

Useful Contact Numbers

To discuss or report your concerns then please contact the appropriate service:

Duty Contact Details

- Clydebank Area - 01389 811760
- Dumbarton Area - 01389 776499
- wdadult@west-dunbarton.gov.uk

- Out of Hours - 0300 343 1505

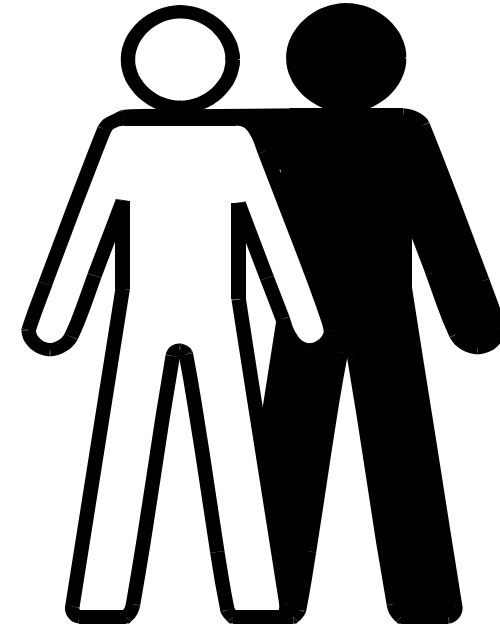
If the adult at risk is in immediate danger and require an emergency service please dial **999**

If the adult at risk would like to report a crime but does not require immediate attention then please contact **101**

For a list of other useful numbers please visit:
<http://www.wdhscp.org.uk/public-protection/adult-support-and-protection/>



Protecting Adults from Harm



What is Harm?

Harm is described as causing injury, upset, wrongdoing, distress or damage to an individual, whether this is **intentional** or **unintentional**.

Harm can come in many forms and in most cases a person may be at risk of more than one type of harm.

Types of Harm

There are many different types of harm, below are some of the most common.

- Physical
- Psychological/Emotional
- Financial/Material
- Sexual
- Self Harm
- Neglect/Self-Neglect
- Mate Crime

Further Information

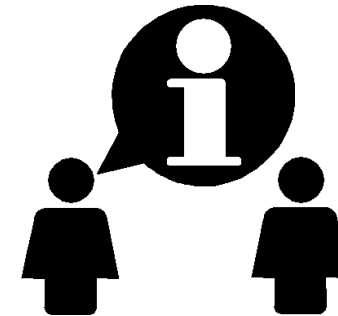
If you would like more information about Adult Support and Protection and adults at risk of harm in West Dunbartonshire then you may find the following websites useful:

Act Against Harm

www.actagainstharm.org

West Dunbartonshire Adult Support and Protection

<http://www.wdhscp.org.uk/public-protection/adult-support-and-protection/>



**Adult Support and Protection
It's everybody's business**

Who Can Help?

If someone you know is being harmed, it is important that you tell someone you trust.

You can speak to:-

- **Social Worker**
- **Doctor or Nurse**
- **Family or Friends**
- **Care Worker**
- **Anyone that will listen to you and report your concerns**

If you are worried about passing on information about someone who is being harmed then you can choose to remain anonymous, however it is important that you pass on your concerns.

**“Adult Support and Protection...
Act against harm”**

Who is at Risk of Harm?

Anyone can be at risk of harm

Some of the signs of harm include:

- Change in behaviour and appearance by client and/or carer
- Bruising or other unexplained injury
- Unexplained physical deterioration
- Showing fear of a particular person or place
- Unwilling to engage with services
- Unexplained difficulty managing finances



**All harm is unacceptable.
If you know or suspect that someone is
being harmed**

TELL SOMEONE