

What do I need to bring with me?

If you have a referral letter or paperwork (e.g. from hospital) please bring this with you to your appointment. A list of your medication is not always necessary but may be helpful.

Can I bring someone with me to my appointment?

If you require the assistance of a family member or carer they can accompany you to your appointment.

Appointment information

If, for any reason, you are unable to attend your appointment please telephone the health centre to cancel and if necessary reschedule.

- Clydebank Health & Care Centre
0141 531 6337
- Dumbarton Health Centre
01389 811847
- Vale Centre for Health & Care
01389 828200

If you do not attend your appointment on more than two occasions you will need to be re-referred.

If you are late by more than 10 minutes the nurse may not be able to see you and you will need to make another appointment.

West Dunbartonshire Health & Social Care Partnership

Community Treatment And Care Service (CTAC)

What is CTAC?

CTAC are the Treatment Rooms within your local Health Centres :-

- Clydebank Health & Care Centre
Queens Quay Main Avenue, Clydebank, G81 1BS
- Dumbarton Health Centre
Station Road, Dumbarton, G82 1PW
- Vale Centre for Health & Care
Main Street, Alexandria, G83 0UE

The clinics are staffed by Registered Nurses and Health Care Support Workers; all staff are trained to carry out specific clinical interventions.

CTAC cover all of West Dunbartonshire Health & Social Care Partnership.

What do CTAC do?

The service provides a wide range of nursing procedures for patients who are able to attend the Treatment Room.

Do I need to be referred to the Treatment Room?

You can access the service in two ways :-

- GP referral
- Refer yourself by telephoning
0141 531 6317

CTAC provide the following by GP Referral :-

- ECG (over 16's only)
- Compression bandaging
- Central venous catheter maintenance (PICC/HICKMAN)
- Routine urethral catheter / nephrostomy tube maintenance
- Leg ulcer assessment and Doppler Scan
- Medication administration (e.g. B12 injections)
- PEG tube maintenance
- Phlebotomy (bloods – over 12's only)

You can self-refer to the service for the following :-

- Ear irrigation (over 16's only)
- Management of minor injuries and dressings
- Removal of stitches & staples
- Skin care
- Wound management & tissue viability

How do I make an appointment?

CTAC operate an appointment only service, our Treatment Rooms are open Monday to Friday, excluding public holidays.

If you are referred to CTAC by your GP Practice the Admin staff will telephone you to arrange an appointment, if they are unable to contact you by phone they will post an appointment letter to your home address. If the date/time is unsuitable you can telephone the health centre (details on the letter), where possible they will reschedule your appointment.

If you self-refer to the Treatment Room you should leave the following information on the voicemail :-

- Name
- Date of birth
- Telephone number

The Referral Co-ordinator will call you back; where appropriate they will either schedule a telephone appointment with a Nurse or give you a clinic appointment.

How long does an appointment last?

The length of your appointment will depend on what treatment you are receiving, this can range from 10 minutes to 1 hour; please discuss with staff if you have any concerns.