

## Useful Contact Numbers

To discuss or report your concerns then please contact the appropriate service:

### Duty Contact Details

- Clydebank Area - 01389 811760
- Dumbarton Area - 01389 776499
- wdadult@wdc.gcsx.gov.uk
  
- Out of Hours - 0300 343 1505

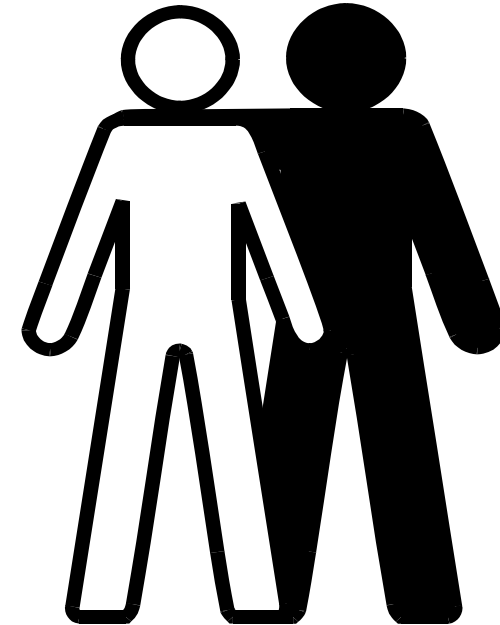
If you are in immediate danger and require an emergency service please dial **999**

If you would like to report a crime but do not require immediate attention then please contact **101**

For a list of other useful numbers please visit:  
<http://www.wdhscp.org.uk/public-protection/adult-support->



## Protecting Adults from Harm



## What is Harm?

Harm can be described as causing injury, upset, wrong doing, distress or damage to an individual.

Harm can come in many forms and in most cases a person may be at risk of more than one type.

## Types of Harm

There are many different types of harm, below are some of the most common.

- Physical
- Psychological/Emotional
- Financial/Material
- Sexual
- Self Harm
- Neglect

## Further Information

If you would like more information about Adult Support and Protection and adults at risk of harm in West Dunbartonshire then you may find the following websites useful:

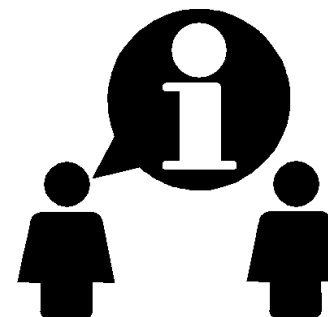
### Act Against Harm

[www.actagainstharm.org](http://www.actagainstharm.org)

### West Dunbartonshire Adult Support and Protection

<http://www.wdhscp.org.uk/public-protection/adult-support-and-protection/>

Or you can telephone the Adult Protection Team on 0141 562 2457 (information only)



## What will happen when the Social Worker visits?

The Social Worker will contact you and explain that they and another person (nurse, social worker, support worker etc.) will visit you/the adult at risk. They may arrange to come to a place where you feel safe, such as a day centre.

During the visit, the Social Worker will ask you/the adult at risk a number of questions about what has been happening and how you/the adult at risk feel about this. You/the adult at risk do not have to answer these questions if you/the adult at risk do not want to and a friend or family member may be present with you/the adult at risk if this would make you/the adult at risk feel more comfortable.

The Social Worker or other person may take notes of what is being said. These will be kept private and will not be shared with anyone unless there is a need to protect you/the adult at risk from being harmed.

**Everyone has the right to feel safe, included and live without fear of harm**

**Adult Support and Protection**

## Who is at Risk of Harm?

### Anyone can be at risk of harm

Some of the signs of harm include:

- Change in behaviour and appearance by client and/or carer
- Bruising or other unexplained injury
- Unexplained physical deterioration
- Showing fear of a particular person or place
- Unwilling to engage with services
- Unexplained difficulty managing finances



All harm is unacceptable.  
If someone is treating you badly

**TELL SOMEONE**

## Who Can Help?

If you or someone you know is being harmed, it is important that you tell someone you trust.

**You can speak to:-**

- **Social Worker**
- **Doctor or Nurse**
- **Family or Friends**
- **Care Worker**
- **Anyone that will listen to you and report your concerns**

If you are worried about passing on information about someone who is being harmed then you can choose to remain anonymous, however it is important that you pass on your concerns.

**“Adult Support and Protection...  
Act against harm”**

## What Happens Next?

A Social Worker will contact you/the adult at risk of harm to discuss what has been happening and what you/the adult at risk would like to happen next. There are a number of things we can do to help, such as:-

- Offer extra support to keep you/the adult at risk safe
- Arrange a meeting where a plan will be arranged to discuss how we can keep you/the adult at risk from being harmed
- Contact the Police on your/the adult at risks behalf if an offence has been committed
- Take action to stop the person who has harmed you/the adult at risk from visiting your/the adult at risks home
- Ensure that you/the adult at risk have access to treatment from a wide range of professionals
- Support you/the adult at risk to find a voice and refer you/the adult at risk to Advocacy Services
- Find you/the adult at risk somewhere safe to stay while things are being sorted out

The Social Worker will involve you/the adult at risk at every step and your/their views and opinions will be