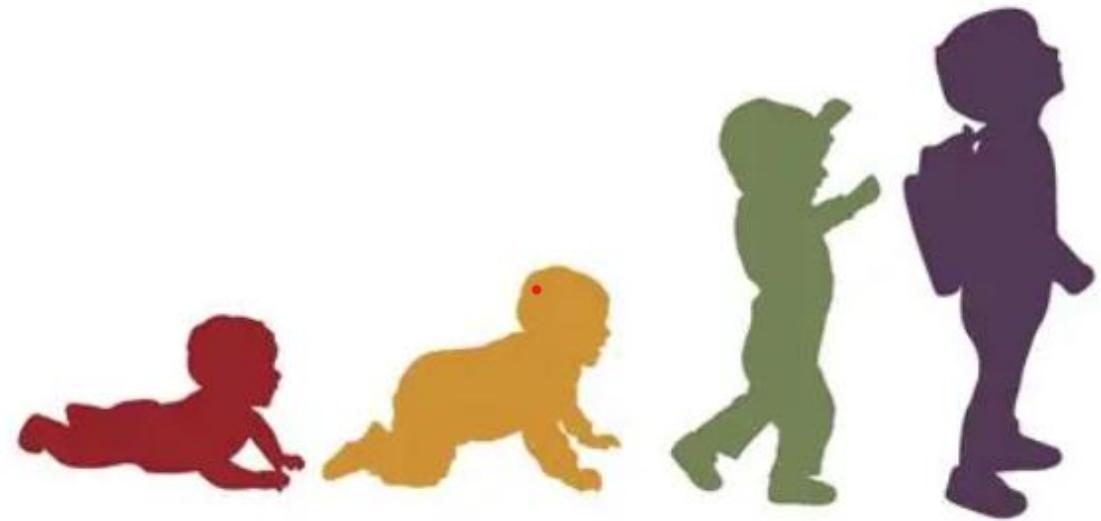
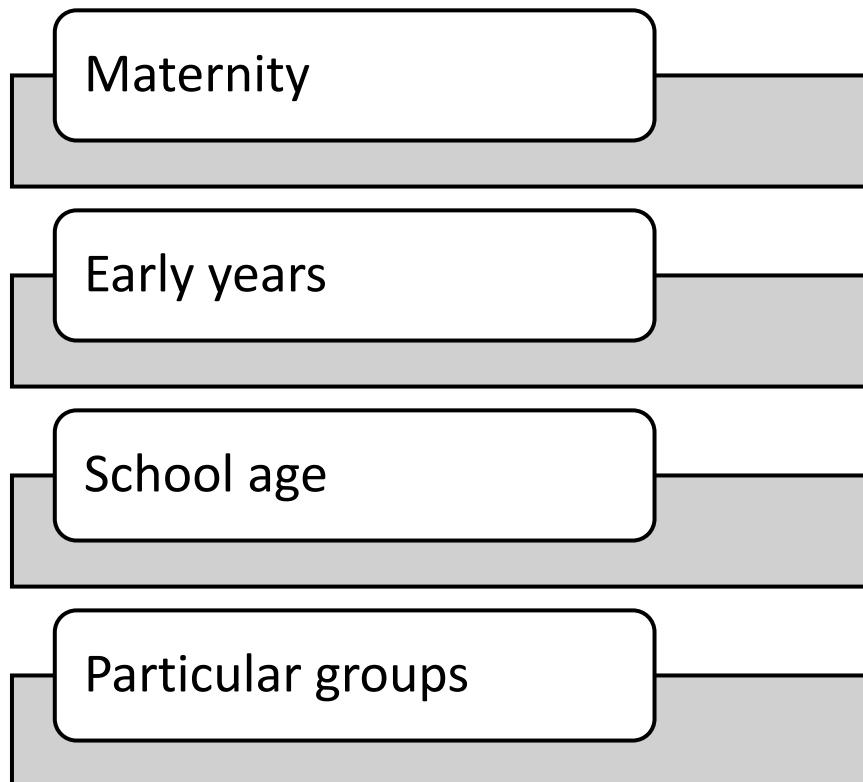
# Population change 2023-24



# Summary Demographics

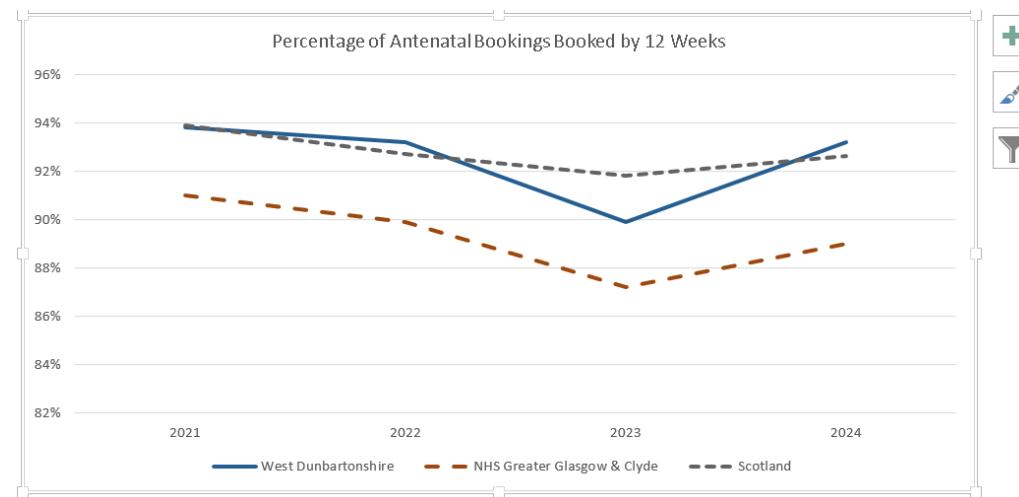
- Our population has become smaller and is projected to reduce to 77K by 2047
- It is an ageing population which is becoming more ethnically, religiously and culturally diverse
- In common with the rest of Scotland, the percentage of the population with long term conditions has increased, particularly for females with the nature of disability becoming more diverse.

# Babies, Children and Young People



# Antenatal Bookings

Meet Your Midwife - NHSGGC



Source: [Antenatal booking in Scotland - Calendar year ending 31 December 2024 - Antenatal booking in Scotland - Publications - Public Health Scotland](#)

The percentage is Number of maternities booked by 12 gestational weeks/All maternities with a known gestation at booking.

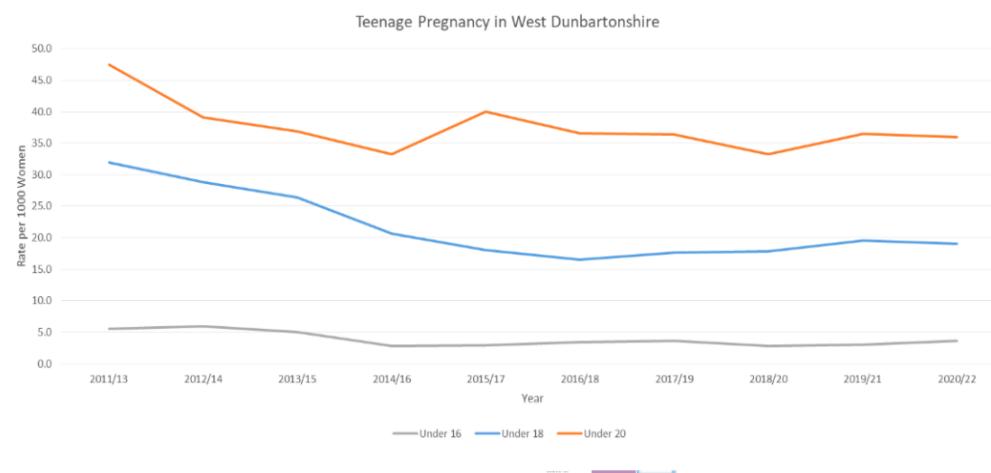
Source: ABC

Percentage of Antenatal Bookings Booked by 12 Weeks				
	2021	2022	2023	2024
West Dunbartonshire	93.8%	93.2%	89.9%	93.2%
NHS Greater Glasgow & Clyde	91.0%	89.9%	87.2%	89.0%
Scotland	93.9%	92.7%	91.8%	92.6%

## West Dunbartonshire Teenage Pregnancy Rates

West Dunbartonshire has seen a general decline in teenage pregnancy across all age groups. The grey line represents <16 year olds, the blue line represents <18 year olds and the orange line represents <20 year olds.

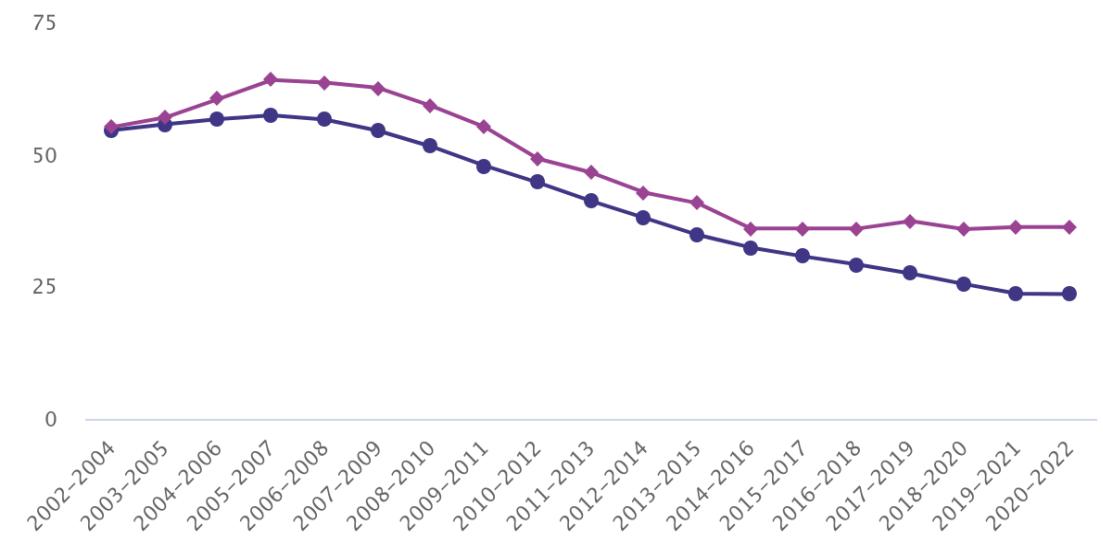
The downwards trend in teenage pregnancy appears to have stalled, and increased slightly in 2019/21 for all age groups.



## Teenage pregnancies

2002-2004 to 2020-2022

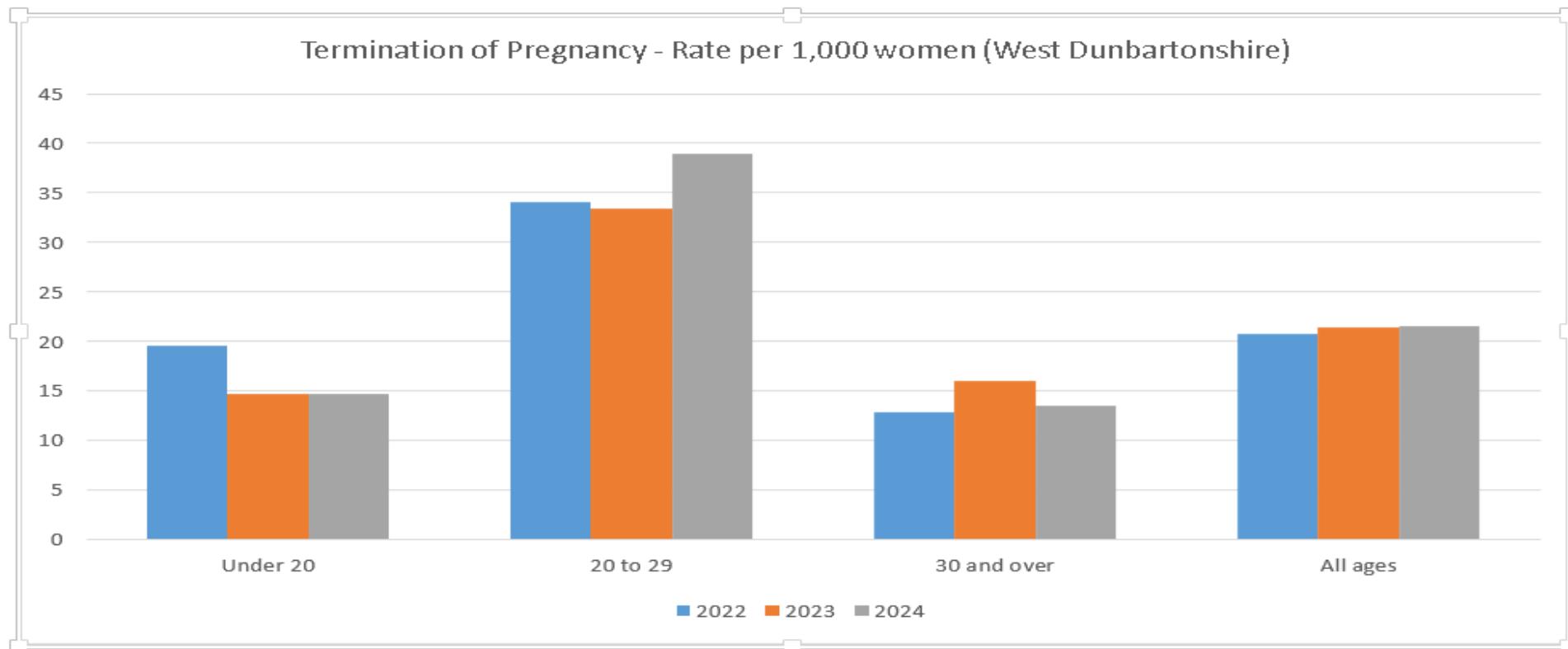
Scotland    West Dunbartonshire



2002-2004 to 2020-2022  
Crude rate per 1,000 females aged 15-19

Age Group	2022	2023	2024
Under 20	19.5	14.7	14.7
20 to 29	34	33.4	38.9
30 and over	12.9	16	13.5
All ages	20.7	21.4	21.5

# Termination of pregnancy



Source:

[Termination of pregnancy statistics - Year ending December 2024 - Termination of pregnancy statistics - Publications - Public Health Scotland](#)

Rates calculated using populations within each age group (based on 2023 mid-year population estimates)

Source: Termination of Pregnancy Submissions Scotland (ToPSS), PHS.

# Termination of pregnancy

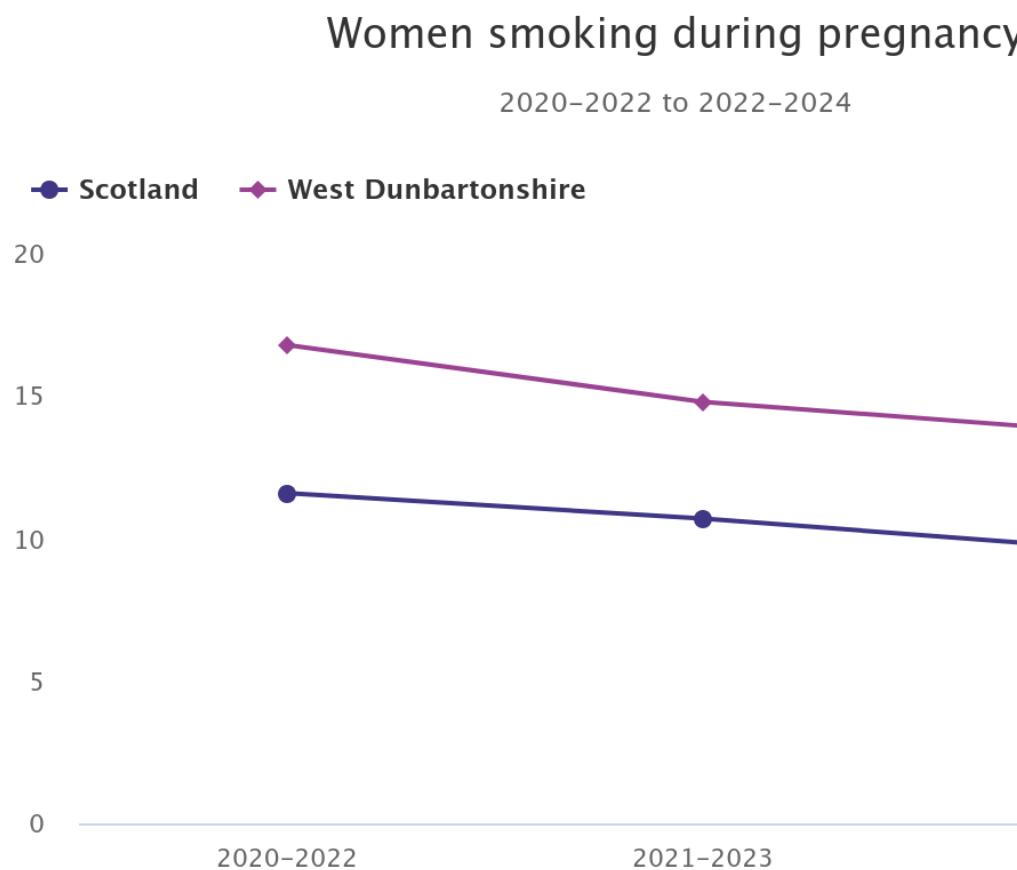
Table 2b: Terminations by local authority and age group - Years ending December 2022, 2023, and 2024 Data.

Local Authority		Under 20 years			20 to 29 years			30 years and over			All Ages		
		2022	2023	2024	2022	2023	2024	2022	2023	2024	2022	2023	2024
Inverclyde	Total number of terminations	17	24	28	94	116	115	58	94	84	169	234	227
	Rate per 1,000 women in each age group	8.7	12.2	14.3	22.3	27.5	28.2	8.6	13.9	11.9	13.1	18.1	17.3
Glasgow City	Total number of terminations	294	291	259	1,466	1,443	1,517	886	998	1,002	2,646	3,732	2,778
	Rate per 1,000 women in each age group	20.1	19.9	15.4	25.0	24.6	24.3	11.6	13.1	13.9	17.7	18.3	18.3
East Dunbartonshire	Total number of terminations	24	34	24	121	119	134	89	108	111	234	261	269
	Rate per 1,000 women in each age group	8.6	12.2	8.6	24.1	23.7	31.3	9.7	11.8	11.2	13.8	15.4	15.8
West Dunbartonshire	Total number of terminations	45	34	36	174	171	194	109	135	119	328	340	349
	Rate per 1,000 women in each age group	19.5	14.7	14.7	34.0	33.4	38.9	12.9	16.0	13.5	20.7	21.4	21.5
Renfrewshire	Total number of terminations	68	81	105	285	348	343	227	238	258	580	667	706
	Rate per 1,000 women in each age group	14.7	17.5	21.7	25.8	31.5	30.8	12.9	13.6	13.3	17.5	20.1	19.9
East Renfrewshire	Total number of terminations	27	39	27	84	122	117	110	100	105	221	261	249
	Rate per 1,000 women in each age group	9.1	13.1	8.9	18.9	27.4	28.2	12.7	11.5	11.5	13.7	16.2	15.2
Scotland	Total number of terminations	2,013	2,192	2,182	8,585	9,271	9,593	5,998	6,744	6,935	16,613	18,242	18,710
	Rate per 1,000 women in each age group	14.5	15.8	14.8	24.7	26.6	27.5	11.0	12.4	12.7	16.2	17.5	17.9

West Dunbartonshire joint 3<sup>rd</sup> highest rate in Scotland

- 5<sup>th</sup> highest for repeat terminations
- slightly below the Scottish termination rate for under 20's ,
- Highest in Scotland for those aged 20-29
- 7<sup>th</sup> highest for those aged 30 plus.

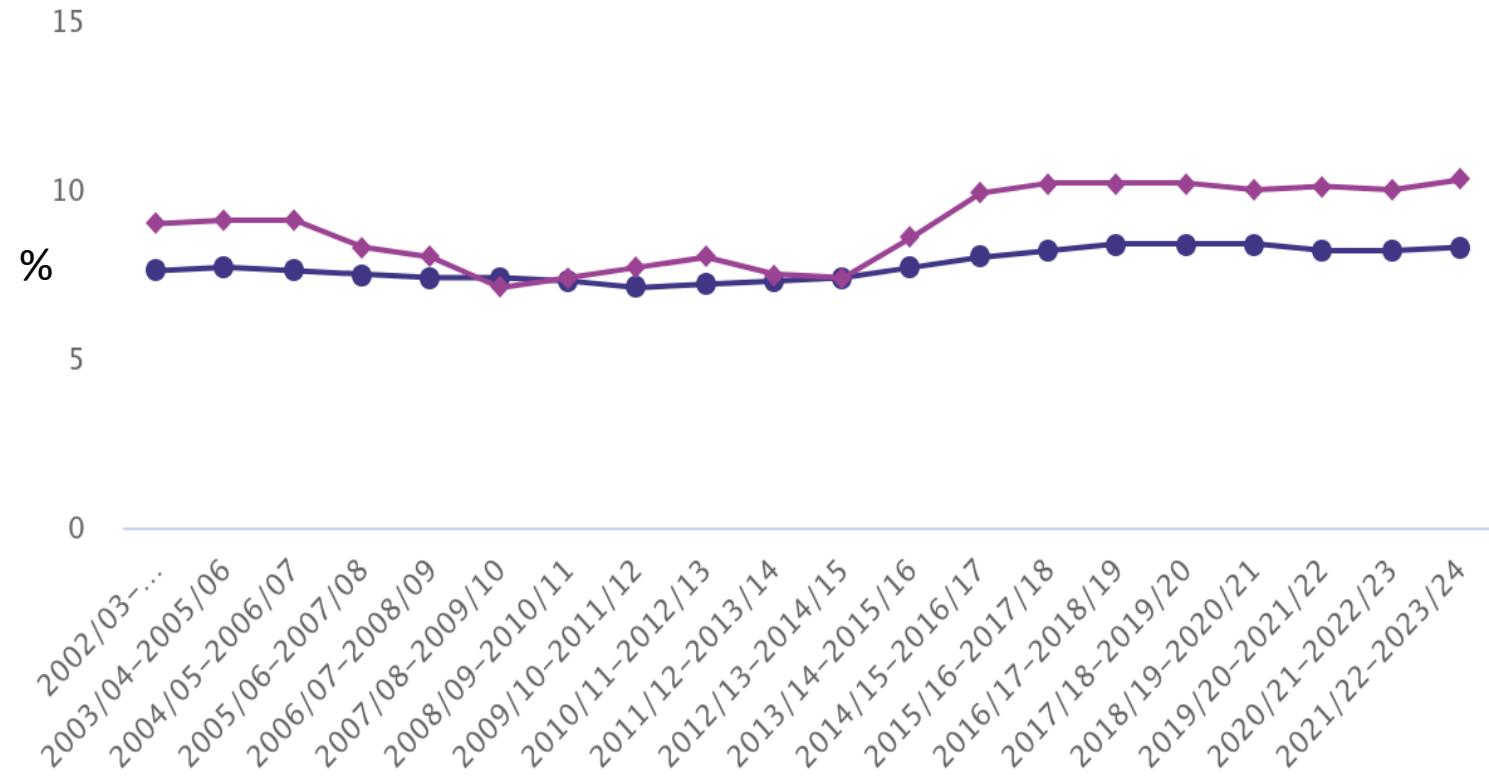
# Women Smoking During Pregnancy



# Premature births

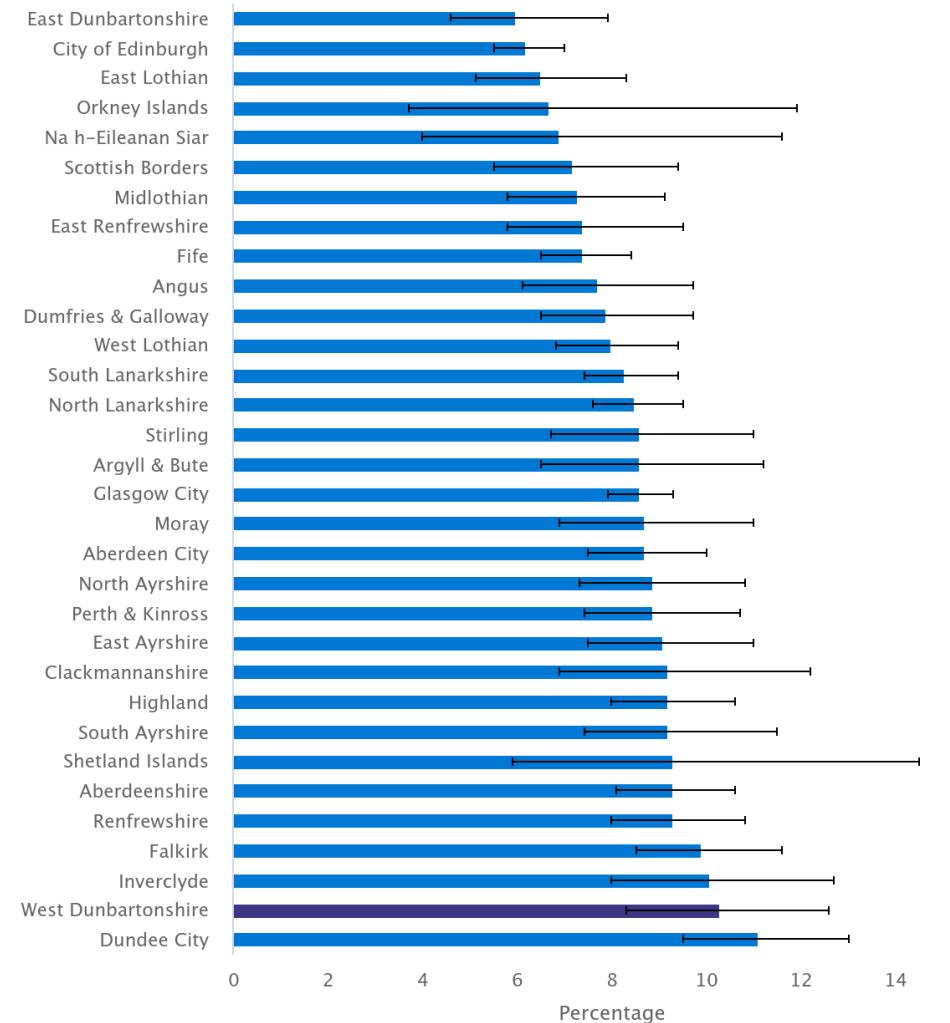
2002/03-2004/05 to 2021/22-2023/24

Scotland West Dunbartonshire



# Premature births split by Council area

Council area – 2021/22 to 2023/24 financial years; 3-year aggregates

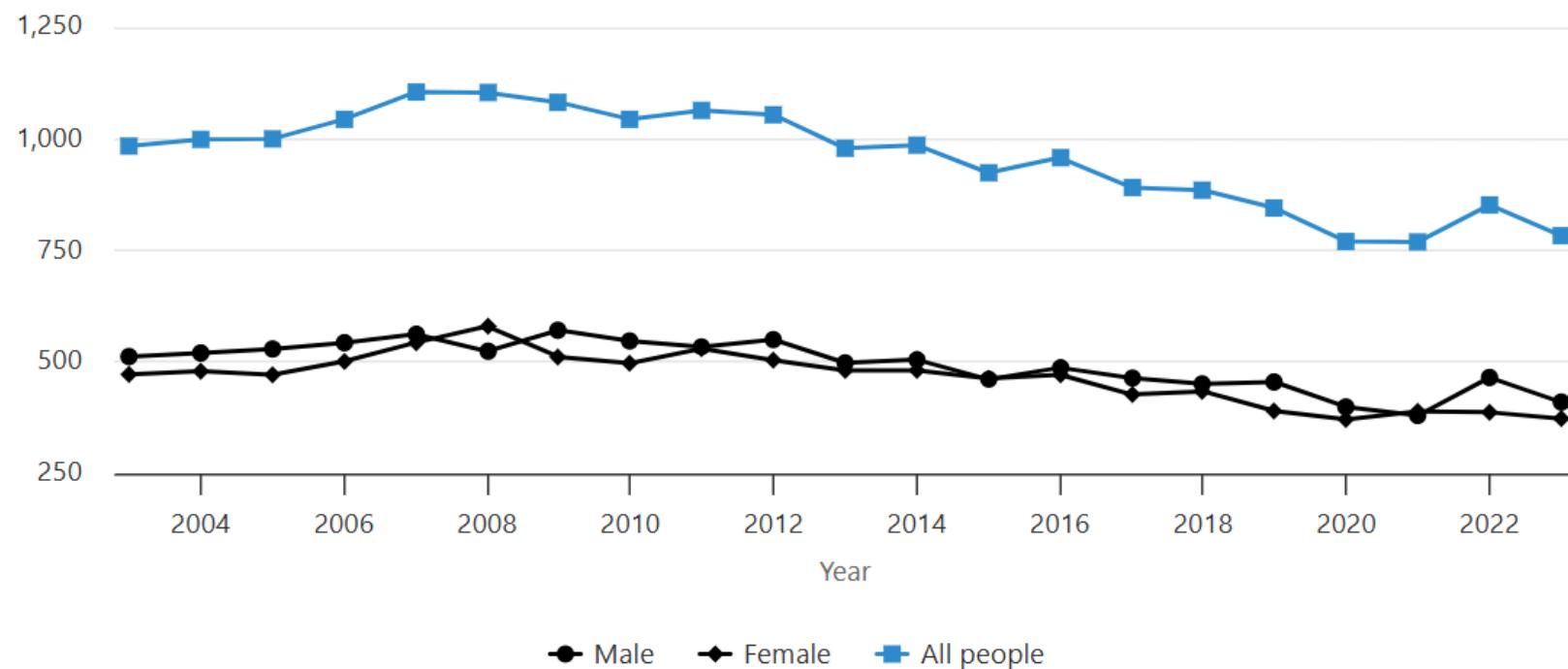


# Numbers of Births

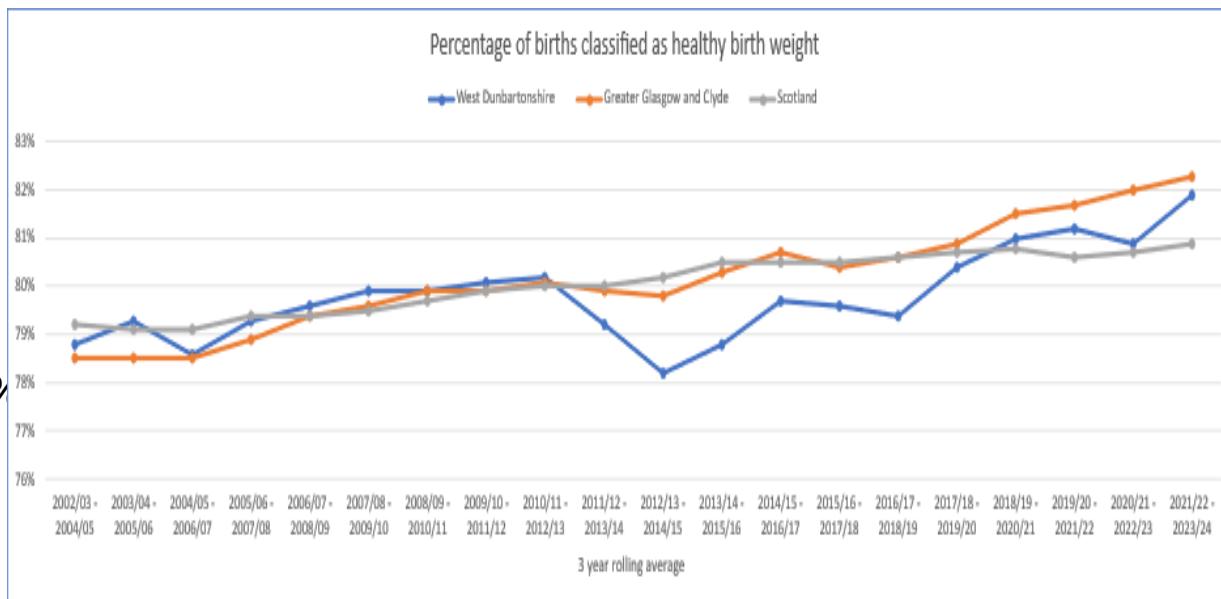
## Births by sex, 2003-2023

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West Dunbartonshire



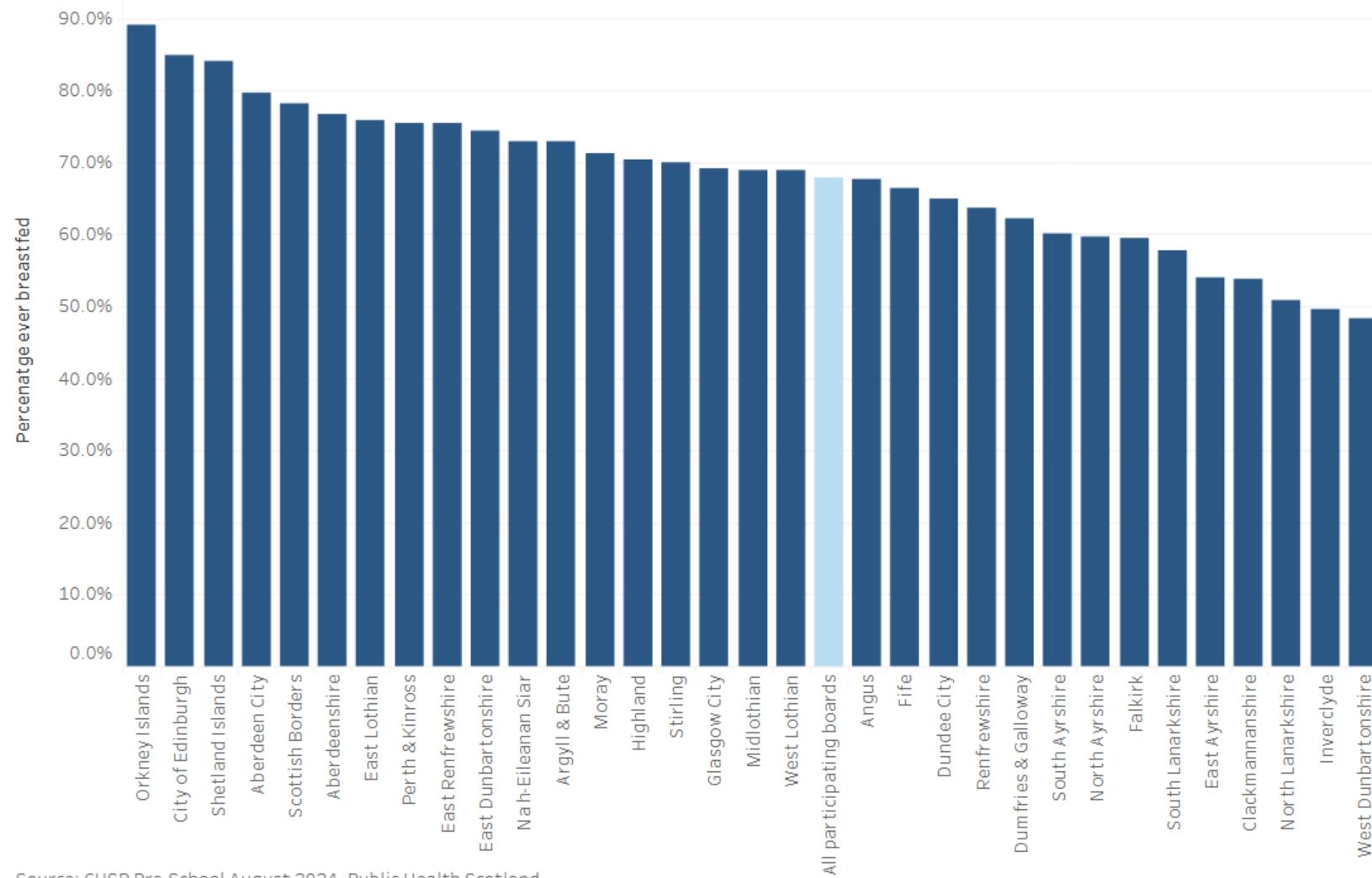
# Healthy birth weight



	2015/16 - 2017/18	2016/17 - 2018/19	2017/18 - 2019/20	2018/19 - 2020/21	2019/20 - 2021/22	2020/21 - 2022/23	2021/22 - 2023/24
West Dunbartonshire	640	634	619	595	581	575	590
West Dunbartonshire	79.6%	79.4%	80.4%	81.0%	81.2%	80.9%	81.9%
Greater Glasgow and Clyde	80.4%	80.6%	80.9%	81.5%	81.7%	82.0%	82.3%
Scotland	80.5%	80.6%	80.7%	80.8%	80.6%	80.7%	80.9%

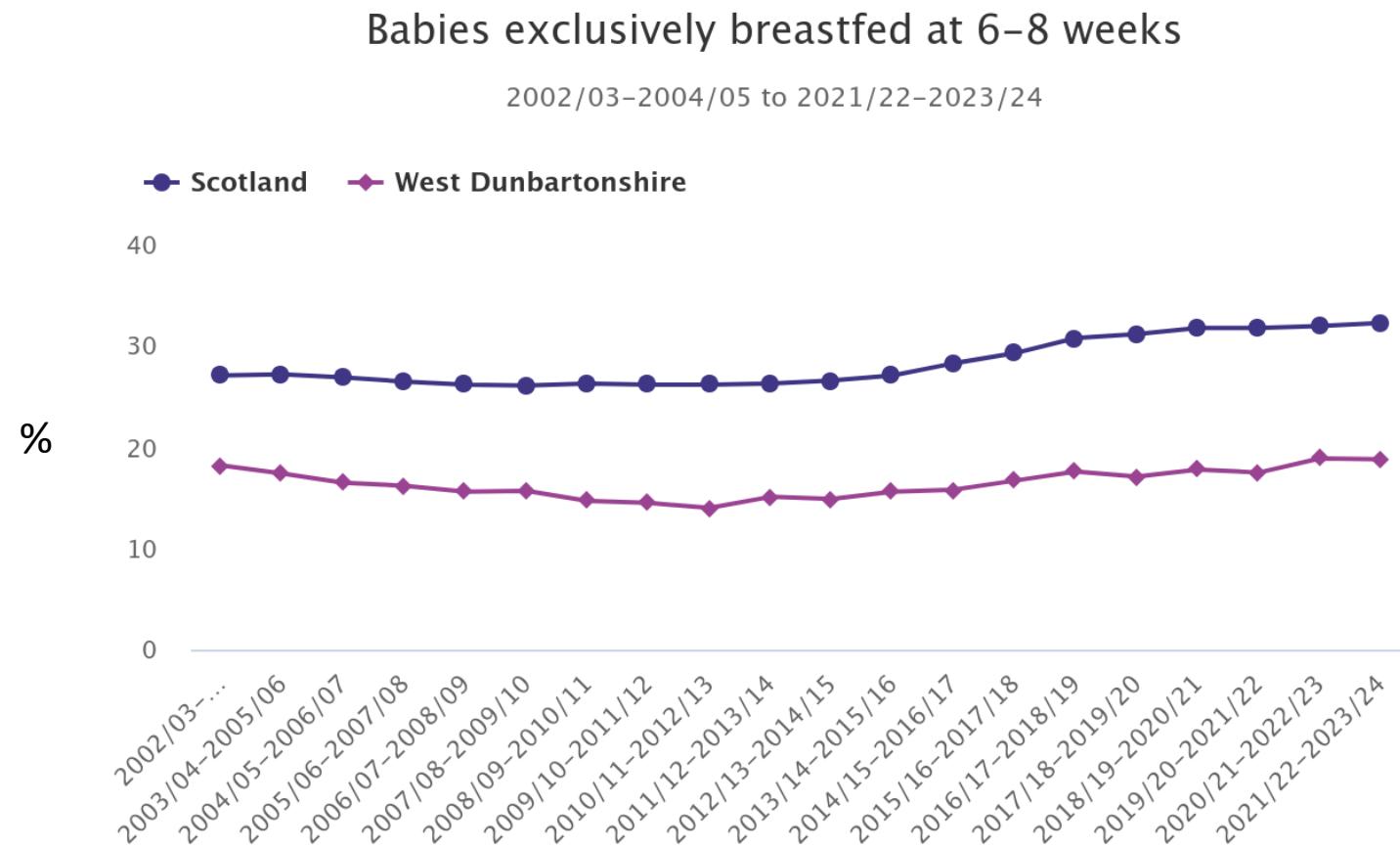
## Breastfeeding Initiation

Percentage of babies who have ever been breastfed (reported at First Visit) 2023/24

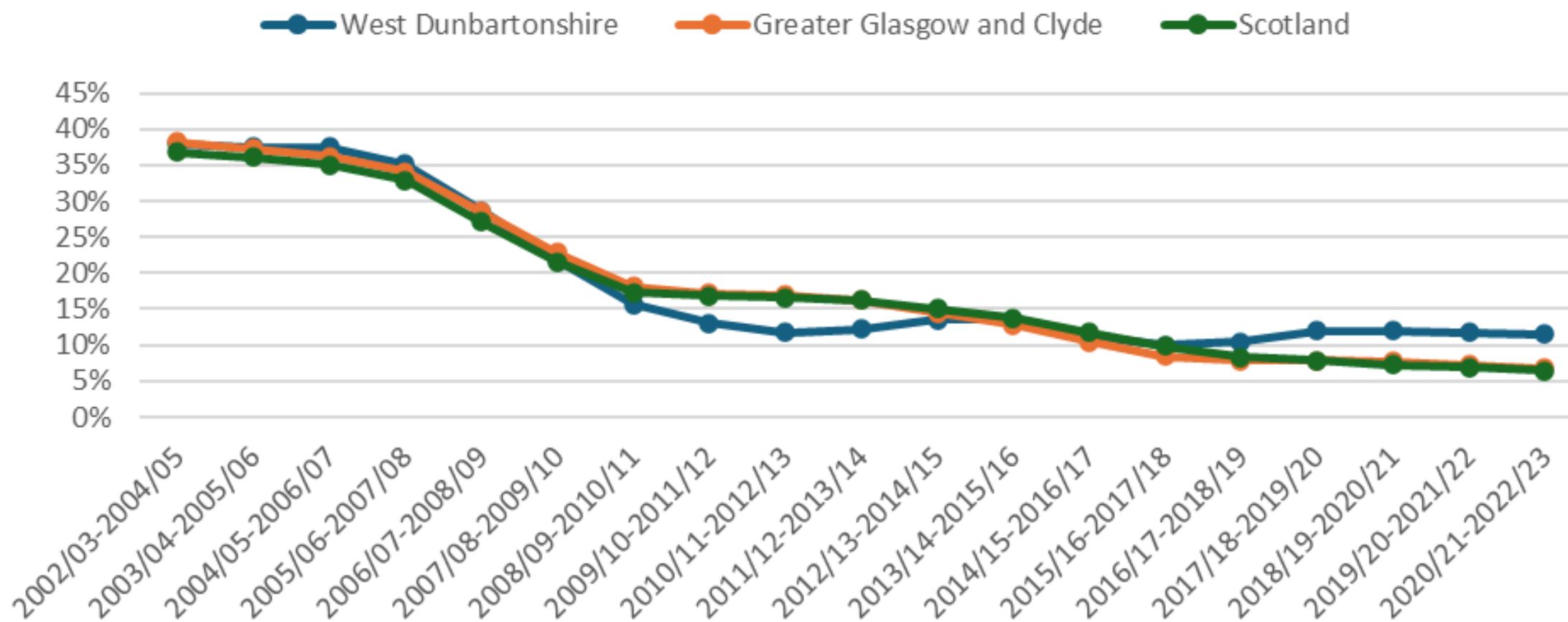


Source: CHSP Pre-School August 2024, Public Health Scotland

# Babies exclusively breastfed at 6-8 weeks

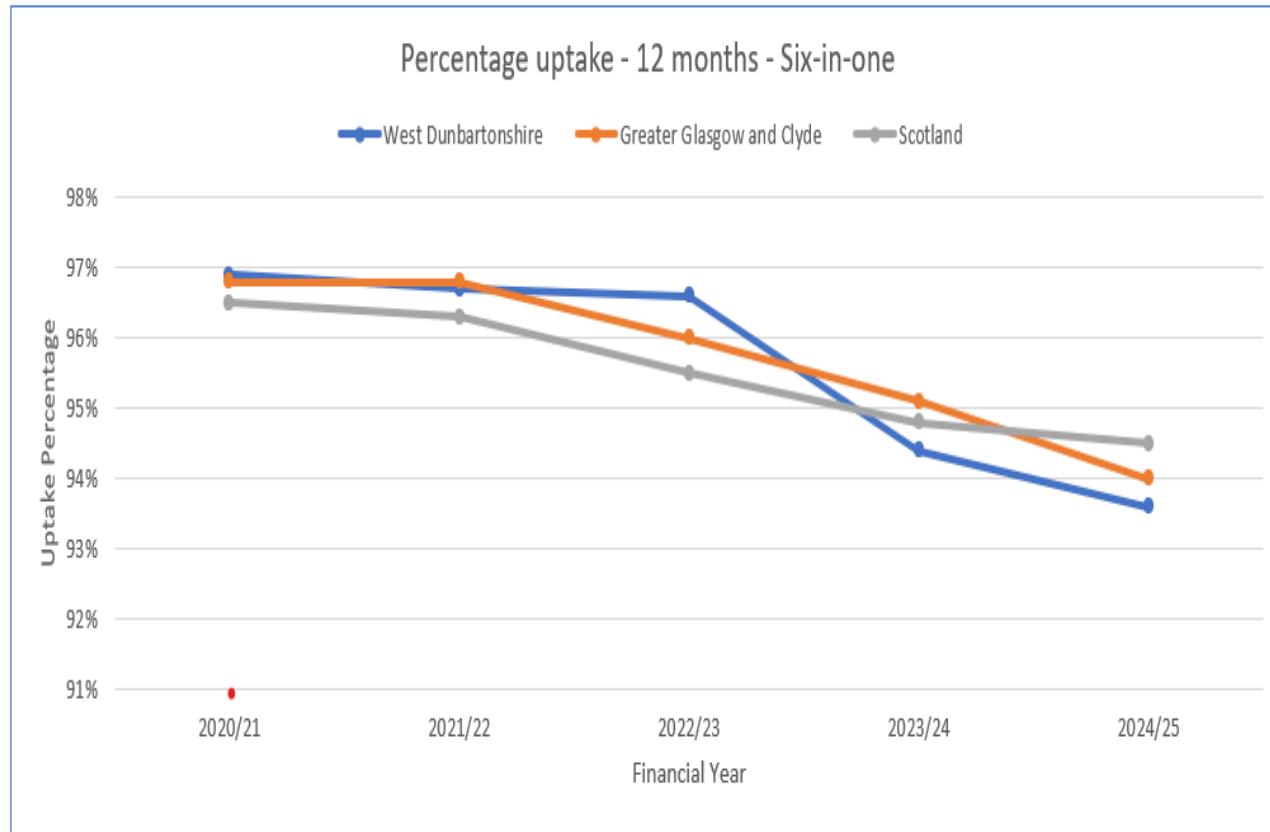


## Percentage of babies exposed to secondhand smoke at 6-8 weeks



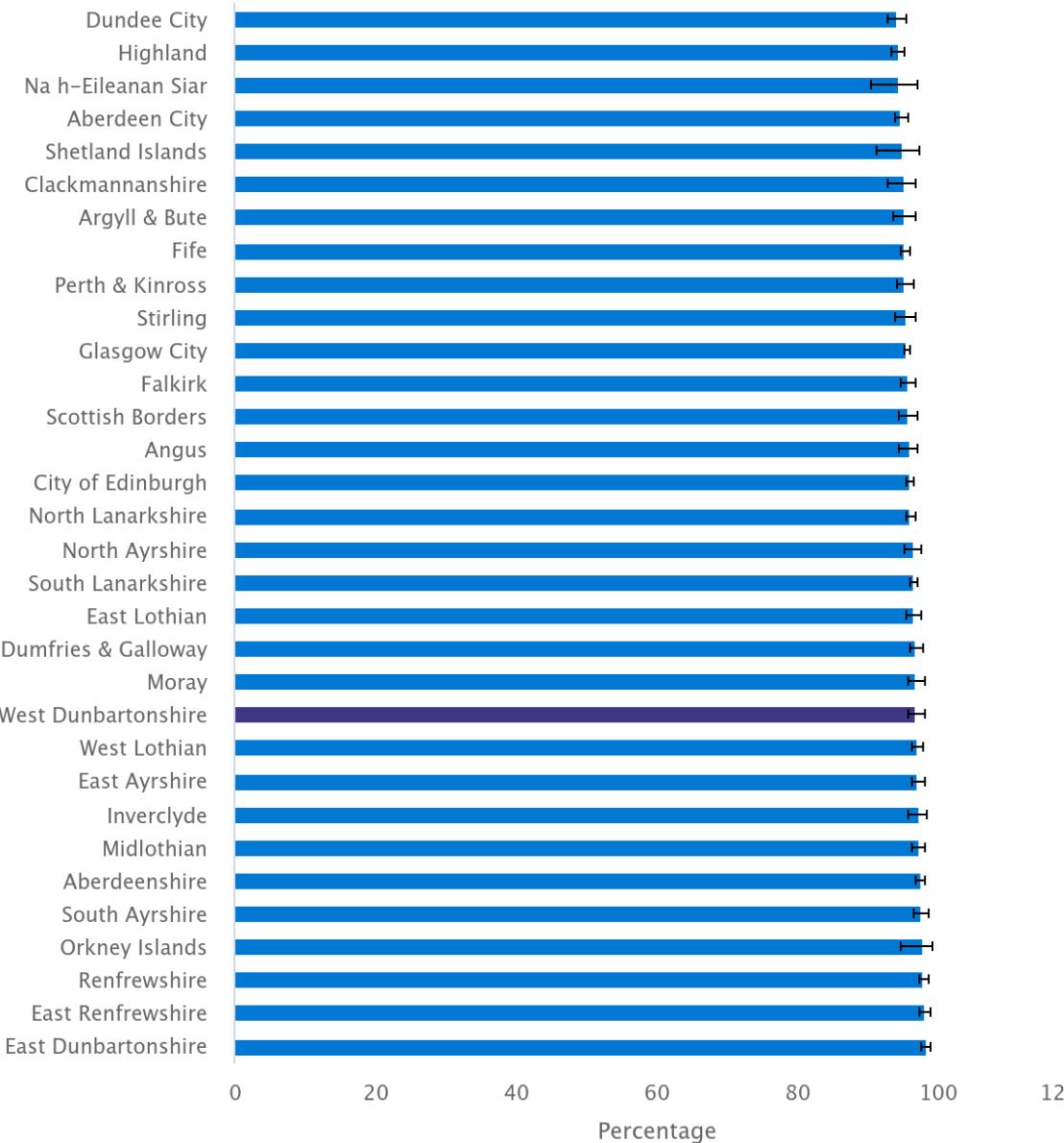
# Primary and Booster Immunisation Uptake Rates by 12 months

Area Name	2020/21	2021/22	2022/23	2023/24	2024/25
West Dunbartonshire	96.9%	96.7%	96.6%	94.4%	93.6%
Greater Glasgow and Clyde	96.8%	96.8%	96.0%	95.1%	94.0%
Scotland	96.5%	96.3%	95.5%	94.8%	94.5%

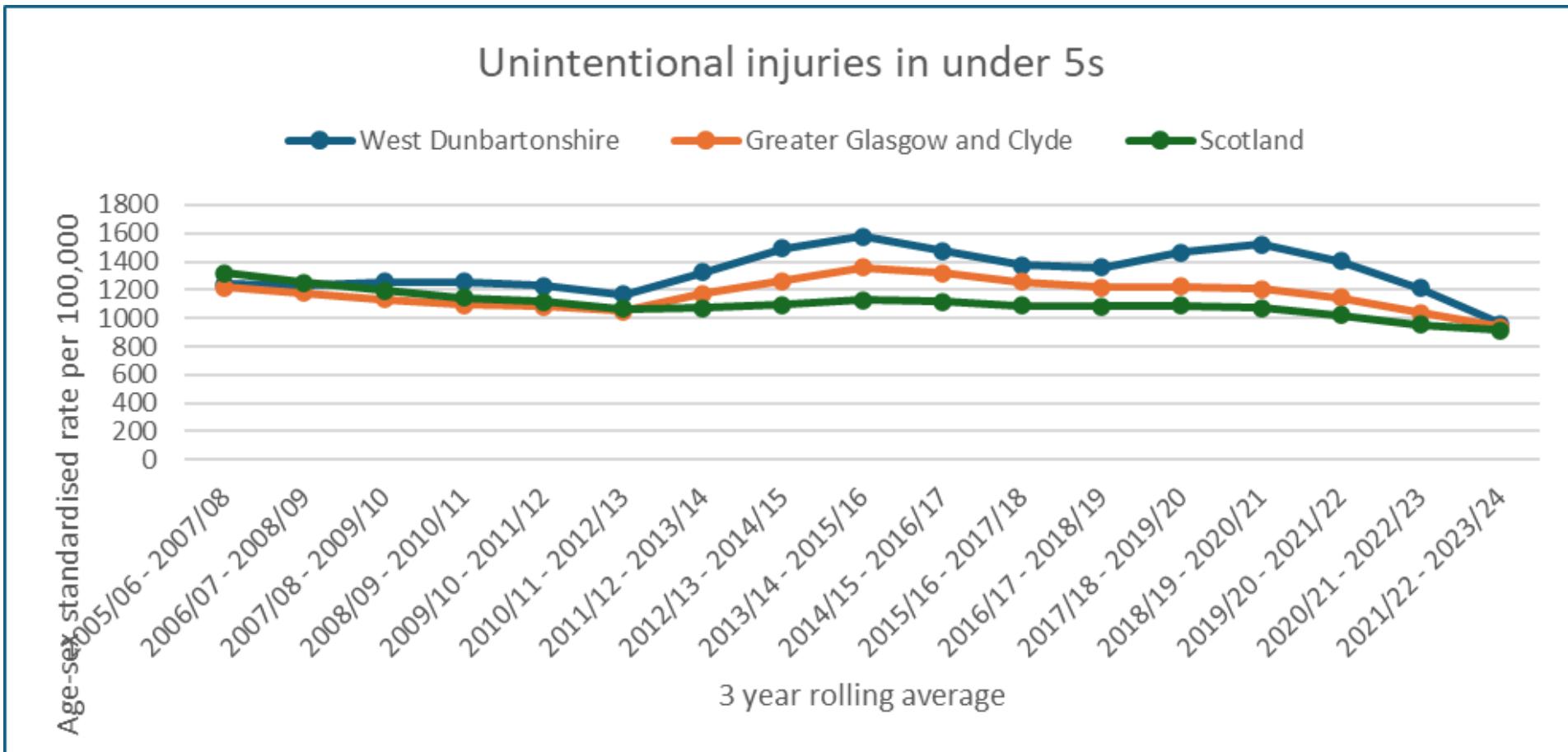


## Immunisation uptake at 24 months – 6 in 1 split by Council area

Council area – 2022 – 2024; 3 year rolling average



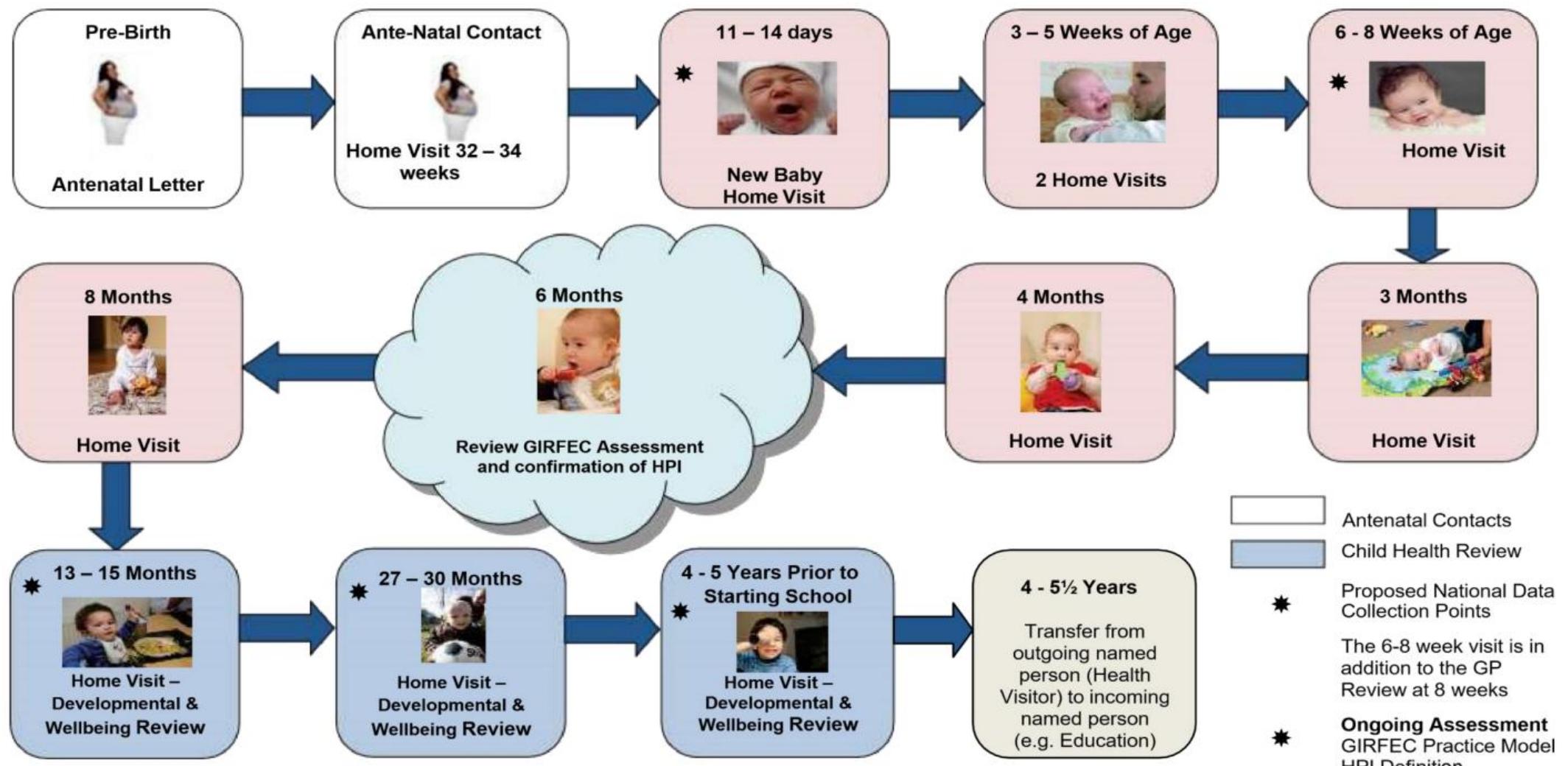
# Unintentional Injuries in Under 5s



# Summary Maternity and Early Years Health

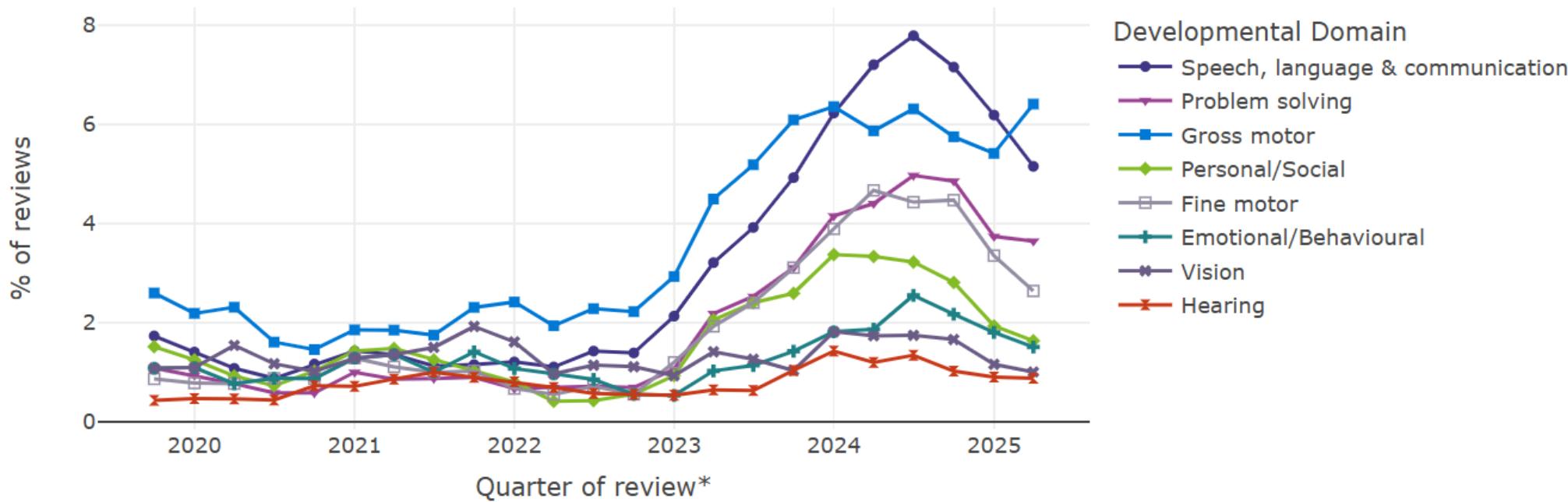
- The foundations for lifelong health are built before and just after birth. The data shows several key challenges in West Dunbartonshire where outcomes are poorer than the national average, requiring targeted action to support mothers, babies, and families.
- **Smoking in Pregnancy**
- The rate of women smoking during pregnancy in 2023/24 was 13.0%. This remains significantly higher than the Scottish average and is a key driver of health inequalities from birth.
- **Breastfeeding Rates**
- West Dunbartonshire has the lowest rate of breastfeeding initiation in Scotland. At the 6-8 week review, only 19.1% of babies are exclusively breastfed, compared to a national average of 32.1%.
- **Antenatal Booking & Birth Rate**
- While antenatal booking by 12 weeks is high at 93.2%, the total number of live births has been declining, falling from over 1,000 in the early 2000s to around 800 in 2023.
- **Healthy Birth Weight**
- The percentage of babies born with a healthy weight has steadily improved, reaching 81.9% in 2021/22 - 2023/24, which is slightly above the Scottish average of 80.9% for the same period.
- **Teenage Pregnancy**
- While rates have declined over the past decade, the teenage pregnancy rate in West Dunbartonshire (approx. 38 per 1,000) remains consistently and significantly higher than the Scottish average (approx. 24 per 1,000).

## HEALTH VISITOR'S HOME VISITING PATHWAY (PRE-BIRTH TO PRE-SCHOOL)



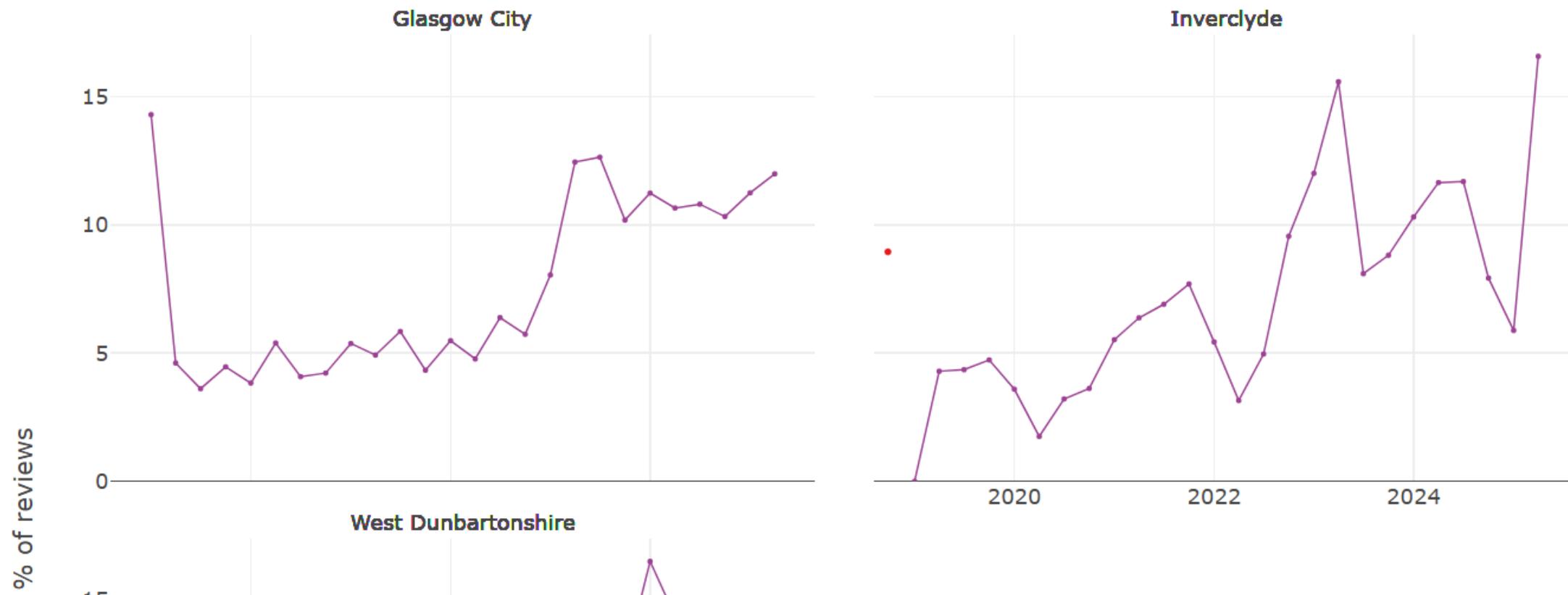
# West Dunbartonshire 13-15 month review

Percentage of 13-15 month reviews with a new or previous concern recorded by developmental domain

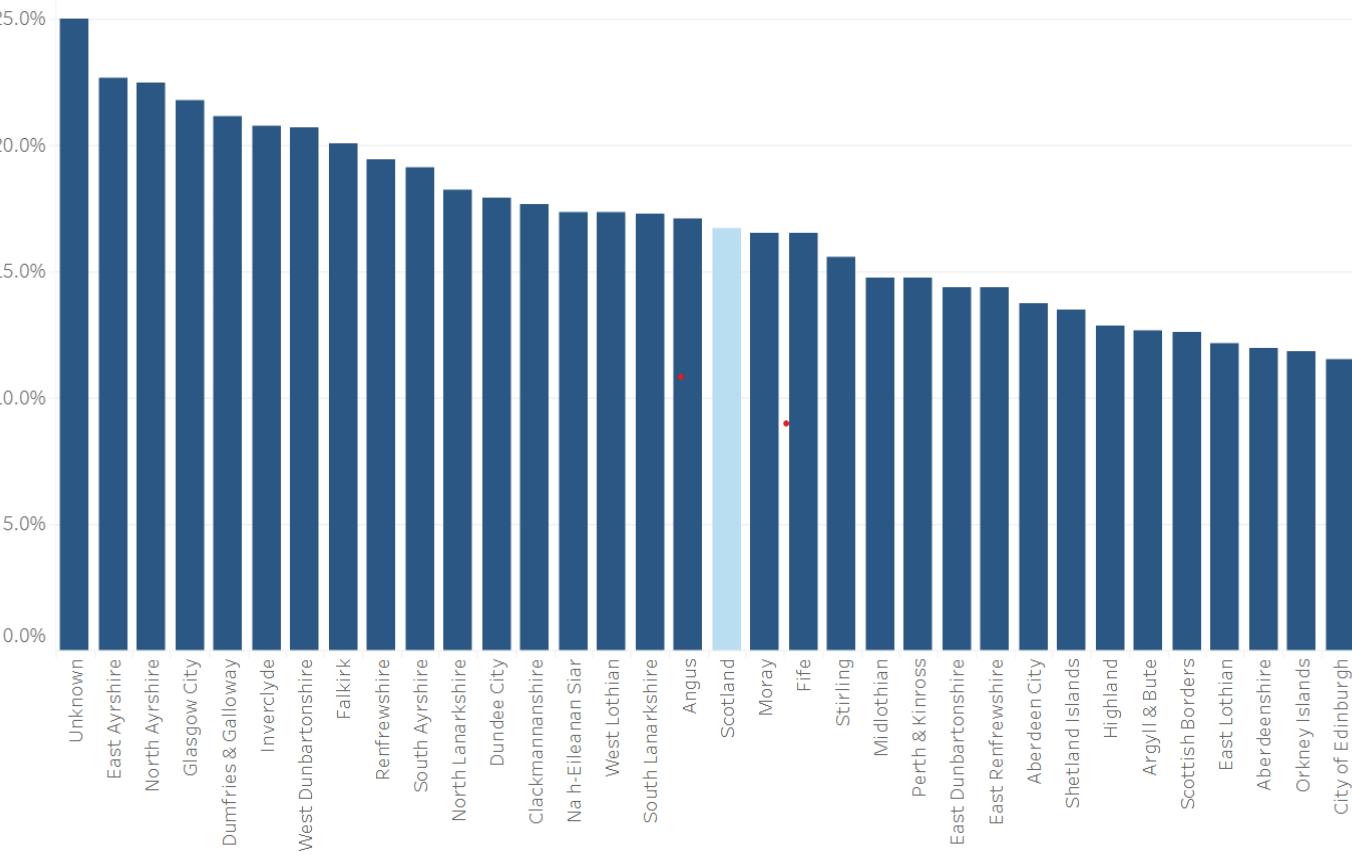


Developmental Domain	4-quarter rolling average percentage of reviews with developmental concerns in this domain
Gross motor	6.41
Speech, language and communication	5.15
Fine motor	2.64

Comparing Council Area for percentage of children with one or more developmental concerns recorded at the 13-15 month review

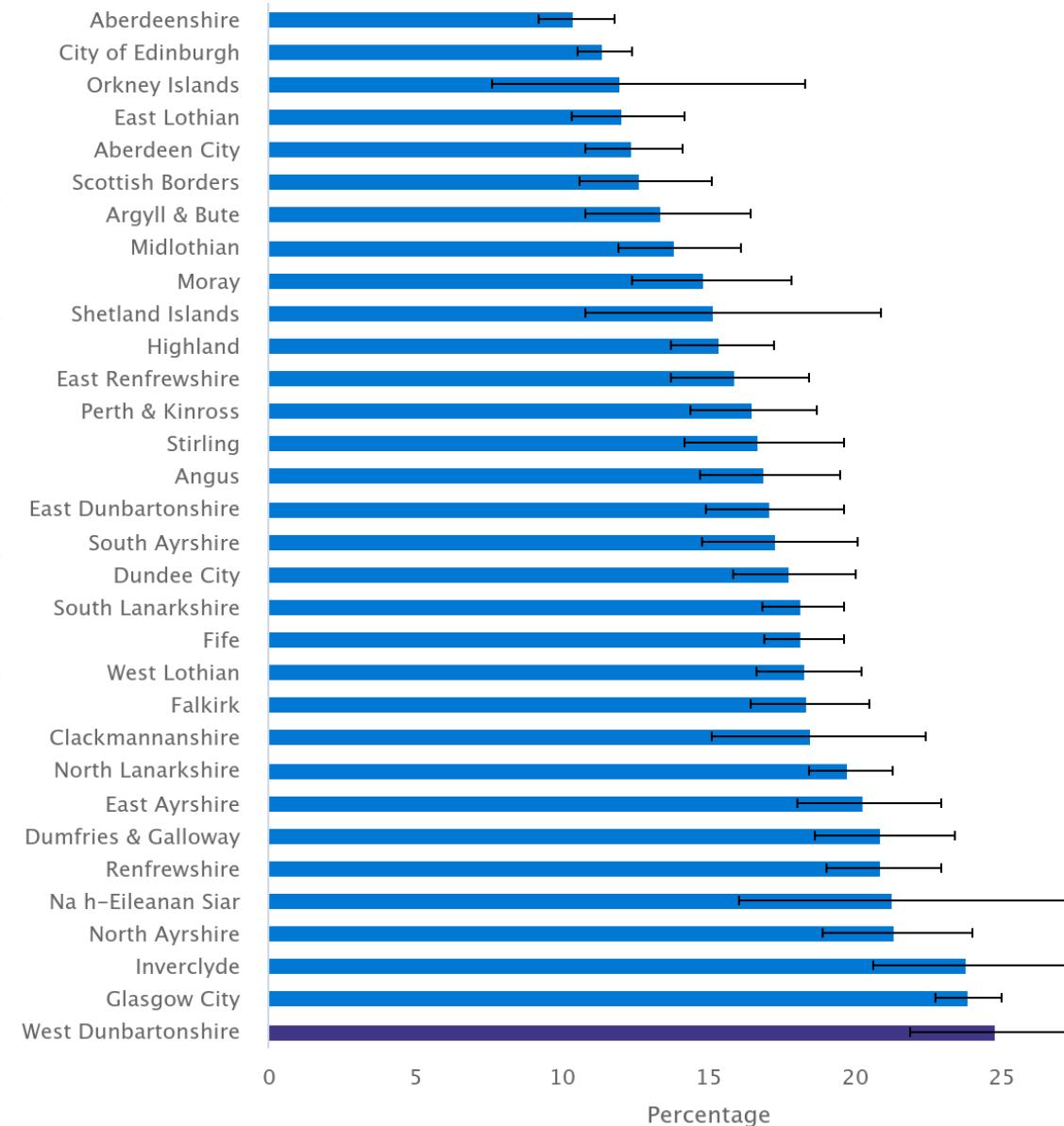


# Percentage of children aged 27-30 month assessments identified with Developmental Concerns by local authority 2023/24

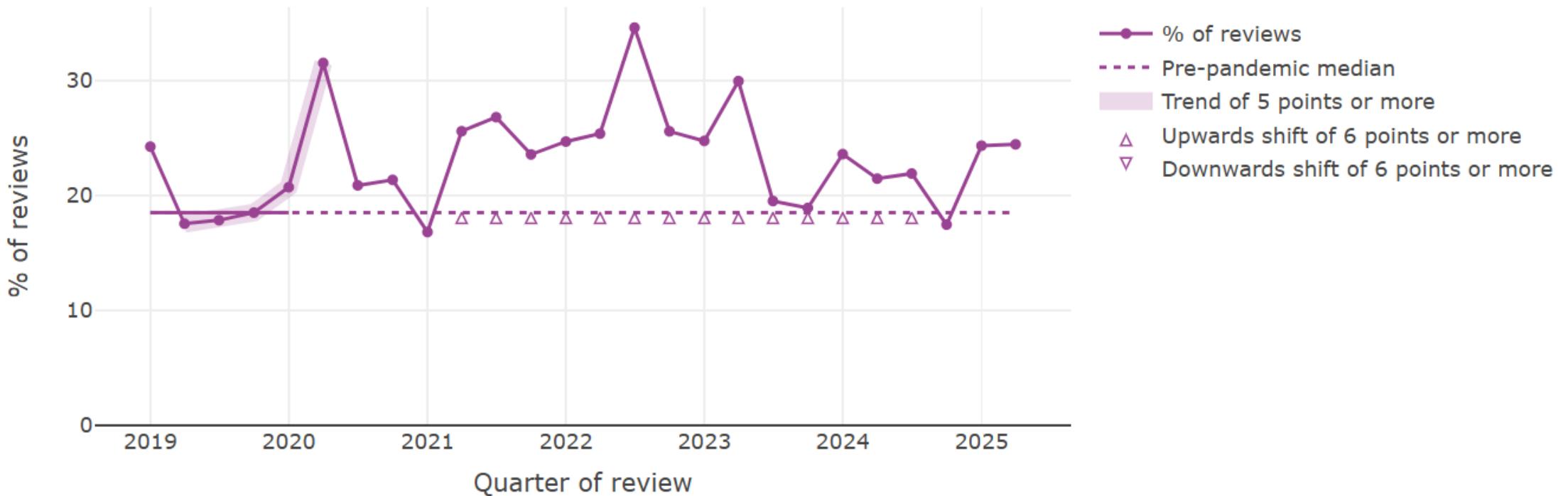


## Developmental concerns at 27-30 months split by Council area

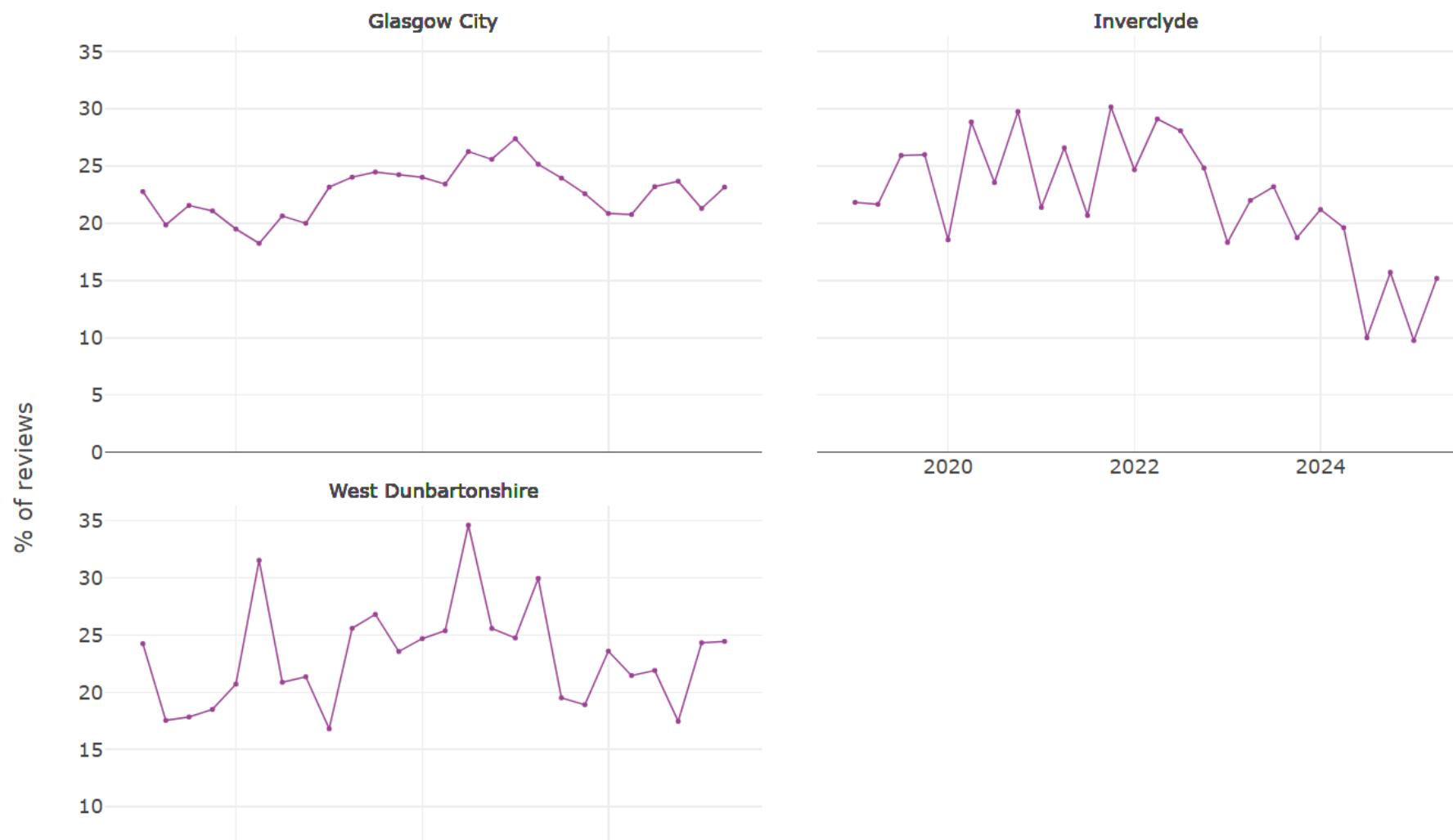
Council area – 2021/22 to 2023/24; 3 year rolling average



Percentage of children with one or more developmental concerns recorded at the 27-30 month review

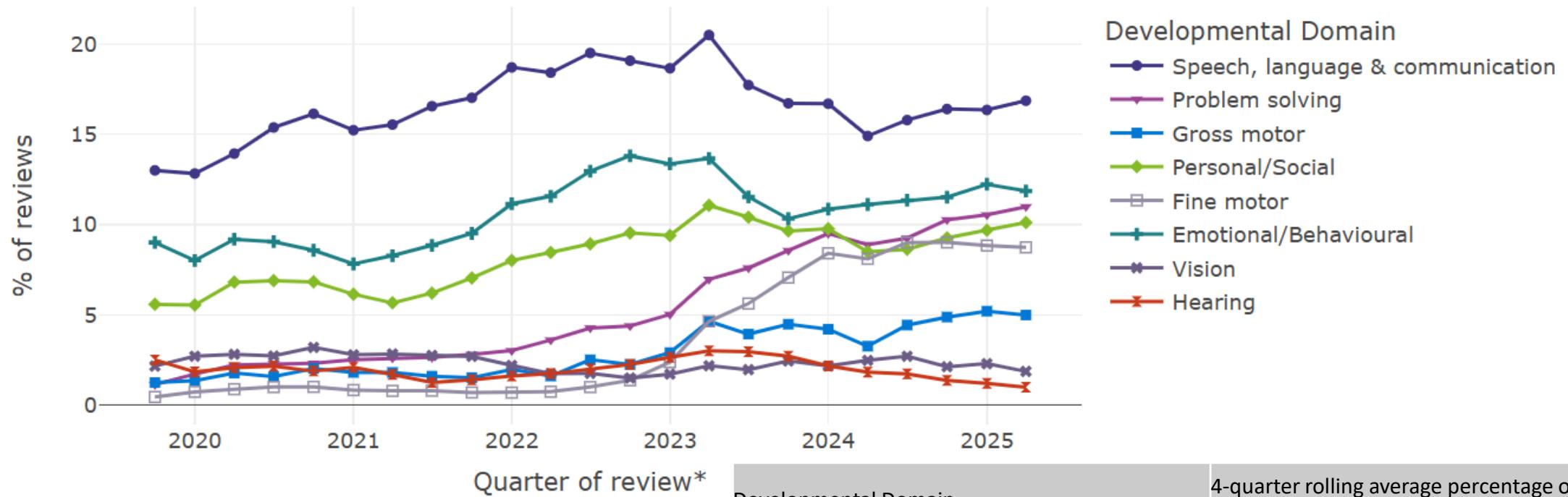


Comparing Council Area for percentage of children with one or more developmental concerns recorded at the 27-30 month review



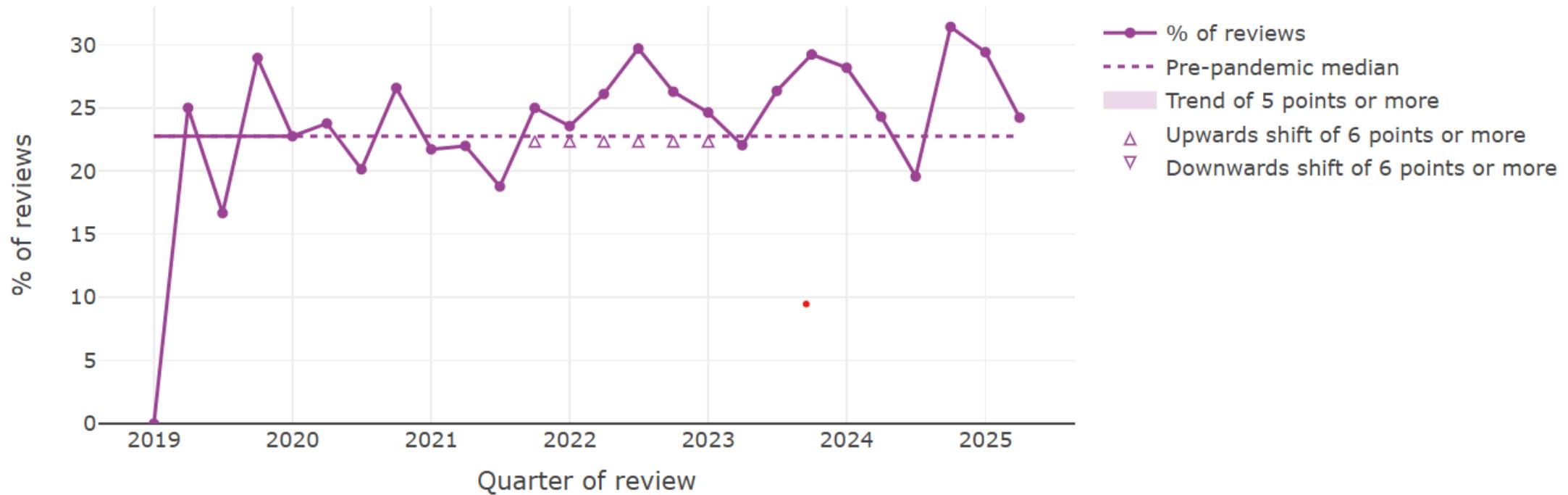
# West Dunbartonshire 27-30 month review

Percentage of 27-30 month reviews with a new or previous concern recorded by developmental domain



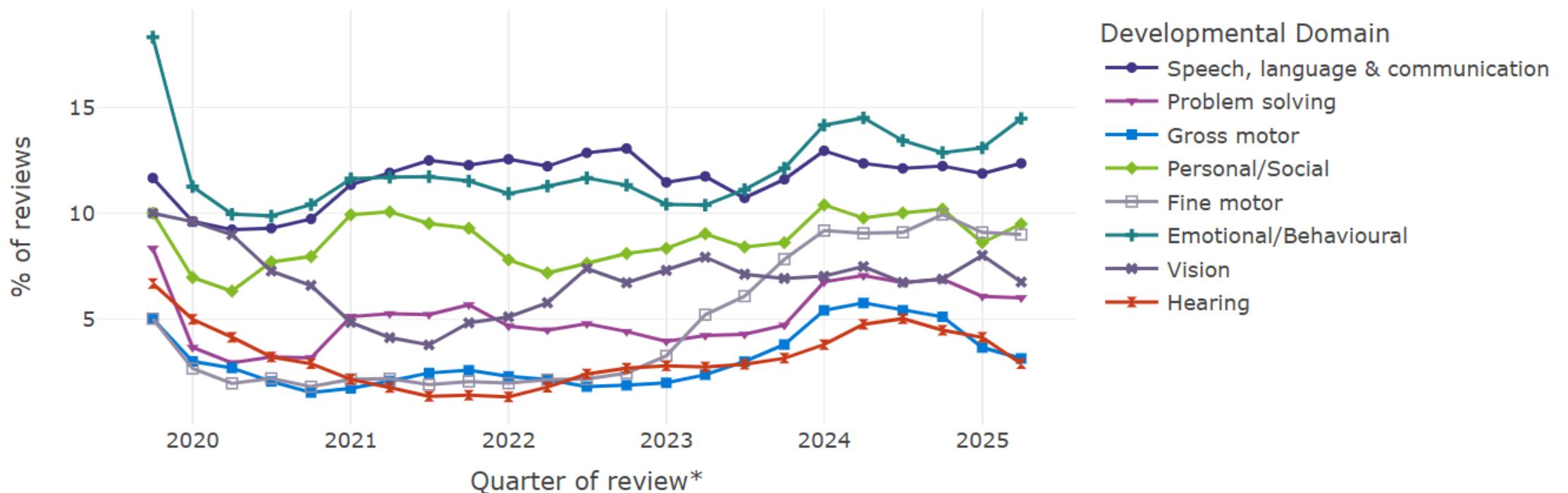
# West Dunbartonshire 4-5 year review

Percentage of children with one or more developmental concerns recorded at the 4-5 year review



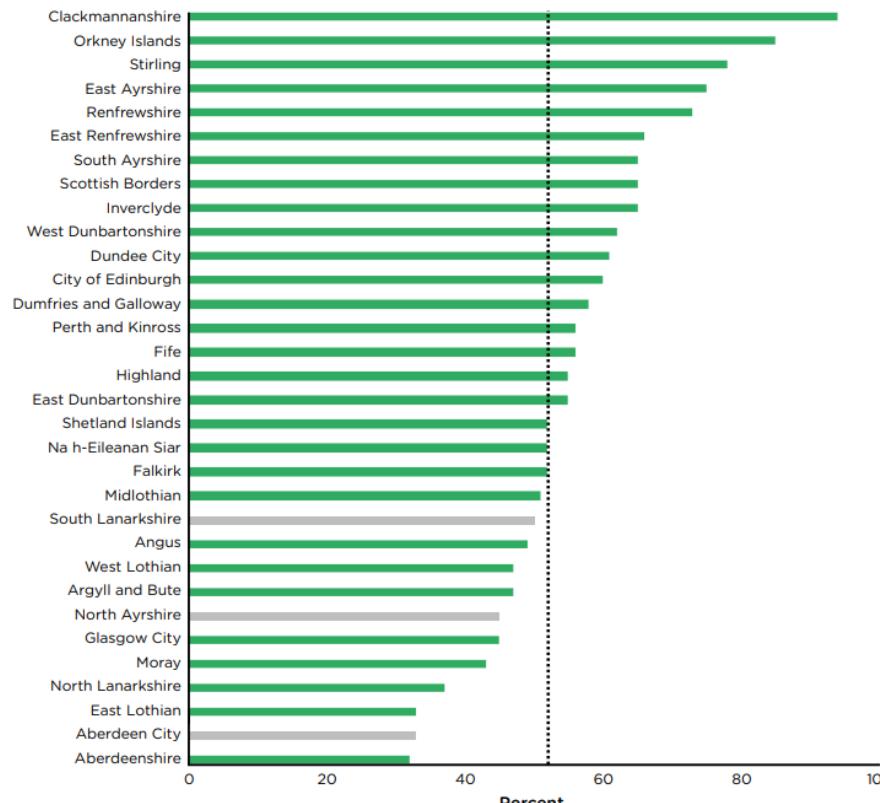
# West Dunbartonshire 4-5 year review

Percentage of 4-5 year reviews with a new or previous concern recorded by developmental domain



# Estimated Percentage of Eligible Two Year olds who are registered for Funded childcare

Figure 10. Percent of eligible two year-olds who are registered for funded childcare, Scottish council areas and Scotland, September 2023



2-year-olds: Looked after	2-year-olds: Kinship Care or have a guardian	2-year-olds: Child of a care experienced parent	2-year-olds: Parent on qualifying benefits	2-year-olds: In Need, vulnerable or under local priorities	All 2-year-olds	Percentage of all 2-year-olds
9	6	6	144	14	179	21

Funded childcare for two-year-olds is available to those receiving qualifying benefits or who are care experienced.

# Additional Support needs in Education

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## Early Learning and Childcare

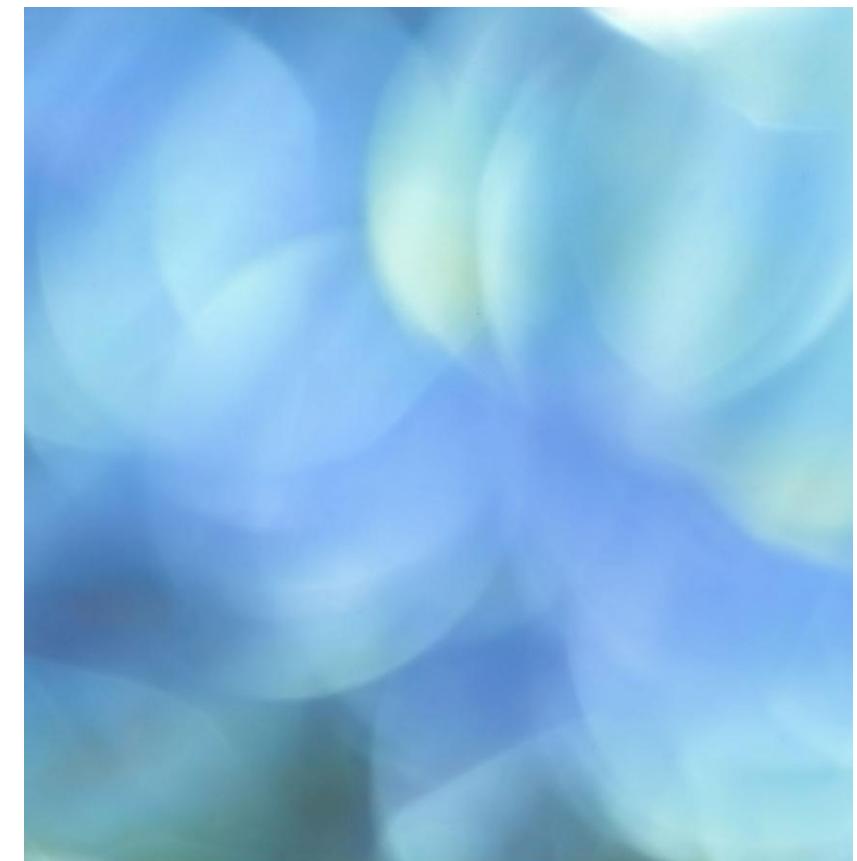
- 490 Children with additional support needs in early learning: (32%) - highest in Scotland
- Top reasons
  - social, emotional & behavioural 15%
  - speech, language and communication 10%
  - English as additional language 6%

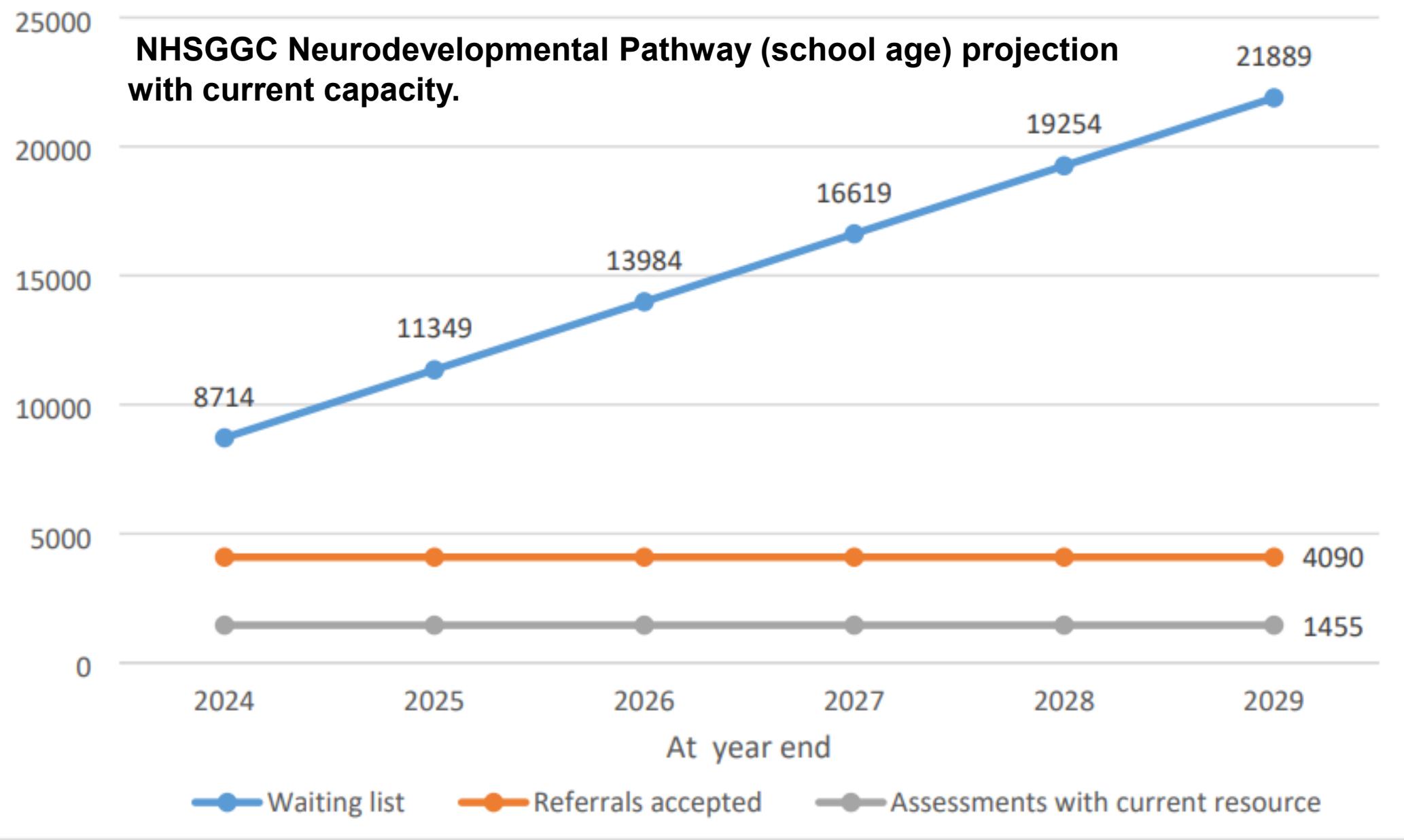
## Primary Schools

- 2383 Primary aged school children with additional support needs (38.5%)
- Top reasons
  - social, emotional and behavioural difficulty 33%
  - Other moderate learning difficulty 20%
  - Other 19%

## Secondary Schools

- 2769 secondary pupils with additional support needs 51.4%
- Top reasons
  - social, emotional and behavioural difficulty 32%
  - Other moderate learning difficulty 19%
  - Other 18%

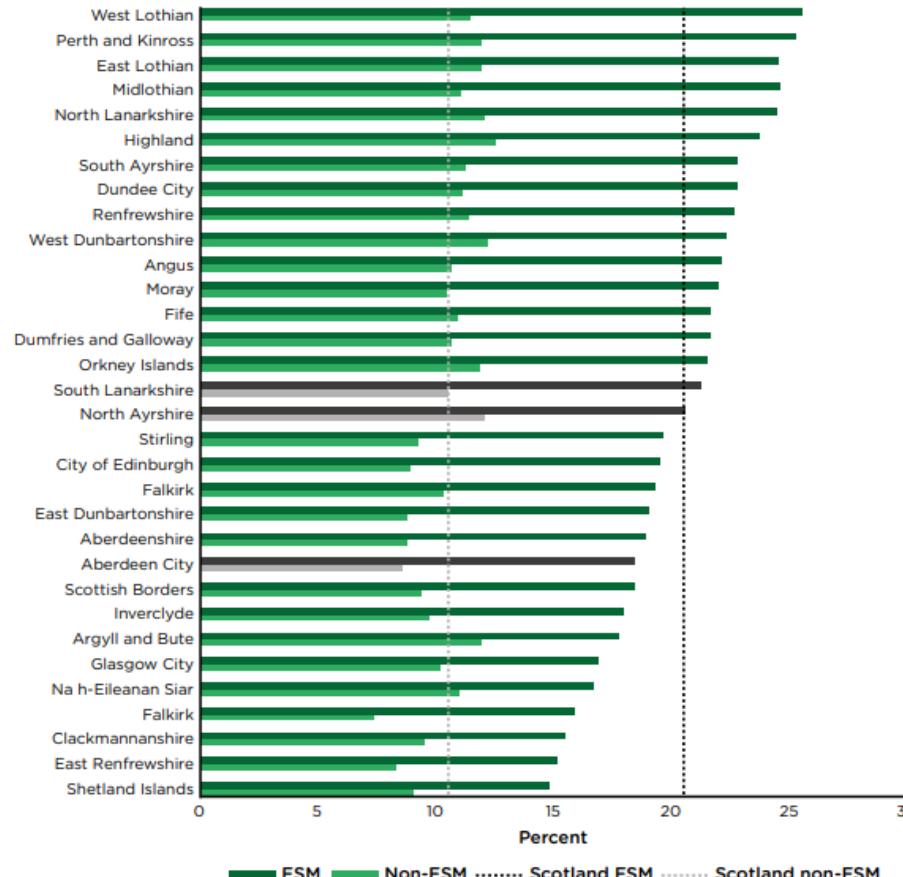




*Figure 1: NHSGGC Neurodevelopmental Pathway (school age) projection with current capacity.*

# Percentage of sessions missed due to school absence (authorised or unauthorised in Secondary Schools) by Free school meal status

Figure 19. Percent of sessions missed due to school absence (authorised or unauthorised), in secondary schools, by Free School Meal (FSM) status, Scottish council areas and Scotland, 2023/24

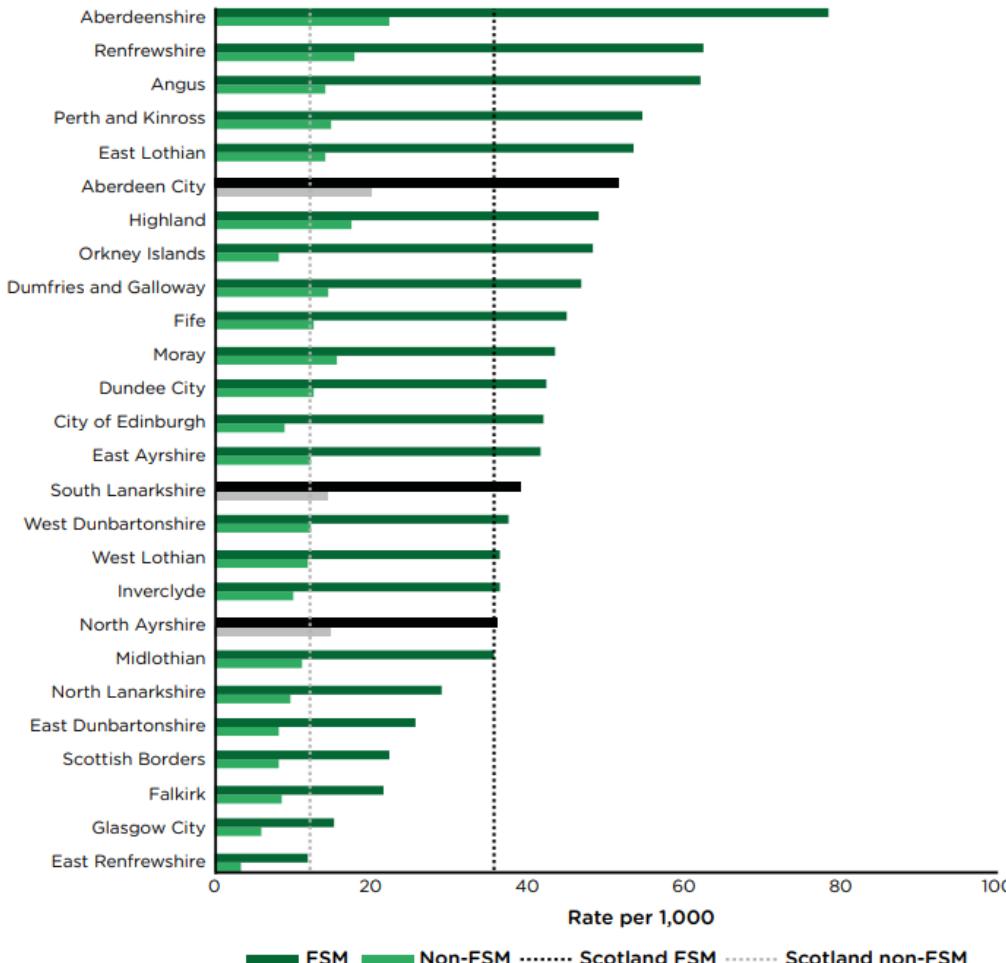


Source: Scottish Government (2024) [54]

Note: Absence (authorised and unauthorised) can be defined as a session of school missed due to any of the following: Sickness with no educational provision; Arrives after 50% of opening of school day; Family holidays authorised by school; Exceptional domestic circumstances (authorised); Part-time timetable (exclusion related); Part-time timetable (health related); Family holidays not authorised by school; Truancy, including unexplained absence; Exceptional domestic circumstances (unauthorised).

# Pupil Exclusion rate per 1,000 by free school meal status by council

Figure 23. Pupil exclusion rate (per 1,000) by Free School Meal (FSM) status, Scottish council areas and Scotland, 2022/23



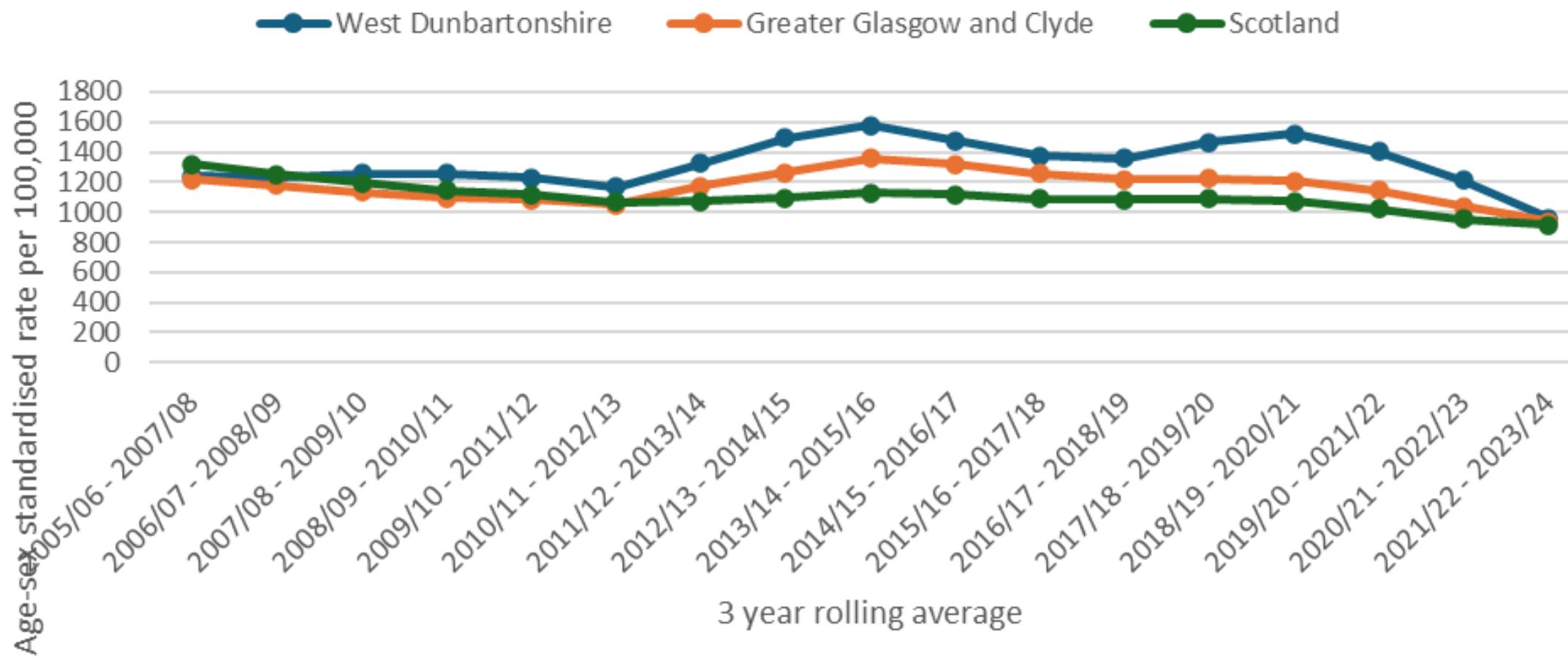
Source: Scottish Government (2025) [56]

Notes:

1) Data suppressed for Argyll and Bute, Na h-Eileanan Siar, Shetland Islands, South Ayrshire, Stirling, and Clackmannanshire

2) All pupils in P1-P5 and Special schools are excluded from these figures as they were all registered for free school meals under a universal provision

## Unintentional injuries in under 5s

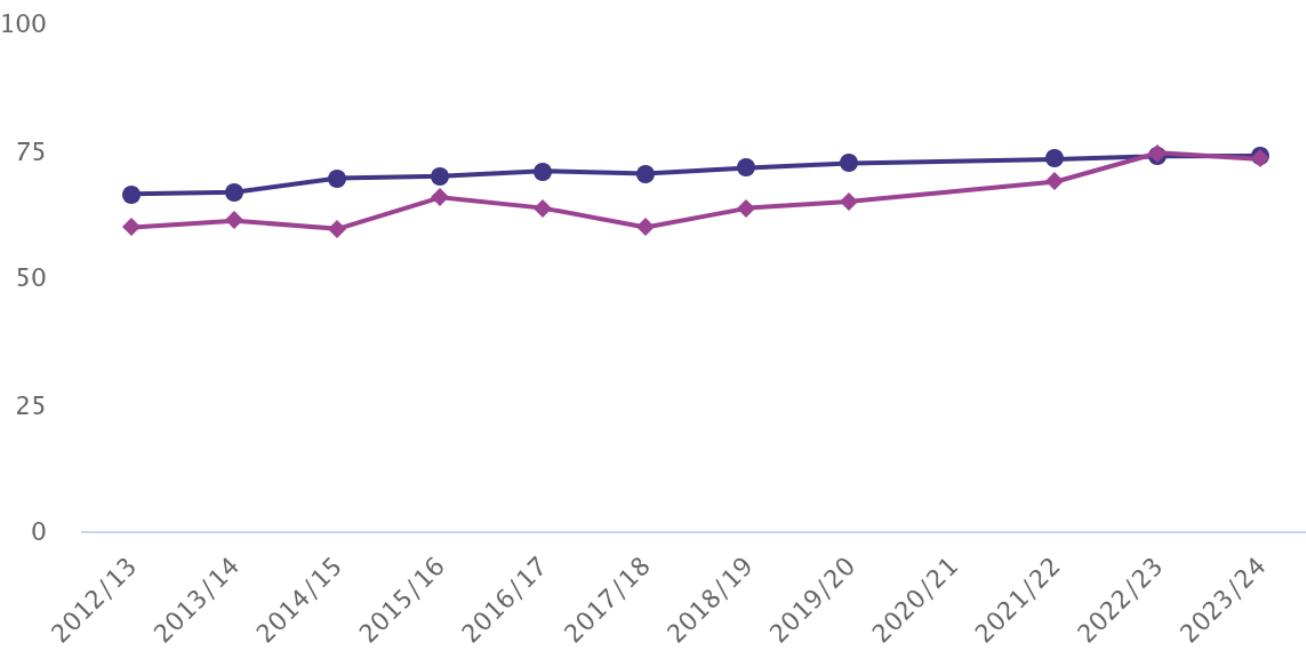


# Child Dental Health in Primary 1

## Child dental health in primary 1

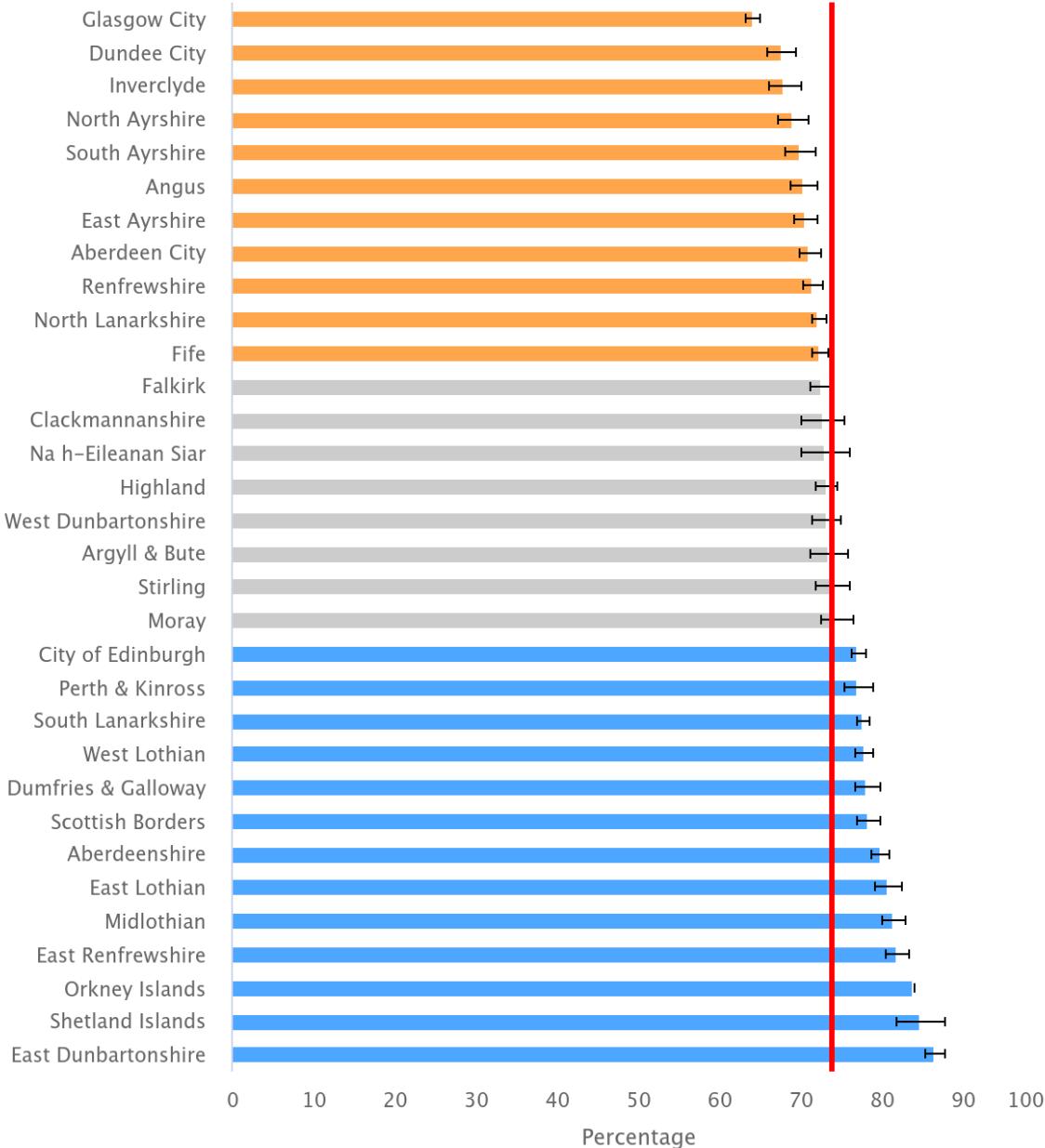
2012/13 to 2023/24

Scotland West Dunbartonshire

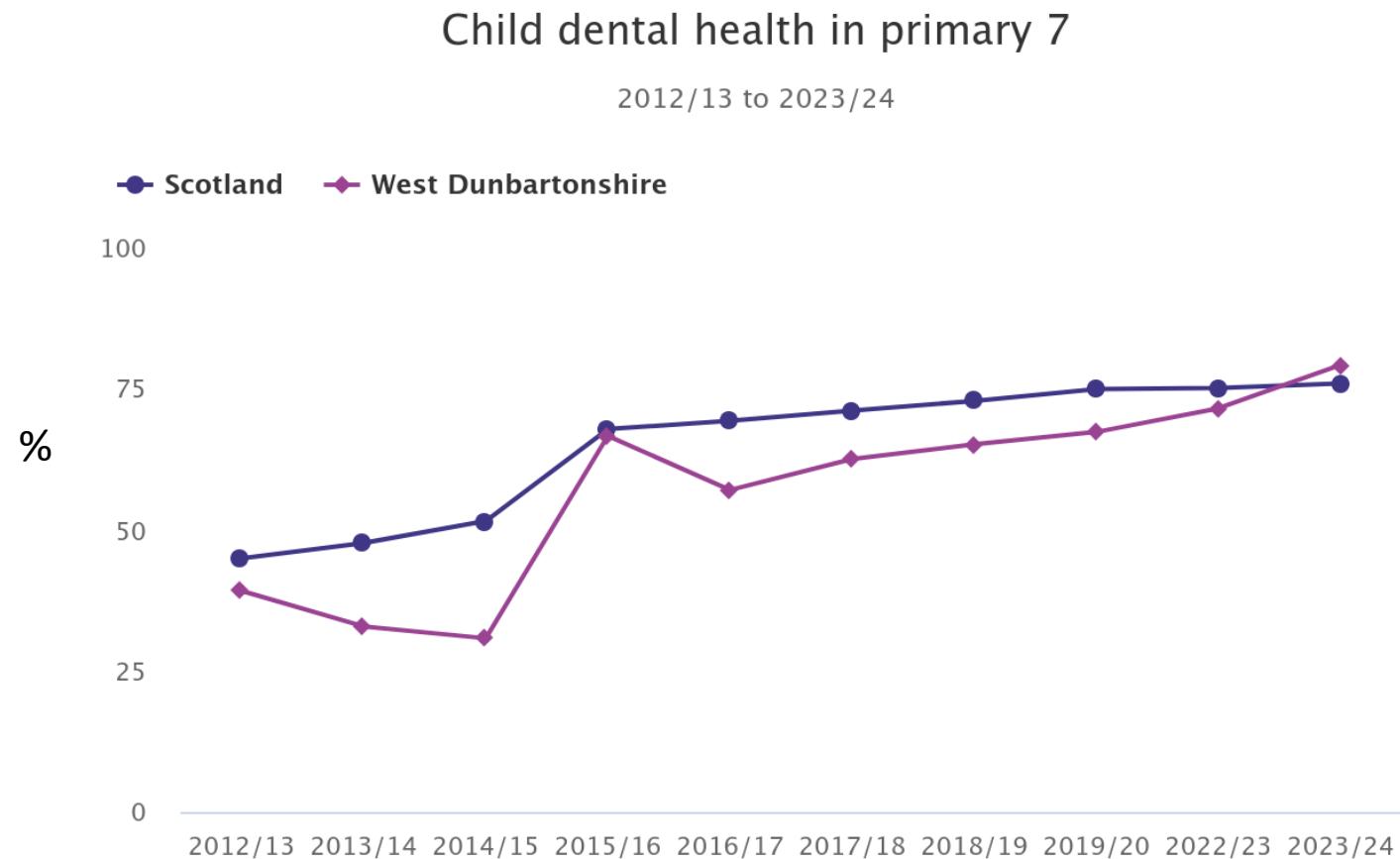


## Child dental health in primary 1 split by Council area

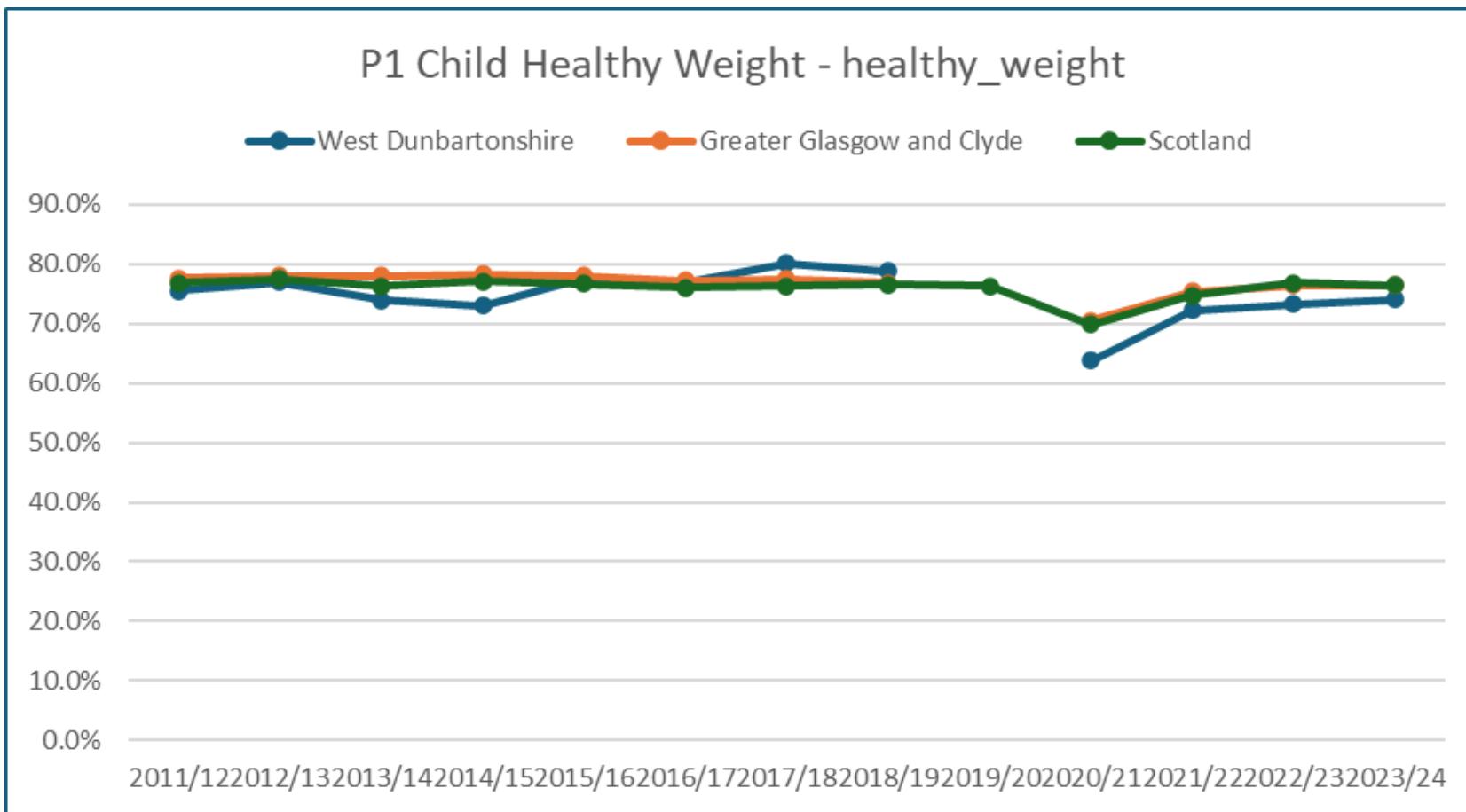
Council area comparison against Scotland – 2023/24 school year



# Child dental health in primary 7



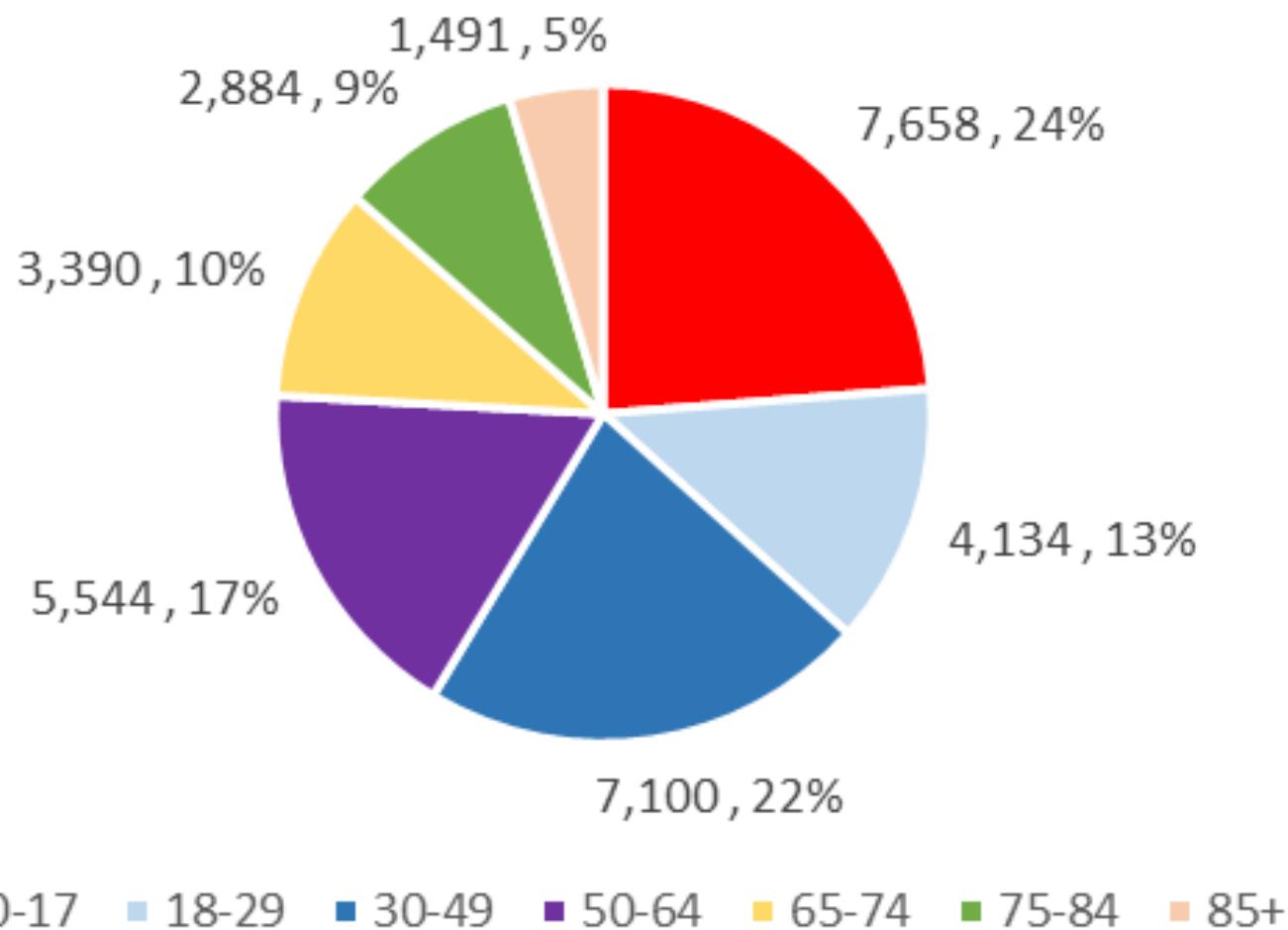
# Child Healthy Weight in Primary 1



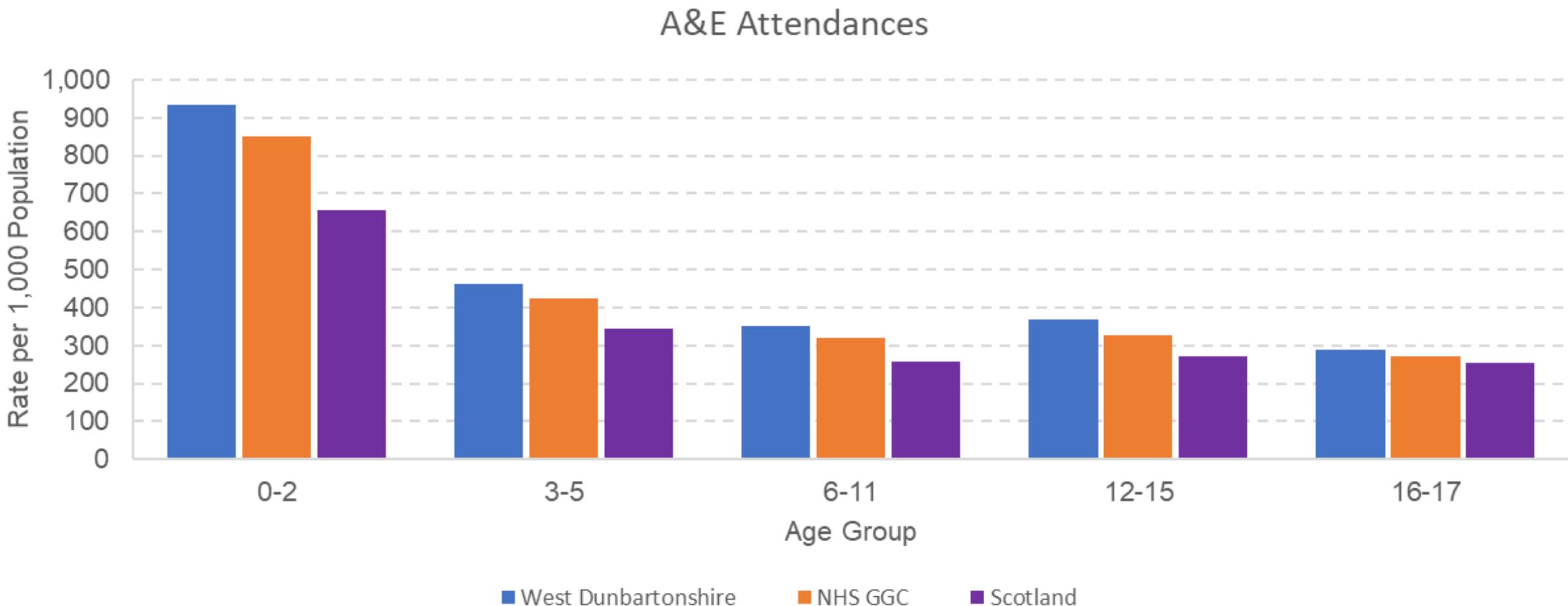
# Summary Developmental concerns and school age health

- **27-30 Month Reviews**
- Concerns remain high, peaking at over 30%. Speech, Language & Communication is the biggest issue (16.9%), followed by Emotional/Behavioural concerns (11.9%).
- **4-5 Year Reviews**
- Just before starting school, over 25% of children have a developmental concern. The primary issue shifts to Emotional/Behavioural (14.5%), with Speech, Language & Communication still high (12.4%).
- **Deprivation Link**
- At the 27-30 month review, children from the most deprived areas (SIMD 1) are significantly more likely to have a developmental concern recorded compared to those in the least deprived areas (SIMD 5).
- **School-Age Health**
- While improving, dental health for P1 and P7 children remains slightly below the Scottish average. Healthy weight in P1 also tracks just below the national trend, indicating ongoing public health challenges.
- **Neurodevelopmental Pathway Projections**
- Demand for neurodevelopmental assessments is far outstripping capacity and projected to exceed. Consideration of the best way to assess and support our neurodiverse children and young people will be required.

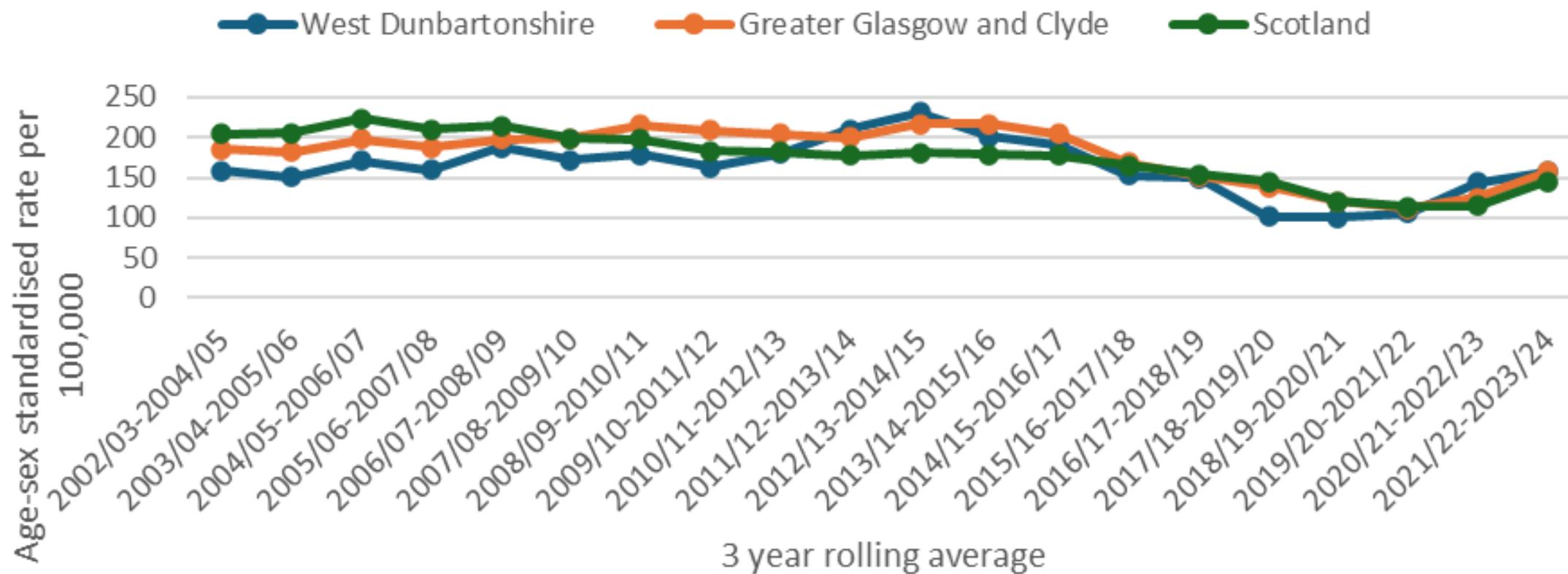
## A&E Attendances by West Dunbartonshire Residents by Age Band 2024/25



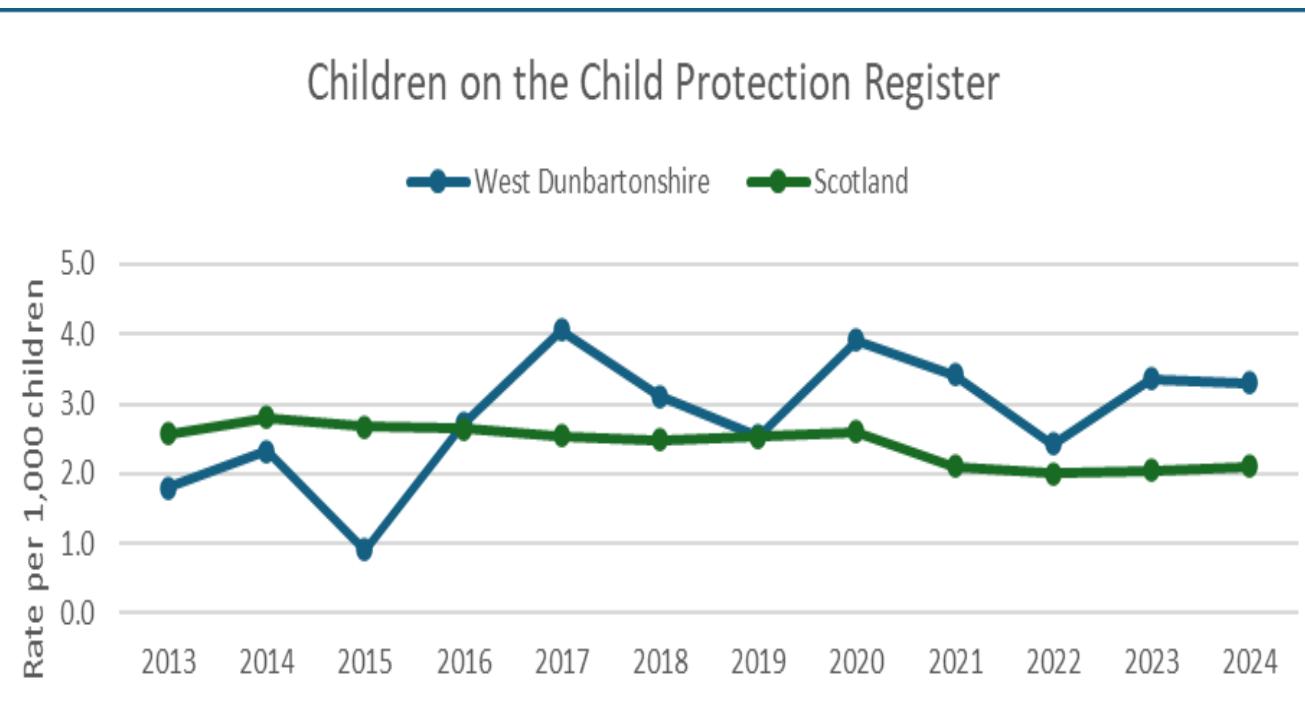
Rate per 1,000 population of A&E attendances by age groups in West Dunbartonshire, NHS GG&C and Scotland, aged <18, 2024/25



## Children hospitalised due to asthma, aged 0-15 years

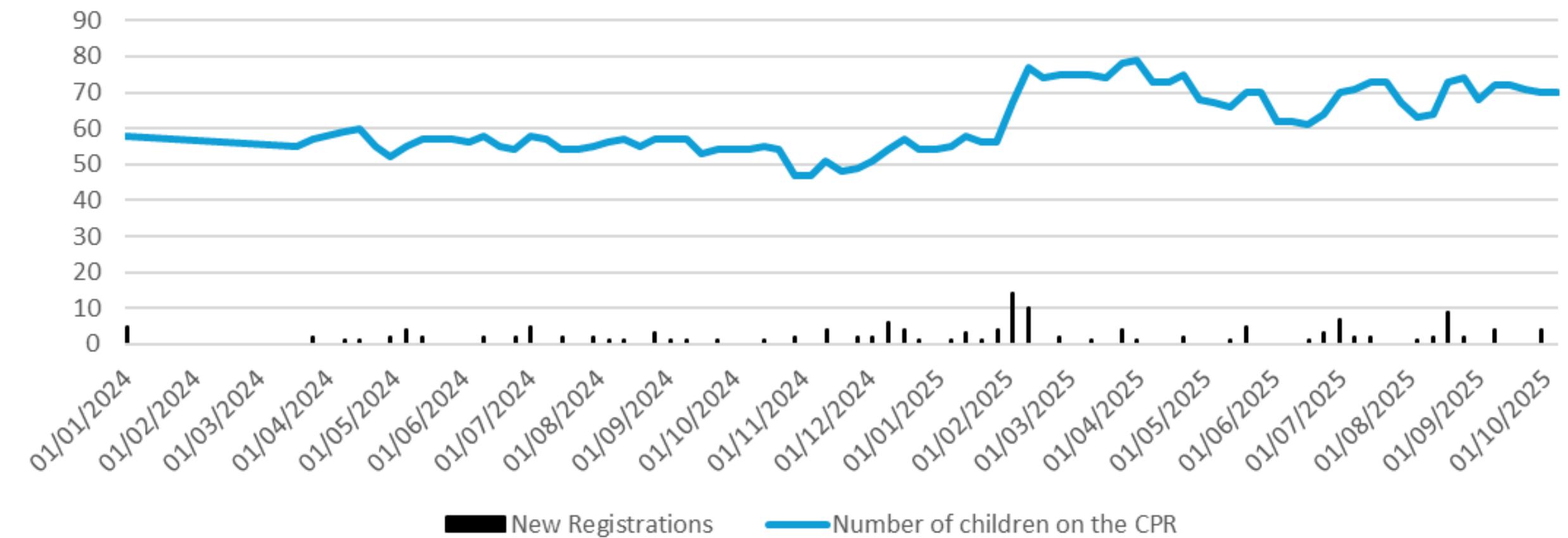


# Children on the Child Protection Register



Number of children											
	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	
West Dun	16	48	71	54	44	67	58	41	57	56	
Rate per 1,000 children											
West Dun	0.9	2.7	4.1	3.1	2.5	3.9	3.4	2.4	3.4	3.3	
Scotland	2.7	2.6	2.5	2.5	2.5	2.6	2.1	2.0	2.0	2.1	

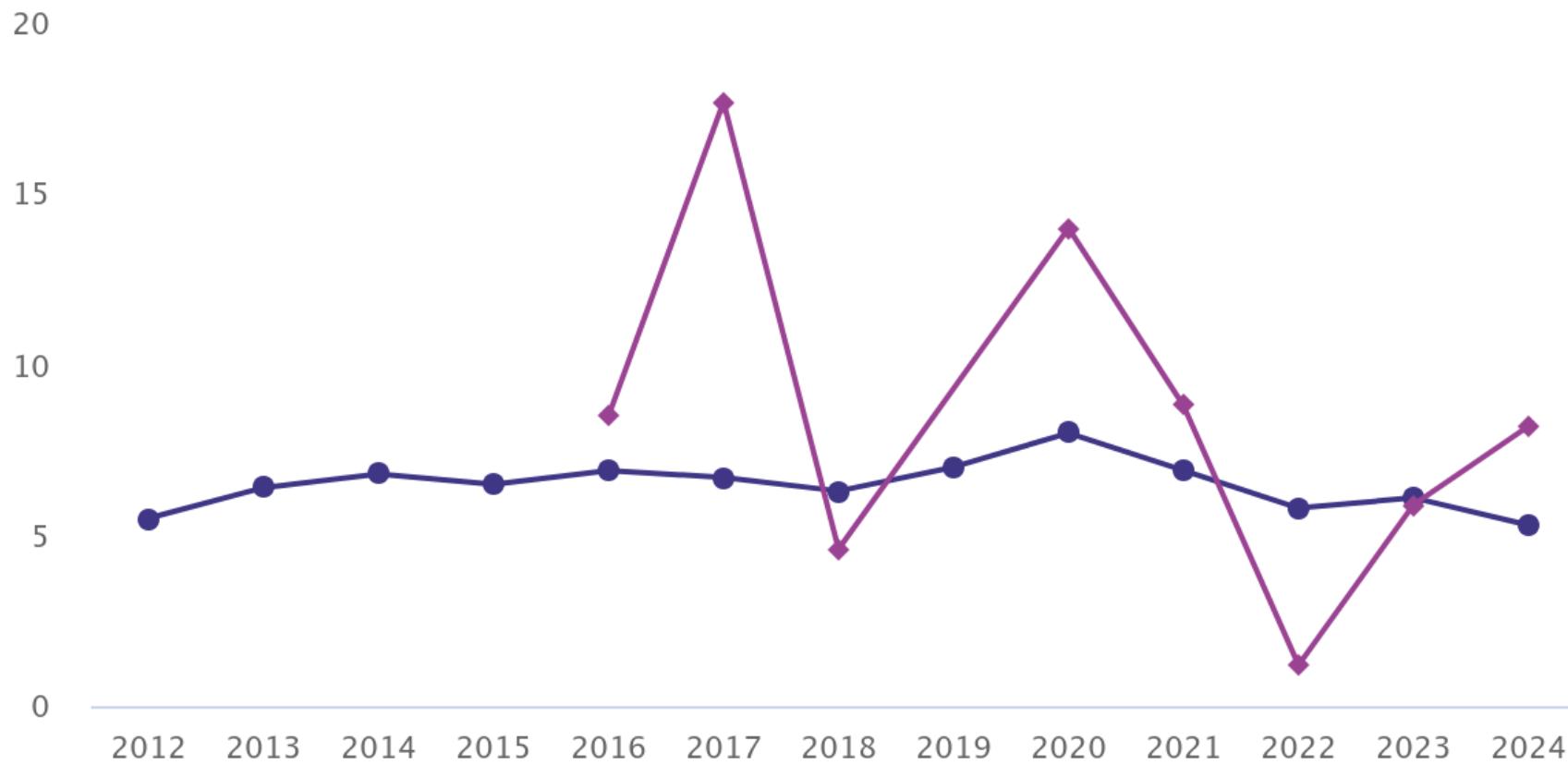
## Child Protection Register



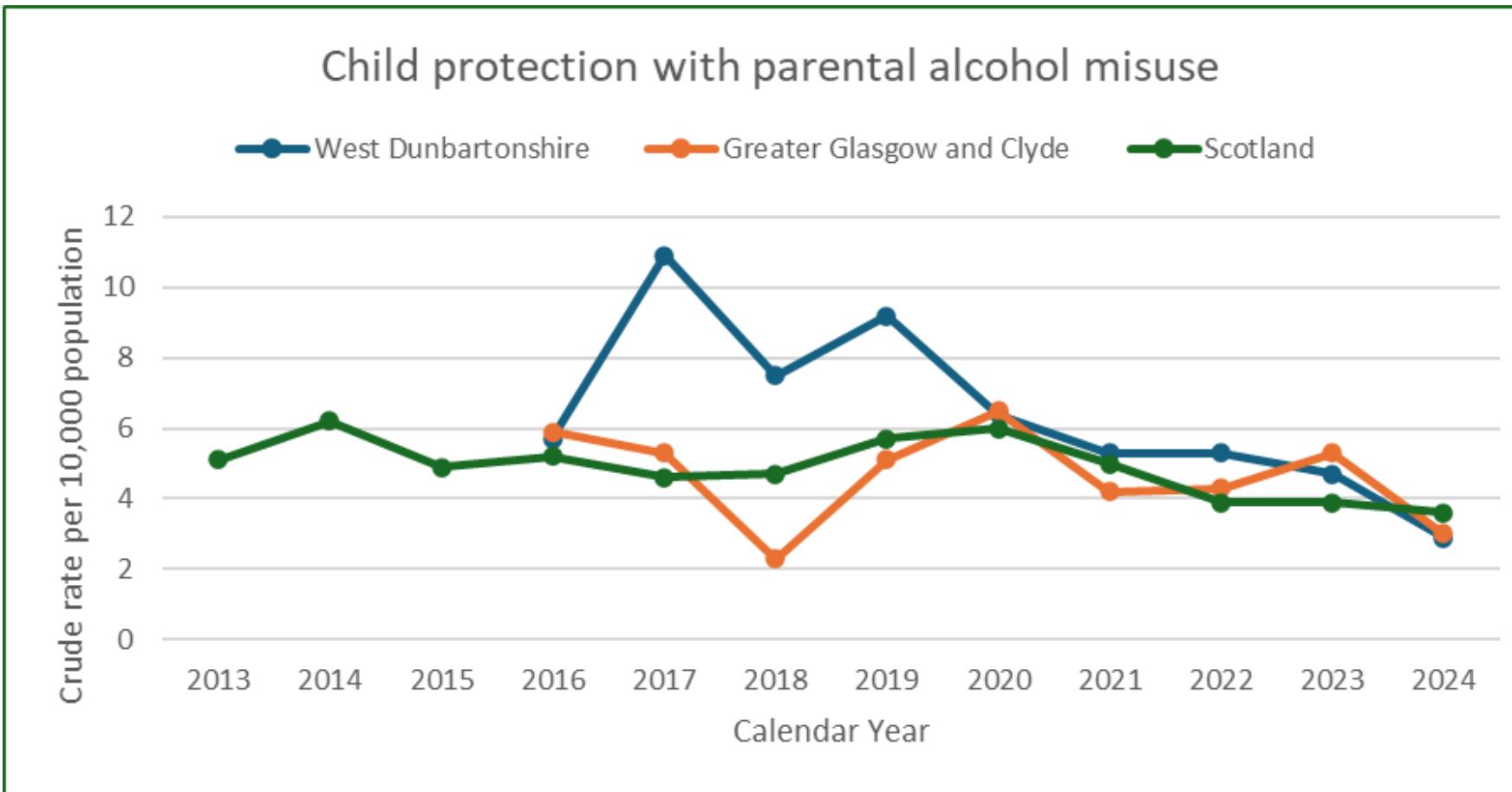
## Child protection with parental drug misuse

2012 to 2024

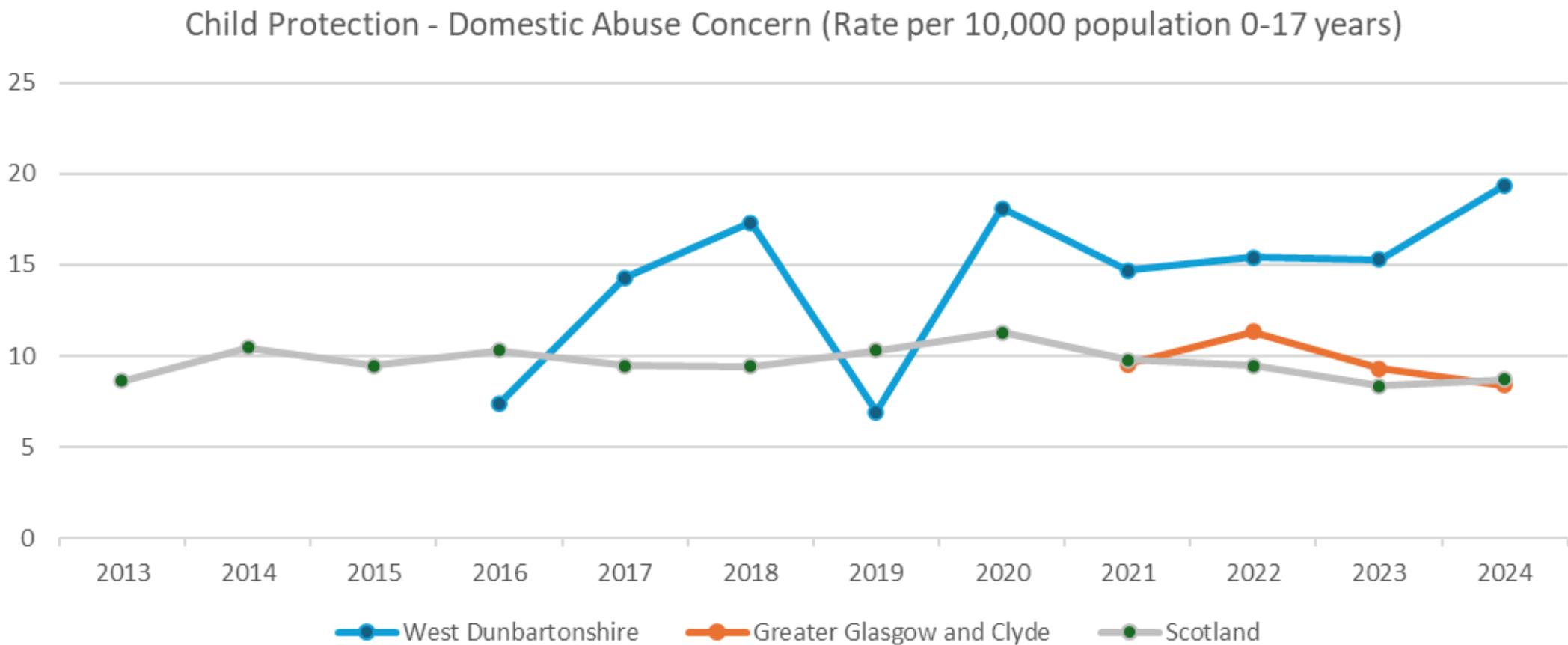
● Scotland    ♦ West Dunbartonshire



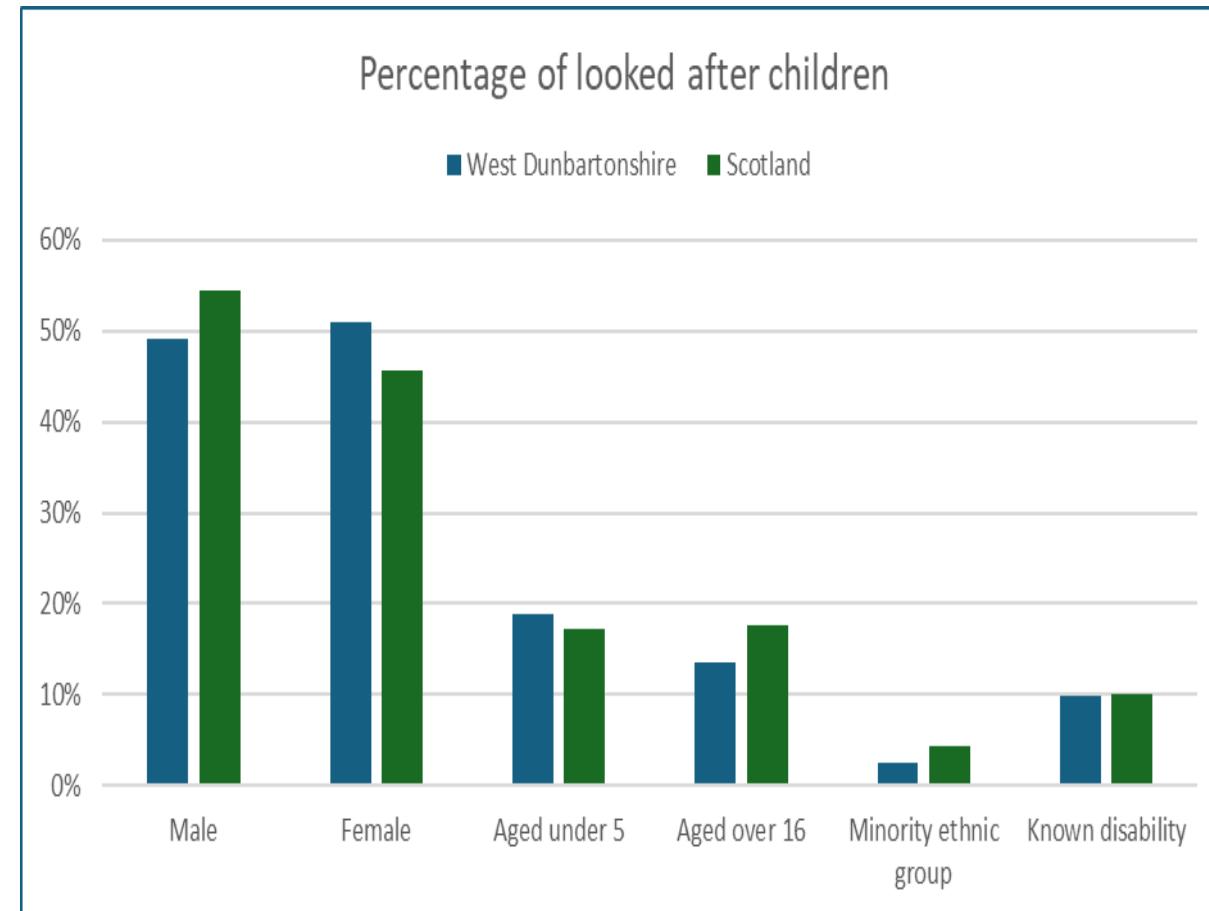
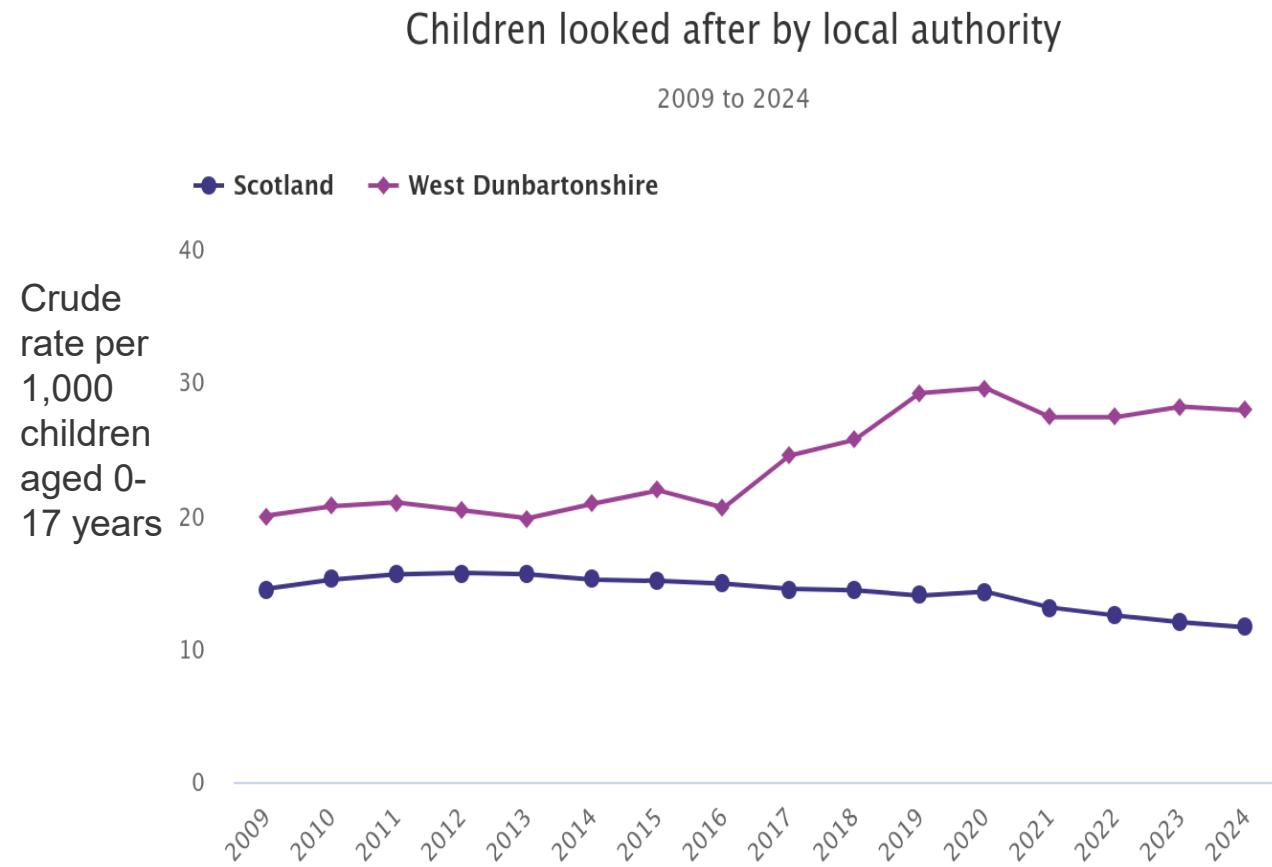
# Child protection with parental alcohol misuse

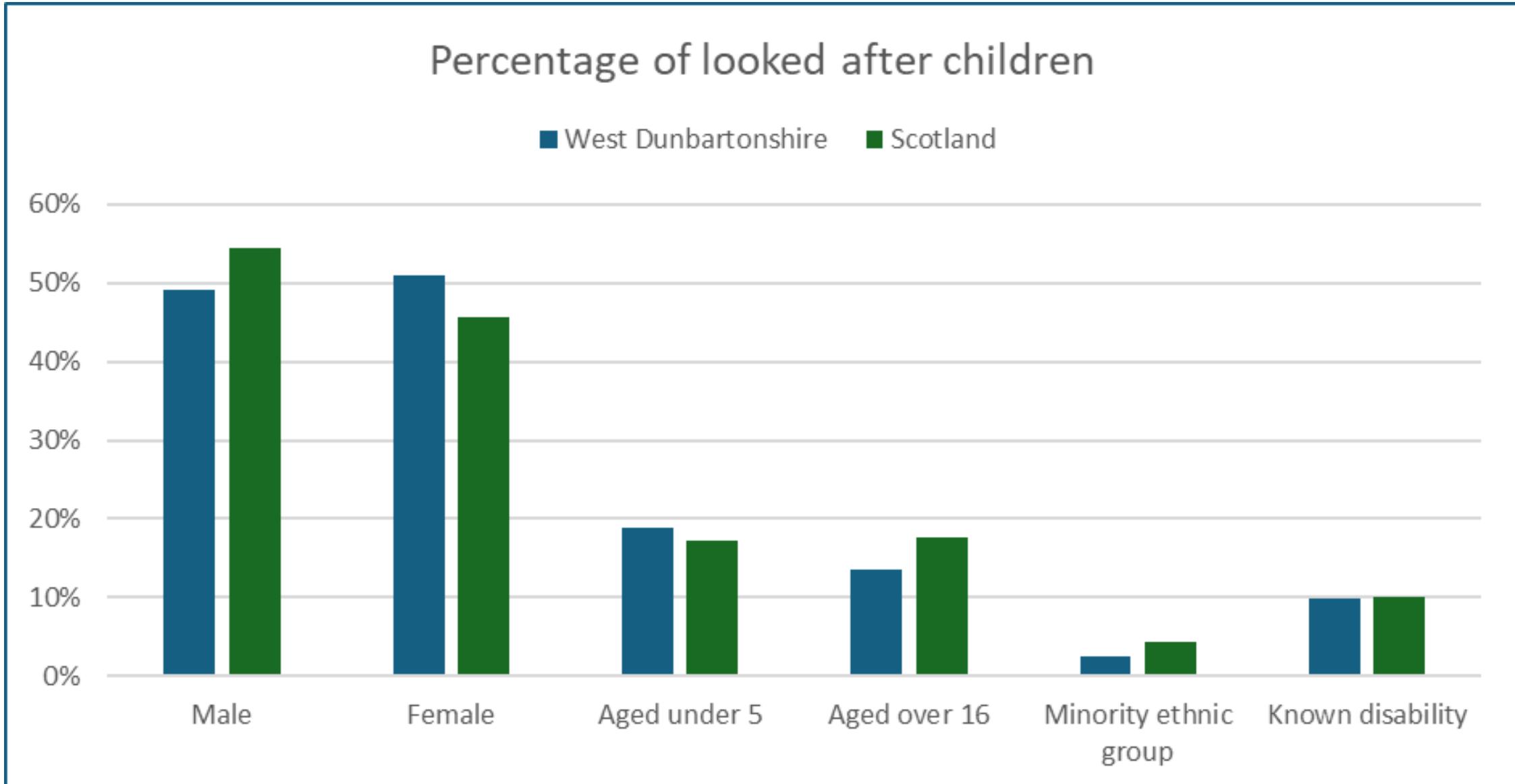


# Child Protection – Domestic Abuse

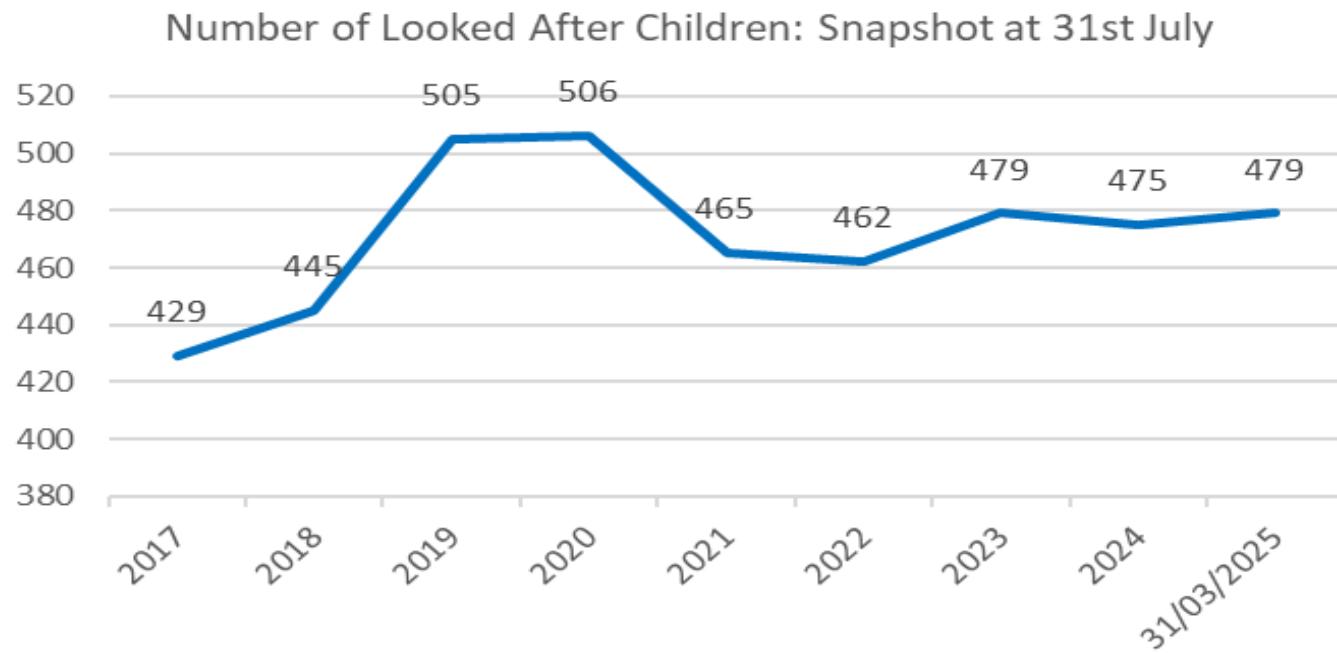


# Children Looked after by the local authority



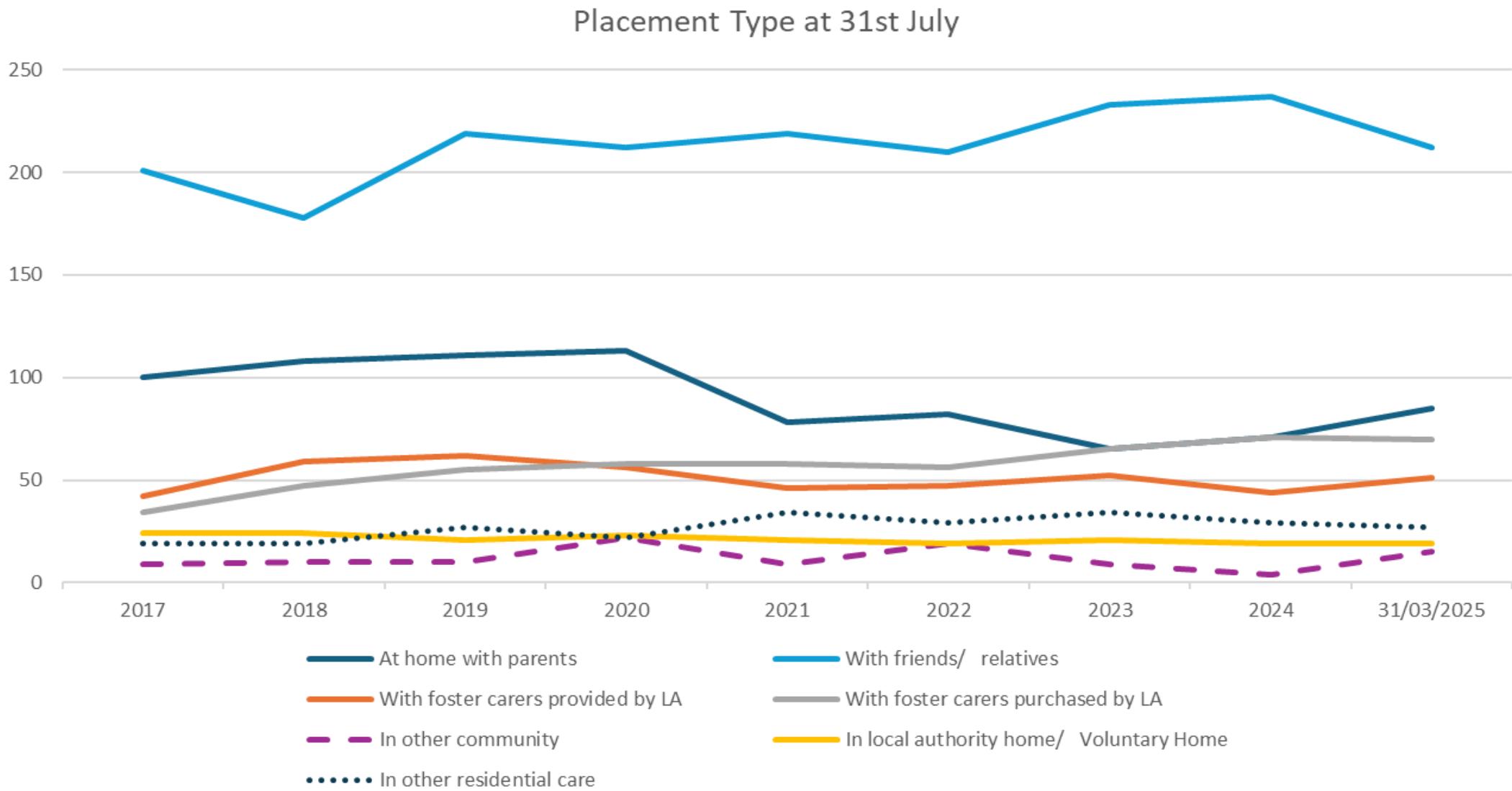


# Looked After Children

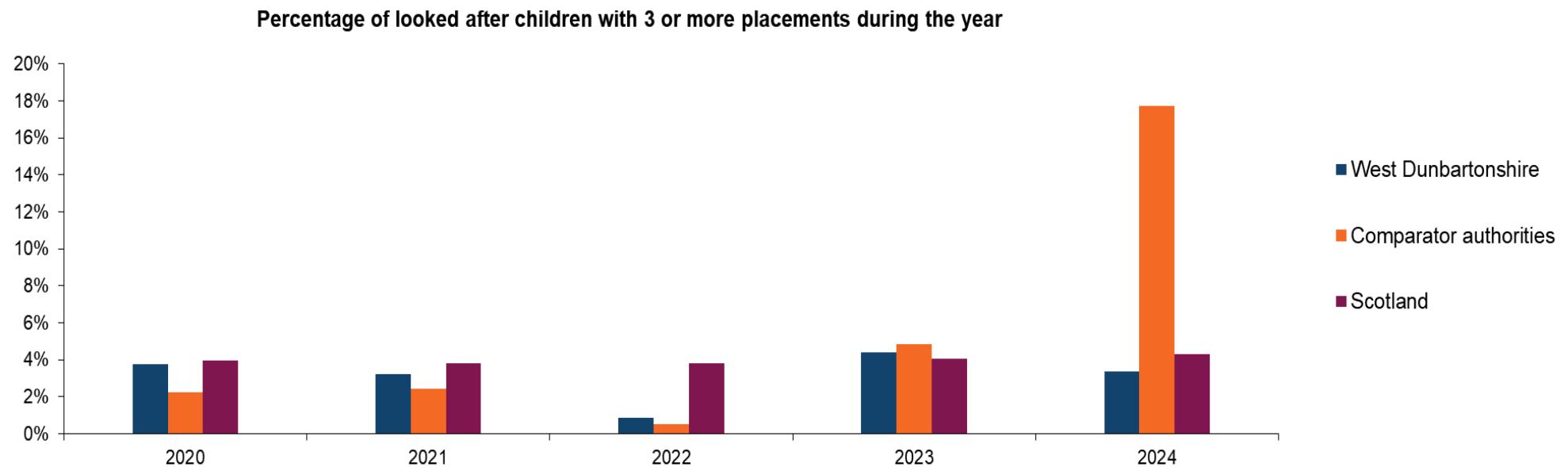


	<b>Number of children looked after on 31 July 2023</b>	<b>Number of children starting to be looked after between 01 August 2023 to 31 July 2024</b>	<b>Number of children ceasing to be looked after between 01 August 2023 to 31 July 2024</b>	<b>Children looked after on 31 July 2024</b>	<b>Children looked after on 31 July 2024 as a percentage of the population</b>
West Dunbartonshire	447	100	77	475	4.1%
Scotland	12086	3105	3398	11844	2.2%

# Looked After Children – Placement Types



# Percentage of Looked after children with 3 or more placements during the year

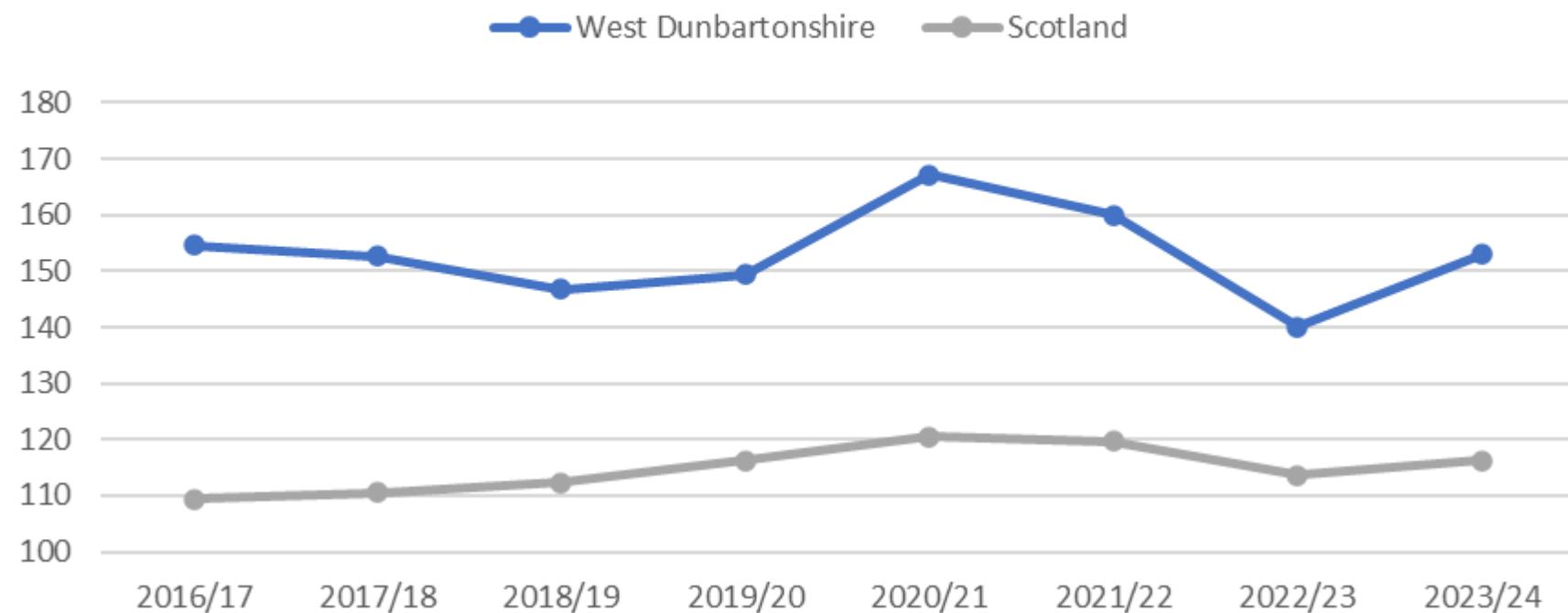


# Domestic Abuse

Number of domestic abuse incidents recorded by police

	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
West Dunbartonshire	1395	1375	1316	1338	1488	1417	1237	1357

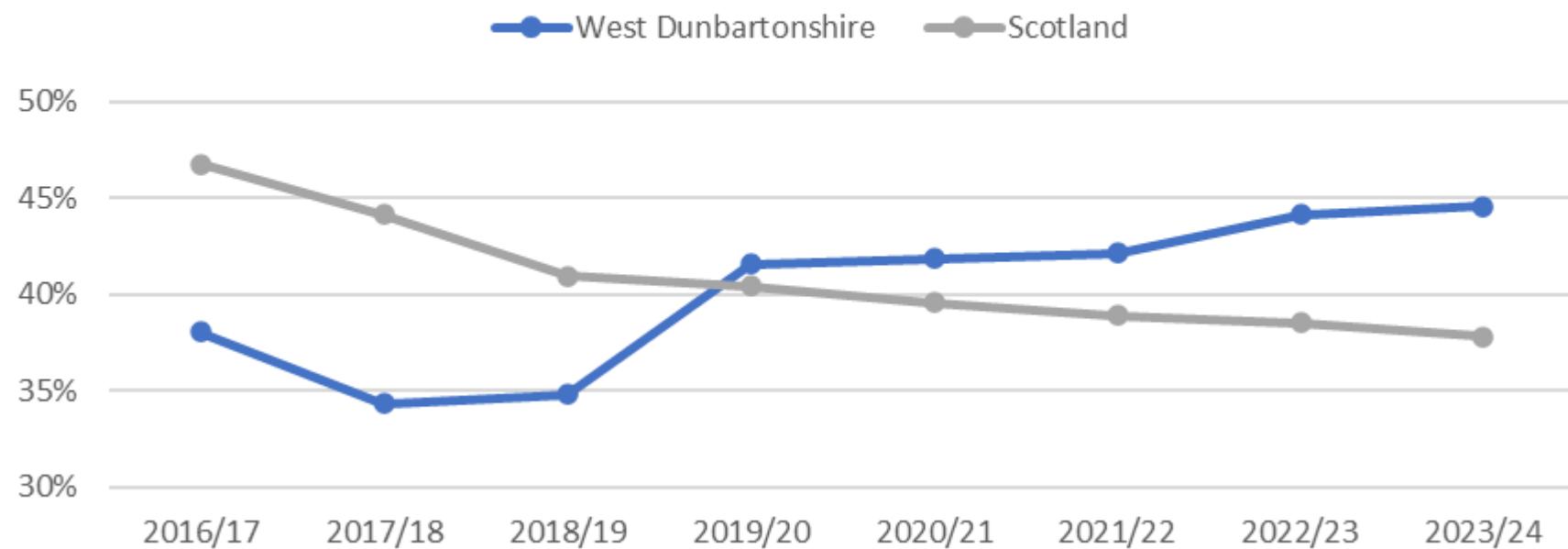
Rate of domestic abuse incidents per 10,000 population



### Percentage of incidents that included a crime or offence

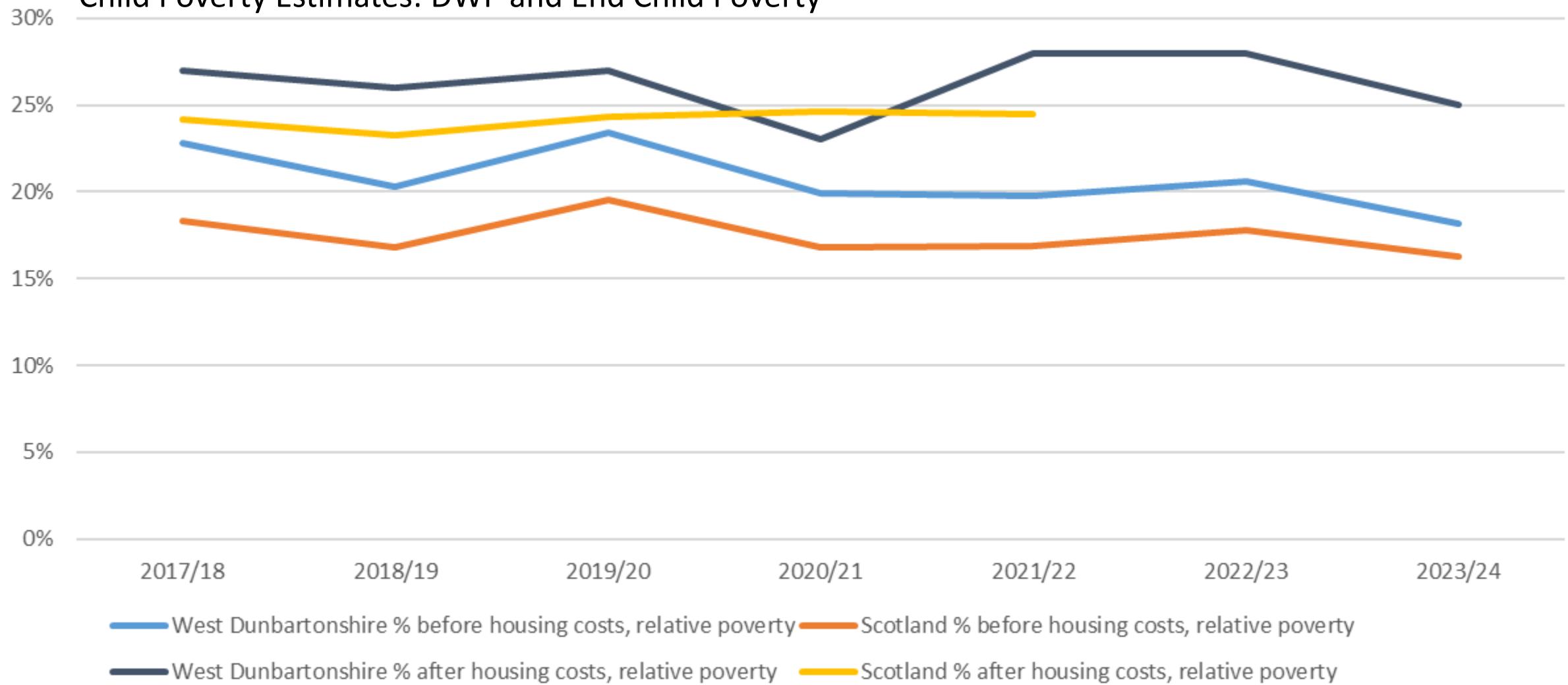
Area Name	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
West Dunbartonshire	38.1%	34.3%	34.8%	41.6%	41.9%	42.1%	44.1%	44.6%
Scotland	46.8%	44.1%	40.9%	40.4%	39.6%	38.9%	38.5%	37.8%

### Percentage of domestic abuse incidents that included a crime or offence

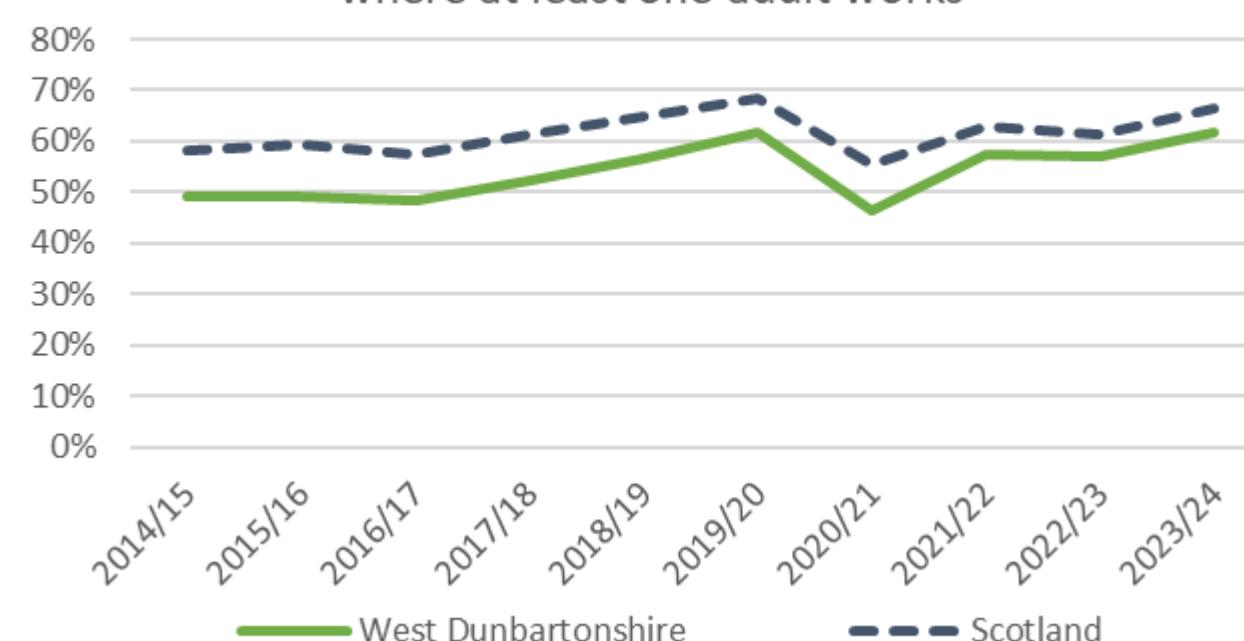


# Child Poverty

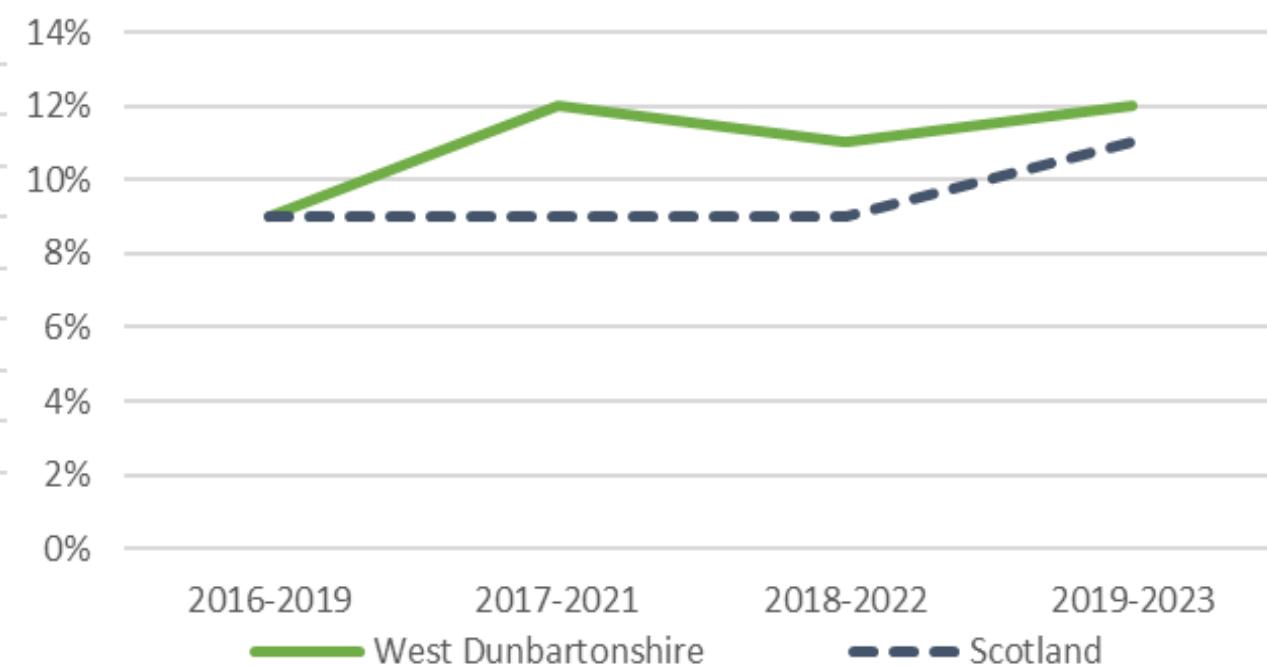
## Child Poverty Estimates: DWP and End Child Poverty



% Of children in relative poverty in a household where at least one adult works



Food insecurity (worried would run out of food)



Source: DWP

Source: Scottish Health Survey

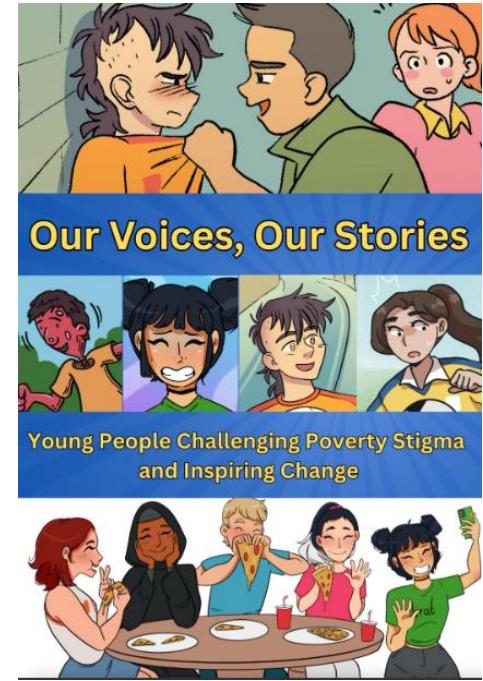
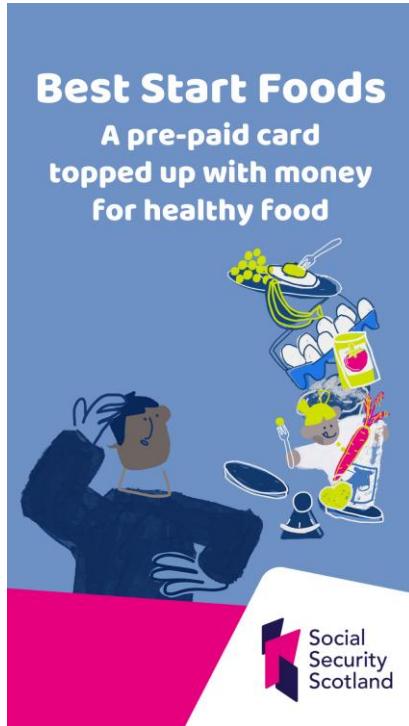
[Emergency food aid | West Dunbartonshire Council](#)  
[Support and Information Service - NHSGGC inc emergency food](#)  
on discharge



# Social Security Scotland

Tèraineachd Shòisealta Alba

- 95% uptake rate of Scottish Child Payment for WD
- 7055 West Dunbartonshire Children receiving over 2.5 Million pounds in April-June 2025
- WD Highest estimated uptake of Best start foods at 88% with payments made April – June 2025 worth 96K



Our Voices, Our Stories supports young people to explore poverty, stigma, and community through storytelling. This project led by West Dunbartonshire Citizens Advice Bureau and St Peter the Apostle High School. challenged policy makers and service providers to promote the supports available more

# Summary Vulnerability

- **Child Poverty**
  - In 2023/24, 25% of children live in relative poverty after housing costs. Crucially, over 60% of these children are in a household where at least one adult works, highlighting the issue of in-work poverty.
- **Looked After Children**
  - West Dunbartonshire has a significantly higher rate of looked after children (LAC). As of July 2024, there were 475 LAC, which is 4.1% of the under-18 population, compared to just 2.2% for Scotland as a whole.
- **Domestic Abuse Incidents**
  - The rate of domestic abuse incidents in 2023/24 was 153.7 per 10,000 population, a figure consistently and significantly higher than the Scottish average of 116.1.
- **Child Protection Register**
  - The rate of children on the Child Protection Register in 2024 was 3.3 per 1,000 children, which is substantially higher than the national rate of 2.1 per 1,000, and has remained consistently higher for the last decade.
- **Parental Substance Misuse**
  - Parental drug misuse is a significant and volatile factor in child protection cases. Data shows sharp peaks in its contribution to cases in West Dunbartonshire, far exceeding the national trend in certain years.
- **Placement of Looked After Children**
  - The most common placement type for Looked After Children is 'With friends/relatives' (kinship care), followed by being looked after at home with parents. This highlights the importance of supporting kinship carers and providing intensive family support.

# The Icelandic Prevention Model:



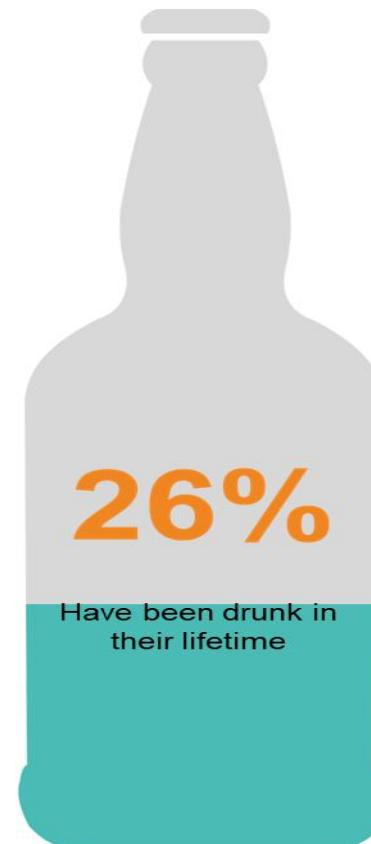
## Substance Use

**38%**  
Tried alcohol at the age 13 or younger

**14%**  
Have been drunk in the last 30 days

**15%**  
Drink alcohol at their own home

**15%**  
Get alcohol from a family member



**17%**  
Used an e-cigarette in the last 30 days

### E-cigarettes

**13%**  
Use e-cigarettes (vape) daily

### Cigarette Smoking

**6%**  
Smoked cigarettes in the last 30 days

**3%**  
Smoke cigarettes daily



### Cannabis Use



**10%**  
Have used cannabis in their lifetime

**6%**  
Used cannabis in the last 30 days

# Family

**93%**

Feel safe  
at home



**85%**

Of students say  
their parents  
disapprove of \*  
drunkenness



**94%**

Of students say it  
is easy to receive  
caring and  
warmth from  
their parents



## Time with parents on weekends

**59%**



Often or always spend time  
with their parents/carers  
on weekends

## Parental Monitoring

**63%**

Of parents/carers know the parents  
of their children's friends

## Parental monitoring

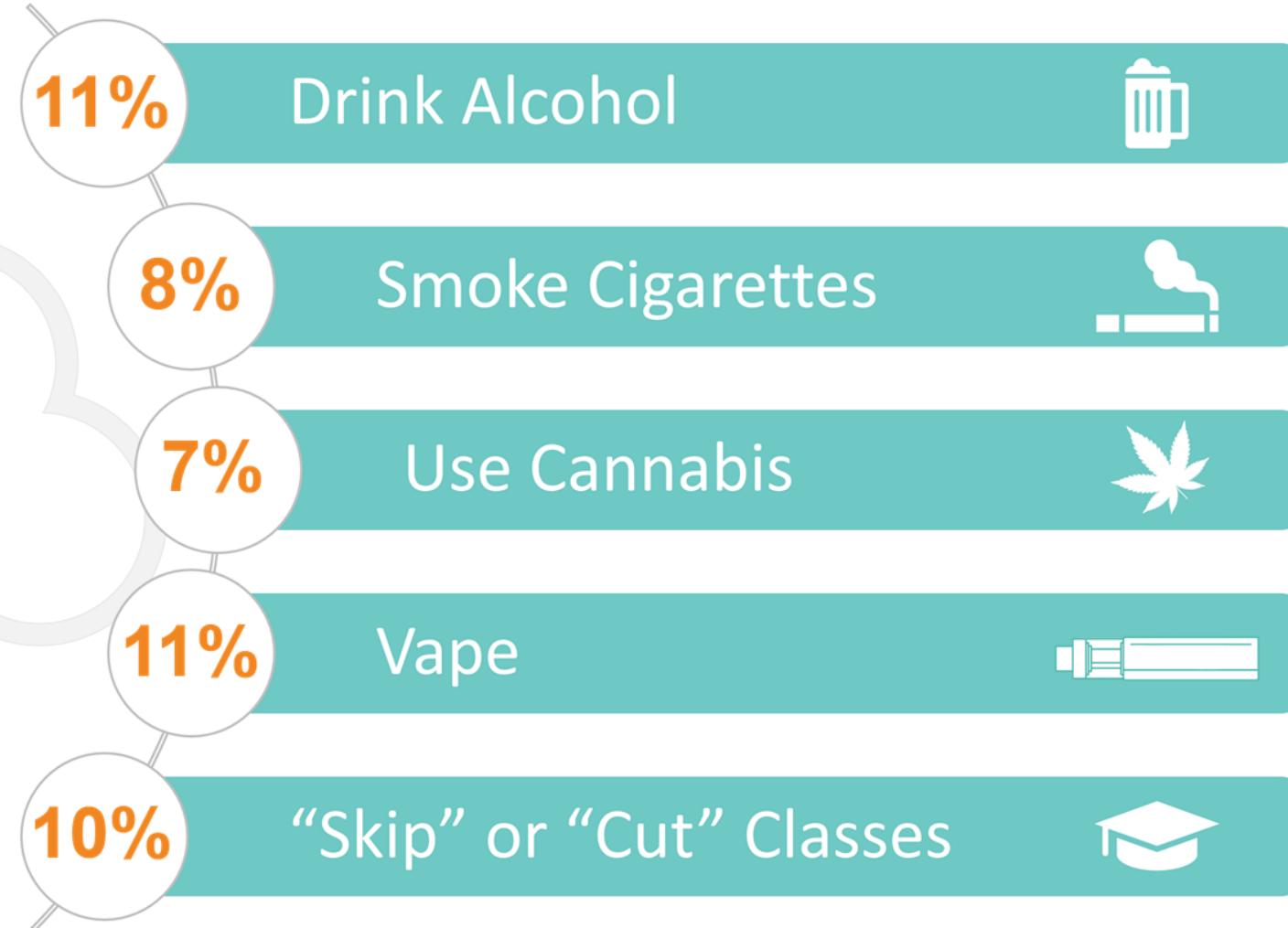
**90%**

Of parents/carers know  
where their teenagers are  
in the evenings

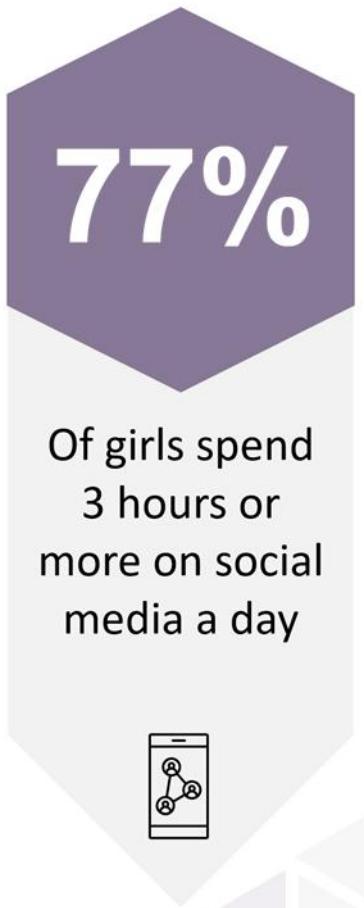


# Peer Group Effects

Adolescents who agree or strongly agree that they need to do the following in order not to be left out of the peer group



# Leisure activities



 **11%**

Of teenagers were outside after midnight once or more in the past week

 **23%**

Of teenagers take part in out-of-school physical activity with a club or a team **3 times a week or more**

 **20%**

Of teenagers do NOT participate in any organized out-of-school activities supervised by adults

# Wellbeing

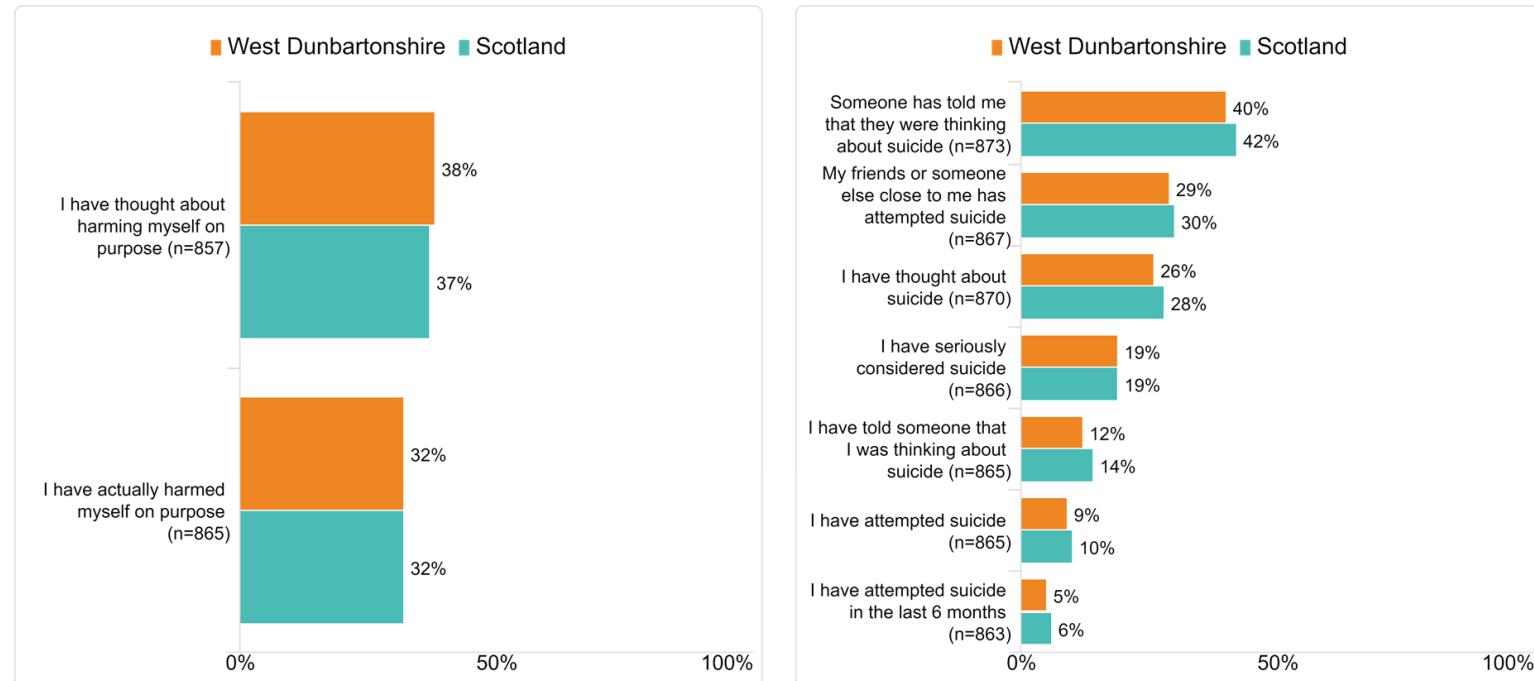
♀  
Females

♂  
Males



## Responses related to thoughts of or actual self-harm

Proportion of adolescents in West Dunbartonshire who say the following statements **apply to them**



# Summary Youth Behaviours

- **Wellbeing & Mental Health**
- There are notable gender differences in wellbeing. Young females are less likely than males to report 'very good' mental health, feel happy with their lives, or get 8+ hours of sleep on average.
- **Self-Harm**
- A concerning 32% of young people (n=865) surveyed reported having harmed themselves on purpose at some point. Of those, 10% of females and 5% of males had ever attempted suicide.
- **Substance Use**
- Tried alcohol by age 13 or younger.
- Have been drunk in the last 30 days.
- Got alcohol from a family member.
- **Family Protective Factors**
- High percentage feel safe at home.
- Strong parental disapproval of drunkenness.
- Most find it easy to get warmth/caring from parents.
- **Peer Group Effects**
- Adolescents report feeling pressure to drink alcohol, smoke, vape, or use cannabis in order not to be left out of their peer group.
- **Leisure & Activities**
- Many spend 3+ hours on video games (boys) or social media (girls) per day.
- Many take part in out-of-school sport 3+ times a week.
- Some do not participate in any organised activities.

# Early years, children and young people: What is needed to support a healthy start in life?

Adequate family income and actions to mitigate impacts of poverty and inequalities

Strong bonds and positive relationships with caregivers and across schools and communities

Nurturing approaches to help children heal from adverse experiences

Safe home, school and neighbourhood environments which enable learning and play

Involving children and young people in decisions affecting their lives



# Population Characteristics

## Living Alone

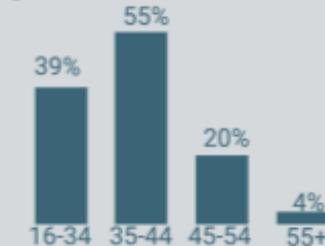


19%  
lived alone

48%  
of people aged 75+ lived  
alone

## Children

23% lived with children under 16



## Qualifications



20% had no  
qualifications

49% of people aged 75+  
had no qualifications

24%  
Most  
deprived

19%  
Other  
areas

## Tenure



59%  
lived in owner  
occupier homes

29%  
Most  
deprived

72%  
Other  
areas

## Economic Activity



53%  
were economically active

## Internet Use

1 in 10 said they did not use the internet



52% of people aged 75+ did not  
use the internet

## Indicators were West Dunbartonshire Differed Significantly to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

- less likely to identify as gay/bisexual/other
- less likely to have BME identities
- more likely to say they had no qualifications.

## Differences by Age and Gender

- Those aged 75 or over were the most likely to live alone.
- Those aged 35-44 were the most likely to have children in their household.
- Those aged 75 or over were the most likely to say they had no qualifications, and men were more likely than women to say they had no qualifications.
- Those in the youngest age groups were the least likely to live in owner occupied homes and the most likely to rent privately.
- Those aged 35-44 were the most likely to be economically active.
- Those aged 75 or over were the least likely to use the internet. Among those who did use the internet, those aged 35-54 were the most likely to use it for health-related reasons. Women were more likely than men to use the internet for health-related reasons.

## Differences by Deprivation

Those in the most deprived areas were:

- more likely to live alone
- more likely to say they had no qualifications
- less likely to live in owner-occupied homes and more likely to live in socially rented homes
- less likely to use the internet.

# Health and Illness

## Views of Health

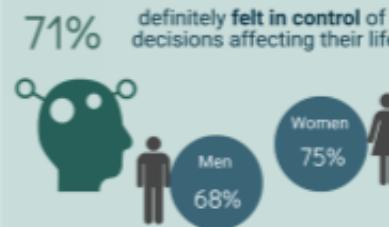
Proportion with a positive view of:



## Dental Health



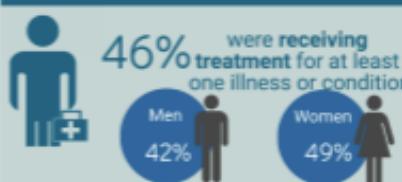
## Feeling in Control



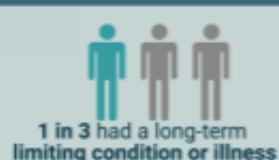
## Mental Health



## Treatment



## Limiting Conditions/Illnesses



## Indicators where West Dunbartonshire Compared Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

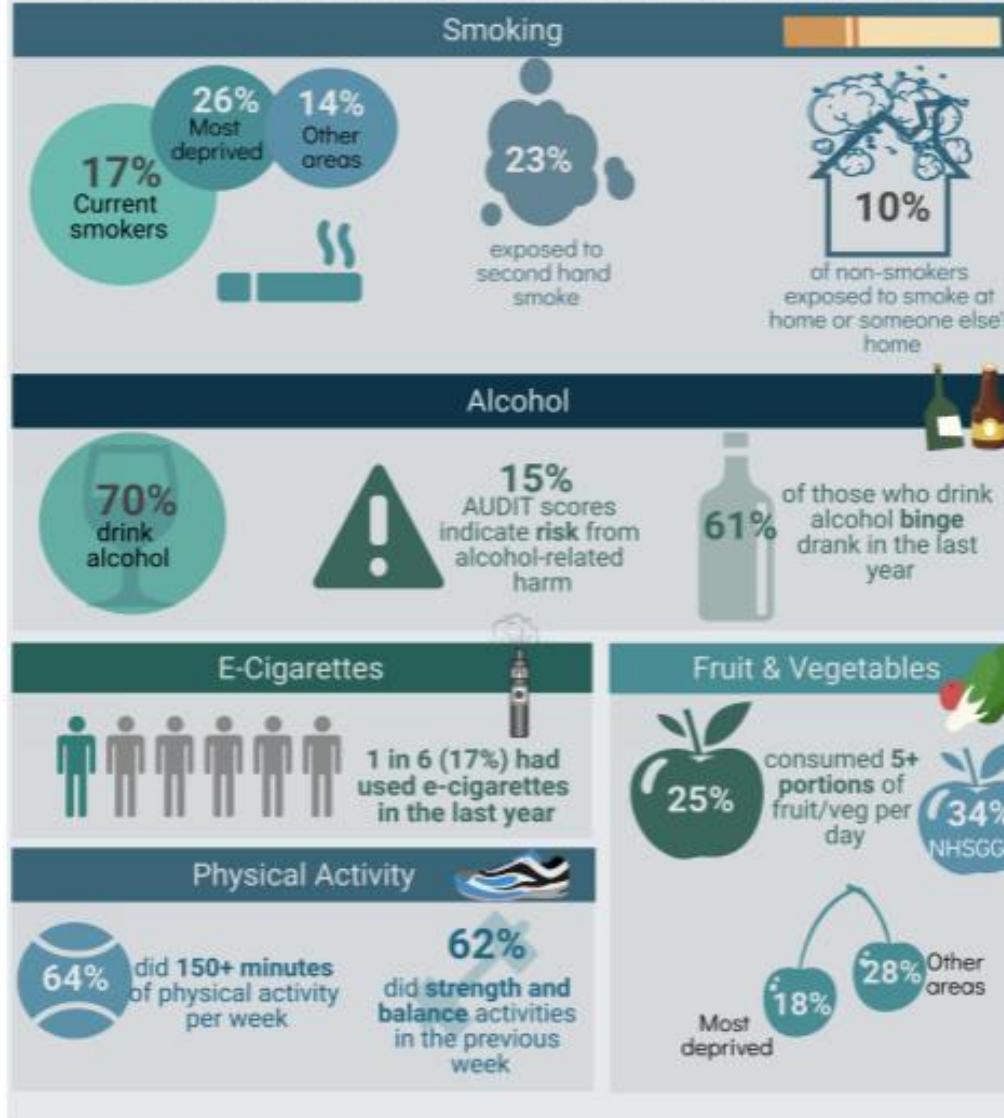
- more likely to have a positive perception of their mental/emotional wellbeing
- less likely to have perceived negative effects of COVID on wellbeing indicators.

## Indicators where West Dunbartonshire Compared less Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire:

- were less likely to have a positive view of their general health
- were more likely to have a limiting long term condition or illness
- had lower mean WEMWBS scores
- were less likely to rate their mouth/teeth as in good health.

## Health Behaviours



### Indicators where West Dunbartonshire Compared Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

- less likely to have an AUDIT score indicating alcohol-related risk
- more likely to participate in strength/balance activities.

### Indicators where West Dunbartonshire Compared Less Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

- less likely to meet the target of consuming five or more portions of fruit/vegetables per day
- less likely to meet the target of 150 minutes of physical activity per week.

## Indicators where West Dunbartonshire Compared Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

- less likely to feel isolated from family and friends
- less likely to experience discrimination.

## Indicators where West Dunbartonshire Compared Less Favourably to NHSGGC

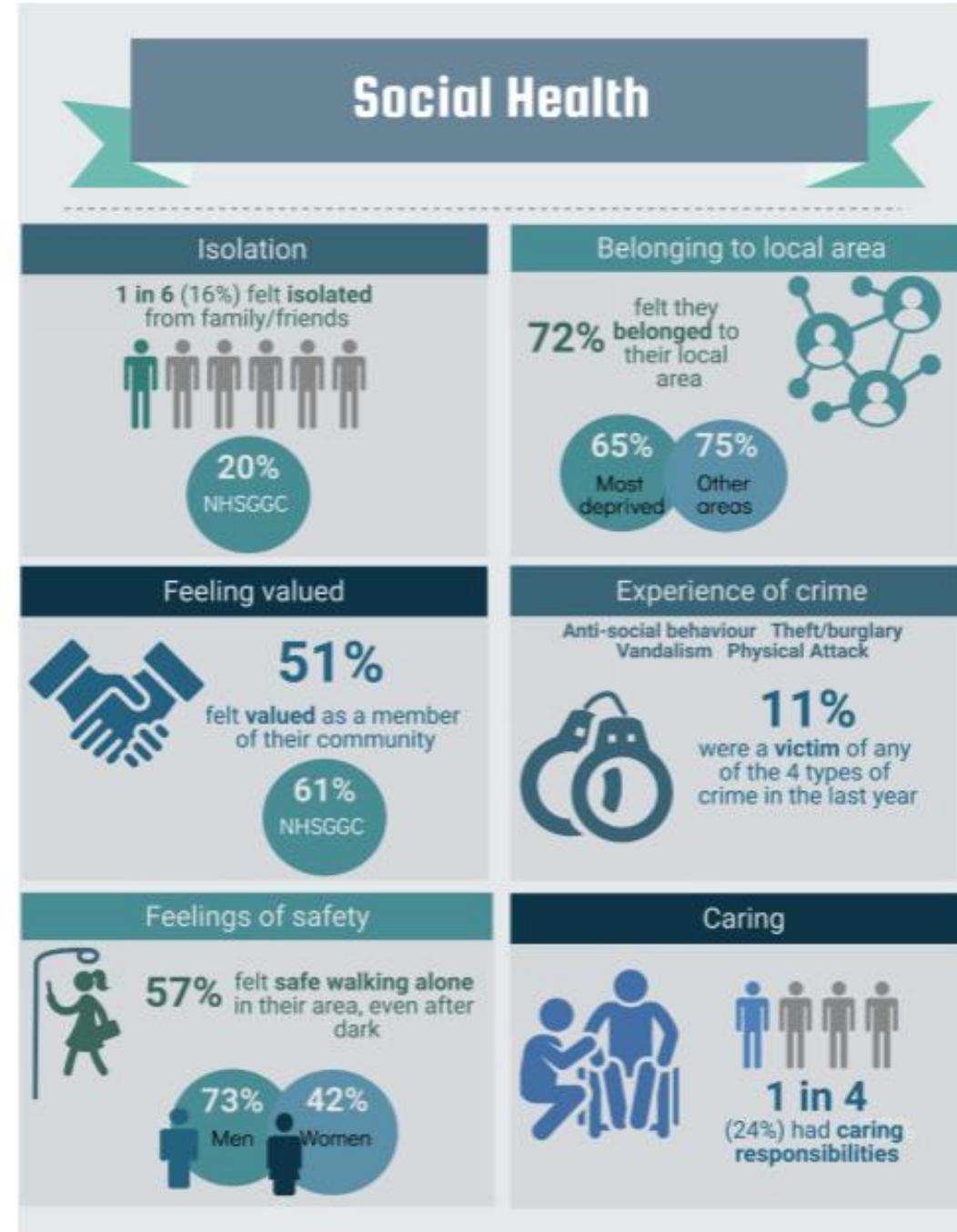
Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

- less likely to feel they belonged to their local area
- less likely to feel valued as a member of their community
- less likely to feel safe using local public transport or walking alone in their area.

## Other differences between West Dunbartonshire and NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

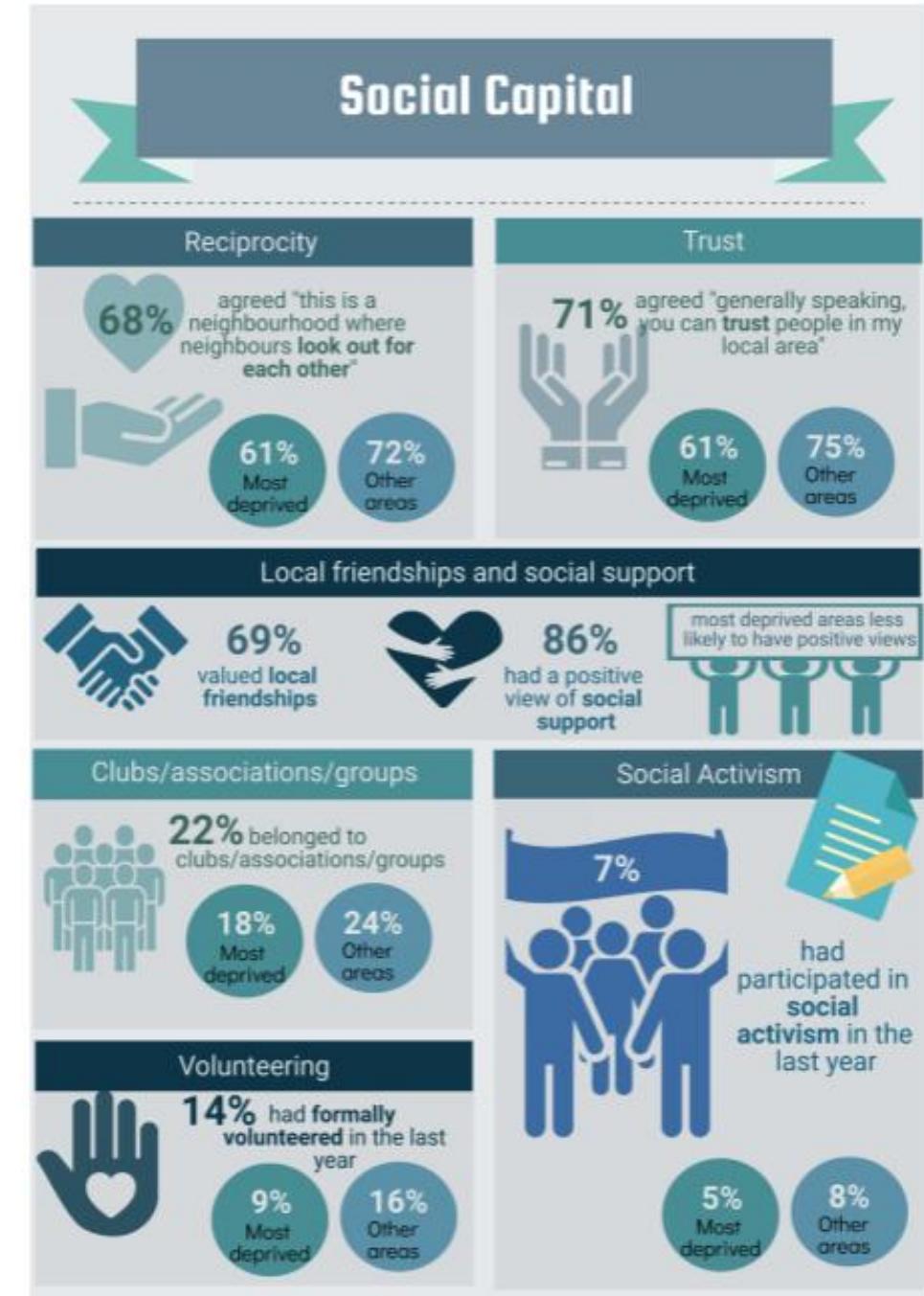
- more likely to have caring responsibilities.



## Indicators where West Dunbartonshire Compared Less Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

- less likely to have positive views of reciprocity or trust
- less likely to value local friendships
- less likely to engage in social activism.



# Financial Wellbeing

## Income from benefits

1 in 5 (19%) said all household income came from benefits



## Adequacy of household income

73% had a positive view of the adequacy of their household income



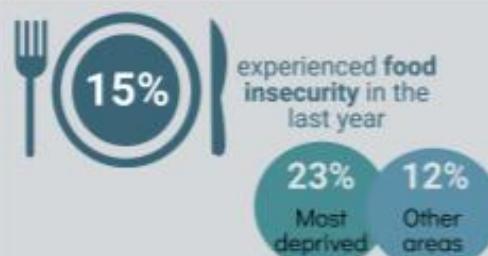
## Finding unexpected sums



## Difficulty meeting expenses



## Food insecurity



## Gambling



## Indicators where West Dunbartonshire Compared Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

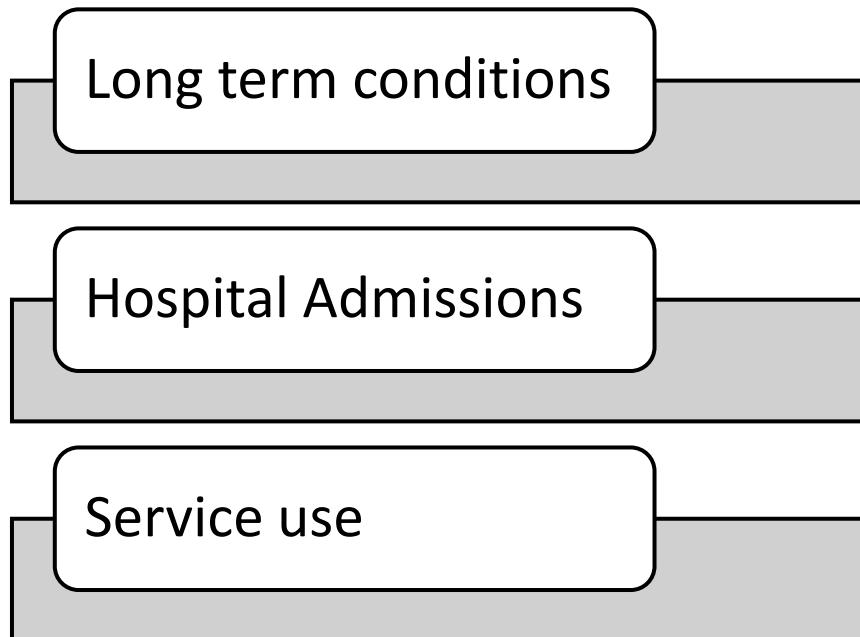
- less likely to say they had difficulty meeting the cost of food and/or energy
- less likely to say they would have difficulty finding sums to pay for unexpected expenses
- less likely to have indicators of difficulty affording energy.

## Indicators where West Dunbartonshire Compared Less Favourably to NHSGGC

Compared to those in the NHSGGC area as a whole, those in West Dunbartonshire were:

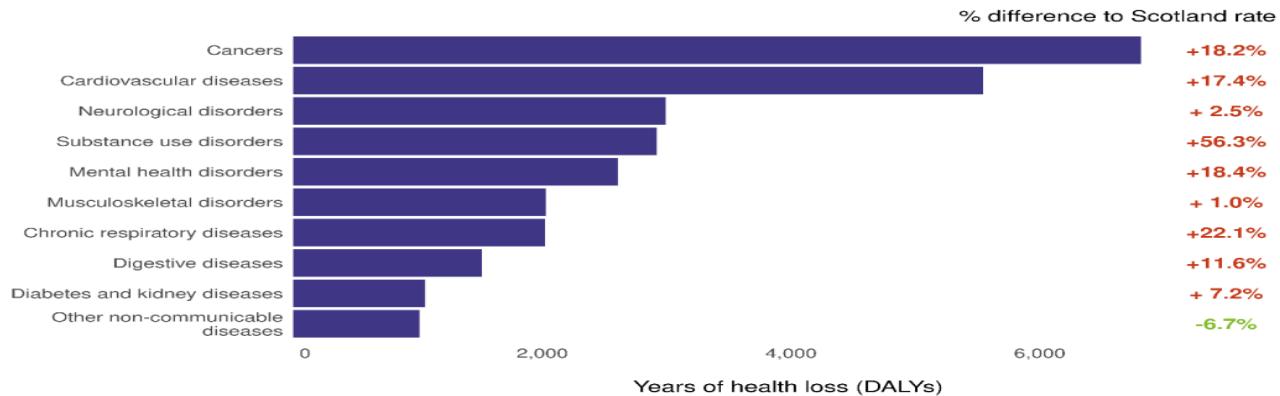
- more likely to receive all household income from benefits
- more likely to spend money on gambling (excluding lottery).

# Adults and Older People



# Burden of Disease

Source ScotPHO



**Leading grouped causes of health loss** The three leading groups of causes of ill-health and early death in West Dunbartonshire are **cancers, cardiovascular diseases and neurological disorders**.

These groups of causes account for 47% of the total burden of health loss.

The largest differences in burden - compared to Scotland - occur due to substance use disorders, chronic respiratory diseases and mental health disorders.

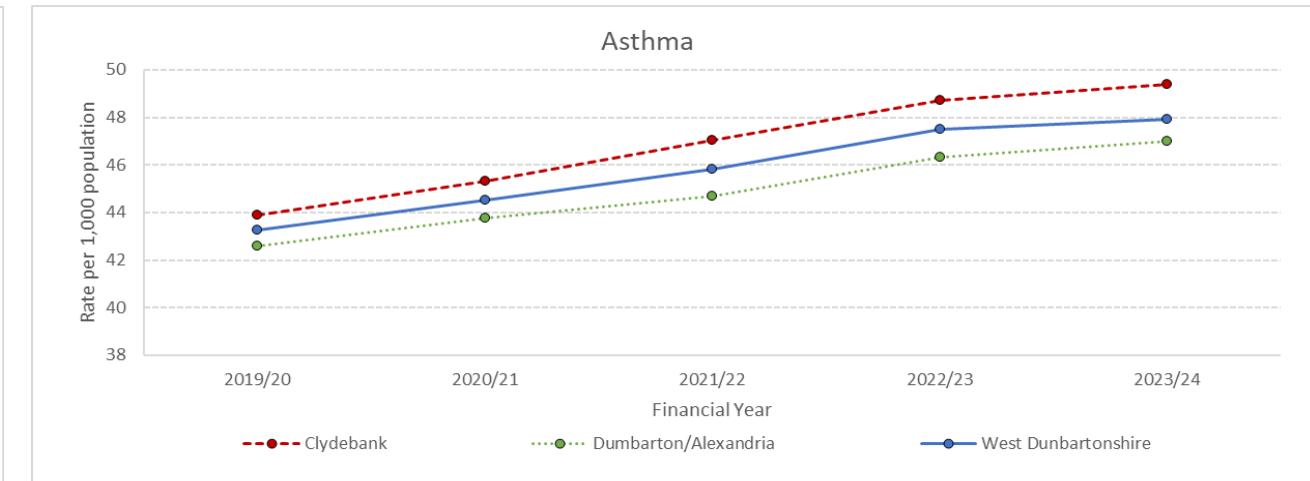
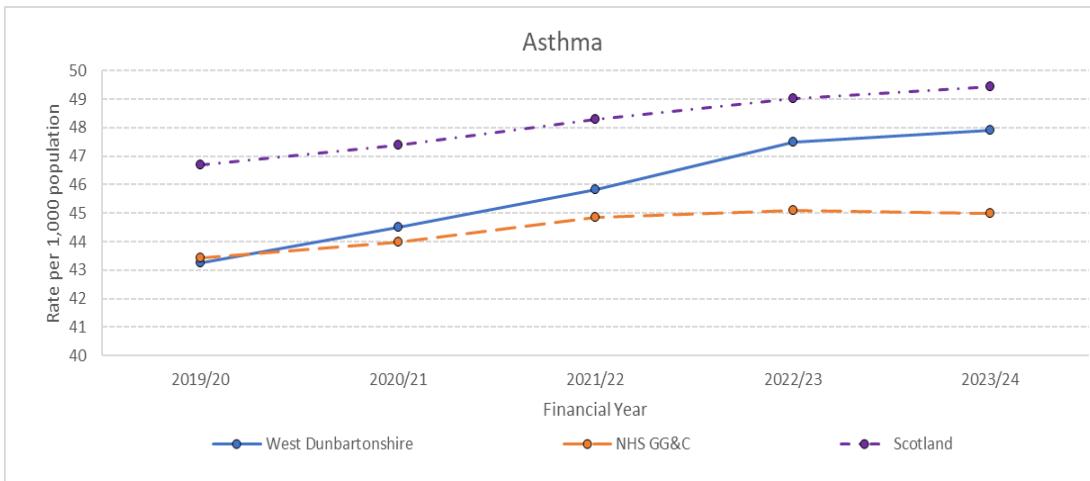


# Long Term Conditions Prevalence Rates

Long Term Condition	2023/24 Rate per 1,000 population			Number of people	
	West Dunbartonshire	NHS GG&C	Scotland	West Dun change since 2019/20	
Asthma	47.91	44.99	49.45	9.8%	Increase
Atrial Fibrillation	28.64	23.62	25.47	3.0%	Increase
COPD	26.91	21.78	20.13	4.2%	Increase
Chronic Heart Disease	54.19	46.19	46.75	3.4%	Decrease
Dementia	7.75	7.03	7.41	3.4%	Decrease
Diabetes	36.51	32.02	34.67	8.5%	Increase
Heart Failure	15.59	13.01	13.05	5.0%	Increase

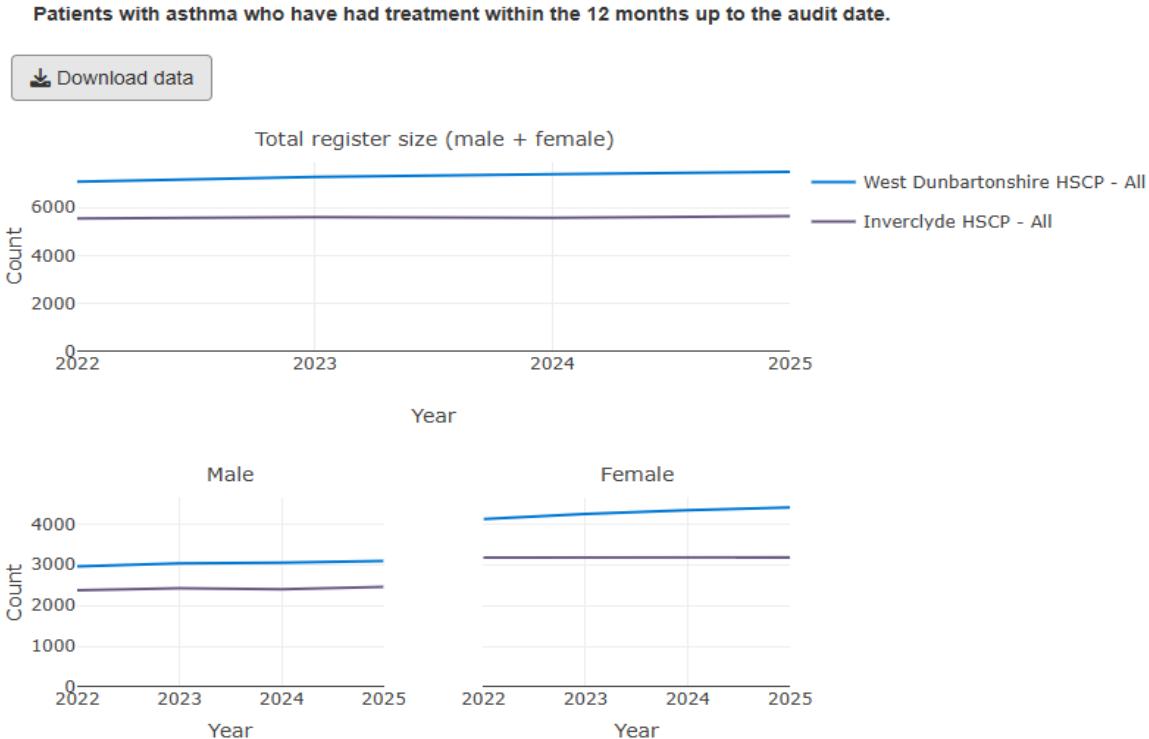
# Asthma

- Chart 1: Rate per 1,000 population of individuals with asthma in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with asthma in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with asthma in West Dunbartonshire, 2019/20 - 2023/24



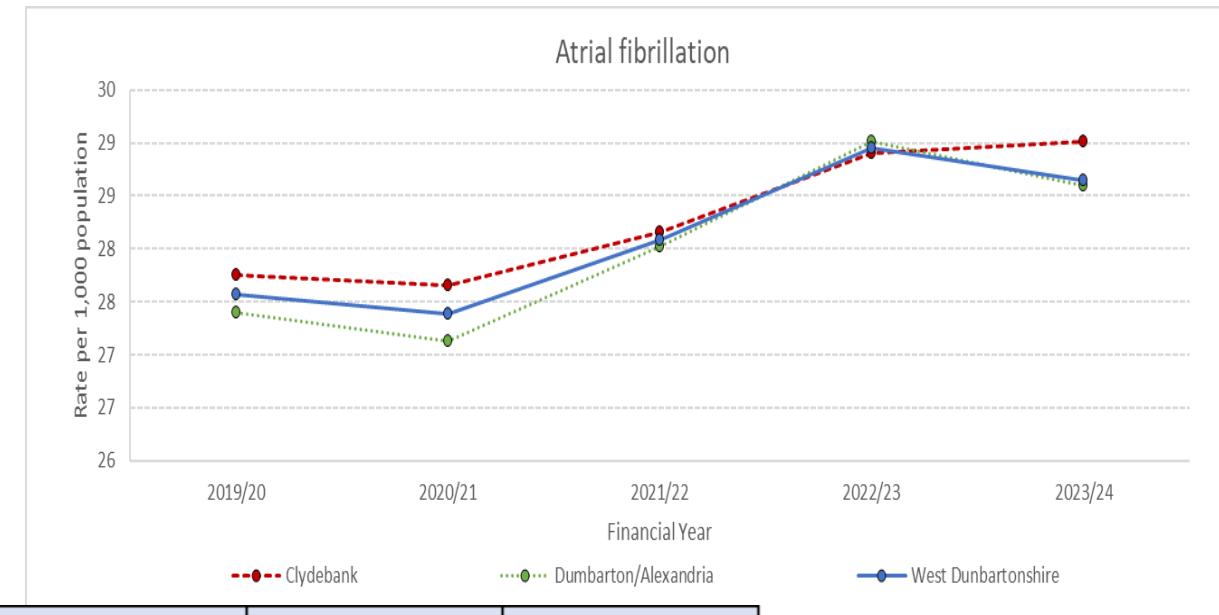
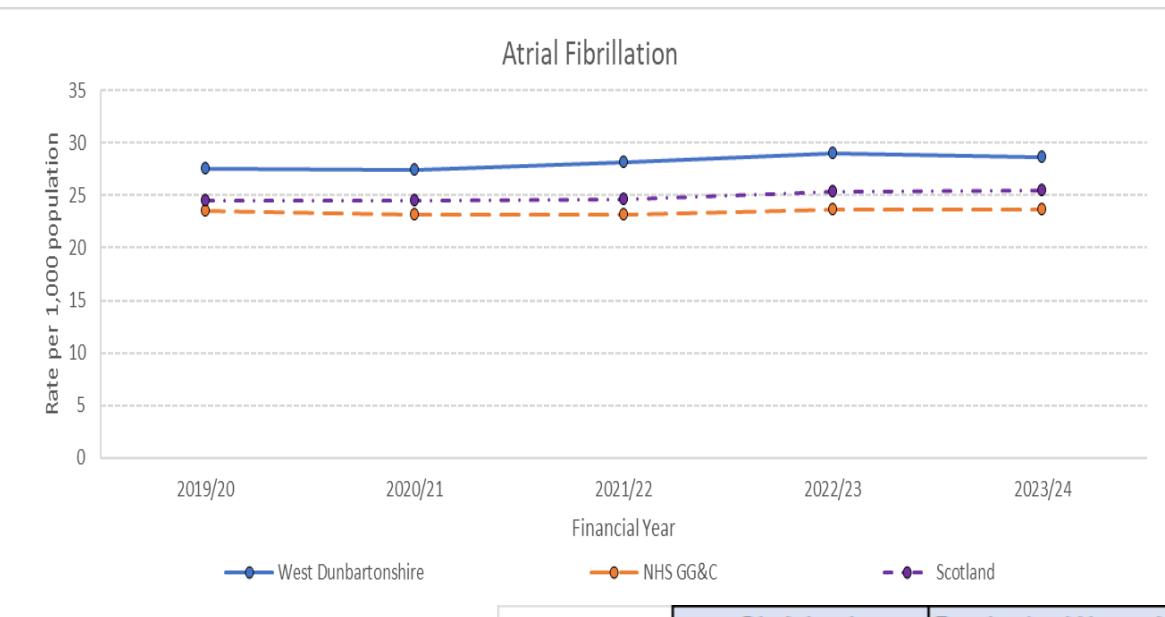
Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	1,940	43.91	1,933	42.60	3,873	43.24	50,639	43.41	252,751	46.71
2020/21	1,984	45.30	1,977	43.75	3,961	44.51	51,295	43.97	256,292	47.38
2021/22	2,035	47.05	2,022	44.68	4,057	45.84	52,263	44.85	261,480	48.31
2022/23	2,105	48.70	2,086	46.31	4,191	47.48	53,190	45.11	267,007	49.02
2023/24	2,135	49.39	2,117	47.00	4,252	47.91	53,696	44.99	271,467	49.45

## People with Asthma who have had treatment by Sex



# Atrial Fibrillation

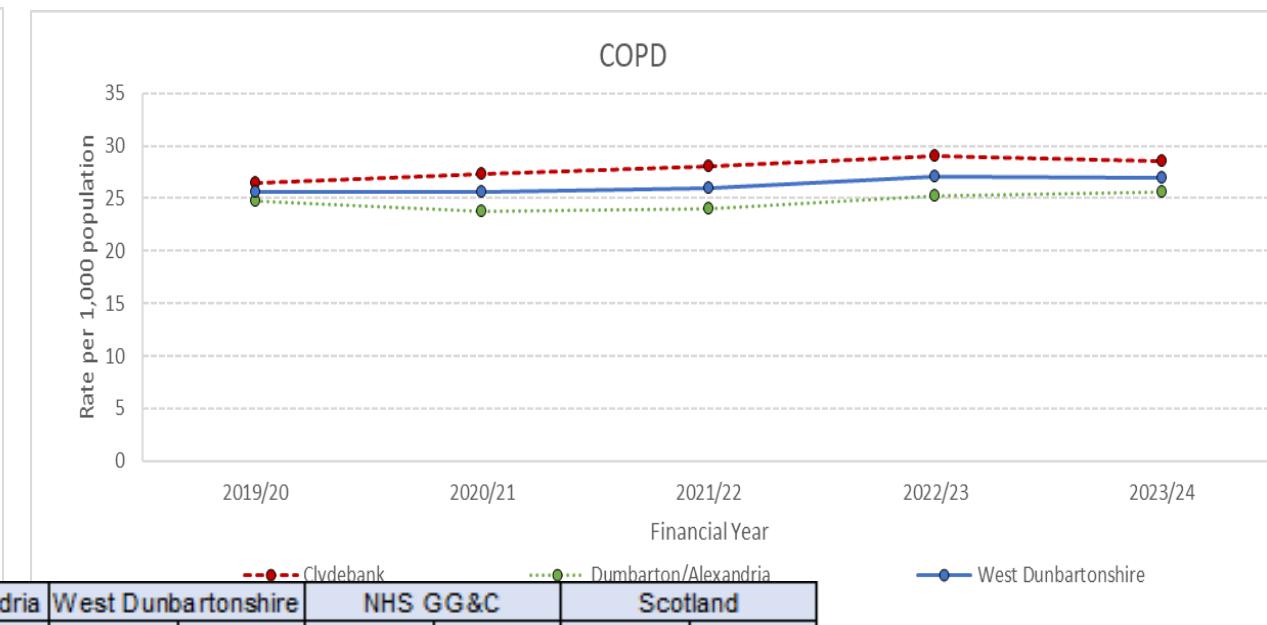
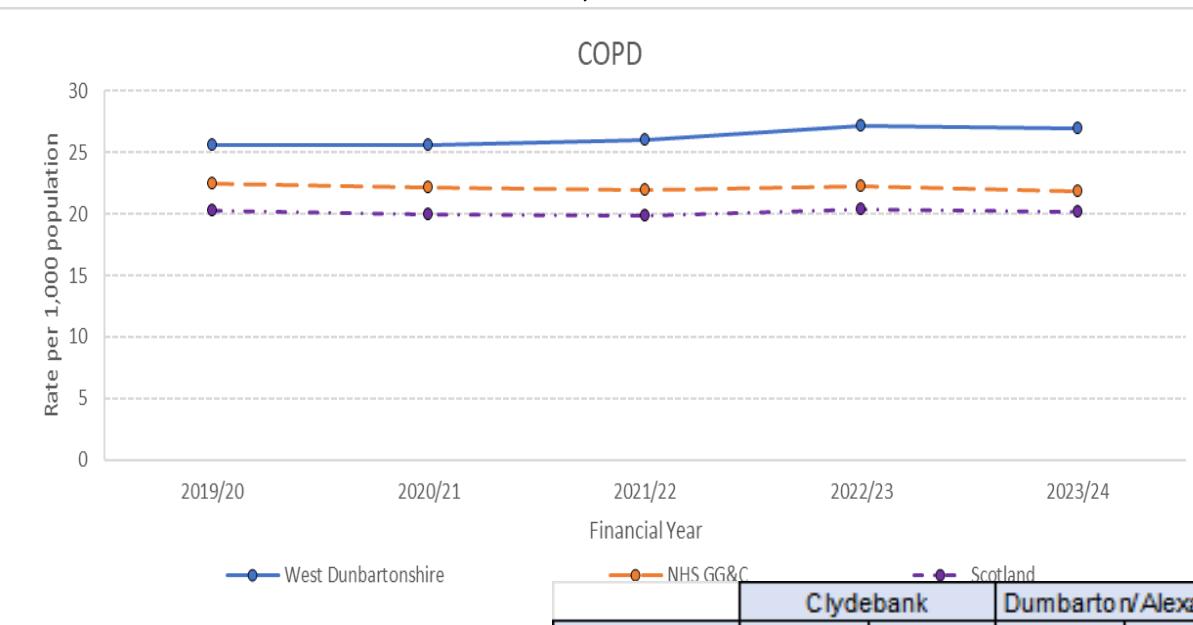
- Chart 1: Rate per 1,000 population of individuals with atrial fibrillation in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with atrial fibrillation in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with atrial fibrillation in West Dunbartonshire, 2019/20 - 2023/24



Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	1,226	27.75	1,243	27.39	2,469	27.57	27,449	23.53	132,782	24.54
2020/21	1,211	27.65	1,226	27.13	2,437	27.39	27,038	23.18	132,461	24.49
2021/22	1,218	28.16	1,268	28.02	2,486	28.09	26,953	23.13	132,918	24.56
2022/23	1,249	28.90	1,307	29.01	2,556	28.96	27,808	23.58	138,008	25.34
2023/24	1,254	29.01	1,288	28.59	2,542	28.64	28,192	23.62	139,811	25.47

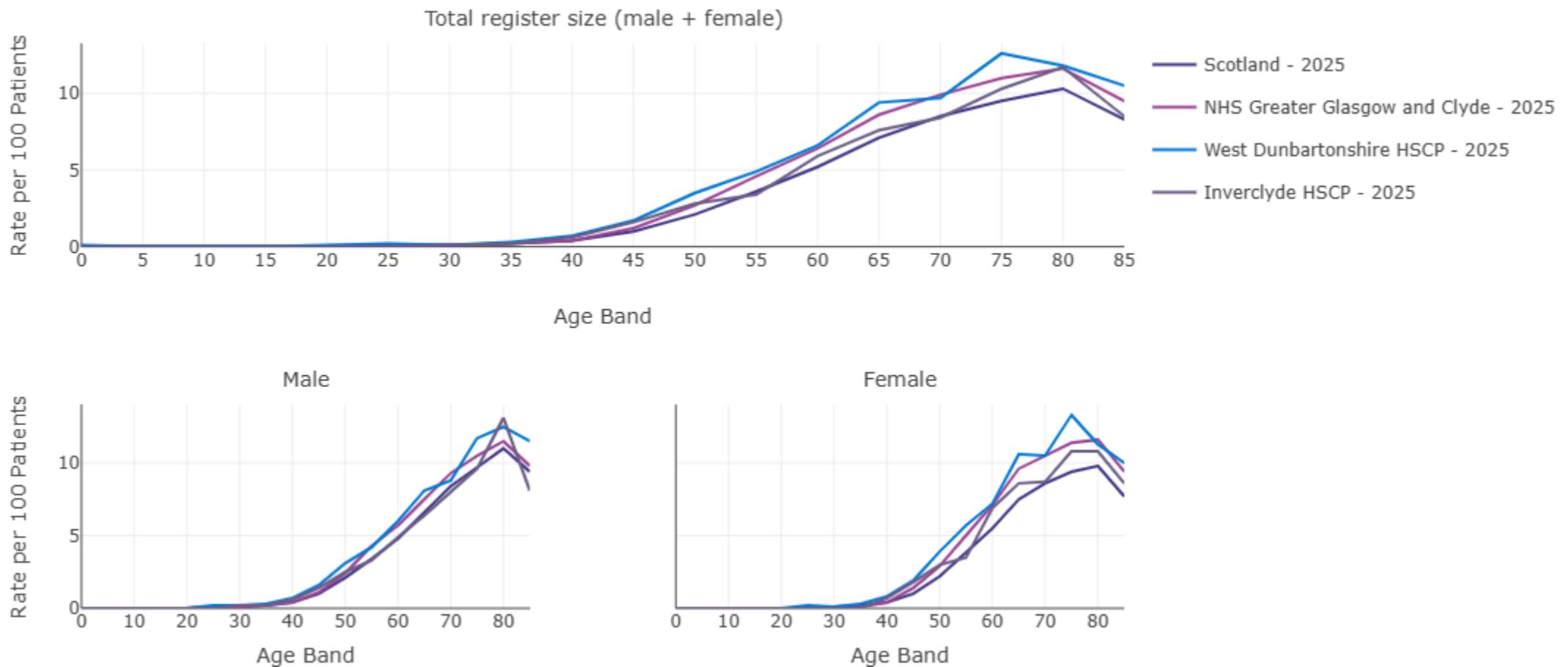
# Chronic Obstructive Pulmonary Disease COPD

- Chart 1: Rate per 1,000 population of individuals with COPD in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with COPD in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with COPD in West Dunbartonshire, 2019/20 - 2023/24

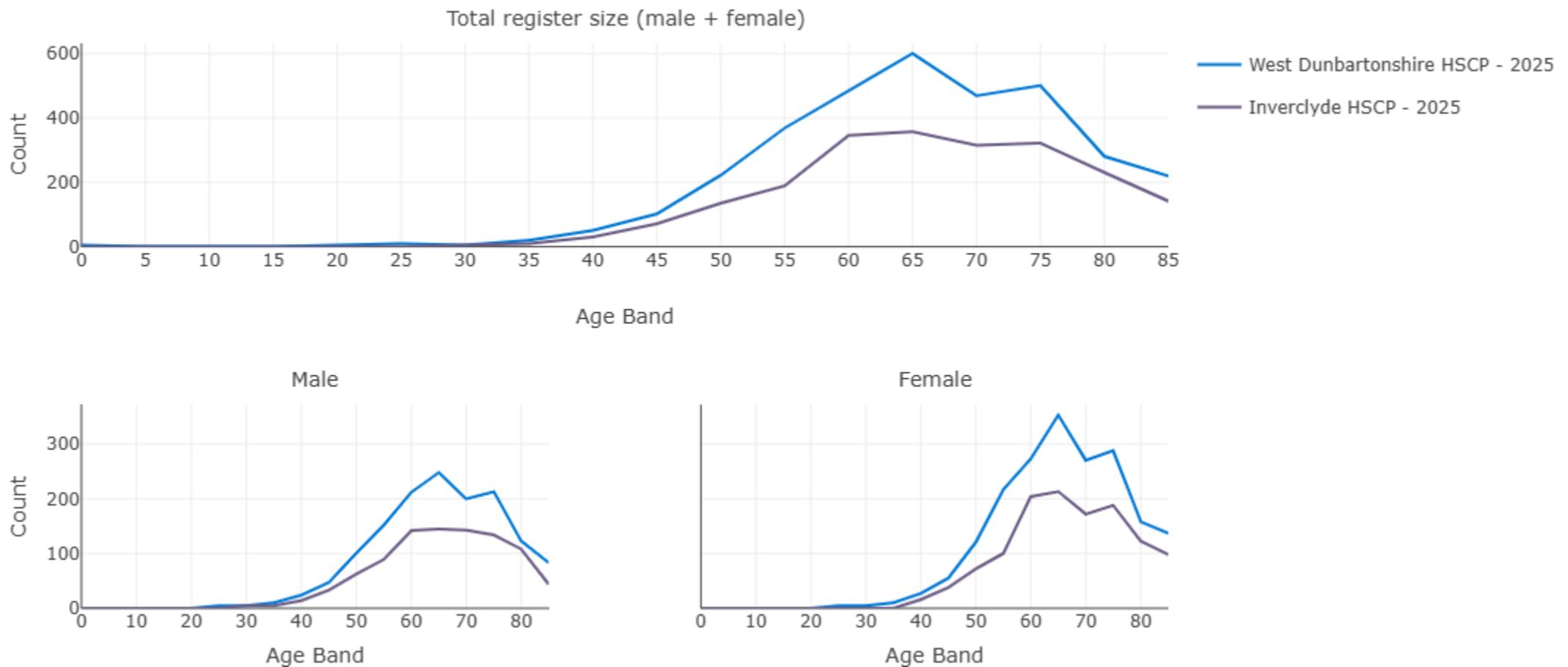


Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	1,170	26.48	1,121	24.71	2,291	25.58	26,201	22.46	109,880	20.31
2020/21	1,198	27.35	1,076	23.81	2,274	25.55	25,781	22.10	108,132	19.99
2021/22	1,212	28.02	1,087	24.02	2,299	25.97	25,543	21.92	107,640	19.89
2022/23	1,257	29.08	1,136	25.22	2,393	27.11	26,220	22.24	110,756	20.33
2023/24	1,235	28.57	1,153	25.60	2,388	26.91	25,994	21.78	110,521	20.13

# COPD by age and sex (rate)

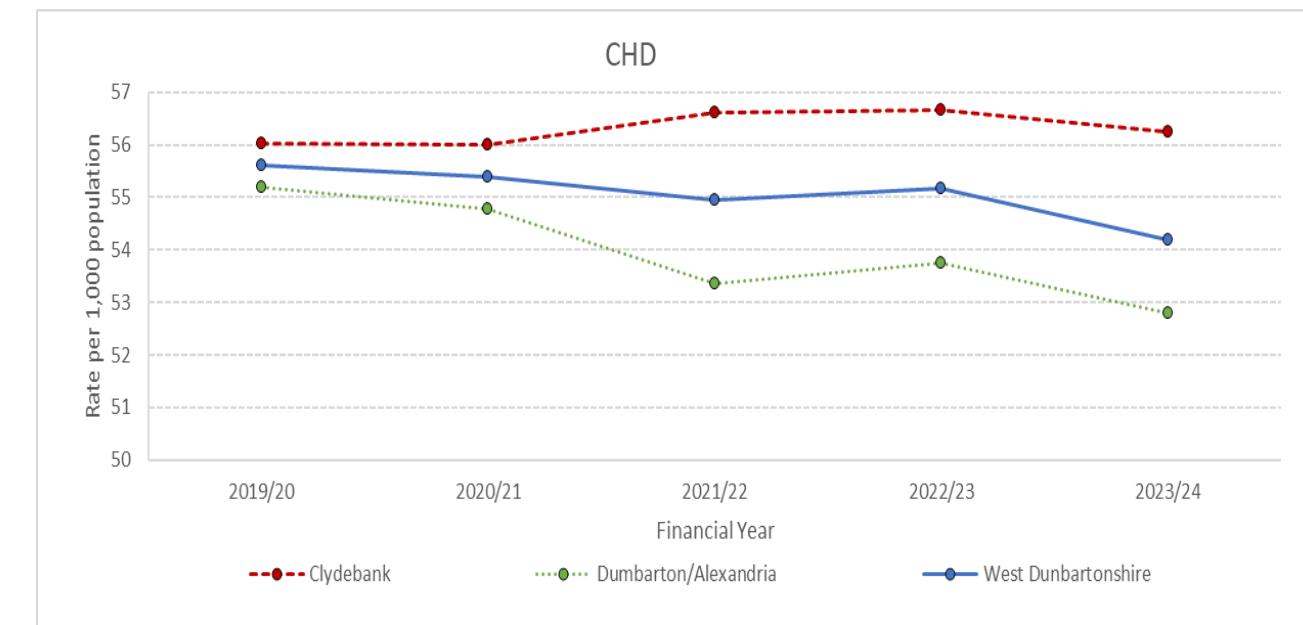
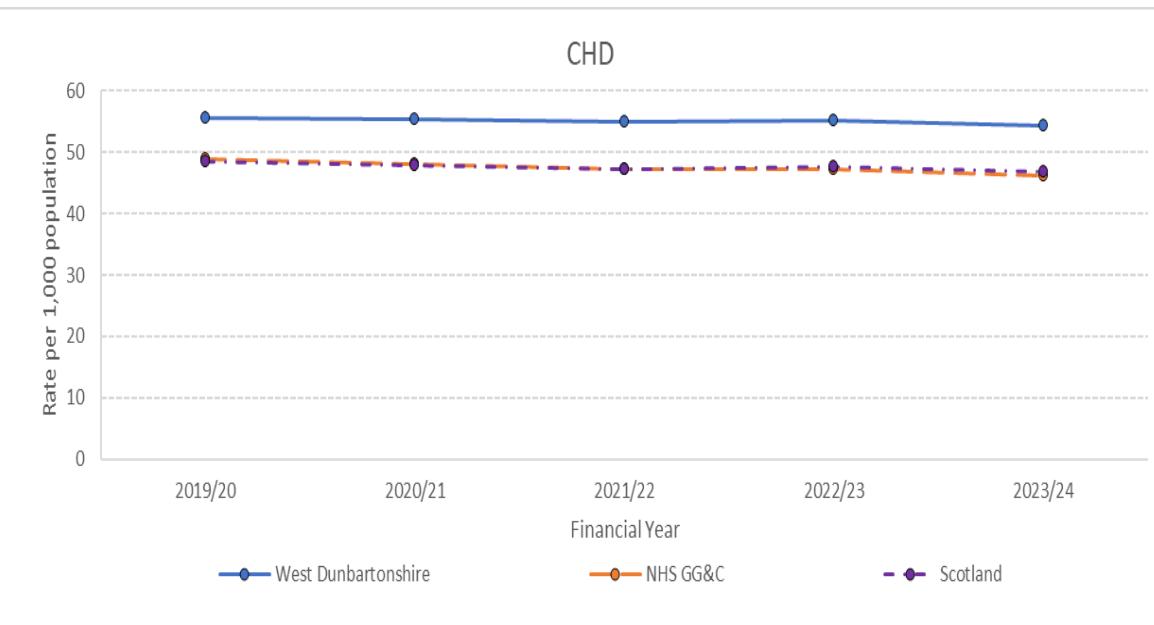


# COPD by age and sex (number)



# Coronary Heart Disease (CHD)

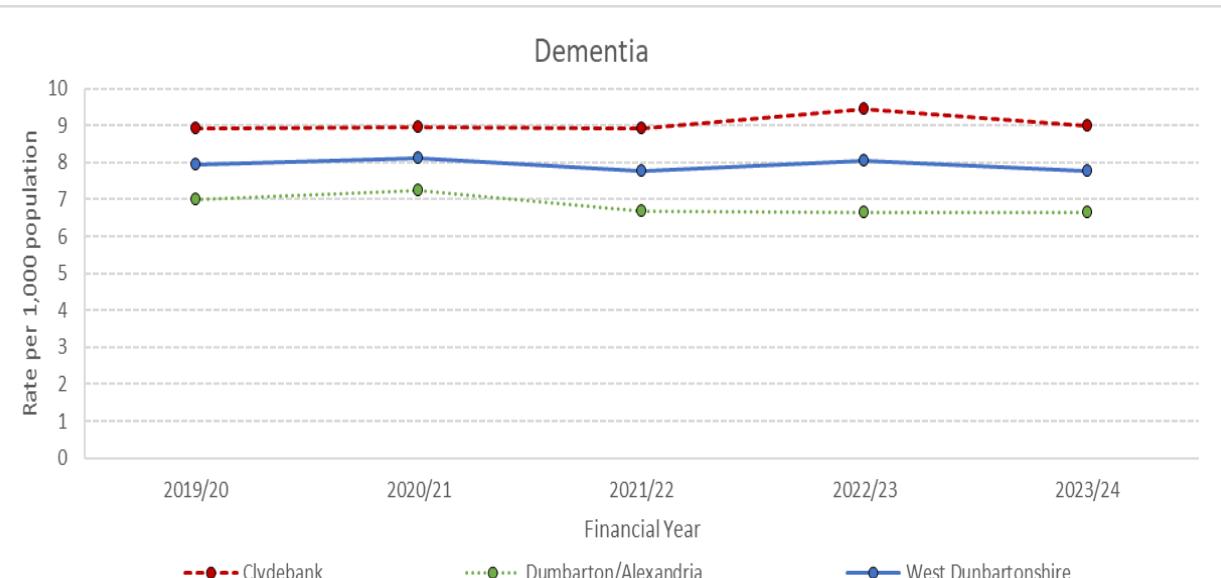
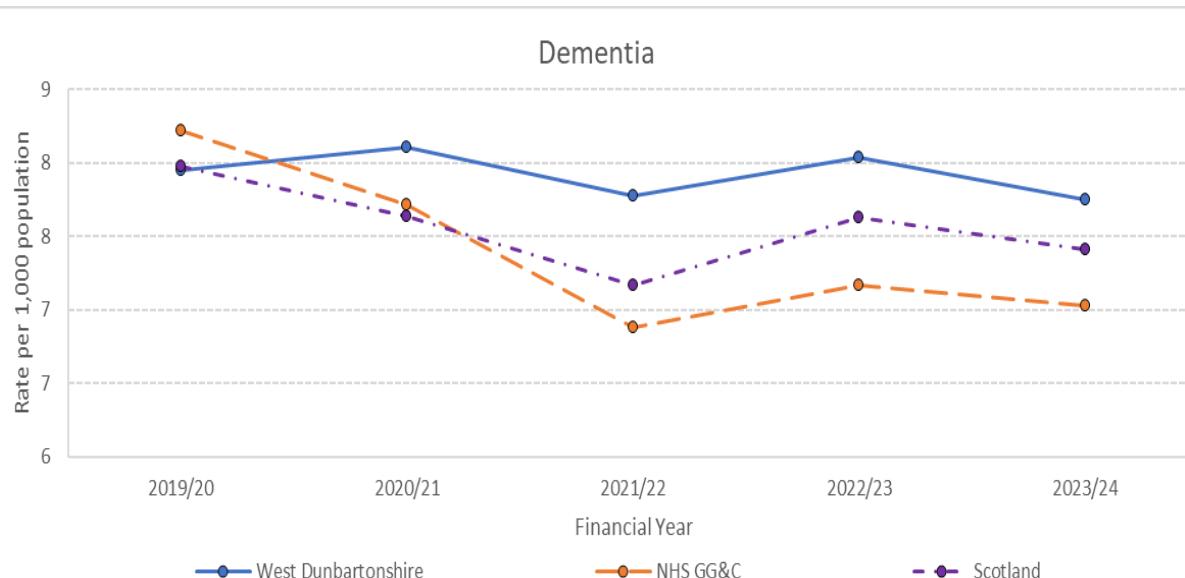
- Chart 1: Rate per 1,000 population of individuals with CHD in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with CHD in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with CHD in West Dunbartonshire, 2019/20 - 2023/24



Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	2,476	56.04	2,504	55.19	4,980	55.61	57,074	48.93	261,950	48.41
2020/21	2,453	56.01	2,475	54.77	4,928	55.38	55,946	47.96	258,477	47.79
2021/22	2,449	56.62	2,415	53.36	4,864	54.95	54,954	47.16	255,766	47.25
2022/23	2,449	56.66	2,421	53.74	4,870	55.17	55,707	47.24	259,197	47.59
2023/24	2,431	56.24	2,378	52.79	4,809	54.19	55,120	46.19	256,661	46.75

# Dementia

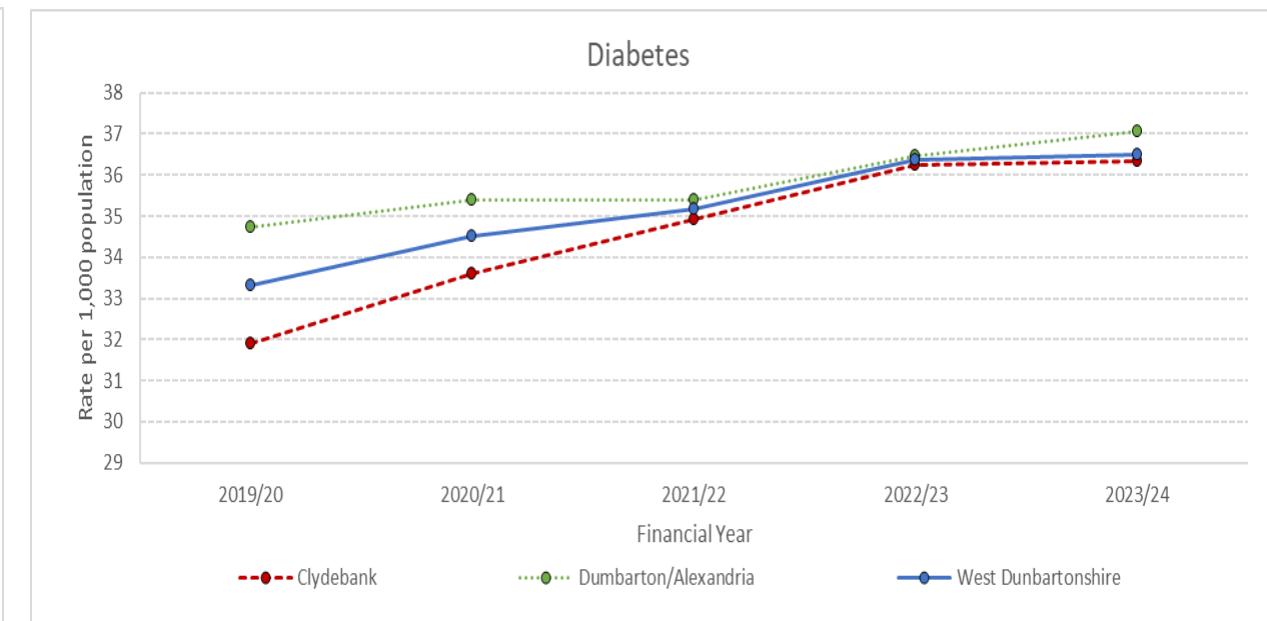
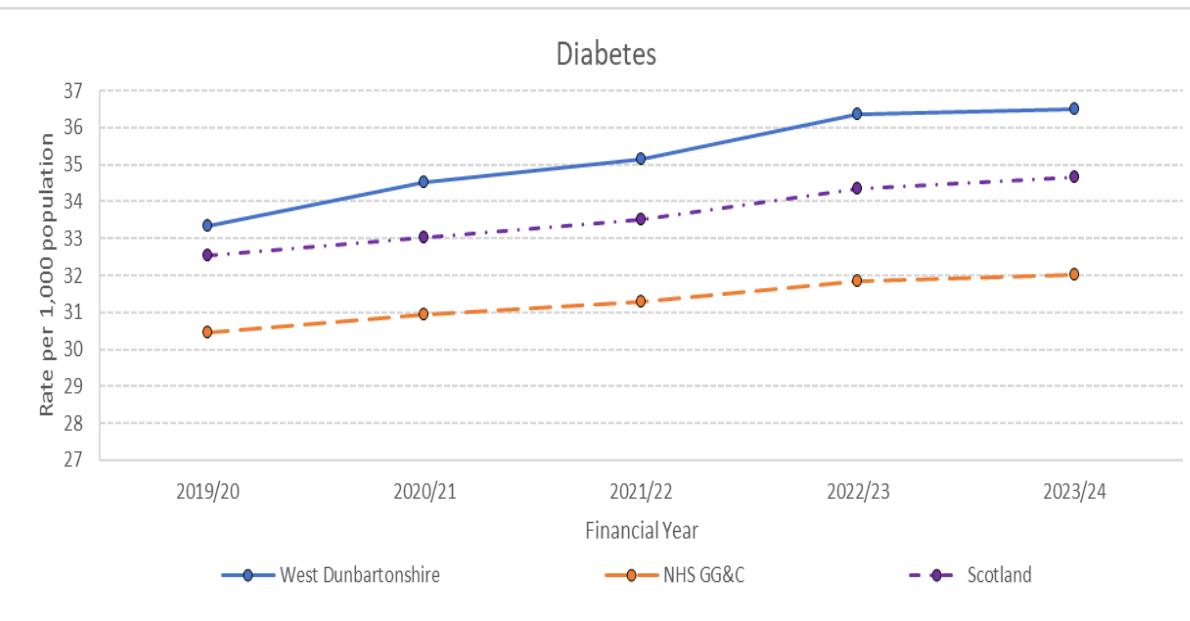
- Chart 1: Rate per 1,000 population of individuals with dementia in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with dementia in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with dementia in West Dunbartonshire, 2019/20 - 2023/24



	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Financial Year	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr
2019/20	394	8.92	318	7.01	712	7.95	9,591	8.22	43,138	7.97
2020/21	393	8.97	328	7.26	721	8.10	9,004	7.72	41,316	7.64
2021/22	386	8.92	302	6.67	688	7.77	8,015	6.88	38,792	7.17
2022/23	409	9.46	300	6.66	709	8.03	8,450	7.17	41,555	7.63
2023/24	388	8.98	300	6.66	688	7.75	8,392	7.03	40,662	7.41

# Diabetes

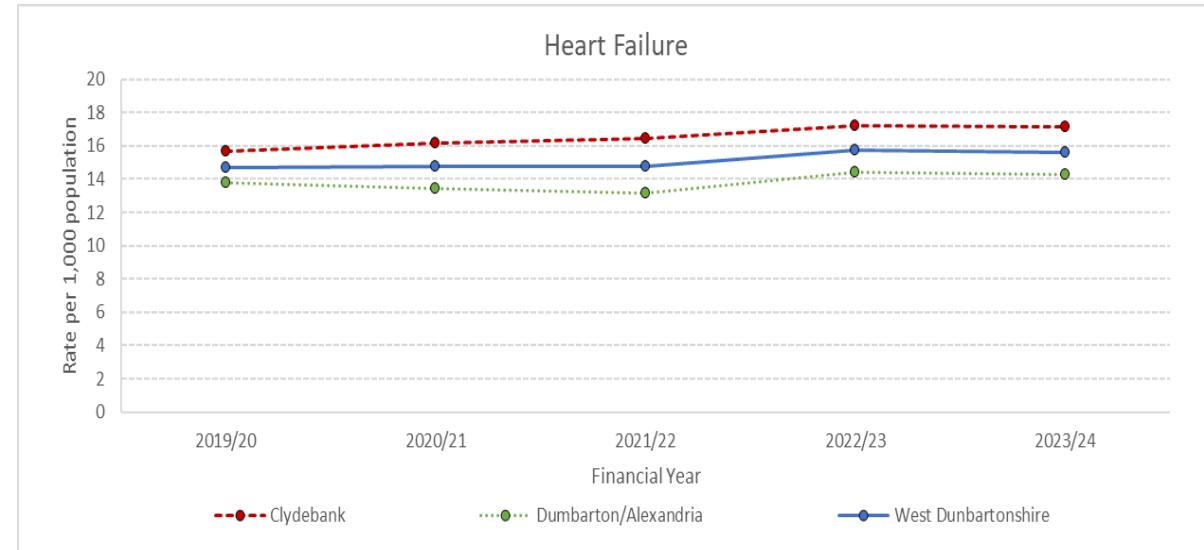
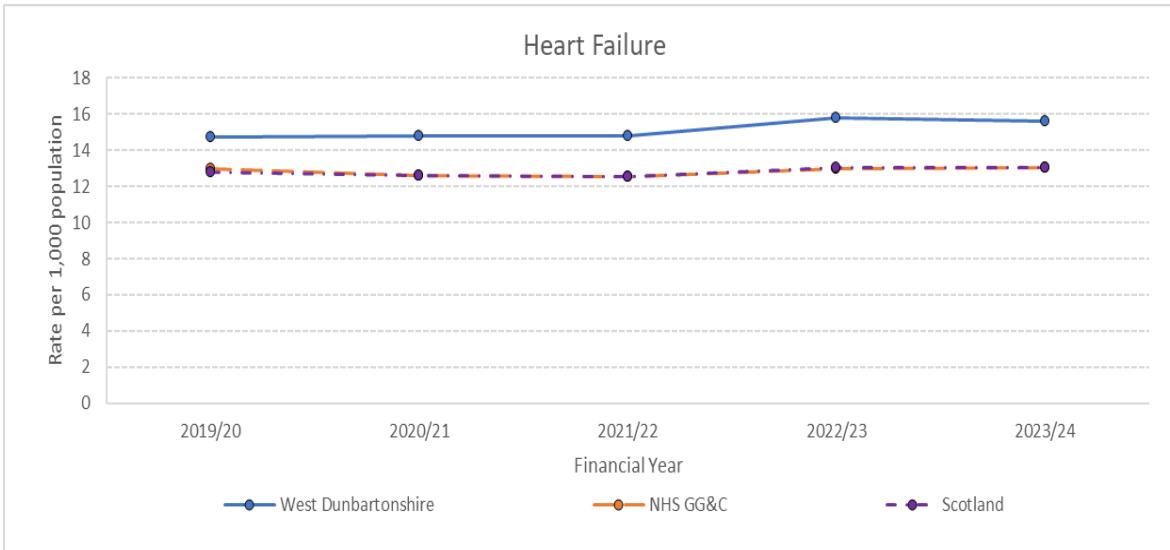
- Chart 1: Rate per 1,000 population of individuals with diabetes in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with diabetes in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with diabetes in West Dunbartonshire, 2019/20 - 2023/24



	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Financial Year	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr
2019/20	1,409	31.89	1,576	34.73	2,985	33.33	35,529	30.46	176,033	32.53
2020/21	1,472	33.61	1,600	35.40	3,072	34.52	36,077	30.93	178,566	33.01
2021/22	1,510	34.91	1,602	35.40	3,112	35.16	36,473	31.30	181,313	33.50
2022/23	1,567	36.25	1,642	36.45	3,209	36.35	37,555	31.85	187,013	34.33
2023/24	1,570	36.32	1,670	37.07	3,240	36.51	38,214	32.02	190,331	34.67

# Heart Failure

- Chart 1: Rate per 1,000 population of individuals with heart failure in West Dunbartonshire, NHS GG&C and Scotland
- Chart 2: Rate per 1,000 population of individuals with heart failure in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of individuals with heart failure in West Dunbartonshire, 2019/20 - 2023/24

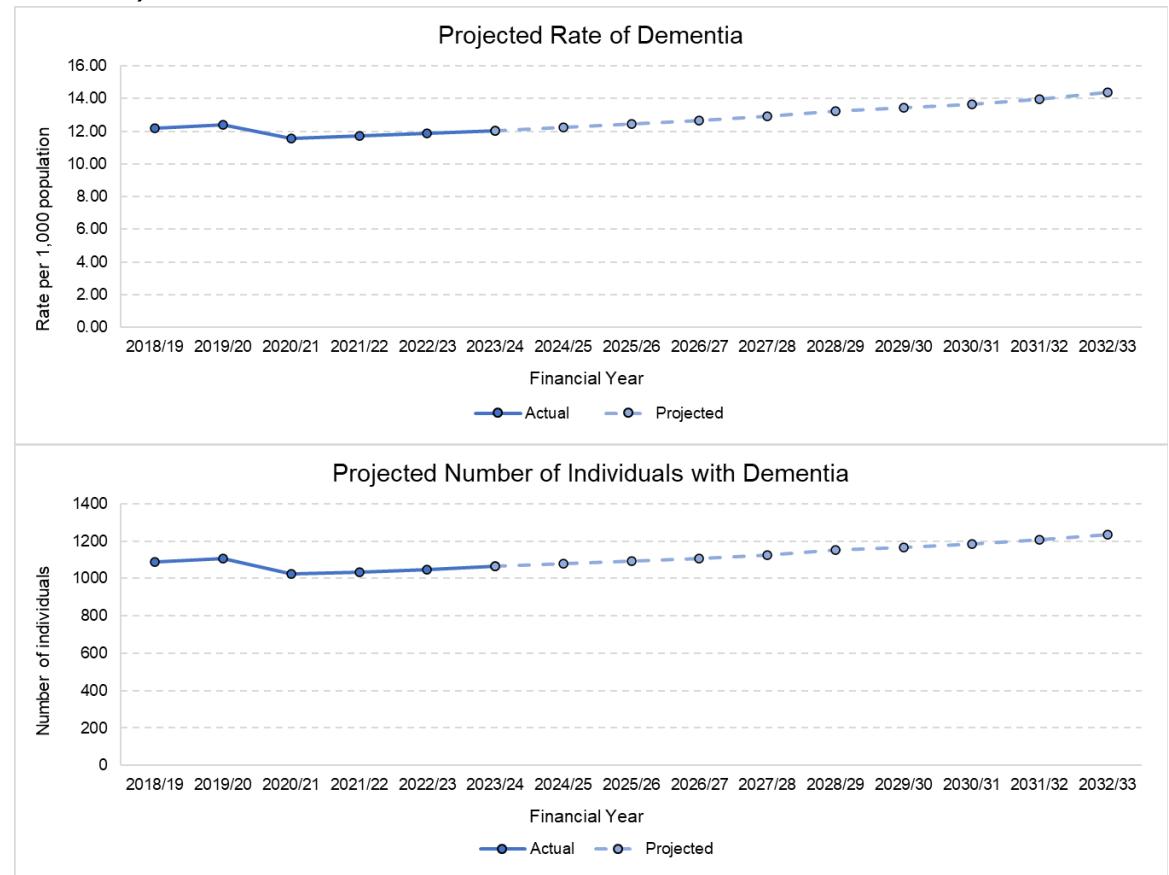


Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	692	15.66	626	13.80	1,318	14.72	15,121	12.96	69,154	12.78
2020/21	709	16.19	606	13.41	1,315	14.78	14,717	12.62	67,979	12.57
2021/22	710	16.42	597	13.19	1,307	14.77	14,604	12.53	67,731	12.51
2022/23	743	17.19	650	14.43	1,393	15.78	15,313	12.99	71,103	13.05
2023/24	740	17.12	644	14.30	1,384	15.59	15,526	13.01	71,645	13.05

# Dementia Projections

- Table 1: Projected rate per 1,000 population of individuals with a diagnosis of dementia (2018/19 - 2032/33 financial year data for West Dunbartonshire)
- Chart 1: Actual and projected rates per 1,000 population of individuals with a diagnosis of dementia (2018/19 - 2032/33 financial year data for West Dunbartonshire)
- Chart 2: Actual and projected number of individuals with a diagnosis of dementia (2018/19 - 2032/33 financial year data for West Dunbartonshire)

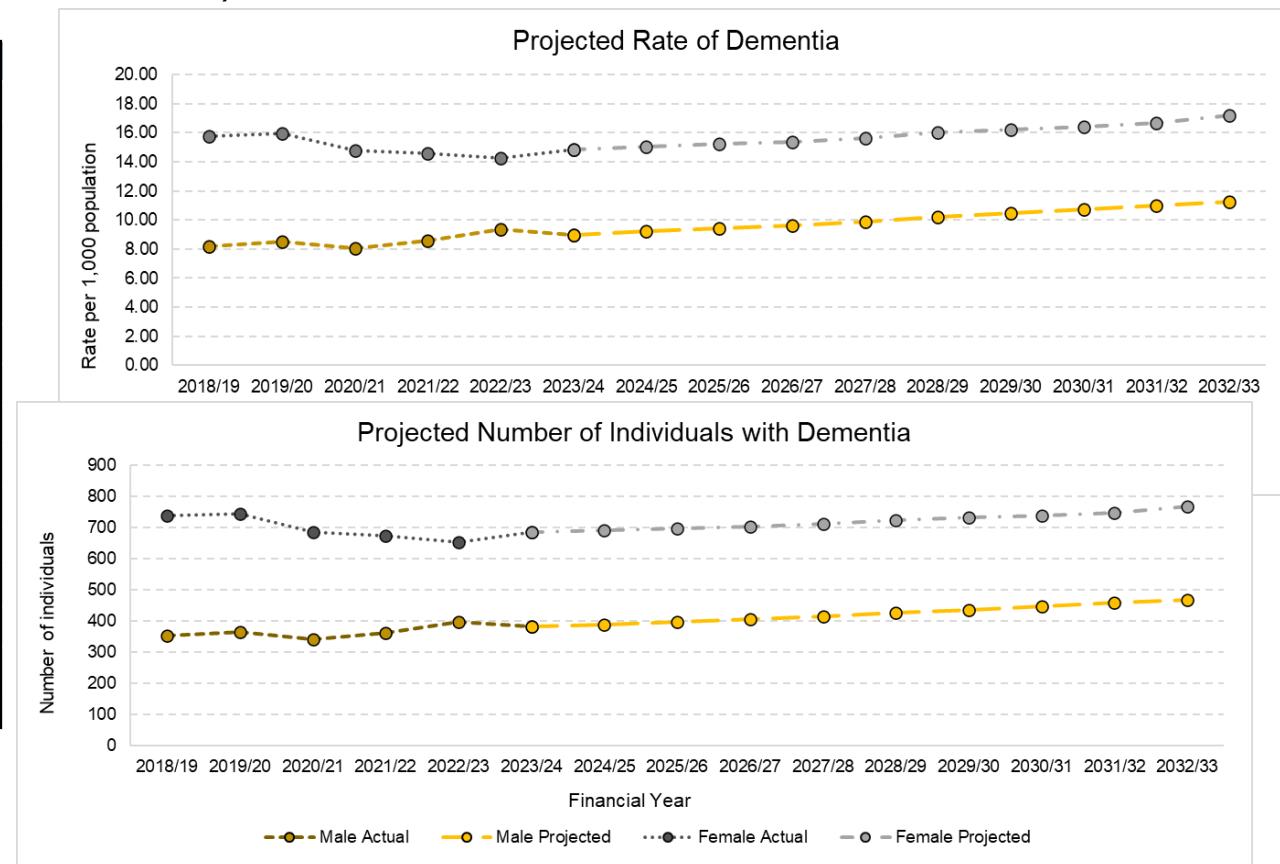
Financial Year	Data	All Individuals	
		Nbr	Rate
2018/19	Actual	1091	12.17
2019/20	Actual	1109	12.38
2020/21	Actual	1027	11.54
2021/22	Actual	1036	11.70
2022/23	Actual	1049	11.88
2023/24	Actual	1066	12.01
2024/25	Projected	1079	12.26
2025/26	Projected	1093	12.45
2026/27	Projected	1107	12.64
2027/28	Projected	1127	12.90
2028/29	Projected	1151	13.21
2029/30	Projected	1168	13.44
2030/31	Projected	1184	13.67
2031/32	Projected	1206	13.97
2032/33	Projected	1236	14.36



# Dementia Projections by Gender

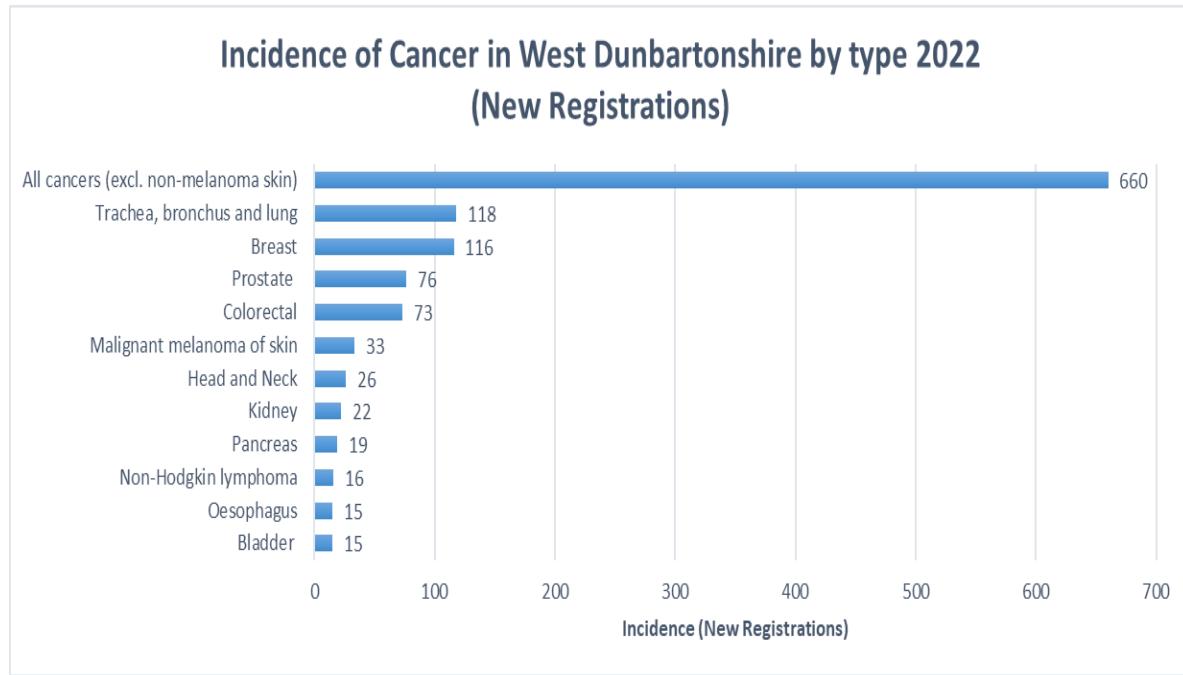
- Table 1: Projected rate per 1,000 population of individuals with a diagnosis of dementia by sex (2018/19 - 2032/33 financial year data for West Dunbartonshire)
- Chart 1: Actual and projected rates per 1,000 population of individuals with a diagnosis of dementia by sex (2018/19 - 2032/33 financial year data for West Dunbartonshire)
- Chart 2: Actual and projected number of individuals with a diagnosis of dementia by sex (2018/19 - 2032/33 financial year data for West Dunbartonshire)

Financial Year	Data	Male		Female	
		Nbr	Rate	Nbr	Rate
2018/19	Actual	352	8.21	739	15.79
2019/20	Actual	366	8.53	743	15.93
2020/21	Actual	343	8.04	684	14.77
2021/22	Actual	363	8.55	673	14.61
2022/23	Actual	396	9.34	653	14.24
2023/24	Actual	382	8.96	684	14.83
2024/25	Projected	389	9.23	691	15.06
2025/26	Projected	397	9.44	696	15.22
2026/27	Projected	405	9.64	702	15.40
2027/28	Projected	415	9.90	711	15.65
2028/29	Projected	427	10.20	725	16.01
2029/30	Projected	437	10.47	731	16.20
2030/31	Projected	446	10.71	739	16.43
2031/32	Projected	458	11.02	748	16.69
2032/33	Projected	467	11.27	769	17.23



# Incidence of cancer

- Chart 1: Incidence of cancer (number of new registrations) in West Dunbartonshire HSCP in 2022, broken down by top 10 most common cancer types
- Table 1: Incidence of cancer (number of new registrations) in residents of West Dunbartonshire HSCP in 2022, broken down by top 10 most common cancer types



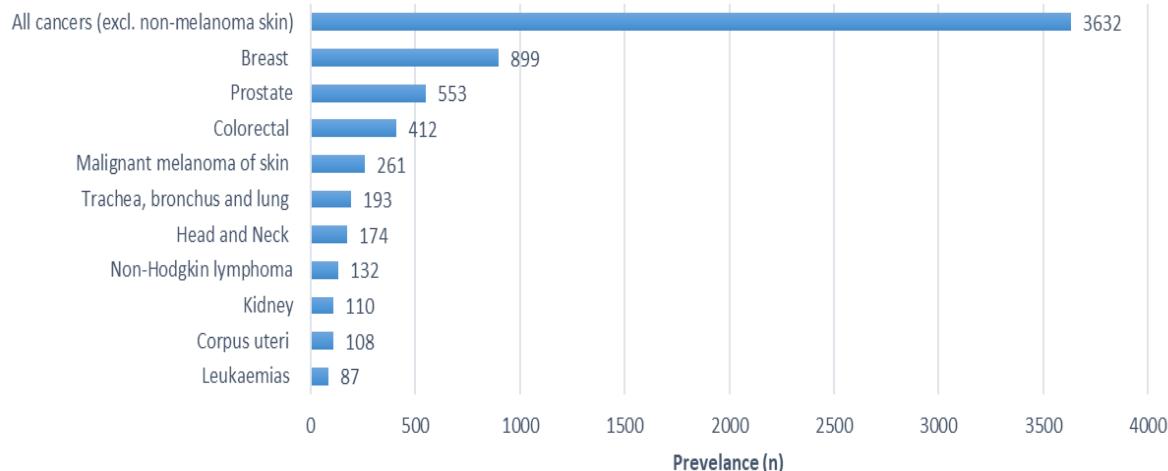
Cancer site	Number of registrations	Sex	ICD-10 Code
Bladder	15	Persons	(ICD-10 C67)
Oesophagus	15	Persons	(ICD-10 C15)
Non-Hodgkin lymphoma	16	Persons	(ICD-10 C82-C86)
Pancreas	19	Persons	(ICD-10 C25)
Kidney	22	Persons	(ICD-10 C64-C65)
Head and Neck	26	Persons	(ICD-10 C00-C14, C30-C32)
Malignant melanoma of skin	33	Persons	(ICD-10 C43)
Colorectal	73	Persons	(ICD-10 C18-C20)
Prostate	76	Male	(ICD-10 C61)
Breast	116	Female	(ICD-10 C50)
Trachea, bronchus and lung	118	Persons	(ICD-10 C33-C34)
All cancers (excl. non-melanoma skin)	660	Persons	(ICD-10 C00-C96 excl. C44)

# Prevalence of Cancer

- Chart 2: Prevalence (number of registrations) of cancer in West Dunbartonshire in 2022, by top 10 most common cancer types
- Table 2: Prevalence (number of registrations) of cancers in West Dunbartonshire in 2022, by top 10 most common cancer types

Prevalence of Cancer in West Dunbartonshire by type

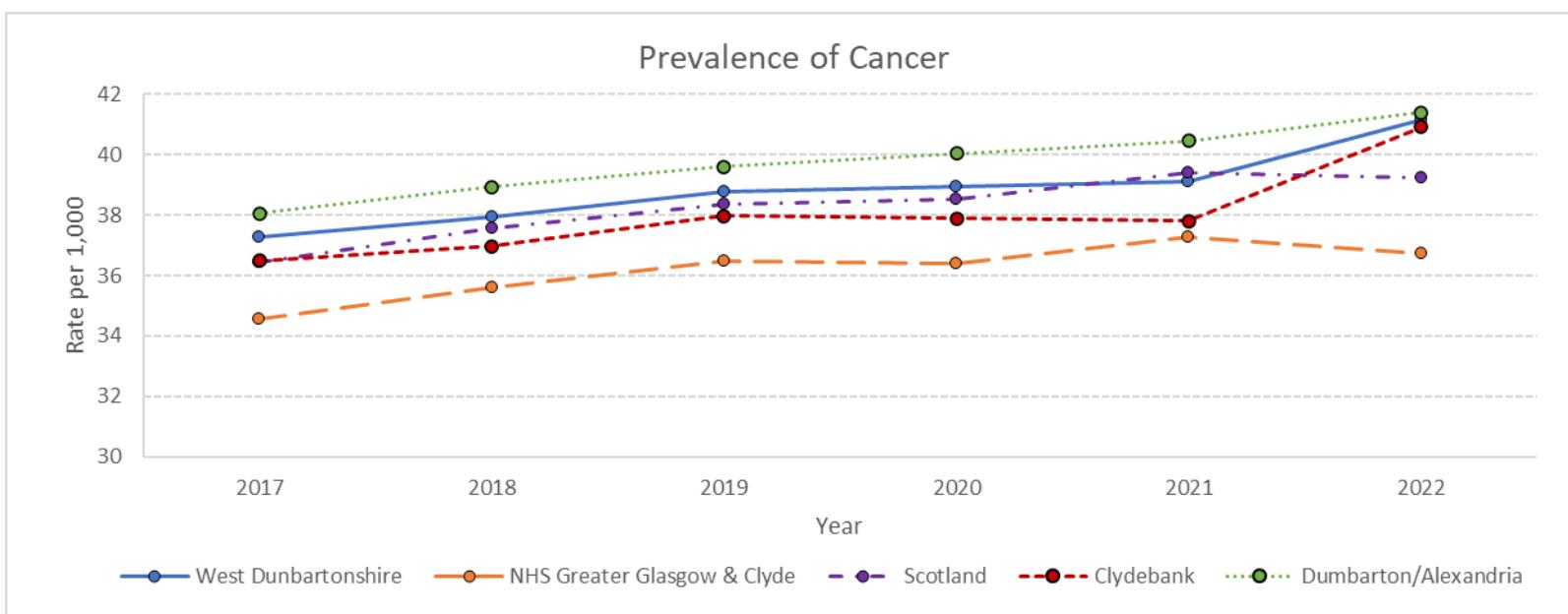
2022



Cancer site	Prevalence	Sex	ICD-10 Code
Leukaemias	87	Persons	(ICD-10 C91-C95)
Corpus uteri	108	Females	(ICD-10 C54)
Kidney	110	Persons	(ICD-10 C64-C65)
Non-Hodgkin lymphoma	132	Persons	(ICD-10 C82-C86)
Head and Neck	174	Persons	(ICD-10 C00-C14, C30-C32)
Trachea, bronchus and lung	193	Persons	(ICD-10 C33-C34)
Malignant melanoma of skin	261	Persons	(ICD-10 C43)
Colorectal	412	Persons	(ICD-10 C18-C20)
Prostate	553	Males	(ICD-10 C61)
Breast	899	Females	(ICD-10 C50)
All cancers (excl. non-melanoma skin)	3632	Persons	(ICD-10 C00-C96 excl. C44)

# Prevalence Rates of Cancer

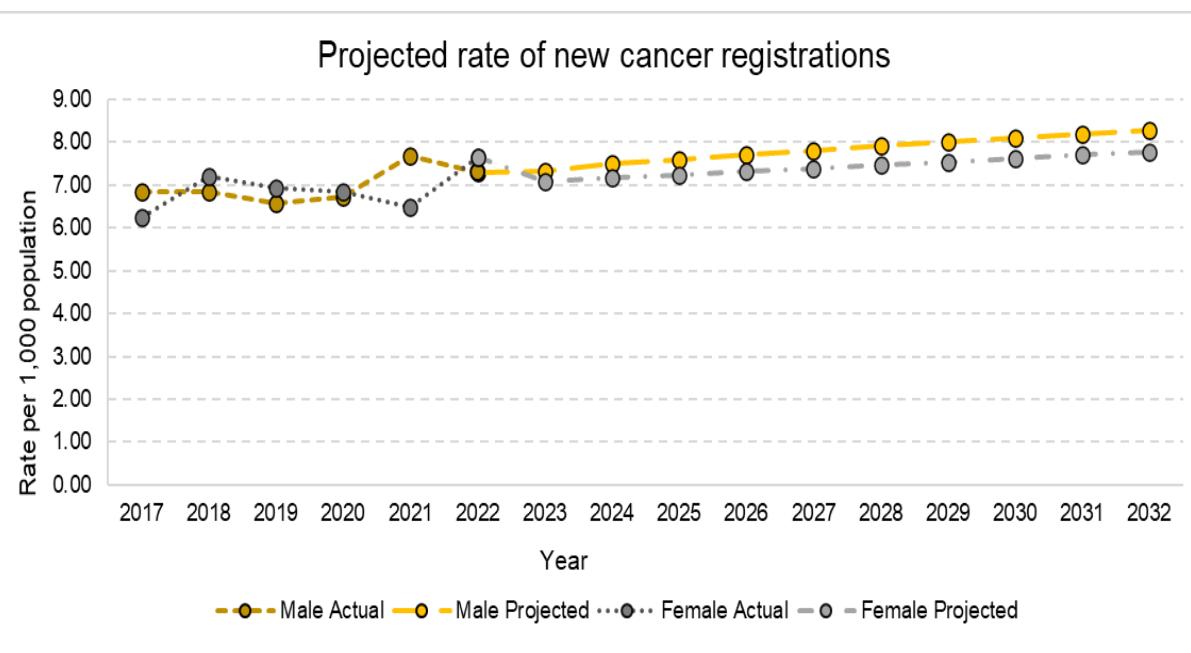
- Chart 3: Prevalence rate (per 1,000 population) of cancer in West Dunbartonshire (Clydebank vs. Dumbarton/Alexandria vs. West Dunbartonshire HSCP vs. NHS GG&C vs. Scotland), 2017-2022
- Table 3: Number and prevalence rate (per 1,000 population) of cancer in West Dunbartonshire (Clydebank vs. Dumbarton/Alexandria vs. West Dunbartonshire HSCP vs. NHS GG&C vs. Scotland), 2017-2022



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS Greater Glasgow & Clyde		Scotland	
	Number	Rate	Number	Rate	Number	Rate	Number	Rate	Number	Rate
2017	1,654	36.49	1,723	38.05	3,377	37.27	39,234	34.56	193,117	36.43
2018	1,676	36.97	1,763	38.94	3,439	37.95	40,417	35.60	199,062	37.55
2019	1,721	37.97	1,793	39.60	3,514	38.78	41,399	36.46	203,267	38.35
2020	1,717	37.88	1,813	40.04	3,530	38.96	41,301	36.38	204,187	38.52
2021	1,714	37.81	1,831	40.44	3,545	39.12	42,310	37.26	208,927	39.42
2022	1,768	40.90	1,864	41.38	3,632	41.15	43,311	36.73	213,705	39.22

# Cancer Projections

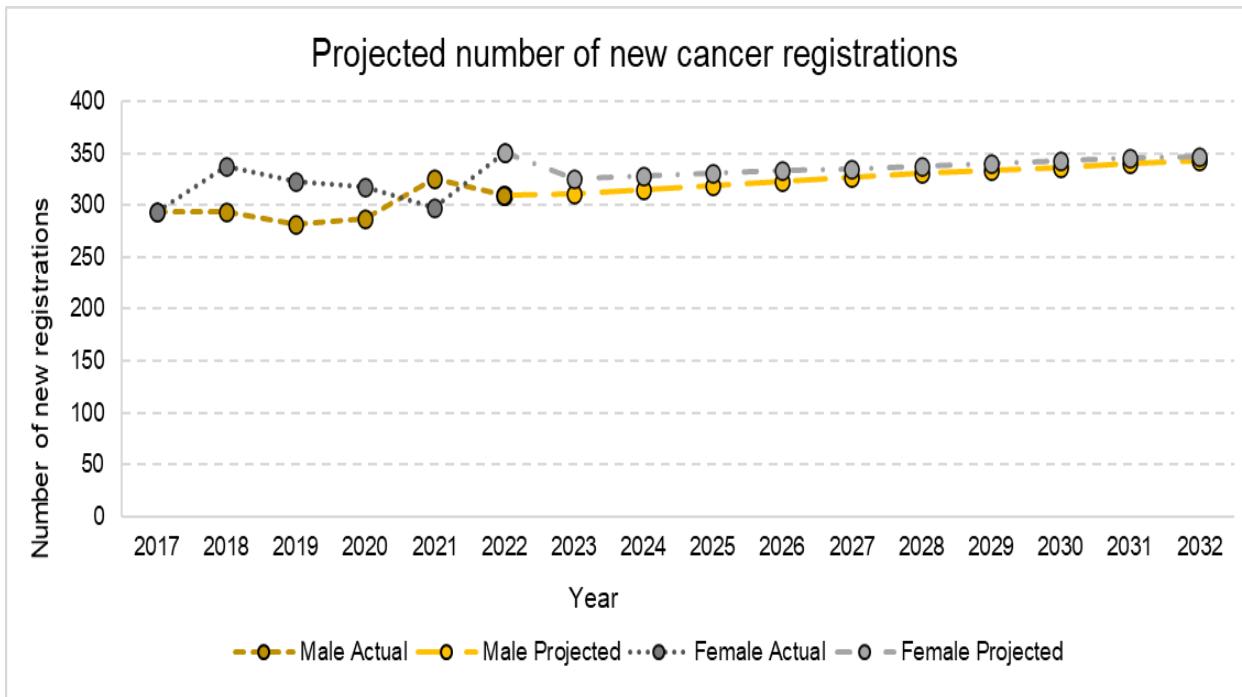
- Chart 1: Actual and projected rates per 1,000 population of individuals with a new cancer registration by sex (2017 - 2032 calendar year data for West Dunbartonshire)
- Table 1: Projected rate per 1,000 population of individuals with a new cancer registration by sex (2017 - 2032 calendar year data for West Dunbartonshire)



Calendar Year	Data	Male		Female	
		Nbr	Rate	Nbr	Rate
2017	Actual	294	6.83	294	6.25
2018	Actual	293	6.84	337	7.20
2019	Actual	282	6.57	323	6.93
2020	Actual	287	6.72	317	6.85
2021	Actual	326	7.68	298	6.47
2022	Actual	309	7.29	351	7.65
2023	Projected	311	7.30	326	7.06
2024	Projected	315	7.48	328	7.16
2025	Projected	319	7.59	331	7.23
2026	Projected	323	7.70	333	7.31
2027	Projected	327	7.79	335	7.38
2028	Projected	331	7.90	338	7.46
2029	Projected	334	7.99	340	7.54
2030	Projected	337	8.08	342	7.61
2031	Projected	341	8.20	345	7.70
2032	Projected	343	8.28	347	7.78

# Cancer Projected

- Chart 2: Actual and projected number of individuals with a new cancer registration by sex (2017 - 2032 calendar year data for West Dunbartonshire)
- Table 1: Actual and projected number of individuals with a new cancer registration by sex (2017 - 2032 calendar year data for West Dunbartonshire)
- Table 2 : Actual and projected rate per 1,000 population of individuals with a new cancer registration by sex (2017 - 2032 calendar year data for West Dunbartonshire)

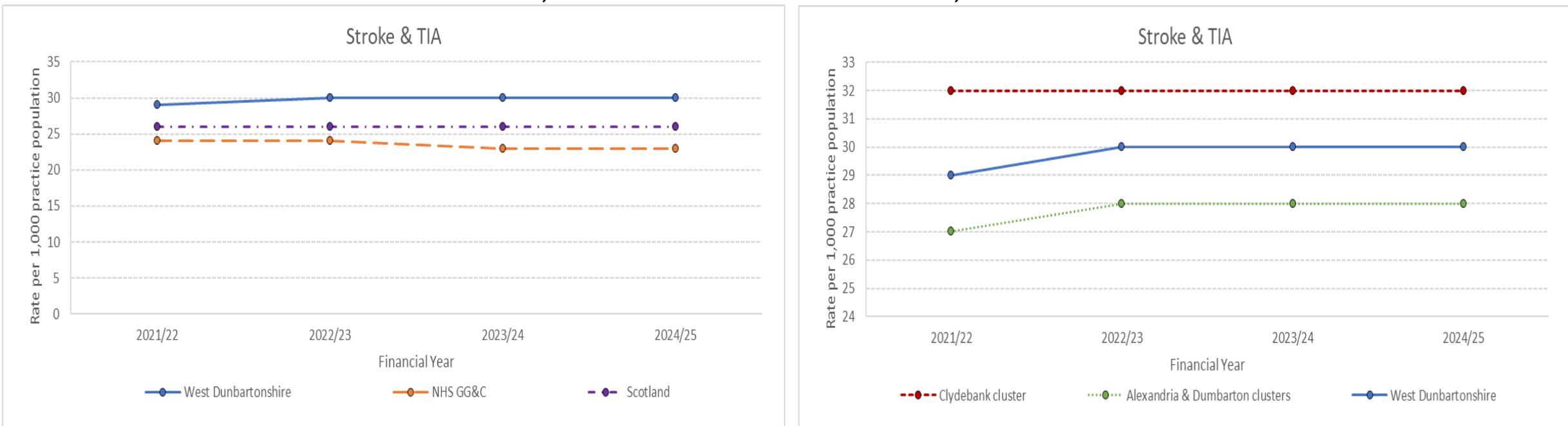


Calendar Year	Data	Male		Female	
		Actual	Projected	Actual	Projected
2017	Actual	294		294	
2018	Actual	293		337	
2019	Actual	282		323	
2020	Actual	287		317	
2021	Actual	326		298	
2022	Actual	309	309	351	351
2023	Projected			311	326
2024	Projected			315	328
2025	Projected			319	331
2026	Projected			323	333
2027	Projected			327	335
2028	Projected			331	338
2029	Projected			334	340
2030	Projected			337	342
2031	Projected			341	345
2032	Projected			343	347

Calendar Year	Data	Male		Female	
		Actual	Projected	Actual	Projected
2017	Actual	6.83		6.25	
2018	Actual	6.84		7.20	
2019	Actual	6.57		6.93	
2020	Actual	6.72		6.85	
2021	Actual	7.68		6.47	
2022	Actual	7.29	7.29	7.65	7.65
2023	Projected			7.30	7.06
2024	Projected			7.48	7.16
2025	Projected			7.59	7.23
2026	Projected			7.70	7.31
2027	Projected			7.79	7.38
2028	Projected			7.90	7.46
2029	Projected			7.99	7.54
2030	Projected			8.08	7.61
2031	Projected			8.20	7.70
2032	Projected			8.28	7.78

# GP Disease – Stroke & Transient Ischemic Attack (TIA)

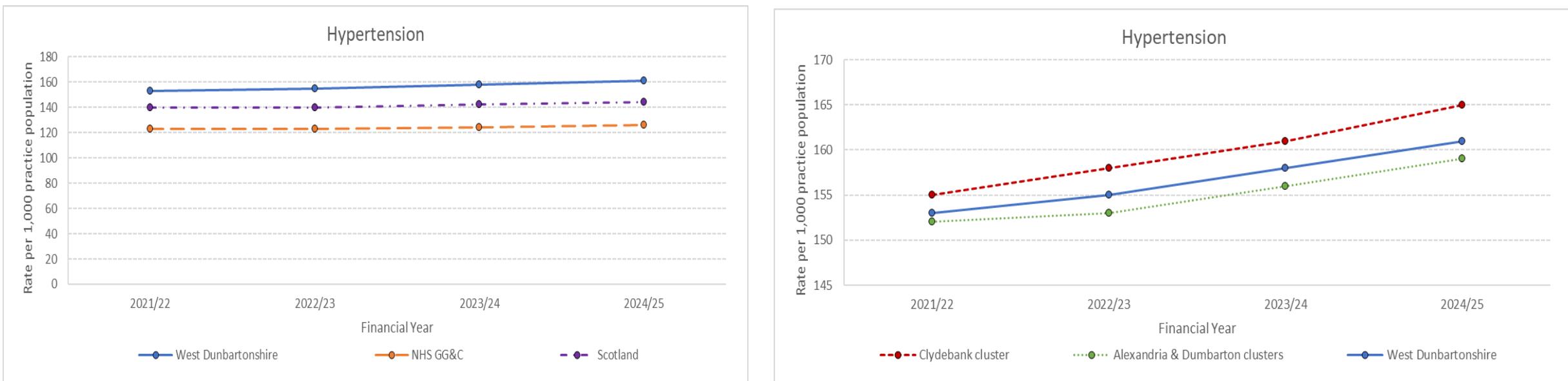
- Chart 1: Rate per 1,000 population of individuals on the stroke register in West Dunbartonshire GP clusters, NHS GG&C and Scotland, 2021/22 - 2024/25
- Chart 2: Rate per 1,000 population of individuals on the stroke register in Clydebank cluster, Dumbarton & Alexandria clusters and West Dunbartonshire, 2021/22 - 2024/25
- Table 1: Rate per 1,000 population of individuals on the stroke register in West Dunbartonshire GP clusters, NHS GG&C and Scotland, 2021/22 - 2024/25



	Clydebank cluster		Alexandria & Dumbarton clusters		West Dunbartonshire		NHS GG&C		Scotland	
	Financial Year	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr
2021/22	1,462	32	1,349	27	2,811	29	30,892	24	144,703	26
2022/23	1,486	32	1,395	28	2,881	30	31,124	24	148,044	26
2023/24	1,502	32	1,413	28	2,915	30	31,415	23	150,672	26
2024/25	1,479	32	1,423	28	2,902	30	31,964	23	153,907	26

# Hypertension

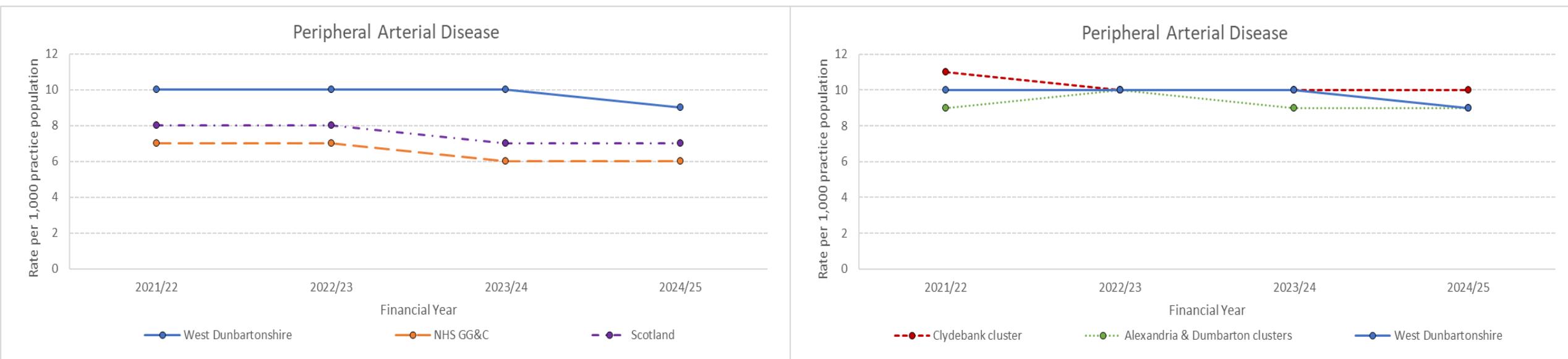
- Chart 1: Rate per 1,000 population of individuals living with hypertension in West Dunbartonshire GP clusters, NHS GG&C and Scotland, 2021/22 - 2024/25
- Chart 2: Rate per 1,000 population of individuals living with hypertension in Clydebank cluster, Dumbarton & Alexandria clusters and West Dunbartonshire, 2021/22 - 2024/25
- Table 1: Number and rate per 1,000 population of individuals living with hypertension in West Dunbartonshire GP clusters, NHS GG&C and Scotland, 2021/22 - 2024/25



Financial Year	Clydebank cluster		Alexandria & Dumbarton clusters		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2021/22	7,043	155	7,570	152	14,613	153	159,247	123	779,505	140
2022/23	7,273	158	7,636	153	14,909	155	162,329	123	800,820	140
2023/24	7,500	161	7,839	156	15,339	158	166,342	124	821,493	142
2024/25	7,733	165	8,004	159	15,737	161	171,806	126	844,704	144

# Peripheral Arterial Disease PAD

- Chart 1: Rate per 1,000 population of individuals with Peripheral Arterial Disease in West Dunbartonshire GP clusters, NHS GG&C and Scotland, 2021/22 - 2024/25
- Chart 2: Rate per 1,000 population of individuals with Peripheral Arterial Disease in Clydebank cluster, Dumbarton & Alexandria clusters and West Dunbartonshire, 2021/22 - 2024/25
- Table 1: Number and rate per 1,000 population of individuals with Peripheral Arterial Disease in West Dunbartonshire GP clusters, NHS GG&C and Scotland, 2021/22 - 2024/25



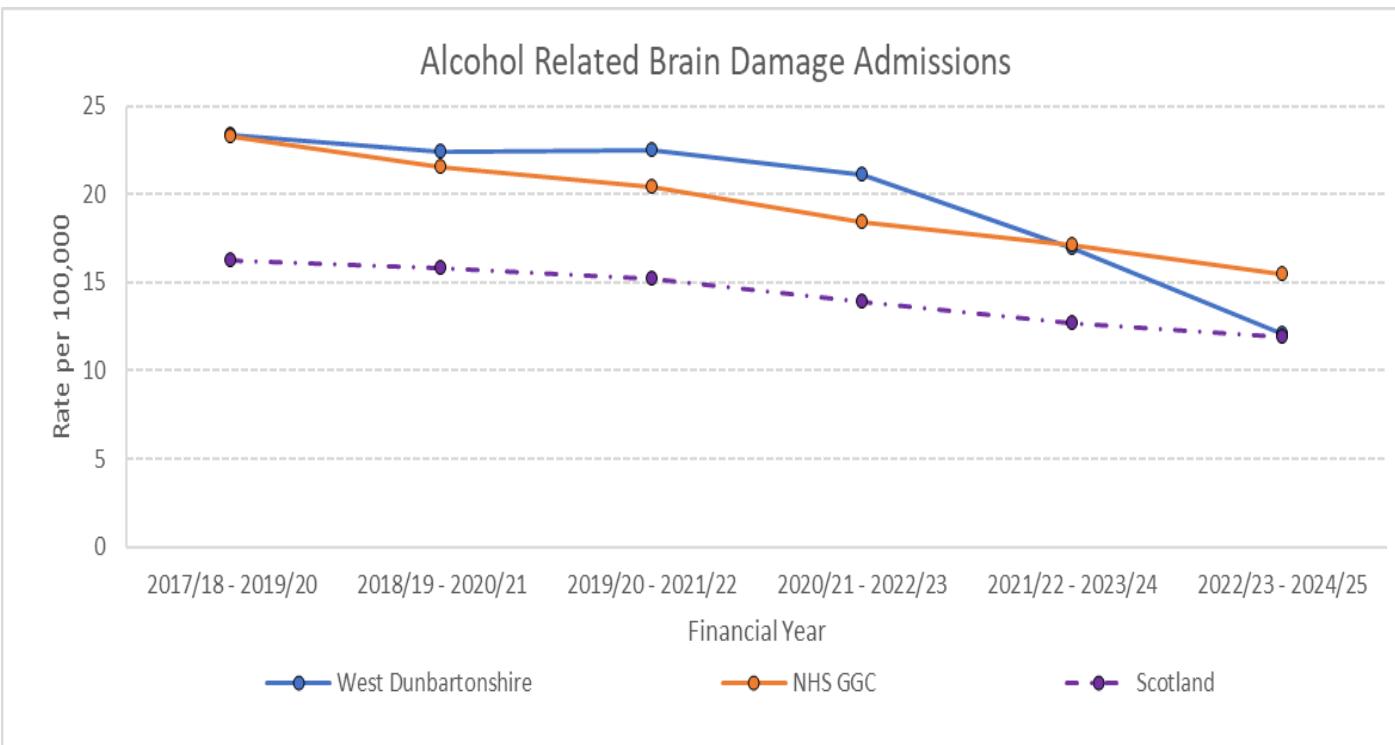
	Clydebank cluster		Alexandria & Dumbarton clusters		West Dunbartonshire		NHS GG&C		Scotland	
	Financial Year	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr
2021/22	491	11	472	9	963	10	9,005	7	43,870	8
2022/23	476	10	476	10	952	10	8,779	7	43,380	8
2023/24	474	10	461	9	935	10	8,646	6	42,856	7
2024/25	461	10	452	9	913	9	8,575	6	42,693	7

# Summary long term conditions

- The prevalence of many long-term conditions in West Dunbartonshire is higher than the national average, placing significant demand on health and social care services. Effective management and prevention are critical.
- **Cancer**
- The most common cancers diagnosed are lung, breast, and colorectal. Projections show a continued rise in new cases, particularly among males, highlighting the need for prevention and early diagnosis.
- **Dementia**
- The diagnosis rate for dementia is higher than the Scottish average. With an ageing population, the number of people living with dementia is projected to rise, increasing demand for specialist care and carer support.
- **Chronic Obstructive Pulmonary Disease (COPD)**
- The rate of COPD ( 26.8 per 1,000) is significantly higher than both the NHSGGC (21.7) and Scottish (20.2) averages, strongly linked to higher smoking rates.
- **Coronary Heart Disease (CHD)**
- The prevalence of CHD in West Dunbartonshire ( 54.2 per 1,000) is substantially higher than the national average (46.4), making it a major cause of ill-health and mortality.
- **Diabetes**
- The rate of diabetes is on an upward trend, reaching 36.6 per 1,000 in 2023/24, higher than the Scottish average of 34.7. This has long-term implications for managing associated complications.
- **Asthma & Heart Failure**
- Rates for both Asthma ( 47.9 per 1,000) and Heart Failure ( 15.7 per 1,000) are also notably higher than the Scottish averages, contributing to GP workload and hospital admissions.

# Alcohol related Brain Damage Admissions ARBD

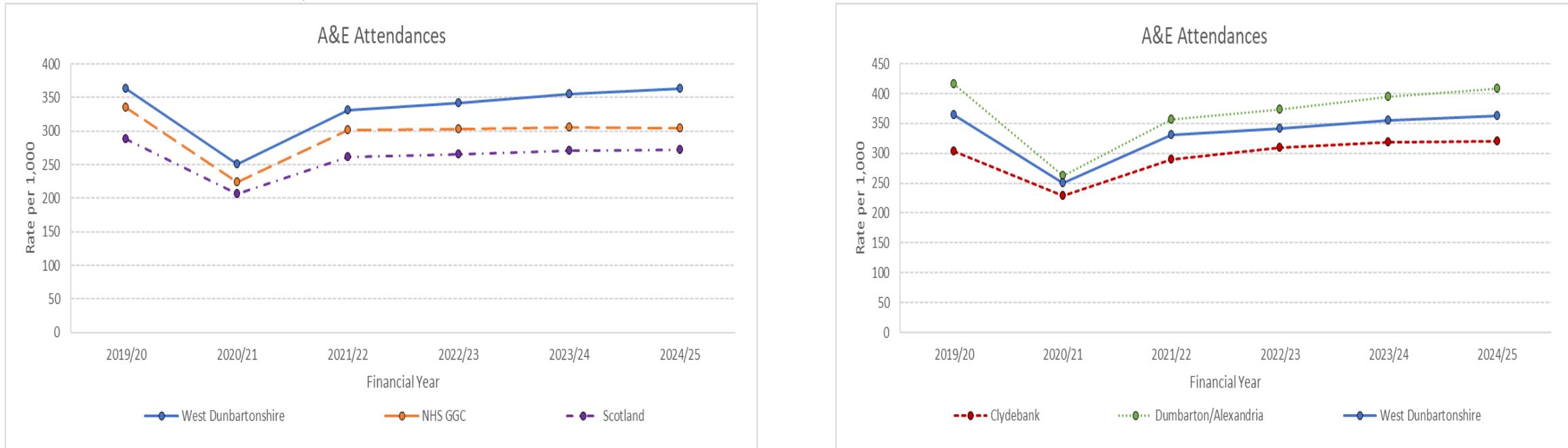
- Chart 1: 3-year rolling average rate per 100,000 population of alcohol related brain damage admissions in West Dunbartonshire, NHS GGC and Scotland, 2017/18 - 2024/25 data)
- Table 1: 3-year rolling average number and rate per 100,000 population of alcohol related brain damage admissions in West Dunbartonshire, NHS GGC and Scotland, 2017/18 - 2024/25 data)



Time Period	West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate
2017/18 - 2019/20	21.00	23.39	270.67	23.31	878.67	16.28
2018/19 - 2020/21	20.00	22.37	250.67	21.53	852.33	15.77
2019/20 - 2021/22	20.00	22.47	237.67	20.38	821.00	15.17
2020/21 - 2022/23	18.67	21.07	216.00	18.46	754.33	13.91
2021/22 - 2023/24	15.00	16.95	202.00	17.13	693.00	12.72
2022/23 - 2024/25	10.67	12.04	183.67	15.45	651.33	11.89

# A&E Attendance

- Chart 1: Rate per 1,000 population of A&E Attendances in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2024/25
- Chart 2: Rate per 1,000 population of A&E Attendances in West Dunbartonshire HSCP and localities, 2019/20 - 2024/25
- Table 1: Number and rate per 1,000 population of A&E Attendances in West Dunbartonshire, 2019/20 - 2024/25



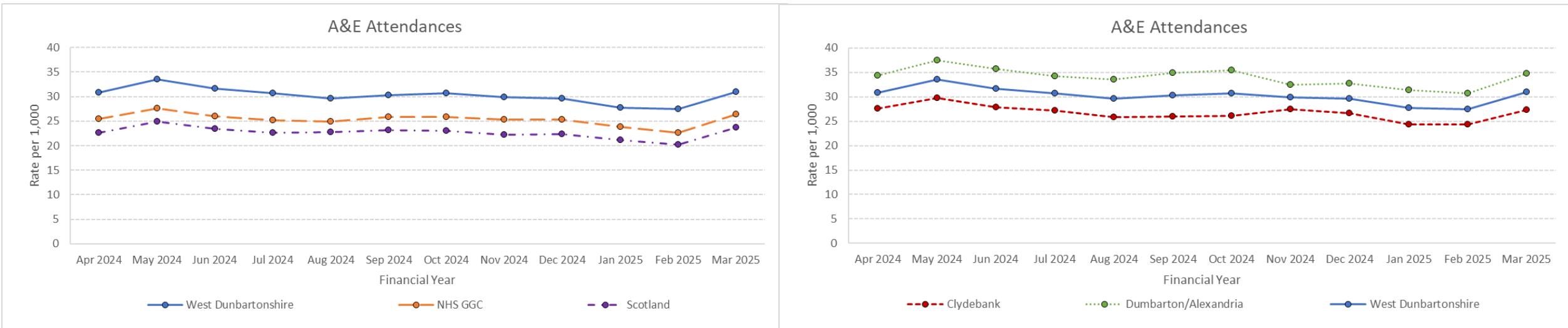
Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	13,769	303.74	18,811	415.45	32,580	363.78	391,278	335.42	1,558,054	287.93
2020/21	10,355	228.43	11,909	263.01	22,264	250.19	260,519	223.32	1,115,950	206.32
2021/22	13,165	290.42	16,141	356.48	29,306	331.10	350,688	300.96	1,414,844	261.38
2022/23	13,378	309.51	16,801	372.97	30,179	341.89	357,314	303.01	1,445,722	265.42
2023/24	13,786	318.95	17,770	394.48	31,556	355.56	364,083	305.08	1,483,070	270.14
2024/25	13,842	320.25	18,359	407.55	32,201	362.83	363,500	304.59	1,492,937	271.93

# Monthly A&E Attendance

Chart 1: Monthly number and rate per 1,000 population of A&E attendances in West Dunbartonshire, 2024/25

Chart 2: Monthly number and rate per 1,000 population of A&E attendances in West Dunbartonshire by locality, 2024/25

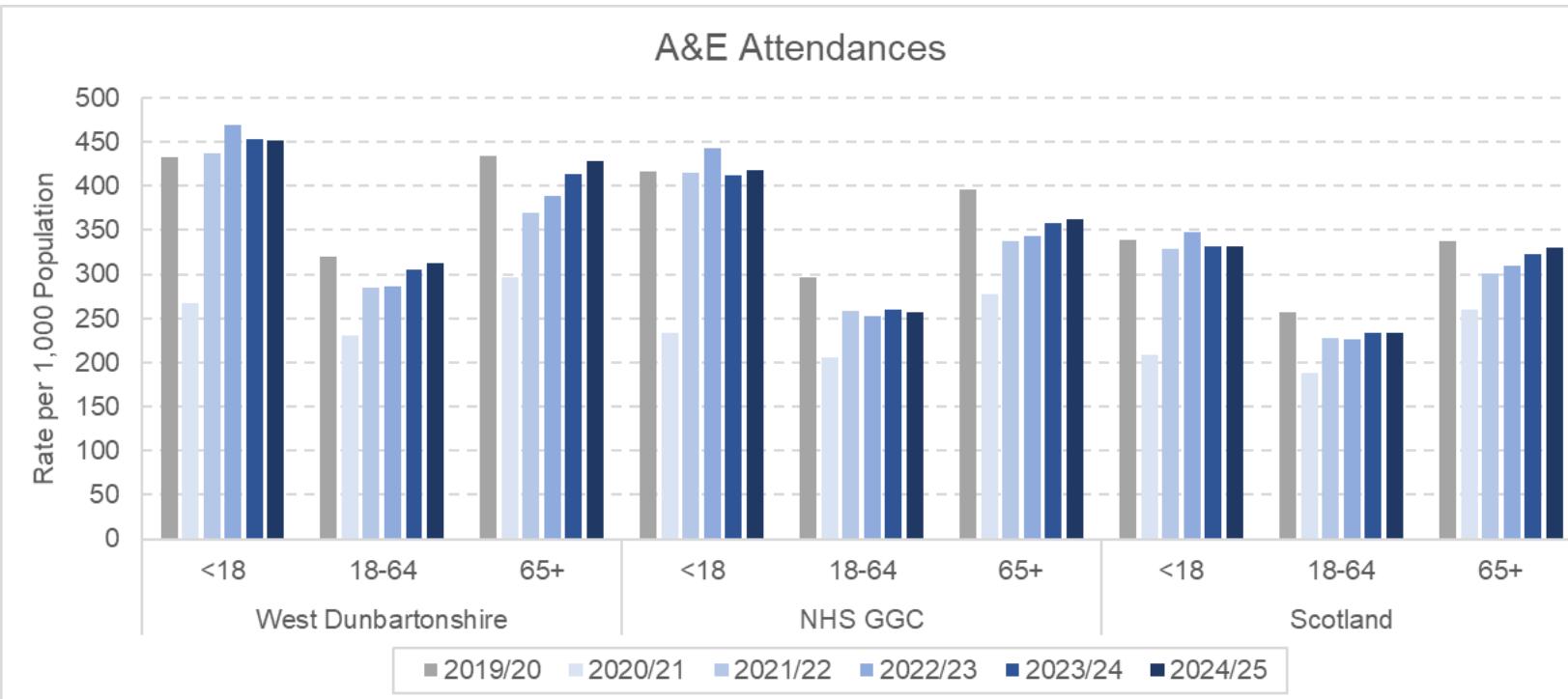
Table 2: Monthly number and rate per 1,000 population of A&E attendances in West Dunbartonshire, 2024/25



Month/Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
Apr 2024	1,192	27.58	1,548	34.36	2,740	30.87	30,348	25.43	124,316	22.64
May 2024	1,284	29.71	1,687	37.45	2,971	33.48	32,989	27.64	136,533	24.87
Jun 2024	1,202	27.81	1,608	35.70	2,810	31.66	30,973	25.95	128,411	23.39
Jul 2024	1,176	27.21	1,543	34.25	2,719	30.64	30,116	25.24	123,959	22.58
Aug 2024	1,117	25.84	1,513	33.59	2,630	29.63	29,801	24.97	124,781	22.73
Sep 2024	1,122	25.96	1,569	34.83	2,691	30.32	30,915	25.90	127,318	23.19
Oct 2024	1,130	26.14	1,593	35.36	2,723	30.68	30,887	25.88	126,340	23.01
Nov 2024	1,187	27.46	1,462	32.45	2,649	29.85	30,231	25.33	122,248	22.27
Dec 2024	1,149	26.58	1,474	32.72	2,623	29.55	30,283	25.37	122,622	22.34
Jan 2025	1,049	24.27	1,410	31.30	2,459	27.71	28,415	23.81	115,769	21.09
Feb 2025	1,053	24.36	1,385	30.75	2,438	27.47	27,000	22.62	110,598	20.14
Mar 2025	1,181	27.32	1,567	34.79	2,748	30.96	31,542	26.43	130,042	23.69

# A& E Attendance by Age

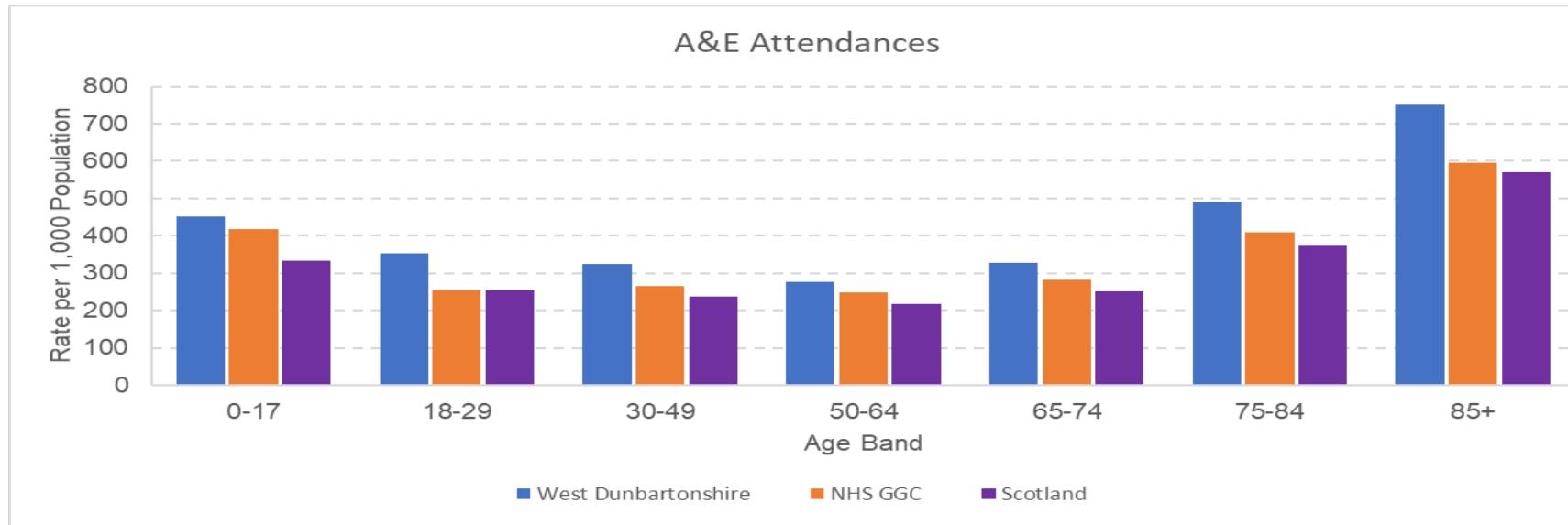
- Chart 1: Rate per 1,000 population of A&E attendances, broken down by age band in West Dunbartonshire, NHS GGC and Scotland, 2019/20-2024/25
- Table 1: Rate per 1,000 population of A&E attendances, broken down by age band in West Dunbartonshire, NHS GGC, Scotland, 2019/20 - 2024/25



Financial Year	West Dunbartonshire			NHS GGC			Scotland		
	<18	18-64	65+	<18	18-64	65+	<18	18-64	65+
2019/20	433.24	320.19	434.53	416.80	295.74	395.37	339.27	256.85	337.13
2020/21	267.52	230.34	295.88	233.03	205.89	277.82	208.09	188.60	260.26
2021/22	437.46	285.31	369.15	414.29	258.55	337.02	328.82	228.37	300.26
2022/23	469.41	286.04	389.19	442.28	252.17	343.95	347.22	226.27	309.65
2023/24	452.85	305.28	413.00	412.67	259.83	357.93	330.88	234.20	323.14
2024/25	451.08	312.99	427.42	418.13	256.42	361.91	331.92	234.27	330.84

# A& E Attendance Rates by Age

- Chart 2: Rate per 1,000 population of A&E attendances by age band in West Dunbartonshire, NHS GG&C and Scotland, 2024/25
- Table 2: Rate per 1,000 population of A&E attendances by age band in West Dunbartonshire, NHS GG&C and Scotland, 2024/25



Age Band	West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate
0-17	7,658	451.08	91,264	418.13	336,413	331.92
18-29	4,134	352.70	52,831	253.29	205,707	253.66
30-49	7,100	325.36	84,189	265.08	328,801	237.45
50-64	5,544	276.33	59,097	247.63	252,677	216.97
65-74	3,390	328.81	32,946	282.67	151,049	250.23
75-84	2,884	491.14	27,915	409.82	142,739	375.74
85+	1,491	751.13	15,258	594.62	75,551	568.78

# Emergency Admissions

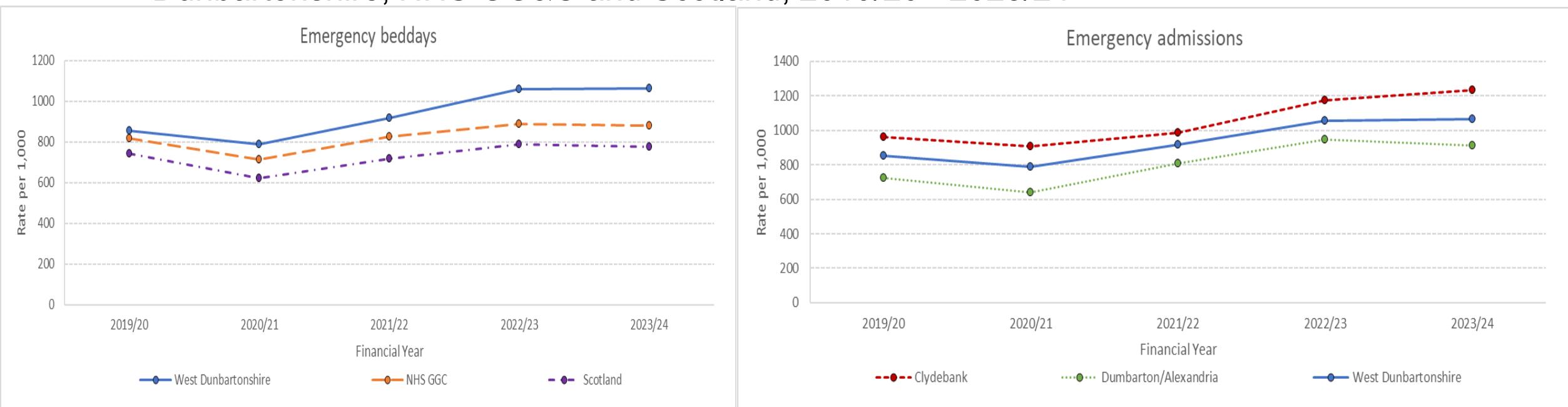
- Chart 1: Rate per 1,000 population of emergency admissions in West Dunbartonshire, NHS GG&C and Scotland, 2019/20-2023/24
- Chart 2: Rate per 1,000 population of emergency admissions in West Dunbartonshire HSCP and localities. 2019/20-2023/24



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	5,573	122.94	5,330	117.71	10,903	121.74	132,923	113.95	614,923	113.64
2020/21	5,090	112.29	4,216	93.11	9,306	104.57	109,501	93.86	510,957	94.47
2021/22	5,373	118.53	4,645	102.59	10,018	113.18	120,908	103.76	571,617	105.60
2022/23	5,249	121.44	4,873	108.18	10,122	114.67	119,455	101.30	568,043	104.29
2023/24	5,686	131.55	4,830	107.22	10,516	118.49	123,525	103.51	596,970	108.74

# Emergency beddays

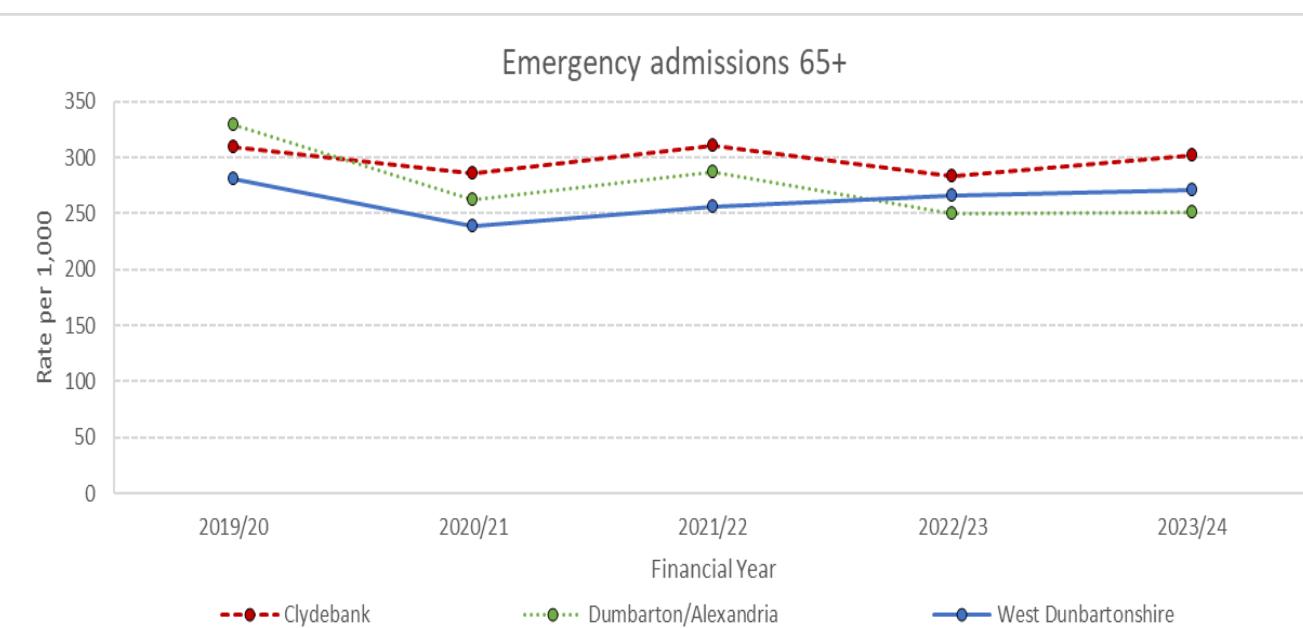
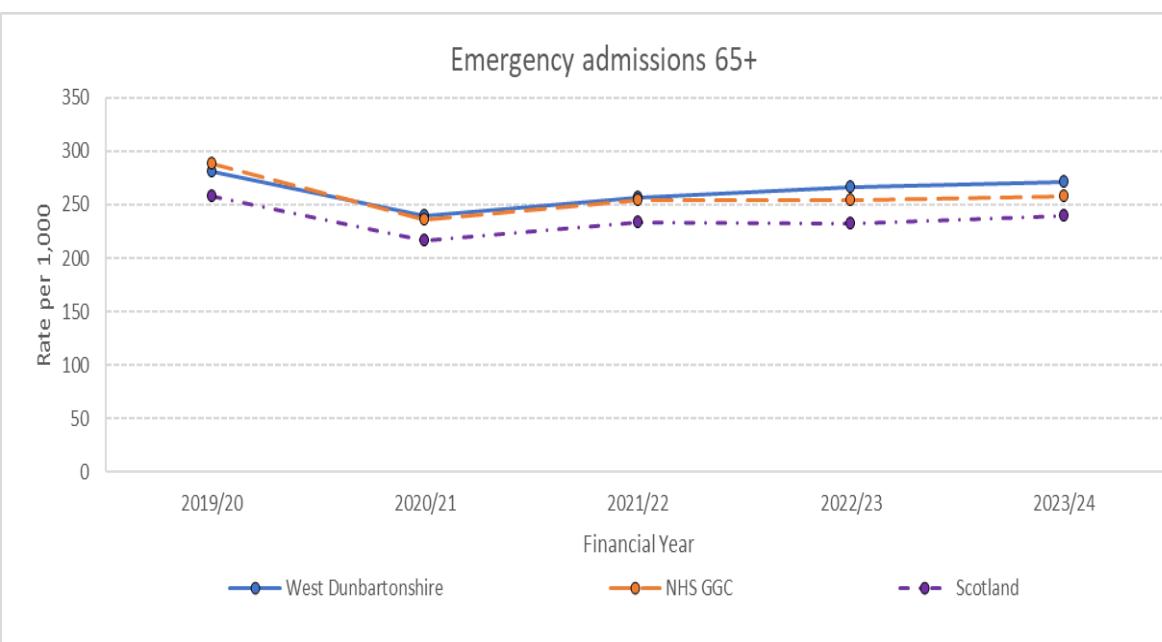
- Chart 3: Rate per 1,000 population of emergency beddays in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24
- Chart 4: Rate per 1,000 population of emergency beddays in West Dunbartonshire HSCP and localities, 2019/20 - 2023/24
- Table 2: Number and rate per 1,000 population of emergency beddays in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GG&C		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	43,646	962.83	32,804	724.49	76,450	853.62	952,895	816.87	4,018,474	742.62
2020/21	41,160	907.99	29,049	641.56	70,209	788.95	833,656	714.61	3,354,870	620.25
2021/22	44,633	984.60	36,707	810.68	81,340	918.99	962,556	826.07	3,874,535	715.80
2022/23	50,741	1,173.94	42,556	944.70	93,297	1,056.95	1,046,850	887.76	4,285,775	786.81
2023/24	53,379	1,234.97	41,019	910.58	94,398	1,063.64	1,048,802	878.82	4,264,268	776.72

# Emergency Admissions 65+

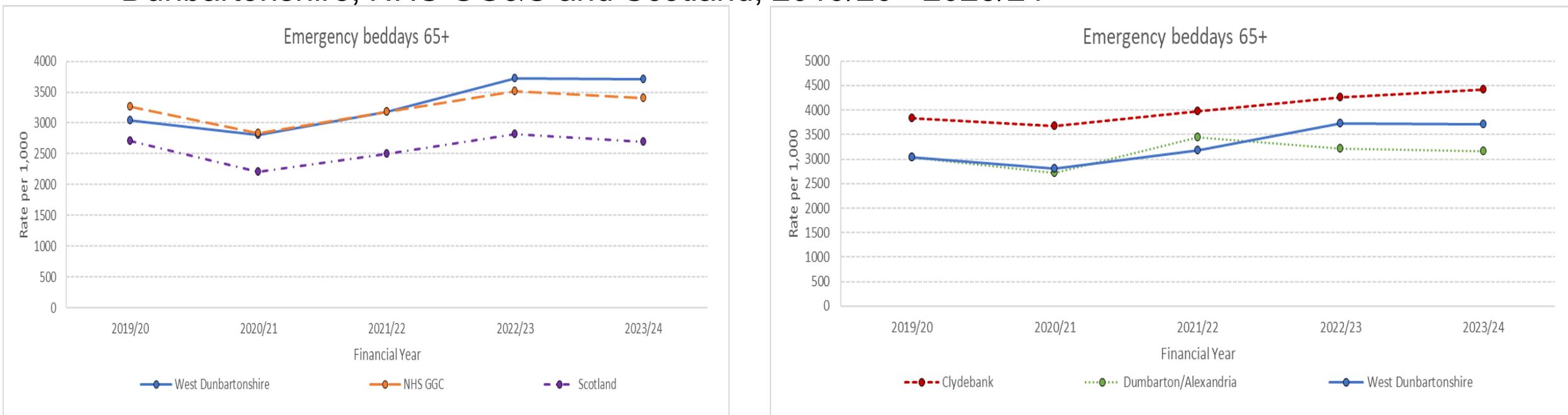
- Chart 5: Rate per 1,000 population of emergency admissions aged 65+ in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24
- Chart 6: Rate per 1,000 population of emergency admissions aged 65+ in West Dunbartonshire HSCP and localities, 2019/20 - 2023/24
- Table 3: Number and rate per 1,000 population of emergency admissions aged 65+ in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	2,416	309.70	2,364	328.93	4,780	280.80	57,012	288.15	270,090	257.83
2020/21	2,232	286.12	1,885	262.28	4,117	239.18	47,156	235.86	230,184	216.94
2021/22	2,427	311.11	2,064	287.19	4,491	256.39	51,618	254.09	251,777	233.20
2022/23	2,457	283.23	2,280	249.62	4,737	265.99	52,540	254.22	255,072	232.43
2023/24	2,616	301.56	2,298	251.59	4,914	270.49	54,130	257.36	267,194	239.34

# Emergency beddays 65+

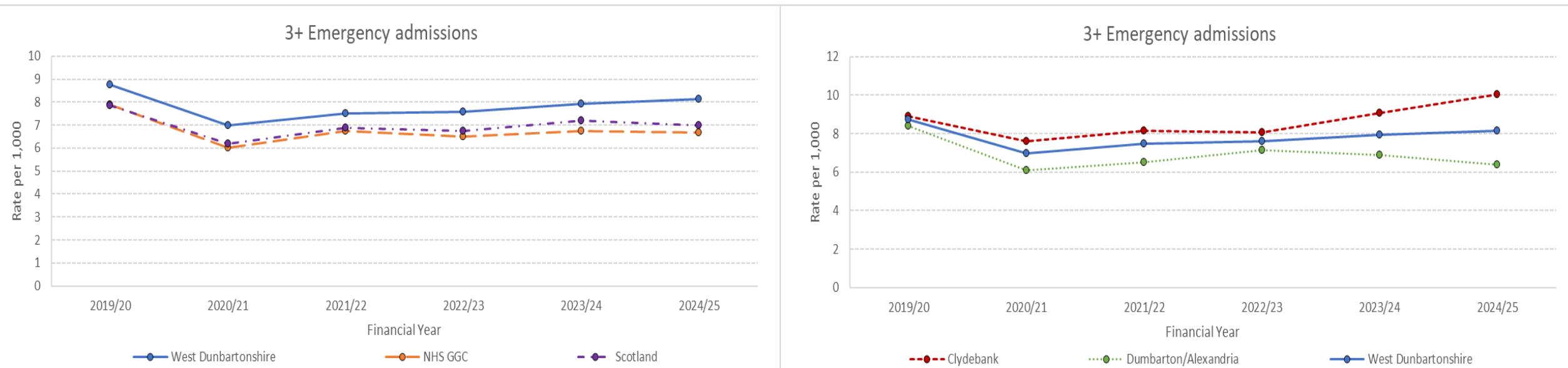
- Chart 7: Rate per 1,000 population of emergency beddays aged 65+ in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24
- Chart 8: Rate per 1,000 population of emergency beddays aged 65+ in West Dunbartonshire HSCP and localities, 2019/20 - 2023/24
- Table 4: Number and rate per 1,000 population of emergency beddays aged 65+ in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	29,848	3,826.18	21,840	3,038.82	51,688	3,036.36	644,563	3,257.72	2,841,327	2,712.32
2020/21	28,607	3,667.09	19,563	2,722.00	48,170	2,798.47	567,789	2,839.88	2,344,743	2,209.87
2021/22	30,967	3,969.62	24,771	3,446.64	55,738	3,182.12	645,205	3,176.00	2,702,473	2,503.08
2022/23	37,004	4,265.59	29,352	3,213.49	66,356	3,725.98	726,823	3,516.85	3,088,691	2,814.55
2023/24	38,404	4,426.97	28,915	3,165.64	67,319	3,705.57	714,347	3,396.38	3,012,243	2,698.27

# Multiple Admissions

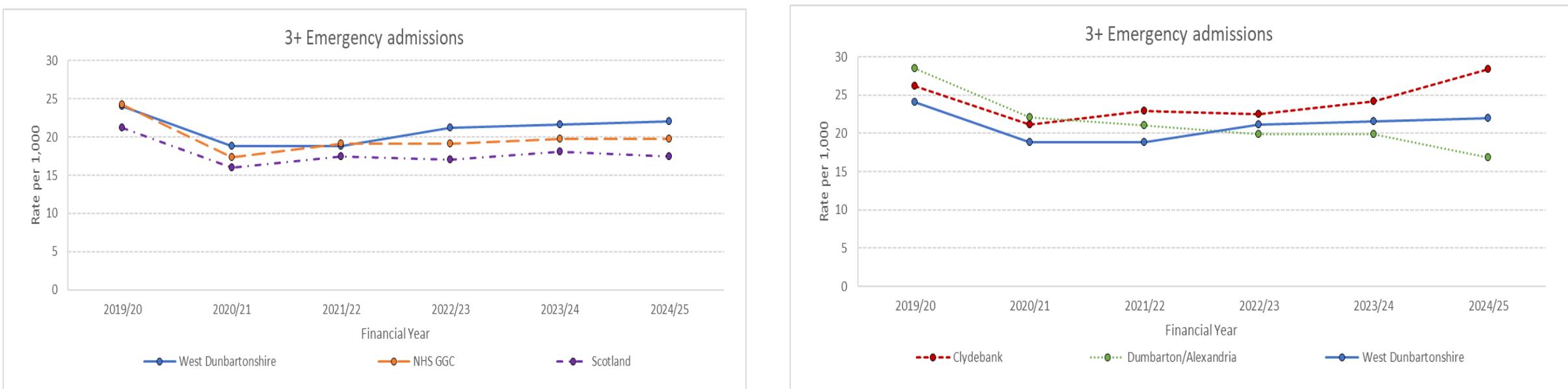
- Chart 1: Rate per 1,000 population of individuals with 3+ emergency admissions in West Dunbartonshire, NHS GGC and Scotland, 2019/20 - 2023/24
- Chart 2: Rate per 1,000 population of individuals with 3+ emergency admissions in West Dunbartonshire HSCP and localities, 2019/20 - 2023/24
- Table 1: Number and rate per 1,000 population of individuals with 3+ emergency admissions in West Dunbartonshire, NHS GGC and Scotland, 2019/20 - 2024/25



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	403	8.89	380	8.39	783	8.74	9,187	7.88	42,583	7.87
2020/21	345	7.61	276	6.10	621	6.98	7,014	6.01	33,378	6.17
2021/22	369	8.14	294	6.49	663	7.49	7,852	6.74	37,339	6.90
2022/23	348	8.05	322	7.15	670	7.59	7,677	6.51	36,684	6.73
2023/24	393	9.09	310	6.88	703	7.92	8,064	6.76	39,427	7.18
2024/25	434	10.04	288	6.39	722	8.14	7,968	6.68	38,384	6.99

# Multiple Admissions 65+

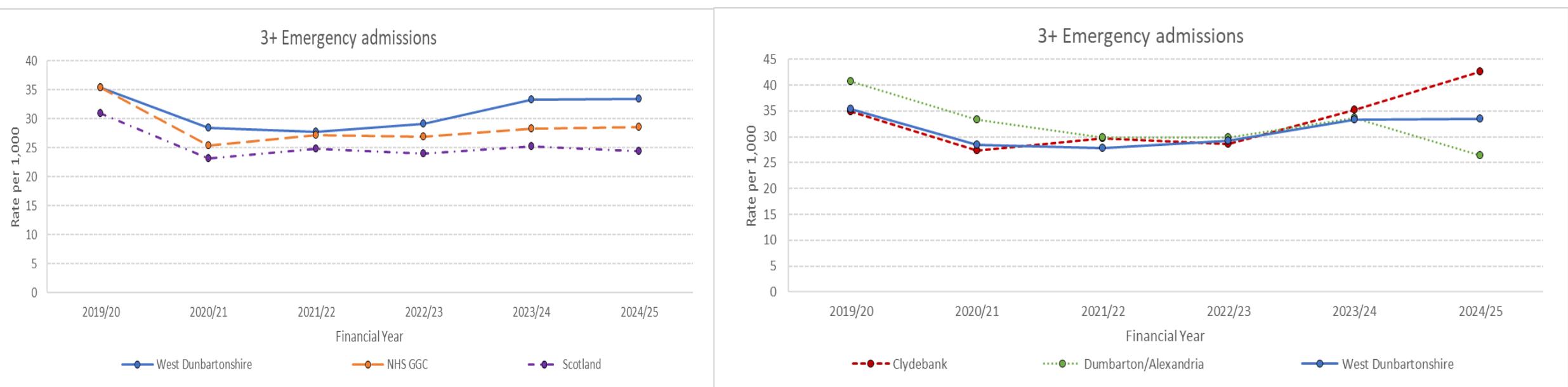
- Chart 3: Rate per 1,000 population of individuals with 3+ emergency admissions aged 65+ in West Dunbartonshire, NHS GG&C and Scotland, 2019/20-2023/24
- Chart 4: Rate per 1,000 population of individuals with 3+ emergency admissions aged 65+ in West Dunbartonshire HSCP and localities, 2019/20-2023/24
- Table 2: Number and rate per 1,000 population of individuals with 3+ emergency admissions in West Dunbartonshire, NHS GGC and Scotland aged 65+, 2019/20 - 2024/25



Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	204	26.15	205	28.52	409	24.03	4,802	24.27	22,161	21.15
2020/21	165	21.15	159	22.12	324	18.82	3,463	17.32	17,015	16.04
2021/22	179	22.95	151	21.01	330	18.84	3,873	19.06	18,800	17.41
2022/23	195	22.48	182	19.93	377	21.17	3,950	19.11	18,695	17.04
2023/24	210	24.21	182	19.93	392	21.58	4,141	19.69	20,149	18.05
2024/25	246	28.36	154	16.86	400	22.02	4,157	19.76	19,438	17.41

# Multiple Admissions 75+

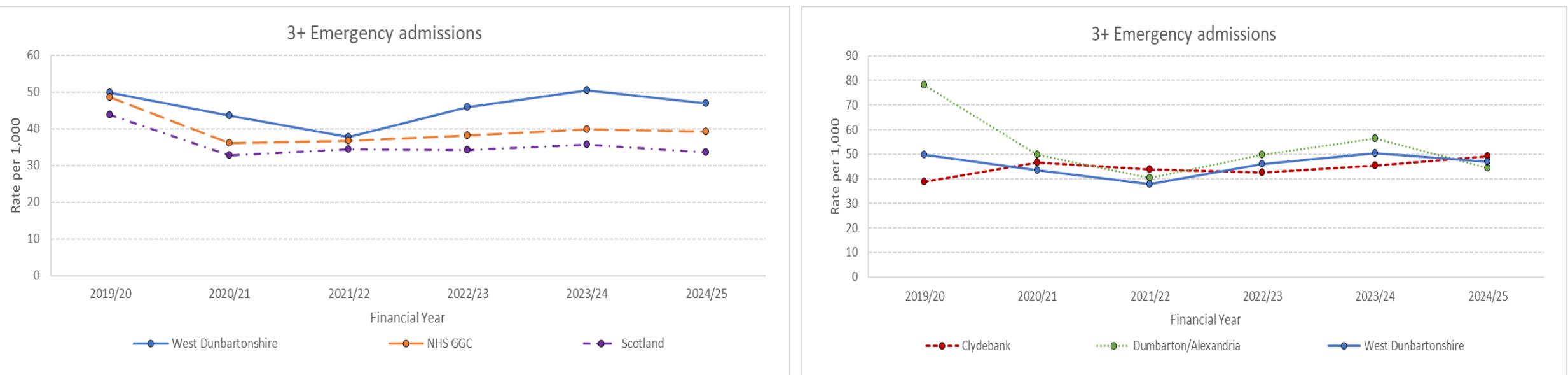
- Chart 5: Rate per 1,000 population of individuals with 3+ emergency admissions aged 75+ in West Dunbartonshire, NHS GGC and Scotland, 2019/20-2023/24
- Chart 6: Rate per 1,000 population of individuals with 3+ emergency admissions aged 75+ in West Dunbartonshire HSCP and localities, 2019/20-2023/24
- Table 3: Number and rate per 1,000 population of individuals with 3+ emergency admissions in West Dunbartonshire, NHS GGC and Scotland aged 75+, 2019/20 - 2024/25



Year	NDP	Rate	NDP	Rate	NDP	Rate	NDP	Rate	NDP	Rate
2019/20	130	34.87	128	40.69	258	35.40	3,165	35.42	14,364	30.91
2020/21	102	27.36	105	33.38	207	28.44	2,262	25.45	10,831	23.11
2021/22	111	29.77	94	29.88	205	27.78	2,431	27.24	11,871	24.88
2022/23	110	28.54	112	29.88	222	29.20	2,469	26.88	11,962	24.02
2023/24	136	35.29	126	33.62	262	33.35	2,660	28.37	12,940	25.24
2024/25	164	42.55	99	26.41	263	33.47	2,686	28.64	12,549	24.48

# Multiple Admissions 85+

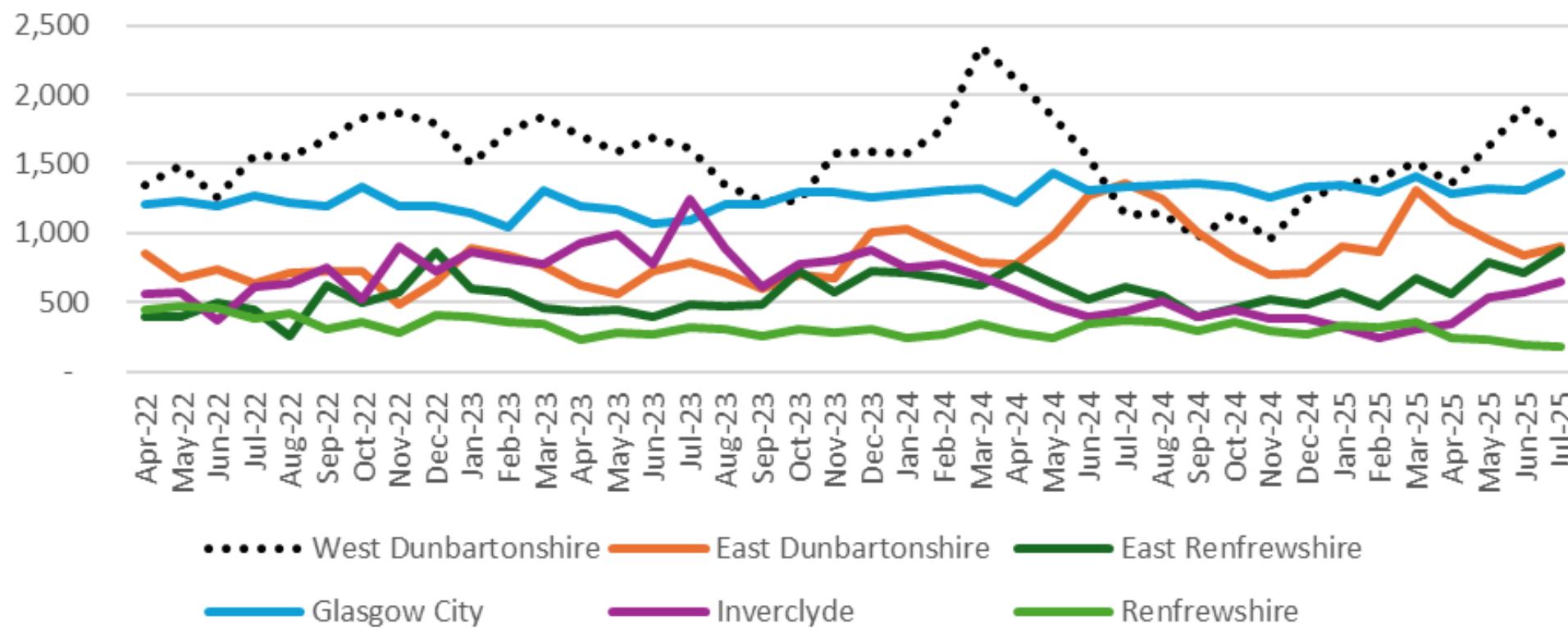
- Chart 7: Rate per 1,000 population of individuals with 3+ emergency admissions aged 85+ in West Dunbartonshire, NHS GGC and Scotland, 2019/20 - 2024/25
- Chart 8: Rate per 1,000 population of individuals with 3+ emergency admissions aged 85+ in West Dunbartonshire HSCP and localities, 2019/20 - 2024/25
- Table 4: Number and rate per 1,000 population of individuals with 3+ emergency admissions in West Dunbartonshire, NHS GGC and Scotland aged 85+, 2019/20 - 2024/25



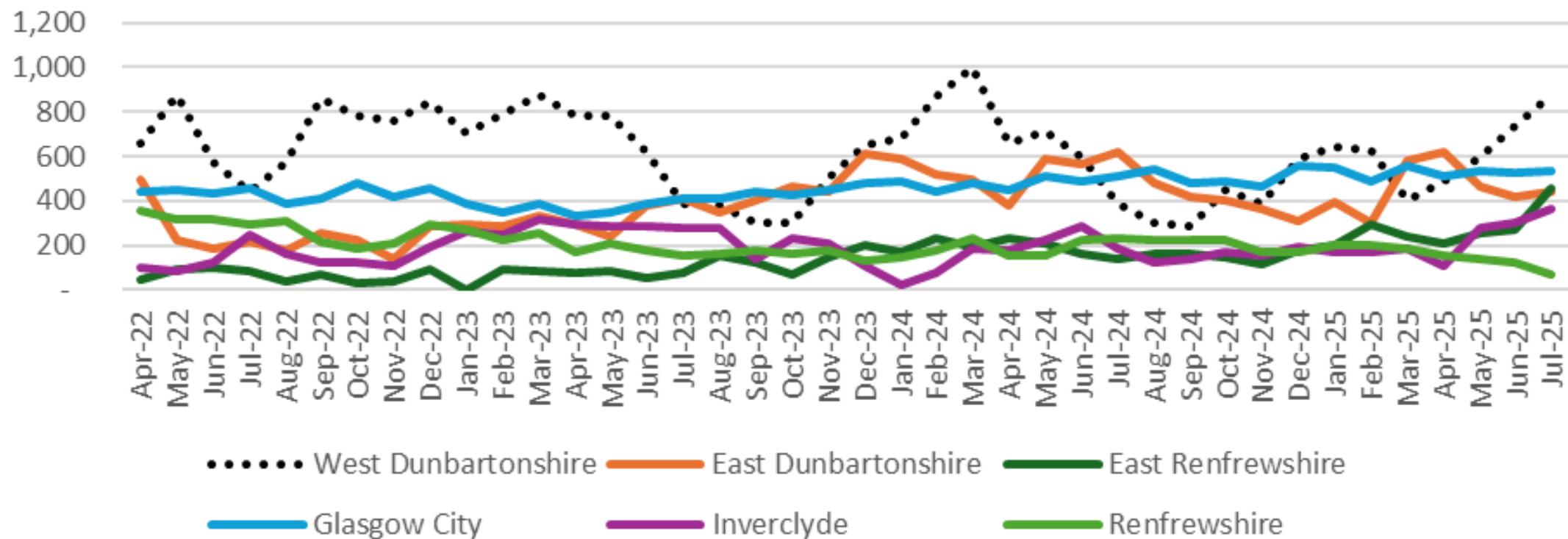
Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	39	38.77	58	78.17	97	49.85	1,220	48.52	5,526	43.80
2020/21	47	46.72	37	49.87	84	43.52	902	36.01	4,166	32.75
2021/22	44	43.74	30	40.43	74	37.66	927	36.61	4,476	34.44
2022/23	45	42.57	46	49.73	91	45.91	974	38.23	4,505	34.29
2023/24	48	45.41	52	56.22	100	50.38	1,022	39.83	4,748	35.74
2024/25	52	49.20	41	44.32	93	46.85	1,007	39.24	4,459	33.57

# Delayed Discharges

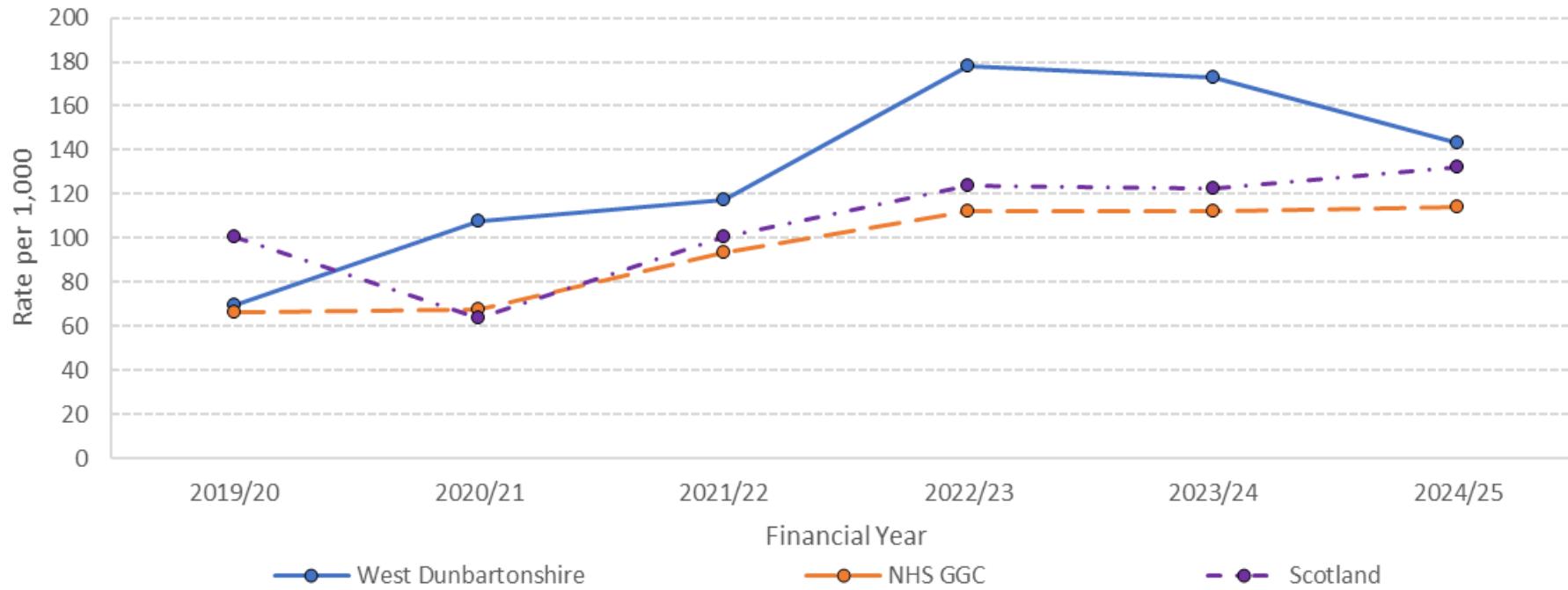
Delayed Discharge Bed Days All Reasons 18+: Rate per 100,000 population



## Delayed Discharge Bed Days 18+ Complex Codes: Rate per 100,000 population

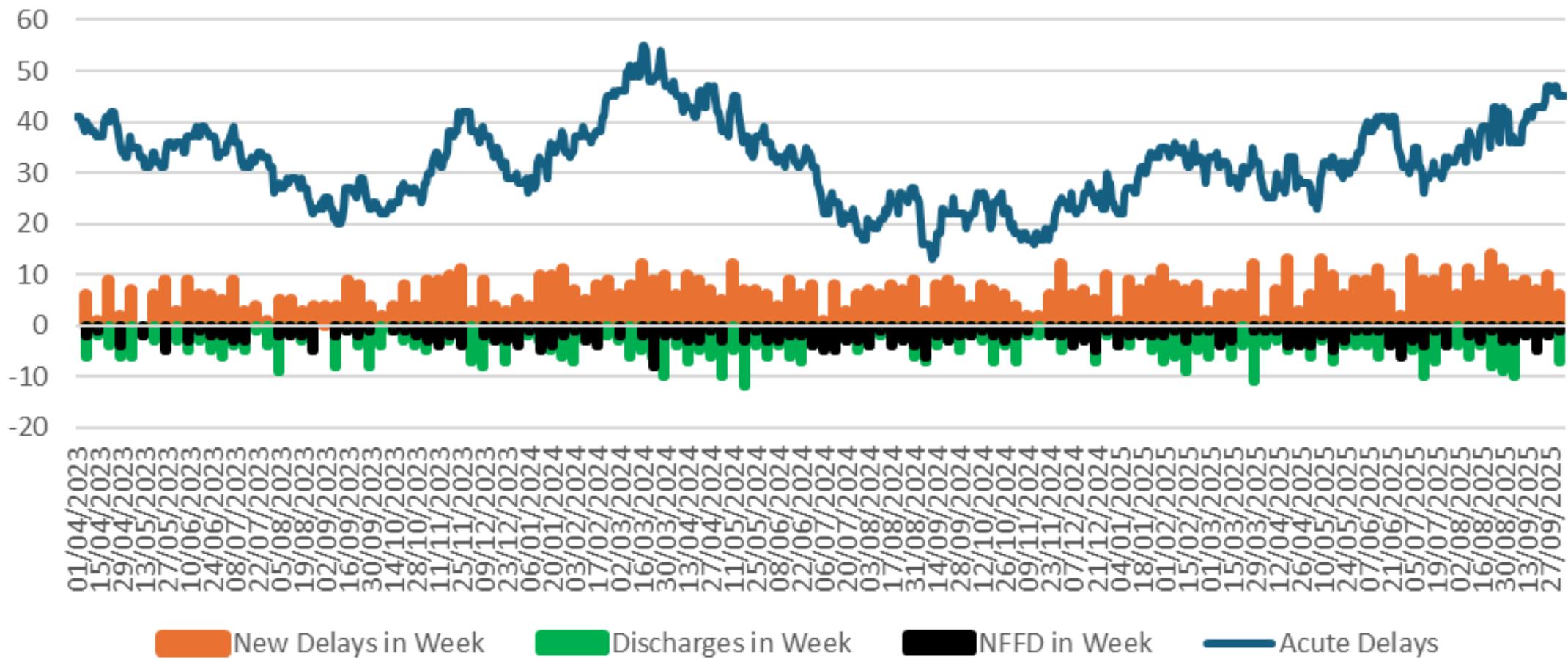


## Acute Delayed Discharge Beddays 18+



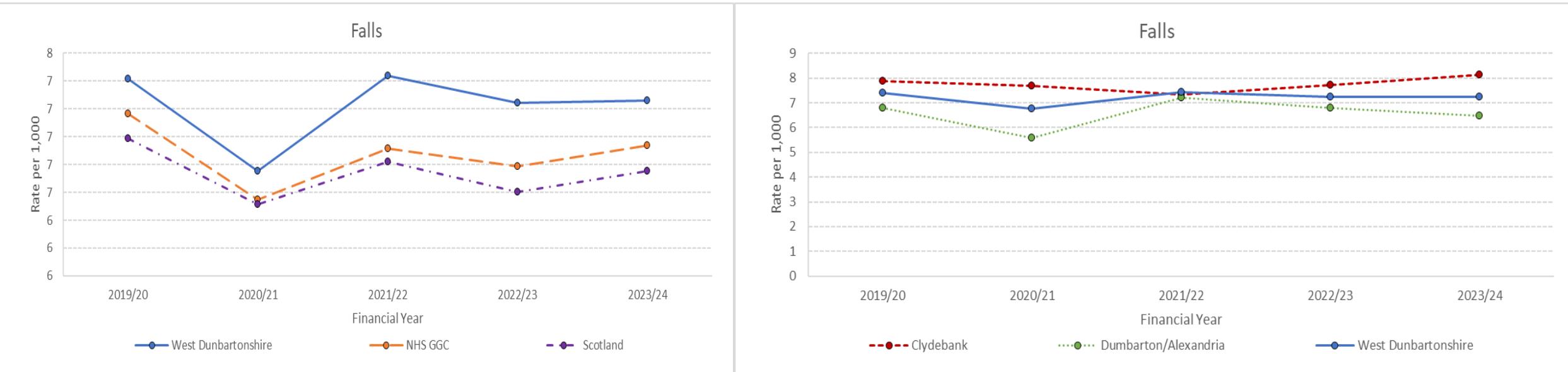
Year	Number of Bed Days
2019/20	5,027
2020/21	7,722
2021/22	8,391
2022/23	12,721
2023/24	12,394
2024/25	10,297

## Acute Delayed Discharge Activity



# Falls

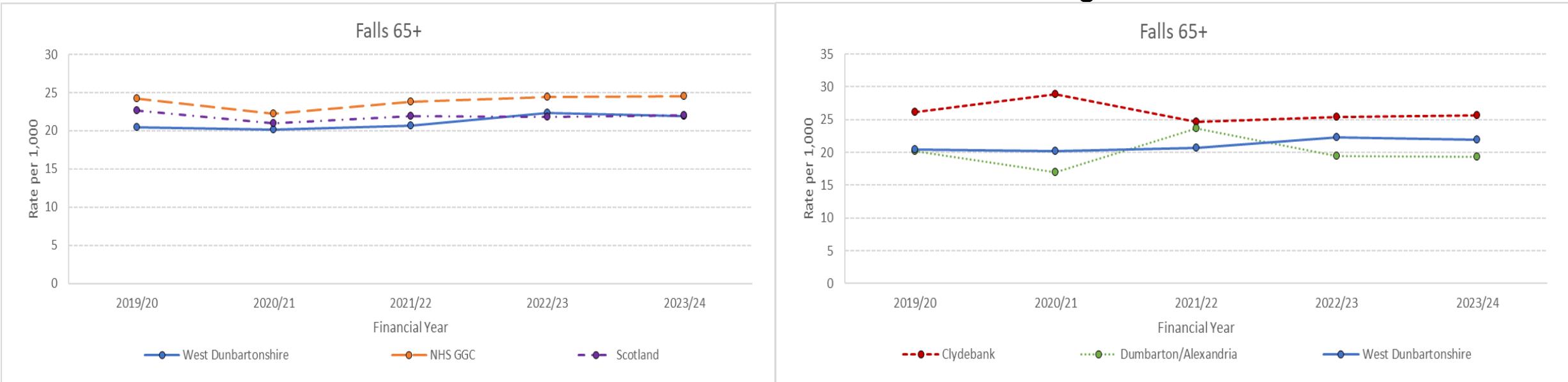
- Chart 1: Rate per 1,000 population of fall related admissions in West Dunbartonshire, NHS GGC and Scotland, 2019/20 - 2023/24
- Chart 2: Rate per 1,000 population of fall related admissions in West Dunbartonshire HSCP and localities, 2019/20 - 2023/24
- Table 1: Number and rate per 1,000 population of fall related admissions in West Dunbartonshire, NHS GGC and Scotland, 2019/20 -2023/24



Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	357	7.88	307	6.78	664	7.41	8,359	7.17	37,789	6.98
2020/21	348	7.68	253	5.59	601	6.75	7,637	6.55	35,235	6.51
2021/22	332	7.32	326	7.20	658	7.43	8,059	6.92	36,903	6.82
2022/23	333	7.70	306	6.79	639	7.24	8,003	6.79	35,979	6.61
2023/24	352	8.14	292	6.48	644	7.26	8,278	6.94	37,087	6.76

# Falls 65+

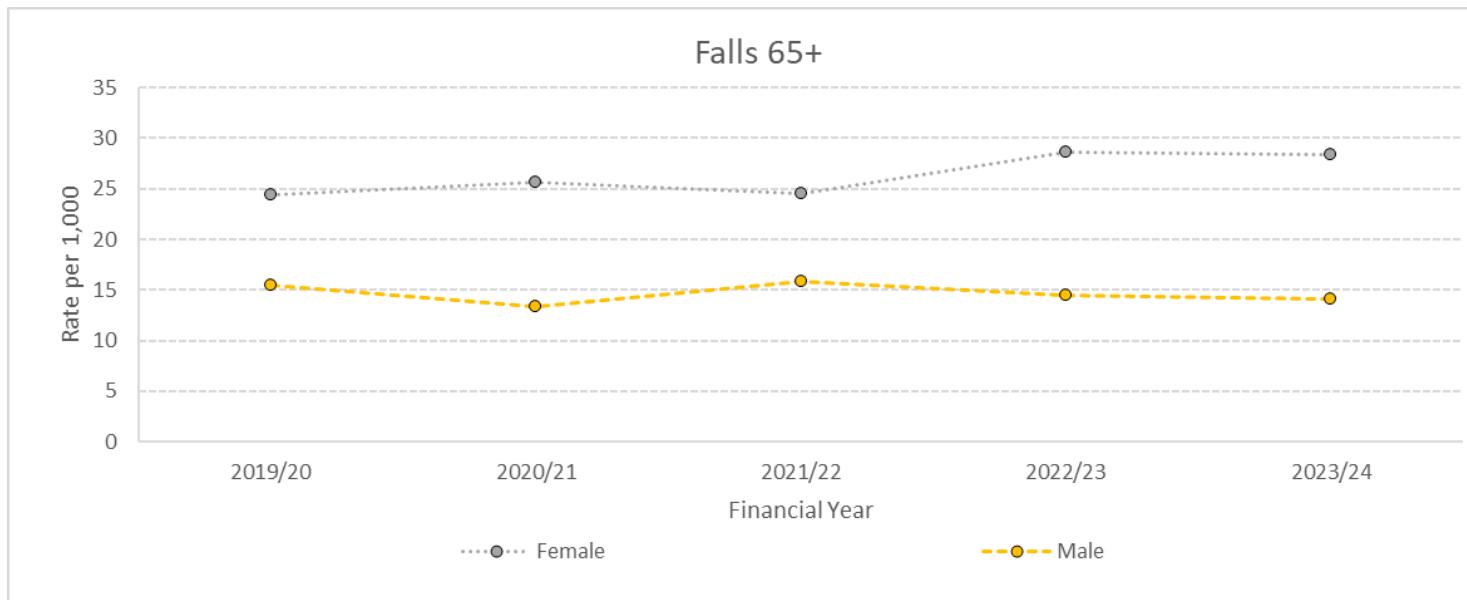
- Chart 3: Rate per 1,000 population of fall related admissions aged 65+ in West Dunbartonshire, NHS GGC and Scotland, 2019/20-2023/24
- Chart 4: Rate per 1,000 population of fall related admissions aged 65+ in West Dunbartonshire HSCP and localities, 2019/20-2023/24
- Table 2: Number and rate per 1,000 population of fall related admissions in West Dunbartonshire, NHS GGC and Scotland, 2019/20 -2023/24, aged 65+



Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	204	26.15	145	20.18	349	20.50	4,782	24.17	23,733	22.66
2020/21	225	28.84	122	16.98	347	20.16	4,446	22.24	22,312	21.03
2021/22	192	24.61	170	23.65	362	20.67	4,844	23.84	23,701	21.95
2022/23	220	25.36	178	19.49	398	22.35	5,041	24.39	23,975	21.85
2023/24	223	25.71	176	19.27	399	21.96	5,149	24.48	24,596	22.03

# Falls

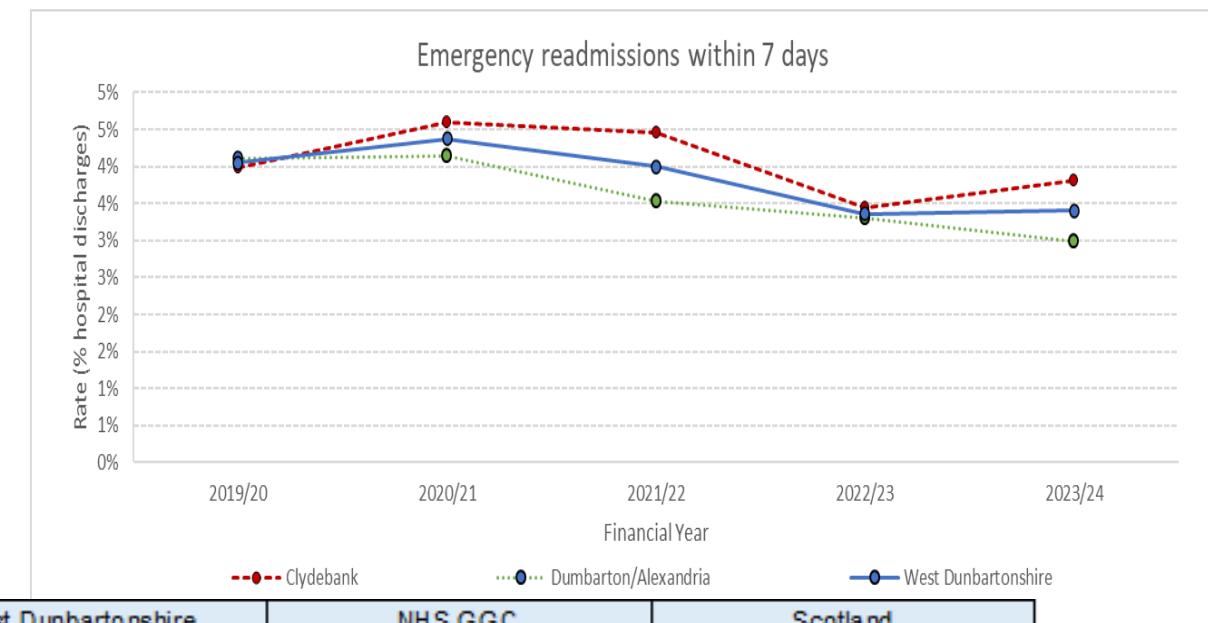
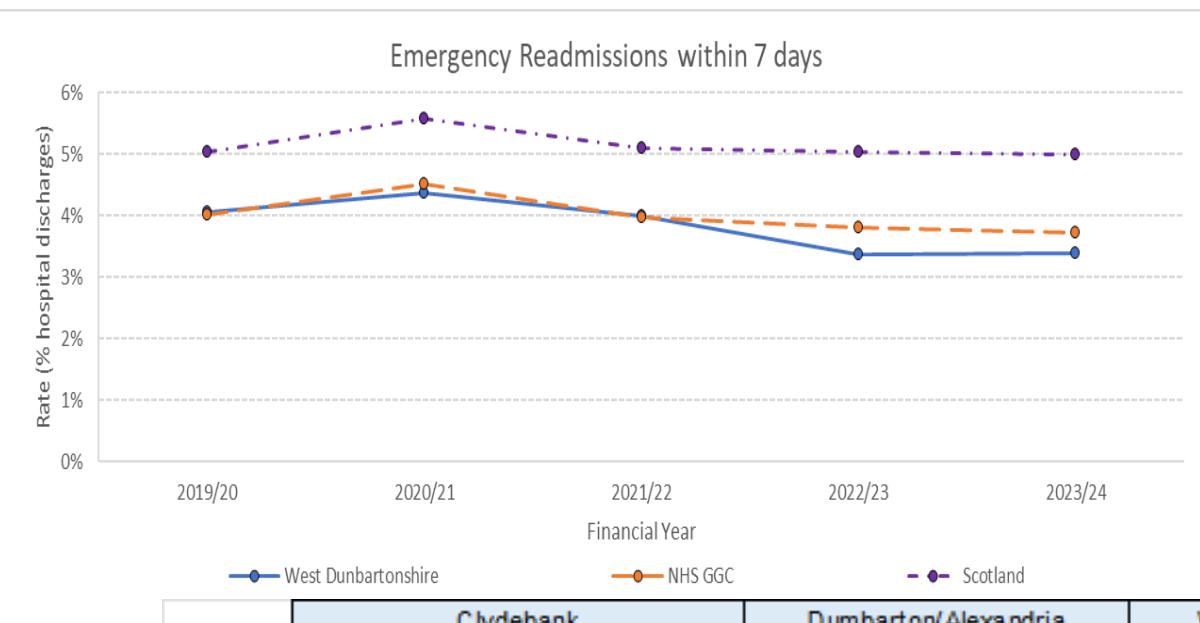
- Chart 5: Rate per 1,000 population of fall related admissions in West Dunbartonsire aged 65+ broken down by sex
- Table 3: Number and rate per 1,000 population of fall related admissions in West Dunbartonshire aged 65+, broken down by sex



Financial Year	Female		Male	
	Nbr	Rate	Nbr	Rate
2019/20	233	24.45	116	15.48
2020/21	246	25.57	101	13.30
2021/22	239	24.53	123	15.82
2022/23	283	28.66	115	14.50
2023/24	284	28.31	115	14.13

# Readmissions within 7 days

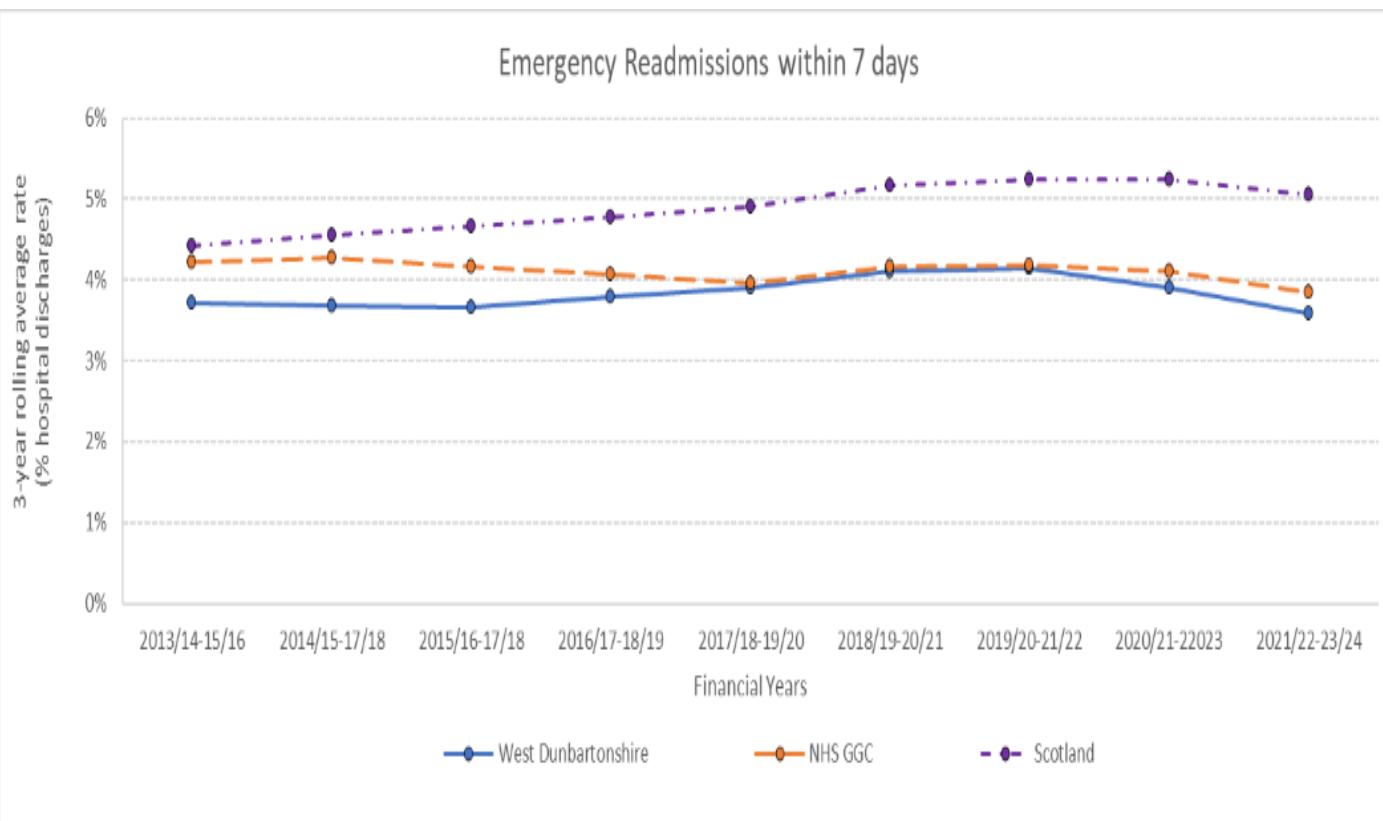
- Chart 1: Rate of emergency readmissions within 7 days of discharge in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24
- Chart 2: Rate of emergency readmissions within 7 days of discharge in West Dunbartonshire localities, 2019/20 - 2023/24
- Table 1: Number and rate of emergency readmissions within 7 days of discharge in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24



Financial Year	Clydebank			Dumbarton/Alexandria			West Dunbartonshire			NHS GG&C			Scotland		
	Discharges	7 day Readmissions	Readmission Rate	Discharges	7 day Readmissions	Readmission Rate	Discharges	7 day Readmissions	Readmission Rate	Discharges	7 day Readmissions	Readmission Rate	Discharges	7 day Readmissions	Readmission Rate
2019/20	12,505	499	3.99%	12,698	522	4.1%	25,203	1021	4.1%	296,657	11941	4.0%	1,200,932	60603	5.0%
2020/21	8,709	401	4.6%	8,814	365	4.1%	17,523	766	4.4%	197,931	8962	4.5%	840,252	46971	5.6%
2021/22	10,749	480	4.5%	10,804	382	3.5%	21,553	862	4.0%	249,819	9922	4.0%	1,028,772	52515	5.1%
2022/23	11,198	385	3.4%	12,051	397	3.3%	23,249	782	3.4%	259,351	9896	3.8%	1,068,799	53967	5.0%
2023/24	12,001	458	3.8%	12,179	365	3.0%	24,180	823	3.4%	270,974	10128	3.7%	1,127,138	56366	5.0%

# Readmissions within 7 days

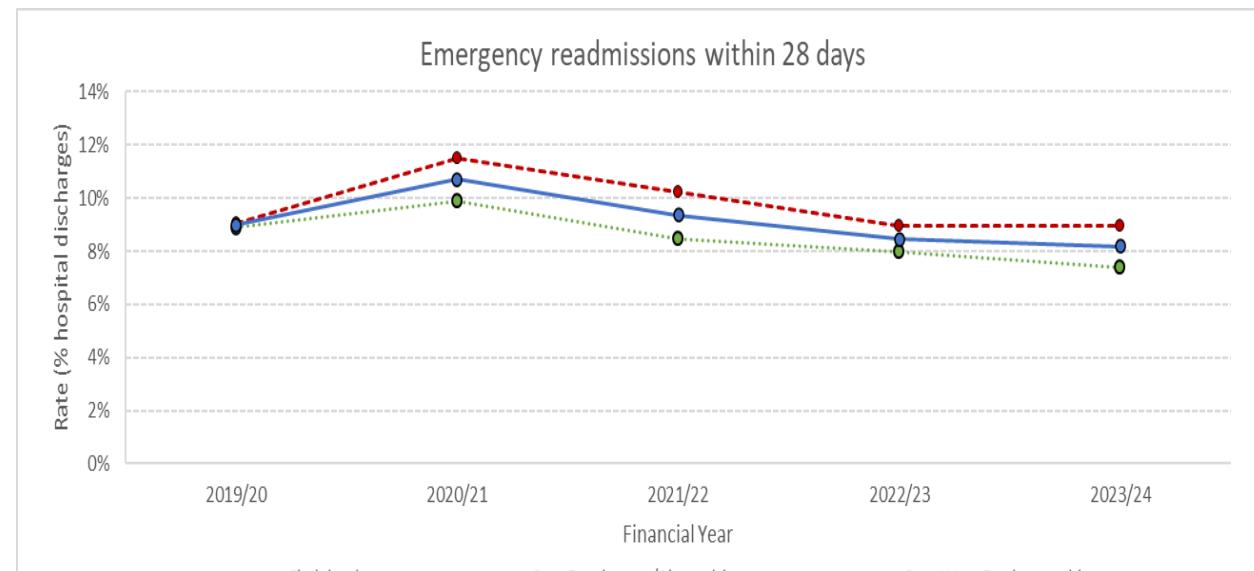
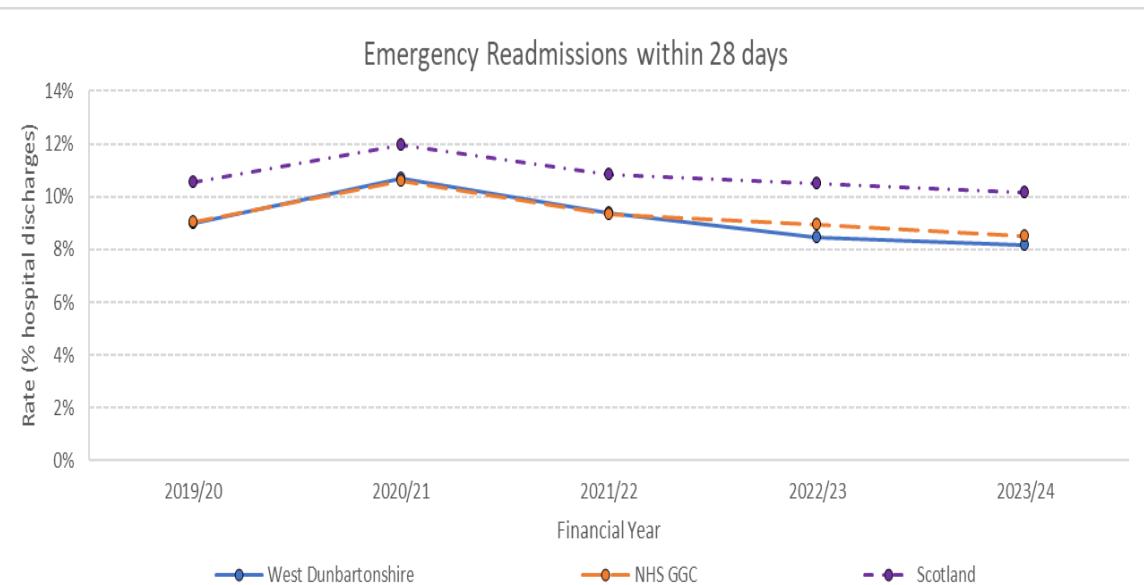
- Chart 1: 3-year rolling average rate of emergency readmissions within 7 days in West Dunbartonshire, NHS GG&C and Scotland (2013/14-2015/16 to 2021/22 -2023/24)
- Table 1: 3-year rolling average rate of readmissions within 7 days in West Dunbartonshire, NHS GG&C and Scotland



Financial Year	Time period	West Dunbartonshire	NHS GG&C	Scotland
2013/14	-	3.77%	4.21%	4.33%
2014/15	-	3.83%	4.23%	4.45%
2015/16	2013/14-15/16	3.55%	3.72%	4.23%
2016/17	2014/15-17/18	3.68%	3.69%	4.35%
2017/18	2015/16-17/18	3.76%	3.67%	3.90%
2018/19	2016/17-18/19	3.90%	3.78%	3.95%
2019/20	2017/18-19/20	4.05%	3.91%	4.03%
2020/21	2018/19-20/21	4.37%	4.11%	4.53%
2021/22	2019/20-21/22	4.00%	4.14%	3.97%
2022/23	2020/21-2023	3.36%	3.91%	3.82%
2023/24	2021/22-23/24	3.40%	3.59%	3.74%

# Readmissions within 28 days

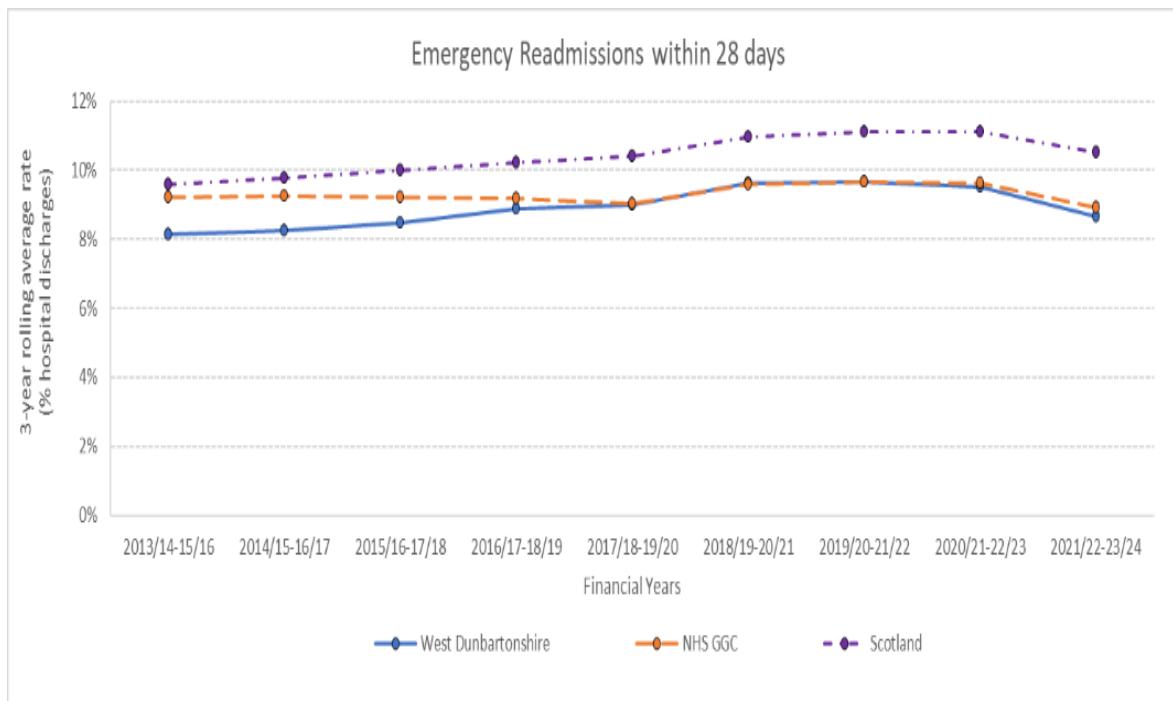
- Chart 1: Rate of emergency readmissions within 28 days of discharge in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24
- Chart 2: Rate of emergency readmissions within 28 days of discharge in West Dunbartonshire localities, 2019/20 - 2023/24
- Table 1: Number and rate of emergency readmissions within 28 days of discharge in West Dunbartonshire, NHS GG&C and Scotland, 2019/20 - 2023/24



Financial Year	Clydebank			Dumbarton/Alexandria			West Dunbartonshire			NHS GG&C			Scotland		
	Discharges	28 day Readmissions	Readmission Rate	Discharges	28 day Readmissions	Readmission Rate	Discharges	28 day Readmissions	Readmission Rate	Discharges	28 day Readmissions	Readmission Rate	Discharges	28 day Readmissions	Readmission Rate
2019/20	12,505	1133	9.06%	12,698	1130	8.9%	25,203	2263	9.0%	296,657	26833	9.0%	1,200,932	126379	10.5%
2020/21	8,709	1003	11.5%	8,814	872	9.9%	17,523	1875	10.7%	197,931	20998	10.6%	840,252	100477	12.0%
2021/22	10,749	1101	10.2%	10,804	916	8.5%	21,553	2017	9.4%	249,819	23339	9.3%	1,028,772	111674	10.9%
2022/23	11,198	1000	8.9%	12,051	963	8.0%	23,249	1963	8.4%	259,351	23209	8.9%	1,068,799	112577	10.5%
2023/24	12,001	1077	9.0%	12,179	901	7.4%	24,180	1978	8.2%	270,974	23009	8.5%	1,127,138	114327	10.1%

# Readmissions within 28 days

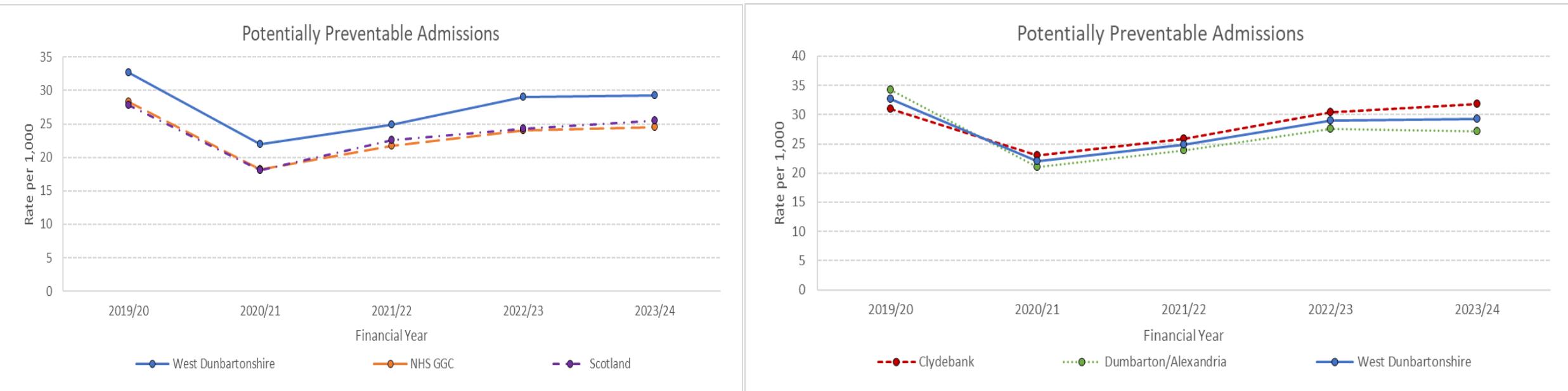
- Chart 1: 3-year rolling average rate of emergency readmissions within 28-days in West Dunbartonshire, NHS GG&C and Scotland (2013/14-2015/16 to 2021/22 -2023/24)
- Table 1: 3-year rolling average rate of readmissions within 28 days in West Dunbartonshire, NHS GG&C and Scotland



Financial Year	Time Period	West Dunbartonshire		NHS GG&C		Scotland	
		Readmission Rate	3-year rolling average	Readmission Rate	3-year rolling average	Readmission Rate	3-year rolling average
2013/14	-	8.38%	9.26%	9.26%	9.44%	9.26%	9.44%
2014/15	-	8.16%	9.16%	9.16%	9.63%	9.16%	9.63%
2015/16	2013/14-15/16	7.91%	8.15%	9.23%	9.22%	9.71%	9.59%
2016/17	2014/15-16/17	8.71%	8.26%	9.42%	9.27%	10.02%	9.79%
2017/18	2015/16-17/18	8.77%	8.46%	8.99%	9.21%	10.28%	10.00%
2018/19	2016/17-18/19	9.21%	8.89%	9.11%	9.17%	10.37%	10.22%
2019/20	2017/18-19/20	8.98%	8.98%	9.05%	9.05%	10.52%	10.39%
2020/21	2018/19-20/21	10.70%	9.63%	10.61%	9.59%	11.96%	10.95%
2021/22	2019/20-21/22	9.36%	9.68%	9.34%	9.67%	10.86%	11.11%
2022/23	2020/21-22/23	8.44%	9.50%	8.95%	9.63%	10.51%	11.11%
2023/24	2021/22-23/24	8.18%	8.66%	8.49%	8.93%	10.14%	10.50%

# Potentially Preventable Admissions

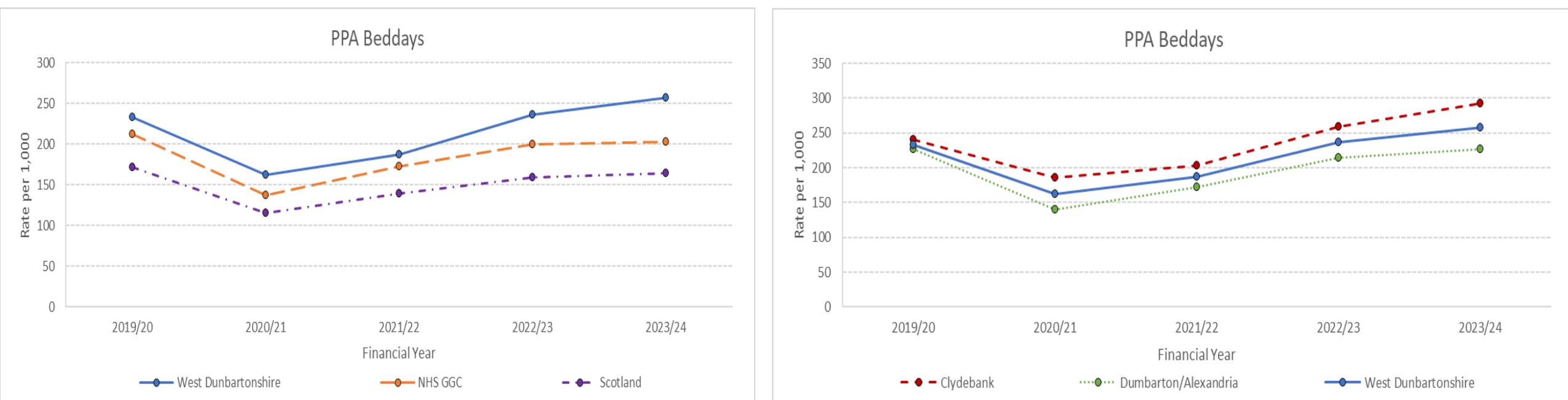
- Chart 1: Number and rate of Potentially Preventable Admissions per 1,000 population in West Dunbartonshire, NHS GGC and Scotland
- Chart 2: Number and rate of Potentially Preventable Admissions per 1,000 population in West Dunbartonshire localities
- Table 1: Number and rate of Potentially Preventable Admissions per 1,000 population in West Dunbartonshire, NHS GGC and Scotland



Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	1,369	30.98	1,551	34.18	2,920	32.60	33,044	28.33	150,759	27.86
2020/21	1,007	22.99	950	21.02	1,957	21.99	21,223	18.19	97,808	18.08
2021/22	1,117	25.83	1,083	23.93	2,200	24.86	25,351	21.76	121,864	22.51
2022/23	1,316	30.45	1,244	27.62	2,560	29.00	28,343	24.04	132,348	24.30
2023/24	1,373	31.77	1,225	27.19	2,598	29.27	29,191	24.46	140,246	25.55

# Potentially Preventable Admissions (PPA) Beddays

- Chart 1: Number and rate of beddays associated with potentially preventable admissions per 1,000 population in West Dunbartonshire, NHS GGC and Scotland
- Chart 2: Number and rate of beddays associated with potentially preventable admissions per 1,000 population in West Dunbartonshire localities
- Table 1: Number and rate per 1,000 population of beddays associated with potentially preventable admissions in West Dunbartonshire, NHS GGC and Scotland



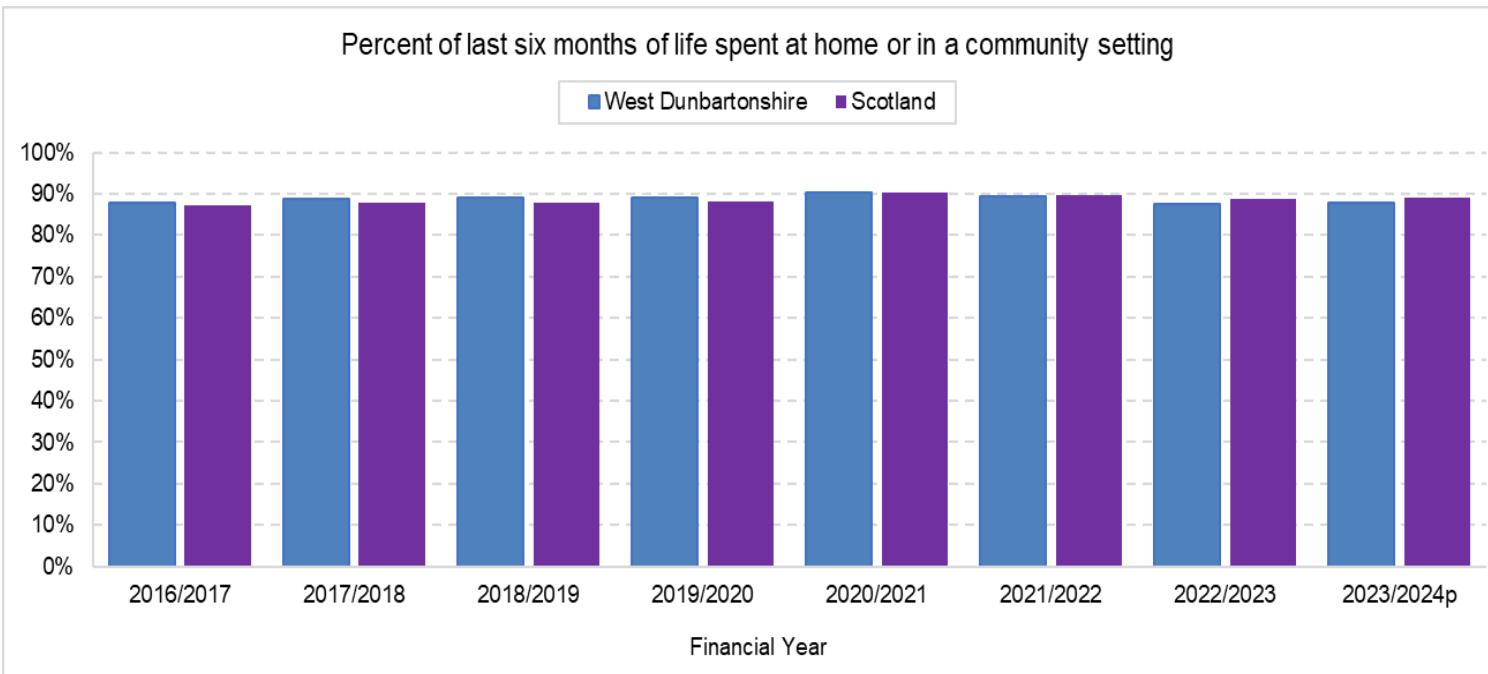
Financial Year	Clydebank		Dumbarton/Alexandria		West Dunbartonshire		NHS GGC		Scotland	
	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate	Nbr	Rate
2019/20	10,608	240.08	10,292	226.83	20,900	233.36	248,150	212.73	926,543	171.23
2020/21	8,116	185.31	6,355	140.62	14,471	162.61	160,528	137.60	623,975	115.36
2021/22	8,779	202.97	7,819	172.77	16,598	187.53	201,020	172.52	752,310	138.98
2022/23	11,204	259.21	9,657	214.38	20,861	236.33	236,095	200.22	869,504	159.63
2023/24	12,626	292.11	10,213	226.72	22,839	257.34	242,369	203.09	903,726	164.61

# Summary hospital pressures

- Our acute hospital services are facing intense and growing pressure. High rates of admission, particularly for our ageing population and those with complex needs, are a major strategic challenge requiring a shift towards preventative and community-based models of care.
- **A&E Attendances**
- The rate of A&E attendances is consistently higher than the Scottish average. The highest rates of attendance are seen in the 0-4 and 85+ age groups, highlighting vulnerability at both ends of the age spectrum.
- **Emergency Admissions & Beddays**
- We have significantly higher rates of emergency admissions and associated beddays compared to Scotland, especially for residents aged 65+. These rates are highest in the Clydebank locality.
- **Multiple Admissions (3+)**
- A key challenge is the high rate of individuals with 3 or more emergency admissions per year. For the 85+ age group, our rate is substantially higher than the national average, pointing to a need for enhanced community support for frail older people.
- **Delayed Discharges**
- Bed days lost to Delayed Discharges in the acute sector for all adults has more than doubled since 2019/20. While the rate is now on a downward trend, it remains a critical system pressure.
- **Fall-Related Admissions**
- Fall-related admissions for those aged 65+ are a leading cause of hospitalisation and are significantly higher than the Scottish average. The rate for females aged 65+ is particularly high.
- **Readmissions & Preventable Admissions**
- Rates of emergency readmission within both 7 and 28 days are higher than the Scottish average. We also have a higher rate of Potentially Preventable Admissions (PPAs), indicating opportunities for better proactive care management.

# End of life care

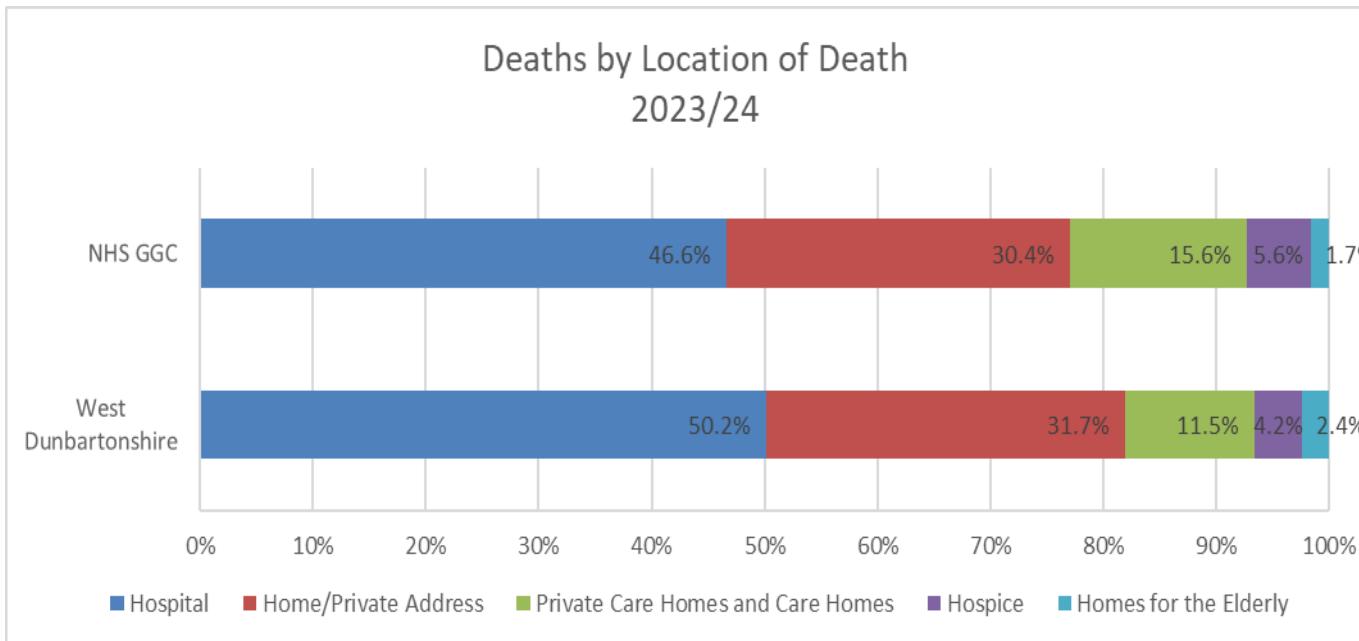
- Chart 1: Percent of last six months of life spent at home or in a community setting (West Dunbartonshire vs. Scotland data for 2016/17 -2023/24p financial years)
- Table 1: Percent of last six months of life spent at home or in a community setting (West Dunbartonshire vs. Scotland data for 2016/17 -2023/24p financial years)



Financial Year	West Dunbartonshire	Scotland
2016/2017	87.9%	87.4%
2017/2018	88.8%	88.0%
2018/2019	89.0%	88.0%
2019/2020	89.2%	88.2%
2020/2021	90.3%	90.2%
2021/2022	89.4%	89.7%
2022/2023	87.6%	88.9%
2023/2024	88.0%	88.9%

# Place of Death

- Chart 1: Proportion of deaths, broken down by place in which death occurred in West Dunbartonshire and NHS GGC in 2023/24
- Table 1: Proportion of deaths, broken down by place in which death occurred in West Dunbartonshire and NHS GGC in 2023/24



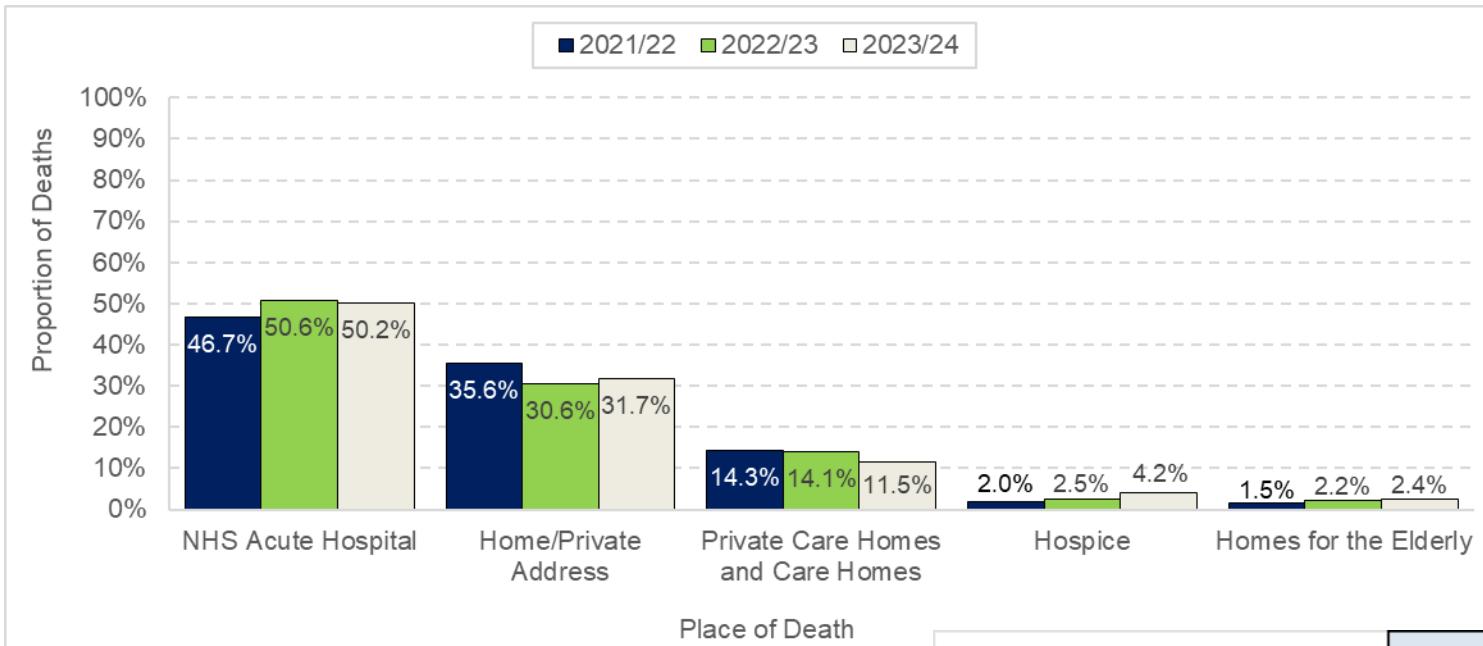
Place of Death	West Dunbartonshire		NHS GGC	
	Number	Percentage (%)	Number	Percentage (%)
Hospital	528	50.19%	5584	46.63%
Home/Private Address	334	31.75%	3645	30.44%
Private Care Homes and Care Homes	121	11.50%	1874	15.65%
Hospice	44	4.18%	674	5.63%
Homes for the Elderly	25	2.38%	199	1.66%

\* Hospital includes NHS, Private and Community Hospitals

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# Place of Death

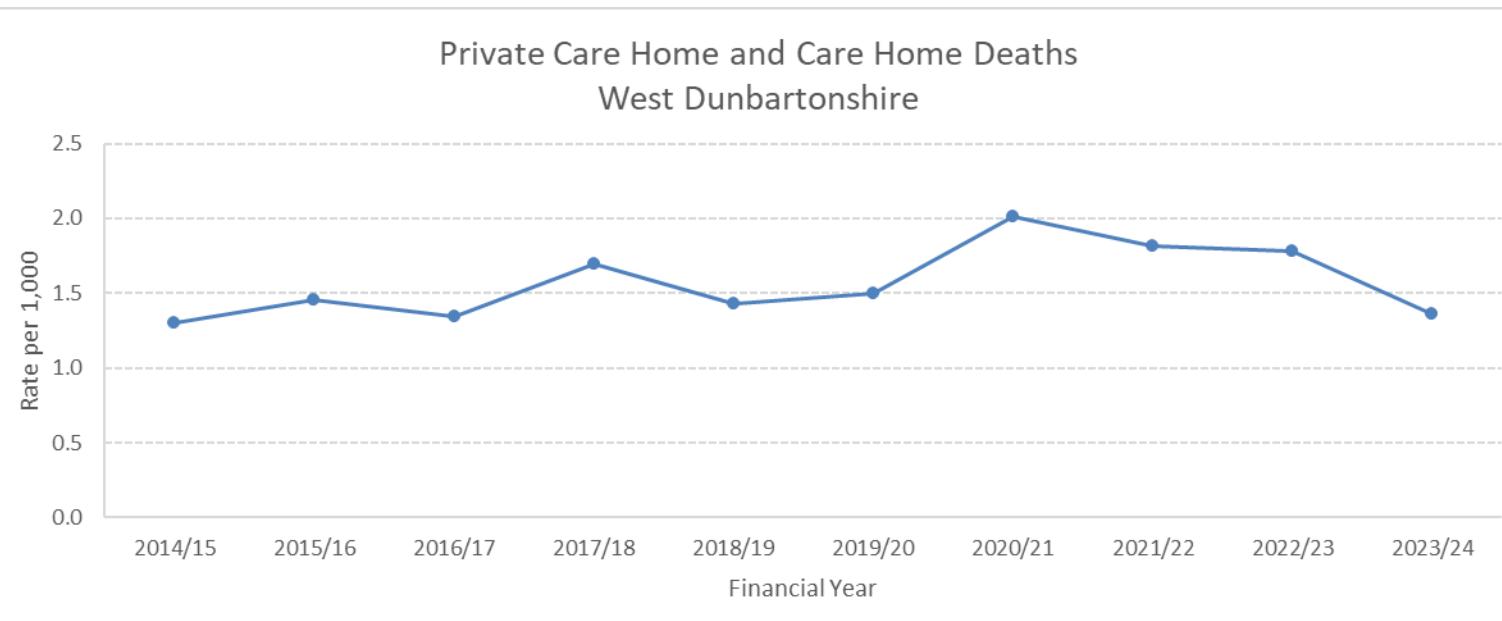
- Chart 2: Proportion of deaths broken down by place in which death occurred in West Dunbartonshire, 2021/22 vs. 2022/23 vs. 2023/24
- Table 2: Proportion of deaths broken down by place in which death occurred in West Dunbartonshire, 2021/22 vs. 2022/23 vs. 2023/24



Place of Death	West Dunbartonshire					
	2021/22		2022/23		2023/24	
	Nbr	%	Nbr	%	Nbr	%
NHS Acute Hospital	526	46.7%	564	50.6%	528	50.2%
Home/Private Address	401	35.6%	341	30.6%	334	31.7%
Private Care Homes and Care Homes	161	14.3%	157	14.1%	121	11.5%
Hospice	22	2.0%	28	2.5%	44	4.2%
Homes for the Elderly	17	1.5%	24	2.2%	25	2.4%
Total	1127	100.0%	1114	100.0%	11052	100.0%

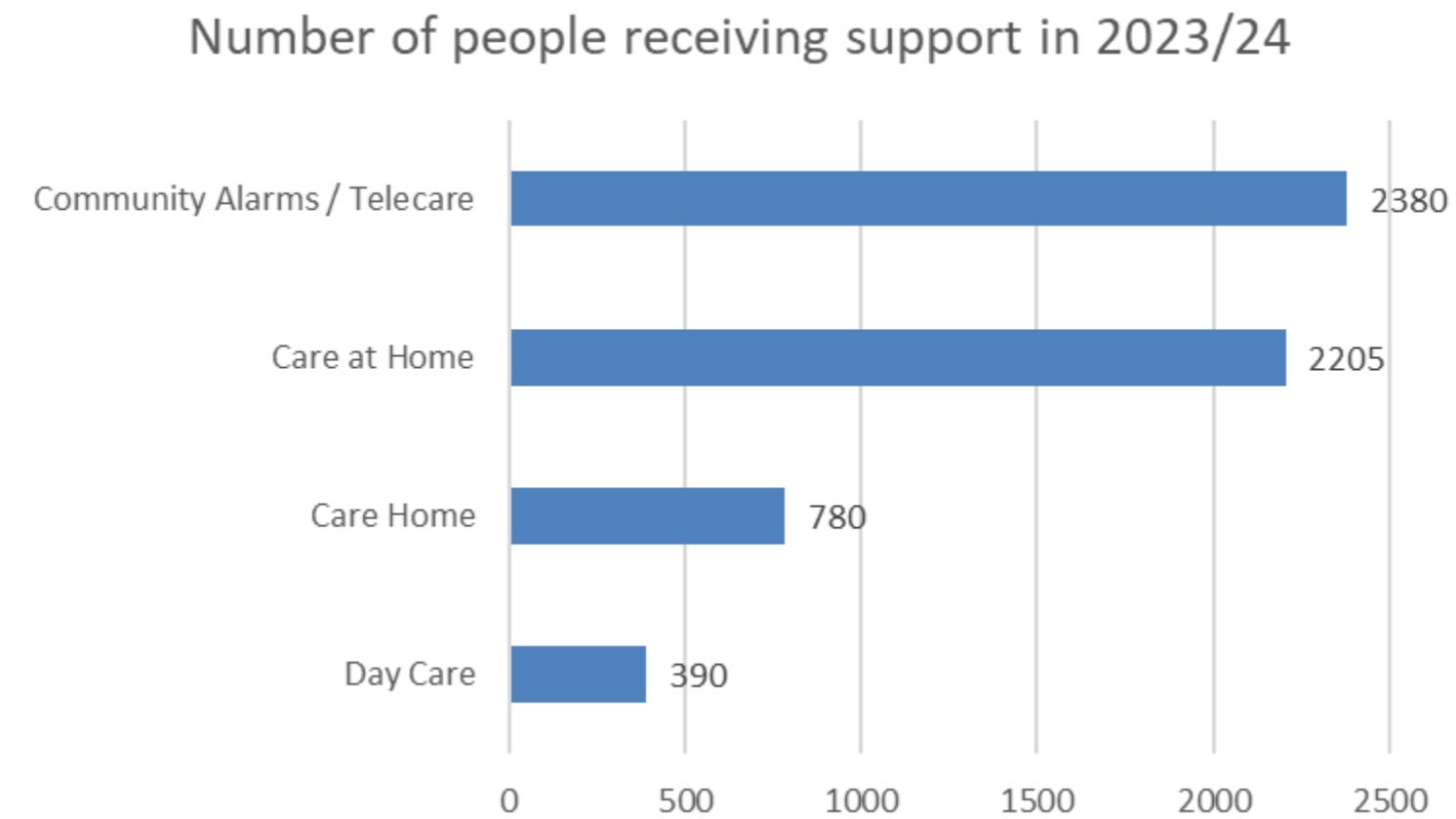
# Place of Death

- Chart 3: Rate per 1,000 population of deaths in private care homes and care homes in West Dunbartonshire, 2014/15 - 2023/24
- Table 3: Rate per 1,000 population of deaths in private care homes and care homes in West Dunbartonshire, 2014/15 - 2023/24

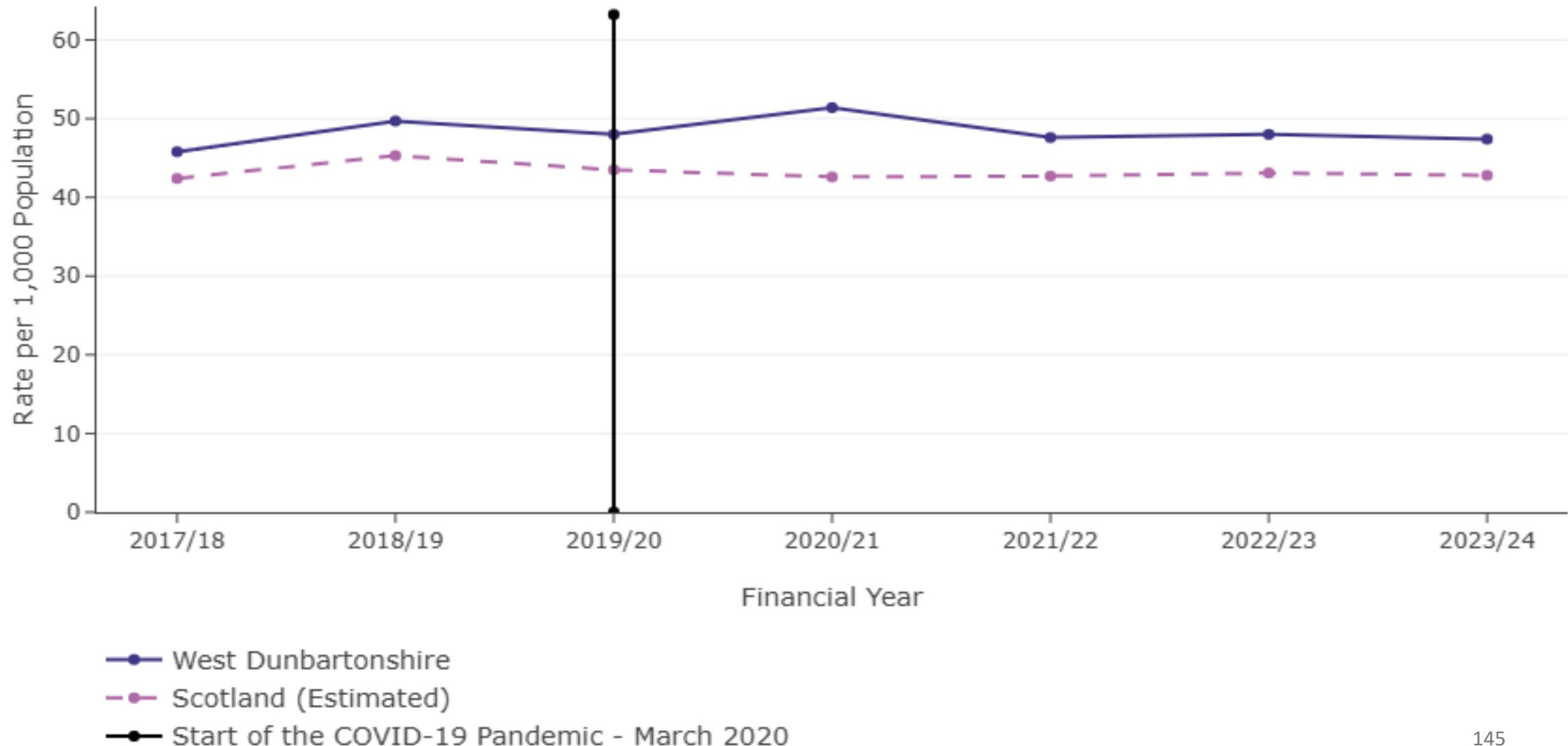


West Dunbartonshire		
Financial Year	Number	Rate
2014/15	117	1.30
2015/16	131	1.46
2016/17	121	1.34
2017/18	153	1.70
2018/19	128	1.43
2019/20	134	1.50
2020/21	179	2.01
2021/22	161	1.82
2022/23	157	1.78
2023/24	121	1.36

# Service Usage – Care at Home, Telecare, Care Home, Day Care

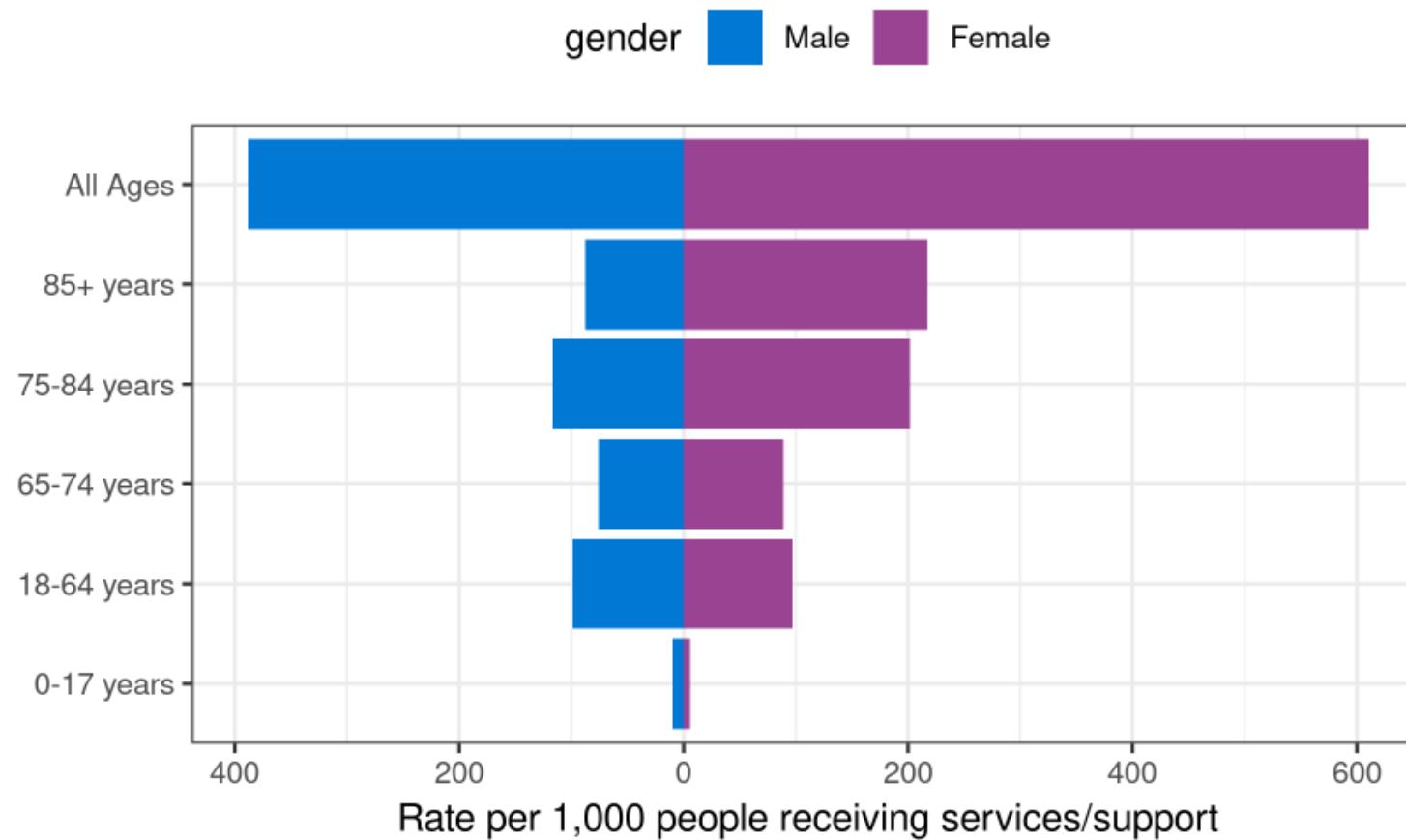


**People receiving social care services / support as rate per 1,000 population  
in West Dunbartonshire and Scotland (Estimated)  
2017/18 - 2023/24**



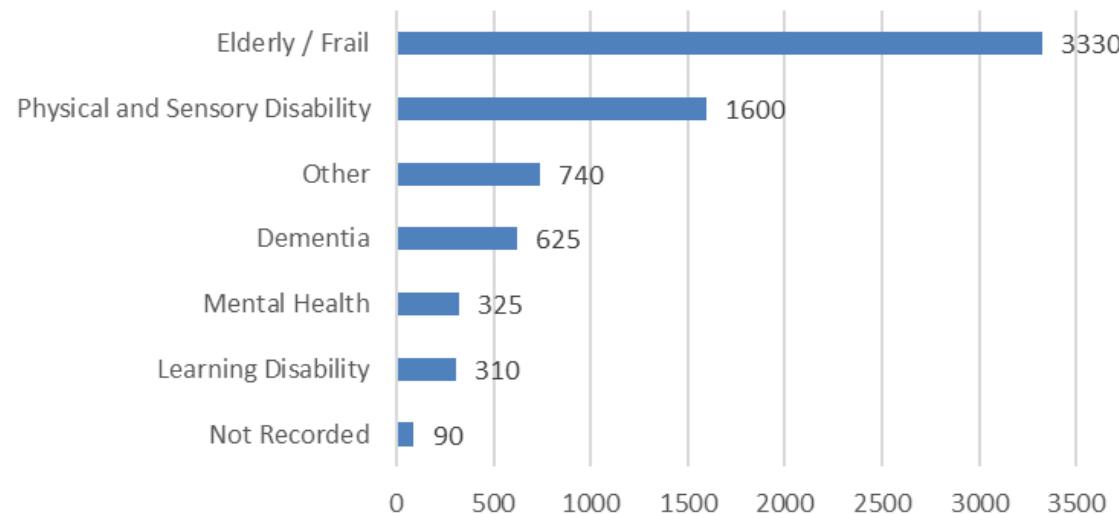
# Demographics – Care at Home, Telecare, Care Home, Day Care

People receiving social care services by age and gender in West Dunbartonshire in 2023/24

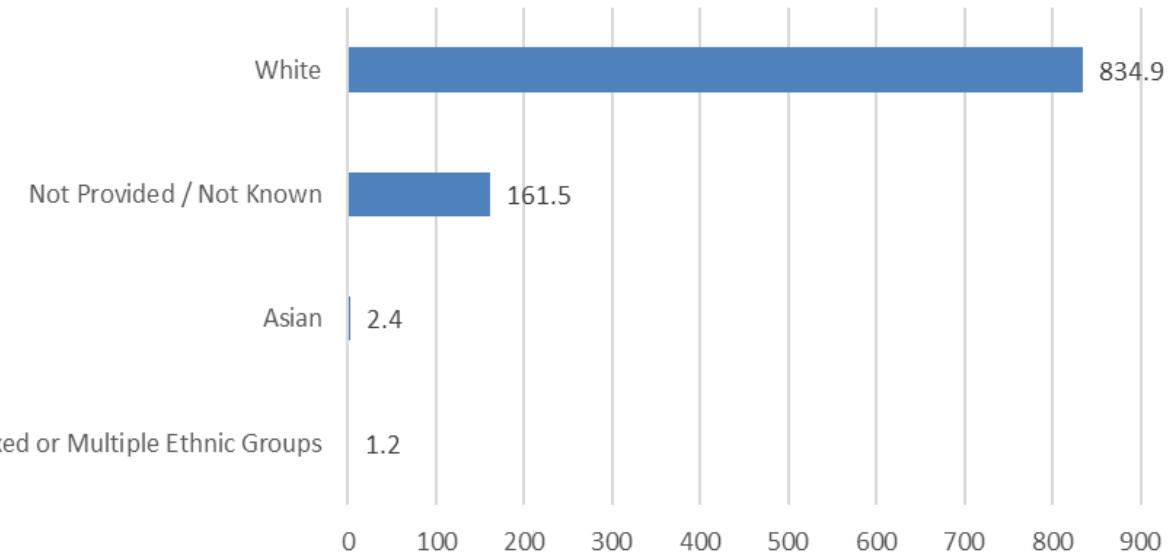


# Demographics – Care at Home, Telecare, Care Home, Day Care

Service User Client Groups: Number of People (More than one may apply)



Service User Ethnicity: Rate per 1,000 population



# Unpaid carers

In WD

- 50 recipients of Young Carer Grant ( for those aged 16-18 in 2025/26 to 30/09/25)
- 211 Adult support carers plan completed in 2024/25
- 2825 people receiving Carer Support Payment -as at September 2025

In Scotland figures from the Scottish Health Survey 2019-2023 combined show that for people aged 16 and over,

- 17% of females and 12% of males are carers.
- People are more likely to be providing unpaid care in their later working years – especially females.
- A quarter (25%) of females aged 45-64 provided unpaid care in 2019-2023 combined.
- two-thirds of unpaid carers (65%) were providing up to 19 hours of unpaid care per week on average.
- 16% were providing 50 or more hours of unpaid care per week on average.

# Census 2022

## All People in West Dunbartonshire providing unpaid care by age and numbers of hours per week

		All people aged 3 and over	Provides unpaid care: Total	Provides unpaid care: 1 to 19 hours a week	Provides unpaid care: 20 to 34 hours a week	Provides unpaid care: 35 to 49 hours a week	Provides unpaid care: 50 or more hours a week
All people aged 3 and over	<b>Total</b>	86076	<b>11311</b>	5876	1194	1169	<b>3072</b>
	<b>3 to 15</b>	12696	259	193	38	8	20
	<b>16 to 24</b>	8381	729	476	102	80	77
	<b>25 to 34</b>	10829	1148	619	103	175	254
	<b>35 to 49</b>	16025	2828	1479	275	344	732
	<b>50 to 64</b>	20433	4295	2437	463	397	995
	<b>65 and over</b>	17711	2047	669	212	165	997

# Summary Community supports

- **Community Support Services**
- As our population ages, the demand for community-based support services like Care at Home and Telecare continues to rise. The vast majority of service users are aged 65 and over, with a significant concentration in the 85+ age group, highlighting the need to build capacity in services that support older people to live independently and safely at home.
- **Care at Home**
- The number of people receiving Care at Home services has remained relatively stable. The majority of users are aged over 75, with females making up a larger proportion of service users.
- **Telecare**
- Telecare service users are predominantly female and over the age of 75. Demand in this area is expected to grow as the population ages and technology evolves to support independent living.
- **Care Homes**
- The demographics of care home residents show a very high concentration of individuals aged 85 and over. This reflects the need for intensive support for our frailest older residents.
- **End of Life Care & Community Support**
- Providing high-quality, person-centred care at the end of life is a key priority. The data shows a reliance on hospital care and highlights the crucial role of community-based support services and unpaid carers.
- **Place of Death & Patient Choice**
- In 2023/24, a larger proportion of deaths occurred in hospital ( 43%) compared to at home ( 25%) or in a care home ( 23%). This trend highlights a potential gap in supporting individuals' preferences to die at home or in a community setting.
- **End of Life in the Community**
- The percentage of the last six months of life that people spend at home or in a community setting is consistently lower in West Dunbartonshire than the Scottish average. This indicates a higher reliance on institutional and hospital-based care towards the end of life.
- **Alcohol-Related Harm**
- The rate of hospital admissions for Alcohol-Related Brain Damage (ARBD) remains significantly higher than both the NHSGGC and Scottish averages. This reflects the serious and complex long-term impact of alcohol misuse, requiring intensive community support services for individuals and families.