





Chief Officer: Keith Redpath

# West Dunbartonshire Acquired Brain Injury Managed Care Network

Note of meeting held on Monday 6<sup>th</sup> June 2016 Held at Community Volunteer Centre, Clydebank

#### **Present:**

Dr Jean McFarlane, ABI Consultant Clinical Neuropsychologist (chair) Angela Sprott, ABI Service Co-ordinator, WD HSCP Rachel Jack, Assistant Psychologist, ABI Service, WD HSCP (minutes) Steven Cochran, Social Convener, BIEN Group Karen McGroarty, Carers Centre

### **Apologies:**

Wendy Jack, Strategy and Policy Manager, WD HSCP John Russell, Head of Mental Health, Learning Disabilities & Addictions, WD HSCP Karen Marshall, Strategy Officer, WD HSCP Marie Rooney, Integrated Operations Manager, WD HSCP Jesamine Griffin, Service Manager, Cornerstone Community Care Selina Ross, Community Volunteer Centre Aileen Fergusson, Programme Manager, SABIN Valerie Breck, Operational Director, Visibility Caroline Ryan, Manager, West End Project Kim McNab, Carers Centre Chris Daly, Vice Chair, BIEN Group Norma Daly, Carer Alistair Stewart, Social Worker, ABI Service, WD HSCP Graeme Gillies, Support Worker, ABI Service, WD HSCP

#### 1. Welcome/Apologies

Dr Jean McFarlane (Chair) welcomed everyone to the meeting and thanked them for attending. As in previous meetings, everyone introduced themselves and the organisation they were representing.

#### 2. Previous minutes and matters arising

MCN members made small changes to the previous minutes (7<sup>th</sup> December 2015) and agreed that all matters arising are within the current meeting's agenda.

# 3. Work Streams

Terms of Reference (Jean): Changes are being made and will be circulated upon completion.

**ACTION:** Comments and considerations to the new Terms of Reference on circulation are welcomed. Next years work streams and objectives will be discussed at the next meeting.

# 3.1 Self-Directed Support (SDS)

Carers Bill has been passed. Karen wanted to let the network know that the Carers Centre can support carers or the cared for person with SDS and help them through the process.

**ACTION:** Karen to email Carers Bill for circulation around the network.

# 3.2 Data Mapping (Wendy)

It was agreed that this agenda item would be carried over to the next meeting.

#### 3.3 Service Mapping (Angela)

Angela has discussed the MCN webpage with Lisa and the webpage information has now been updated for this year.

**ACTION:** BIEN to update at the next meeting on progress to their Facebook page.

# 3.4 Training (Jean)

The ABI Service information pack has now been updated for 2016-2017. In addition to collating information from previous service user feedback and Care Inspectorate standards, the service used feedback from the hospital discharge training evaluations to ensure the pack provides useful information for service users, carers and practitioners.

The MCN is awaiting the Criminal Justice and Offending report being released, this extensive document has been produced and includes recommendations on screening, training and follow up. It will be released on the National Prisoner Healthcare Network in the next few weeks. Angela confirmed that the ABI service has offered to be involved in any pilots following the recommendations of the report.

West Dunbartonshire Criminal Justice Social Work colleagues have agreed to undertake Brain Injury Awareness training, a provisional date has been set for a basic training course with the possibility of something more advanced following the report recommendations. Jean completed training at Teesside University regarding self identity after brain injury. Teesside are looking to set up a similar group to BIEN. Jean has passed information onto them and Steven noted that they would be welcome to contact him or visit BIEN to discuss further.

The ABI training team delivered training to the Community Volunteer Service (CVS) in April 2016. Feedback from this was positive and continues to particularly comment on the survivors experience part of the session.

Training for Personal Assistants will take place in August. Steven related that being part of the training team was something that the brain injury survivors in the ABI training team relish and that they are looking forward to future training sessions.

Every year the network considers the training and support needs of unpaid carers and family members. 1:1 education sessions have been well received in the past and will continue to be offered. Last year information was sent around with the opportunity for carers to meet with Karen and Angela at a Carers information session, however no-one attended. At the meeting they discussed the possibility of having another event this year or the ABI team going to one of the Carers Centre support groups to give a short talk. The network agreed to set up a Carers Information session at the Carers Centre and for Angela to arrange a Carers support needs questionnaire.

Karen spoke about the Time for Me Grant. This is a grant for up to £300 in which carers can apply for a short break either on their own, with a friend, or with the person they care for.

**ACTION:** Teesside University will provide feedback to Jean on their new client group in six months time. Angela to send out invite and flyers for next carers meeting. Angela to send out questionnaire to carers.

# 3.5 Service standards (Angela)

Jean said that Aileen Fergusson from SABIN's clinical national network was unable to make today's meeting or the one planned in September. She will try to attend the meeting in December.

Angela said that SABIN's work streams centre on pilot work with ABI hospital wards and they are looking at putting training online.

The ABI Service have not had another service development forum as yet, however, the Terms of Reference and Service Plan have been drafted.

**ACTION:** Angela to feedback about the ABI Service Development Forum at the next meeting.

# 3.6 Research (Jean)

The Neuropsychological Rehabilitation Special Interest Group will be holding their World Conference in Glasgow in July (11th-12th). The MCN were shown draft posters from the ABI team on the Managed Care Network and the poster created by BIEN. The feedback from the MCN was that the BIEN poster will be an important one for attendees at the conference to consider with regards to promoting the benefits of peer support following brain injury. BIEN are attending the conference with thanks to Irwin Mitchell for their sponsorship.

Rachel stated she is beginning to work with Matthew Jamieson, Researcher at Glasgow University, on a project called 'INITIATE'. This is looking to develop assistive technologies to improve physical activity and engagement in meaningful activities. This is still to go through ethics and will begin at the end of summer. MCN members commented on the inclusive methodology that Matt is planning to undertake with BIEN members, by him starting the research project by asking them what technology they use, what would be helpful and then taking this forward with PhD students to try to create new technology if there is nothing currently in use that can be used.

**ACTION**: Rachel to update at the next meeting how the research project is progressing. Matthew Jamieson to speak at a future MCN regarding his research.

# 4. Any Other Competent Business

Events:

- BIEN's 10 year AGM will take play on 15<sup>th</sup> June 2016. The MCN noted the achievements of BIEN and congratulated them on their success, wishing them well in their future work.
- Neuropsychological Rehabilitation Special Interest Group, 11<sup>th</sup> and 12<sup>th</sup> July 2016, Hilton Grosvenor, Glasgow.
- Head Injury Information Day: 11<sup>th</sup> May 2016: This was a successful day with around 200 attendees. A service user from the Sunshine Group told his story and SHIMS played which proved very popular.

- SHIF had their AGM on 26<sup>th</sup> May 2016, and we are delighted to note that network member Kay Forbes was confirmed as the new chairperson. Angela Sprott and Alistair Stewart were confirmed as Secretary.

# 5. Date of next meetings:

Please note there has been a change of date to September's meeting due to a number of network members being unavailable.

# Tuesday 20<sup>th</sup> September 10am – 12pm

Location: West End Project, Unit 10/11, Leven Valley Enterprise Centre, Dumbarton, G82 5BN

# Monday 5<sup>th</sup> December 10am – 12pm