





Chief Officer: Keith Redpath

West Dunbartonshire Acquired Brain Injury Managed Care Network

Note of meeting held on Tuesday 21st March 2017 Held at Richmond Fellowship, Leven Valley Enterprise

Present:

Dr Jean McFarlane, ABI Consultant Clinical Neuropsychologist (chair) Angela Sprott, ABI Service Co-ordinator, WD HSCP(minutes) Karen Marshall, Strategy Officer, WD HSCP Alistair Stewart, Social Worker, ABI Service, WD HSCP Karen McGroarty, Carers Centre Rhona, Community Volunteer Centre Marc Grierson, Richmond Fellowship Scotland, ARBD Service

Apologies:

Julie Lusk, Head of Mental Health, Learning Disabilities & Addictions, WD HSCP Marie Rooney, Integrated Operations Manager, WD HSCP Wendy Jack, Planning and Improvement Manager, WD HSCP Valerie Breck, Operational Director, Visibility Caroline Ryan, Manager, West End Project Jesamine Griffin, Service Manager, Cornerstone Community Care Aileen Fergusson, Programme Manager, SABIN Kay Forbes, Huntercombe Chris Daly, Chair, BIEN Norma Daly, Carer Steven Cochran, Social Convener, BIEN Graeme Gillies, Support Worker, ABI Service, WD HSCP

1. Welcome/Apologies

Dr Jean McFarlane (Chair) welcomed everyone to the meeting and thanked the Richmond Fellowship for hosting today's meeting. As in previous meetings, everyone introduced themselves and the organisation they were representing.

2. Previous minutes and matters arising

MCN members agreed the minutes from 20th September 2016 and that matters arising are within the current meeting's agenda. It was agreed that the action regarding BIEN feed back on their Facebook page, would be held over until the next meeting as no one from BIEN was available today.

3. Work Streams

Jean reminded the network of our agreed priority goals:

- To provide ABI training.
- To support and facilitate a research project for ABI.
- To ensure people with ABI have SDS.

Discussion took place at the meeting regarding what work streams were appropriate to action in 2017. No new streams were identified and it was agreed to continue with: Training, SDS and Research.

In addition, Angela to feed back to the network on any ABI Standards information, e.g. from the local ABI development Forum /SABIN.

3.1 Self-Directed Supports.

Karen M suggested that it would be helpful if the network had an update regarding SDS progress from the SDS Team. It was agreed to invite them along to speak at the next MCN meeting. Alistair agreed to bring a case study for information and discussion about how SDS has been utilised to provide a bespoke package for someone with ABI.

ACTION:

Angela to invite SDS team to next MCN meeting to discuss current SDS progress in West Dunbartonshire and nationally.

Alistair to present a case study at next MCN meeting.

3.2 Training (Jean)

Jean fed back that the West Dunbartonshire ABI Training Team (BIEN and ABI team) provided Basic Brain Injury Awareness training to Service Providers and Personal Assistants in 2016 and will offer further training to MCN partners in 2017. Jean discussed the progress of the Head Injury and Offending report which is sitting with the Scottish Justice Committee, and fed back that the ABI Training team has provided a pilot training session in 2016 to West Dunbartonshire Criminal Justice workers. Further liaison and training will be developed in 2017.

Other service areas identified to be approached regarding ABI training were discussed. The MCN agreed that Housing (workers involved with Domestic Violence and Homelessness in particular) colleagues should be contacted to offer training.

It was noted that Prof Dutton had attended a BIEN meeting to deliver some training on visual impairment. This meeting had included some ABI Carers and was well received by the group. Karen Mc suggested that she could attend any future BIEN meetings which include Carers and would be able to offer them information about Carers supports and training available to them.

ACTION:

Jean to continue to work with BIEN to deliver training and feed back to the MCN.

Angela to contact Housing colleagues to offer ABI Training.

Angela to liaise with Karen about future BIEN events.

3.3 Service standards (Angela)

The ABI Service has not had a recent service development forum, with Angela to feed back on progress at next MCN meeting. Angela informed the MCN that a recent Care Inspection of the ABI Service had taken place and the service was delighted to have received Grade 6. Angela noted the invaluable input and partnership working of the MCN in the delivery of ABI services locally, and thanked members for their continuing support, work and commitment to good quality services for people affected by brain injury in West Dunbartonshire.

SABIN is launching their new E-Learning on 31st March, which is available free on their website. Members agreed to look at this and feed back comments through the network.

ACTION:

Angela to feedback about the ABI Service Development Forum at the next meeting.

All network members to access SABIN E-Learning and feedback comments at next MCN meeting.

3.4 Research (Jean)

The ABI Service and BIEN have been working alongside the University of Glasgow on a research project called 'INITIATE'. This is looking to develop assistive technologies to improve physical activity and engagement in meaningful activities. Focus groups have been held to discuss some of the barriers for those with a brain injury to participating in meaningful activities and how a piece of assistive technology could help with that. Matt Jamieson, Researcher is completing a paper on this and will feedback on findings gained. He is then hoping to work with the ABI Service and BIEN to develop another piece of follow up research with assistive technology designed from the findings.

ACTION:

Jean to update at the next meeting how the research project is progressing.

4. Network Member Service Updates

Richmond Fellowship-Marc gave a short presentation about Richmond services locally and nationally. They have been operating in Scotland since 1993 and support over 2,500 people. With issues around Mental Health, Autistic Spectrum, ABI and ARBD. In West Dunbartonshire they provide individual support for ABI, ARBD and Mental health, and they run a Groupwork service. Richmond have successfully opened a Supported Accommodation in Balloch for 4 clients, with potential for a further 12. Richmond have experience of supporting complex service users, including those from long-term hospital returning to the community, and Marc gave some case examples.

<u>HSCP Strategy</u>- Karen M fed back on recent Child care inspection and informed the MCN about future Adult inspections being of both Health and Social Care. Karen discussed possible areas of inspection and the MCN were interested in particular about the issue of SDS and were keen to look at how SDS is progressing for people affected by ABI. Karen encouraged network members to send any information they feel is relevant for inspection to her at the Strategy section.

<u>Carers Centre</u> – Karen informed the meeting that the Carers Centre is 10 years old and is holding celebration events throughout 2017. They remain busy with referrals and supporting Carers locally. They run a number of groups for carers including leisure groups, dementia, and long term conditions. They also run the West Dunbartonshire independent SDS support service for carers. They have a 2 year project – SEARCH -Support and Education for Alcohol Related Challenges in the Home, which is currently being evaluated with results looking good and hoping for future funding. Karen arranges a variety of different training for Carers including palliative care training, a session is available in May 2017, and can tailor training to individual needs.

<u>CVS</u>-Rhona fed back that CVS continues to match volunteers to appropriate opportunities and provides awareness sessions for potential volunteers to meet services/employers. In addition they run a 6 week course for volunteers with additional needs; Health walks; Toe to Toe podiatry for older people; and are currently developing activities/events for **Volunteers week which is from 1st to 7th June 2017**. CVS deliver a number of services to support local individuals and services.

4. Any Other Competent Business

<u>Future Speakers at MCN meetings</u>: It was agreed that Professor Gordon Dutton's presentation was extremely useful and members would like further speakers to attend at future MCN meetings. Suggestions included Professor Tom McMillan, SABIN Manager Aileen Fergusson, SDS worker.

ACTION:

Jean to approach speakers to attend future MCN meetings for 2017.

<u>HIIDS (Head Injury Information Day)</u> is being held on May 10th 2017 in the Hilton Double Tree Hotel Glasgow, from 9am to 3:30pm. Steven from BIEN is presenting at this event and BIEN will be taking a stall. The event is free to attend and has been very popular in previous years with stalls, education and experiences sessions throughout the day.

5. Date of next meeting:

Monday 19th June @10am. Bruce Centre, Joint Hospital Campus, Dumbarton G82 5JA.