

An easy guide to:

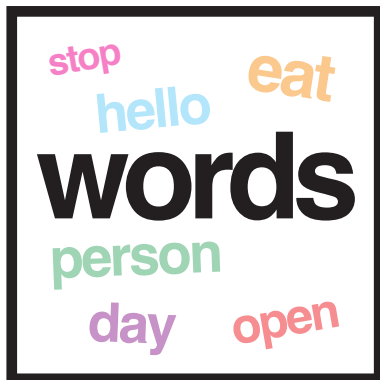
The Eligibility Criteria Policy for Adult Carers



What this document is about



In this document we have used some words that not everybody will understand. We have written these words in **bold**.



If you see a word written in **bold** this word will be explained in the document.



This is an easy read **summary** of the West Dunbartonshire Health and Social Care Partnership's **Adult Carer Eligibility Criteria**.



A **summary** is a short version of a report that tells you only the main points.

Support for Adult Carers



The Health and Social Care Partnership want to support **adult carers** so you can continue to care, if you wish and for you to keep well and enjoy your life.



Who is an **adult carer**?

If you are aged 18 years or older and give or are going to give unpaid care to someone who lives in West Dunbartonshire, you can get help.



You are entitled to an **Adult Carer Assessment and Support Plan** to tell us how caring for someone affects you.



You can complete an **Adult Carer Assessment and Support Plan** by yourself or a worker can help you.

What is the Adult Carer Assessment and Support Plan?



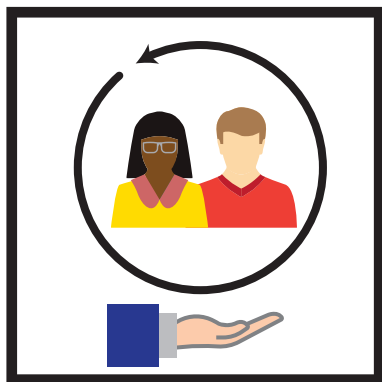
The **Adult Carer Assessment and Support Plan** asks you how caring for someone is affecting your life and whether you need support for you or the person you care for.

What is Eligibility?



This will let us know if you are **eligible** for services from the Health and Social Care Partnership.

If you are not **eligible** for support, you can still get help from Carers of West Dunbartonshire.



Health and Social Care Partnership services can help you have a life alongside your caring role, but we do not have enough services for everything that people might ask for. So we use '**eligibility criteria**' to help decide who needs our services most and what those services should be for.

About eligibility criteria



The **Eligibility Criteria** says that the Health and Social Care Partnership will provide services to adult carers where caring is having a **considerable** or **critical impact** on their lives.



If caring is assessed as having a **low** or **moderate** impact, we will help you find different ways to get help.

Carers of West Dunbartonshire may be able to help you.



Eligibility criteria puts the **impact** of caring into 4 different categories:

- **Low impact**
- **Moderate impact**
- **Considerable impact**
- **Critical impact**



Impact means how caring for someone affects your health, wellbeing and life.

The **Eligibility Criteria** says that we will provide support to carers where the impact of caring is **considerable** or **critical**.

How do I know the impact caring is having?



A worker from the Health and Social Care Partnership or Carers of West Dunbartonshire can assess your needs. They will help you complete an **Adult Carer Assessment and Support Plan**.



An **Adult Carer Assessment and Support Plan** is a form designed to help you think about the impact of caring and what your needs might be.

It will help decide if the impact of caring is **low, moderate, considerable or critical**.

What if I am not happy with my assessment?



If you are not sure or not happy with your assessment tell your worker who will help solve the problem if they can.



If they can't, they will put you in touch with their manager who will try to sort out any problems you have.

If the problem is not solved, you can make a complaint. You can be given help to do this.

Next steps...

If you would like to begin completing an Adult Carer Assessment and Support Plan on your own, a copy can be found online at:

<https://www.carerswd.org/services-assessment/>

Guidance is also available online should you require support completing this.

Alternatively, you can contact Carers of West Dunbartonshire on the number below and they can post a copy of the Adult Carer Assessment and Support and guidance to you in the mail.

If you would like to find out more information about support available to carers or would like support to complete an Adult Carer Assessment and Support Plan, please Contact Carers of West Dunbartonshire on **0141 941 1550**.

<https://www.carerswd.org>

<https://www.wdhscp.org.uk/carers/>