

Useful Contact Numbers

To discuss or report your concerns then please contact the appropriate service:

Learning Disabilities: 0141 562 2333

Adults / Older Adults: 01389 737020

Clydebank Mental Health: 0141 941 4400

Dumbarton/Vale Mental Health: 01389 812070

Clydebank Addiction Team: 0141 562 2311

Dumbarton/Vale Addiction Team: 01389 812018

Out of hours Social Work: 0300 343 1505

If you are in immediate danger and require an emergency service please dial **999**

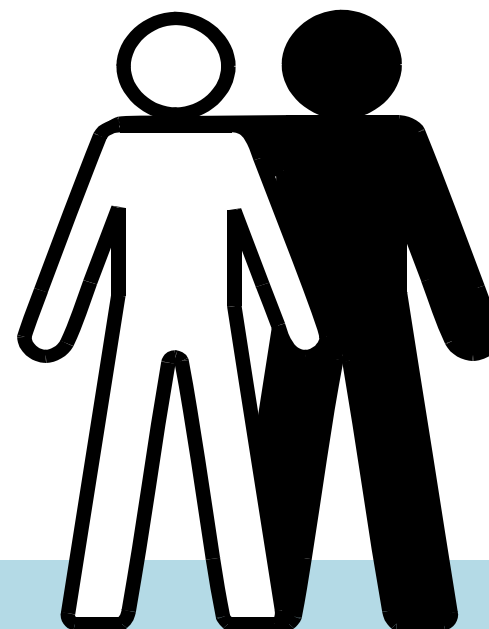
If you would like to report a crime but do not require immediate attention then please contact **101**

For a list of other useful numbers please visit:
<http://www.wdhscp.org.uk/public-protection/adult-support-and-protection/>



Adult Protection Committee
"working together to protect adults"

Protecting Adults from Harm



What is Harm?

Harm can be described as causing injury, upset, wrong doing, distress or damage to an individual.

Harm can come in many forms and in most cases a person may be at risk of more than one type.

Types of Harm

There are many different types of harm, below are some of the most common.

- Physical
- Psychological/Emotional
- Financial/Material
- Sexual
- Self Harm
- Neglect

Further Information

If you would like more information about Adult Support and Protection and adults at risk of harm in West Dunbartonshire then you may find the following websites useful:

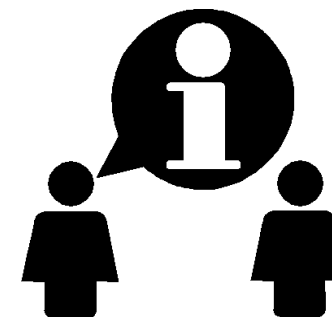
Act Against Harm

www.actagainstharm.org

West Dunbartonshire Adult Support and Protection

<http://www.wdhscp.org.uk/public-protection/adult-support-and-protection/>

Or you can telephone the **Adult Protection Team** on 0141 562 2457 (information only)



What will happen when the Social Worker visits?

The Social Worker will contact you and explain that they and another person (nurse, social worker, support worker etc) will visit you. They may arrange to come to your home or another place where you feel safe, such as a day centre.

During the visit, the Social Worker will ask you a number of questions about what has been happening to you and how you feel about this. You do not have to answer these questions if you do not want to and you may have a friend or family member with you if this would make you feel more comfortable.

The Social Worker or other person may take notes of what is being said. These will be kept private and will not be shared with anyone unless there is a need to protect you from being harmed.

Everyone has the right to feel safe, included and without fear of harm

**Adult Support and Protection
It's everybody's business**

Who is at Risk of Harm?

Anyone can be at risk of harm

Some of the signs of harm include:

- Bruising or other unexplained injury
- Change in behaviour and appearance by client and/or carer
- Unexplained physical deterioration
- Showing fear of a particular person or place
- Unwilling to engage with services
- Unexplained difficulty managing finances



All harm is unacceptable.
If someone is treating you badly

TELL SOMEONE

Who Can Help?

If you or someone else is being harmed, it is important that you tell someone you trust.

You can speak to:-

- **Social Worker**
- **Doctor or Nurse**
- **Family or Friends**
- **Care Worker**
- **Anyone that will listen to you and report your concerns**

If you are worried about passing on information then you can choose to remain anonymous, however it is important that you pass on your concerns.

**“Adult Support and Protection...
Act against harm”**

What Happens Next?

A Social Worker will contact you/the adult at risk of harm to discuss what has been happening and what you would like to happen next. There are a number of things we can do to help, such as:-

- Offer you extra support to keep you safe
- Arrange a meeting where a plan will be arranged to discuss how we can keep you from being harmed
- Contact the Police on your behalf if an offence has been committed
- Take action to stop the person who has harmed you from visiting your home
- Ensure that you have access to treatment from a wide range of professionals
- Support you to find a voice and refer you to Advocacy Services
- Find you somewhere safe to stay while things are being sorted out

The Social Worker will involve you at every step and your views and opinions will be listened when looking at ways to keep you safe.