

We will meet once a week as a group for up to 2 hour sessions. Specially trained group leaders will provide you with the tools to support you and your family.

- We discuss children's development and behaviour.
- Together we help you support your child's language development.
- We help you work out new ways to manage situations at home.
- You can talk to other adults in the same situation as you.

Check if you are eligible to take part by contacting your child's School or Health Visitor



The next group will start on:

Thursday 1st February 2024 9.30am - 11.45am **Bonhill Hub / Community Education Centre** Ladyton, Bonhill, Alexandria

The Incredible Years approach is endorsed by West Dunbartonshire Schools and Nurseries who are also using this approach.



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