



Health & Social Care Partnership



West Dunbartonshire Adult Protection Committee

Communication Toolkit



# Dunbartonshire COUNCIL Greater Glasgow and Clyde

# West Dunbartonshire

## Health & Social Care Partnership

## **Communication Toolkit**

## Background:

In August 2012, the 5 national priorities for Adult Support and Protection were agreed by Scottish Government for the years 2013-14. One of the priorities included Service User and Carer Involvement in Adult Support and Protection and a working group was established with the objective to obtain Service User and Carer feedback regarding their preferred methods of engagement with the ASP processes and explore ways to improve their involvement.

The working group conducted a number of studies across various client groups and made the following recommendations:-

- Improve the model for holding 'case conferences'
- Better use of communication tools for communicating with service users and the public. Improve professional awareness of communication techniques and access to public awareness materials to meet different communication needs.
- Make clearer links between ASP and carers legislation.
- Scope technologies available in other areas e.g. fire and rescue, dementia to see if of value in ASP
- Set up a virtual user carer network/feedback group through representative organisations to give users and carers a voice at national level. Improve prevention by developing community connections to help disseminate the ASP message.
- Develop a national store of public awareness material.
- Develop ASP brand to increase visibility and memory at national and local level.
- Provide/disseminate list of national helplines/agencies.
- Carry out & disseminate a full literature review on user carer engagement and awareness raising.
- Ask practitioners what research if any would assist them to improve outcomes. Commission research where needed.



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In response to these recommendations, the Practice and Communications Subcommittee agreed to develop a "Communication Toolkit" for Council Officers to access and utilize throughout the ASP Process.

## How to use the Toolkit:

The toolkit has a wide range of resources to use which have been developed and reviewed by a number of agencies and professionals. Not every resource will be appropriate to each client and it is the Council Officer's decision when to use certain materials. Guidance on how to use each resource should be found attached to the document.

Please note that the Toolkit does not exempt the need for Speech and Language Therapy input.

#### Review:

The contents and success of the Toolkit will be reviewed by both clients and professionals on a regular basis.





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- Protection Orders
- Comic Strip Story of Harm
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- General Symbols

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- Easy read minutes

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- Managing Risk Within My Life Plan
- · What is Important to Me





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Section 1 – Easy read Adult Protection information for clients and service users







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## Easy read overview of Adult Protection Process

What happens when an adult is at risk of harm?

1



Someone tells the Police, Social Work or a Health Worker that they think an adult might be at risk of harm.

2



Social Work will try to find out if the adult is at risk of harm. Sometimes the police will do this too.

3



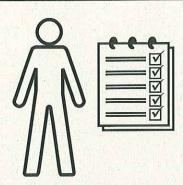
A decision will be made about if anything needs to be done.





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If they are still worried about the adult, something called an **investigation** will happen. This means that Social Work will have some meetings and speak to the adult at risk of harm. They will try to get information to be sure if the adult is at risk of harm or not.

5



Social Work will tell the adult at risk of harm that the investigation is happening. They will check with the adult at risk of harm if it is O.K. to visit them or talk to them. The adult at risk of harm must give their **consent**. This means that Social Work can't make the adult at risk of harm do or talk about anything they don't want to.

6



Social Work will then talk to the adult at risk of harm about worries about their safety. If the adult at risk of harm needs someone to help them talk to people then this will be arranged. They will also ask if it is O.K. to talk to other people, like family, friends and health and care workers.





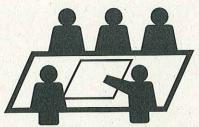
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Social Work might ask for something called a Protection Order. These are special arrangements which can be made to keep an adult safe from harm. It is important that the adult at risk of harm is told they can say "no" to a Protection Order. If an adult at risk of harm says "no" the Protection Order usually cannot happen.

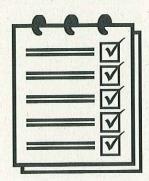
8



Social Work will then give their ideas about what should happen next. They will tell the adult at risk of harm what their ideas and plans are. If they are worried about harm they might arrange a case conference.

9





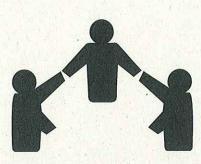
Case conferences are meetings where lots of people talk about an adult who at risk of harm. The people share information to make sure that everyone knows the facts in the situation. Then they make a plan to stop harm in the future.





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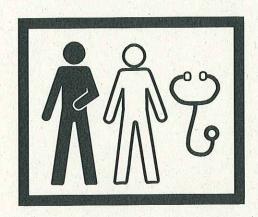
Everyone must keep working together to keep the adult at risk of harm safe. It is important that the adult is given the chance to live their life as freely as possible.

## Information about Protection Orders

Protection Orders are special arrangements which can help keep an adult safe from harm. **Social Work** asks a law worker called a **Sheriff** for a Protection Order. It is important that the adult at risk of harm is told they can say "no" to a protection order. If an adult at risk of harm says "no" the Protection Order usually cannot happen.

There are three kinds of Protection Order. These are -

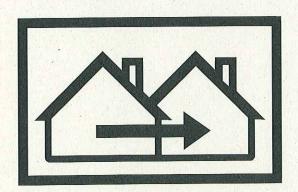
## 1. Assessment Order



An Assessment Order lets someone from Social Work take an adult at risk of harm to a safe and private place. At the safe and private place the adult can be asked about harm. A doctor or another health worker can do any health checks that are needed.

The assessment order lasts for 7 days after the Sheriff agrees it can happen. This means that the visit to the safe and private place must start and finish in less than 7 days. It usually happens sooner and takes much less time.

## 2. Removal Order



A Removal Order lets someone from Social Work take an adult at risk of harm to a safe place. This is to keep the adult free from harm. The safe place will be written in the removal order. The adult

at risk of harm is not locked up, they can leave the safe place if they want or need to.

The removal order lasts for 7 days after the Sheriff agrees to it. The Sheriff can make the time shorter.

## 3. Banning Order



A Banning Order helps keep a person who might hurt an adult at risk of harm away from that adult. The Banning Order tells a person to keep away from one place. This is usually a place where the adult at risk of harm lives, works or visits a lot. The place is written on the Banning Order. A Banning Order will only be made when an adult is at risk of very bad harm. It will help to keep the adult safe from harm.

A Banning Order can last for up to 6 months.

# EVERYONE HAS A RIGHT TO LEAD A FULL LIFE, BUT NO ONE SHOULD FACE HARM ALONE.



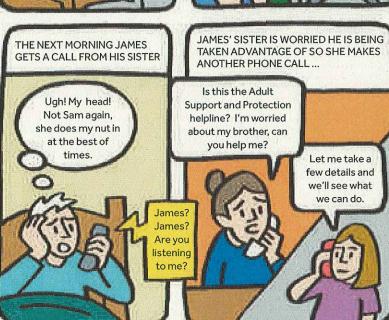
That's why there are Adult Support and Protection services across all Scottish Local Authorities. Here is a story about how it can work.



































#### JAMES HAS A FEW PROBLEMS:

- He can't trust his friend Kate as much as he thought.
   But he has feelings for her and doesn't want anyone picking on her least of all the police.
- He does get really down sometimes—and this has got him down.
- And his sister either wants Kate moved out of their building, or wants to move him.

If you were in his shoes, what would you do?

What kind of help would you want?



Look, my sister is never going to let do you think you can help me?



There are things we can do so you can keep your money safe and still go out. It'll mean working together. What do you say to a meeting with everyone who can help support you?

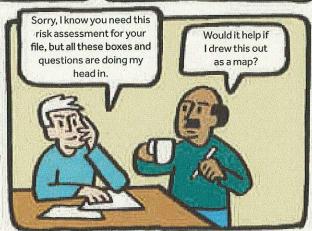




I don't like telling others my business, but if he can help me stand up to Sam it'll be worth it.

PAT AND TED, AN ADVOCACY WORKER, ARRIVE AT JAMES' HOUSE...













And James what do you think you need to have in place so friends respect your needs?

friends, it's my sister that causes me the most hassle. I wish she'd let me live my life.



























#### Look...

- if I install a key safe and keep my bank card in there,
- only take them out when I'm with support staff,
- and only take cash when I'm going to the pub,

I can keep my money safe and still go out when I want to.













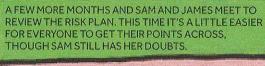














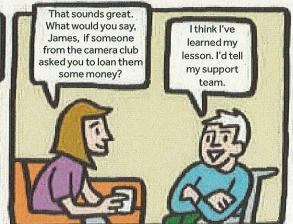
PAT THINKS JAMES CAN MANAGE WITHOUT ANY FURTHER HELP FROM THE ADULT SUPPORT AND PROTECTION SERVICE. A FEW DAYS AFTER THE REVIEW MEETING SHE STOPS BY TO SAY GOODBYE.























This is where we leave James' story. We'd like you to think of a few questions:

- What did you think James did well in this story?
- If you found yourself in a situation where someone was harming you or someone you knew: how would you like social work to work with you? What tools would you need?

For more information on Adult Support Protection go to: www.actagainstharm.org/useful-links/index.html

If you or someone you know could use support working through problems like those James has had, here are some useful contact numbers:

# Helpline and other services to support people in a crisis:

Voice UK

www.voiceuk.org.uk Helpline: 08088028686

Act Against Harm www.actagainstharm.org

Action on Elder Abuse www.elderabuse.org.uk Helpline: 0808 808 8141

Domestic Abuse Hotline Helpline: 0800 027 1234

Victim Support Scotland www.victimsupportsco.org.uk Helpline: 08456039213

Rape Crisis Scotland www.rapecrisisscotland.org.uk Tel: 08088010302

Dealing with Loss and Grief Relationships Scotland www.relationships-scotland.org.uk

BSLD (Bereavement Support for People with a Learning Disability) www.bereavementanddisability.org.uk

NHS Resource on Learning Disability and Bereavement

www.heron.nhs.uk/specialist\_directory/ bereavement/ld\_bereavement.htm Information from support organisations on citizenship, keeping safe, and having a say:

InControl
Resources for Safeguarding
www.in-control.org.uk/resources/
safeguarding.aspx

InControl Easy Read Resources www.in-control.org.uk/resources/ easy-read-resources.aspx

Citizenship Development Resources from SCLD www.scld.org.uk/scld-projects/

www.scld.org.uk/scld-projects/ citizen-leadership

Advocacy Information from SIAA, Scottish Independent Advocacy Alliance www.siaa.org.uk/content/view/14/27/

Scottish Government Easy Read Resources on Social Services, Law and Adults at Risk Information about Health and Social Work Services supporting People with a Learning Disability: www.scotland.gov.uk/Publications /2011/04/20092341/1

Information about Criminal Justice Social Work Services

www.scotland.gov.uk/Publications

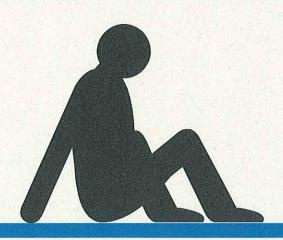
Easy Read Version of a Life Like Any Other

Human Rights and Adults with Learning Disabilities www.publications.parliament.uk /pa/jt200708/jtselect/jtrights/40/ 40ieasyread.pdf To see more of James and the views of people who access services on Adult Support and Protection go to: www.thistle.org.uk/riskresearchproject/adultprotectionresources





# Information about Harm



Across Scotland, there are adults at risk of harm. This leaflet tells you

- what people mean when they talk about harm
- what to do if you think you are at risk of harm
- what to do if you know someone
   who might be at risk of harm



# What is harm?

Harm means people doing things that hurt or upset you.

There are five main types of harm.

# **Physical Harm**



This means hurting a person's body or stopping a person moving about.

Physical harm can be

- Hitting a person
- Shaking a person
- Locking a person up

# **Psychological Harm**

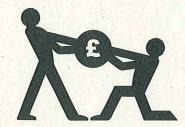


This means hurting a person's mind.

Psychological harm can be

- Upsetting a person's feelings
- Making a person feel scared
- Leaving a person alone for too long

# **Financial Harm**



This means stopping a person from having their money or things.

## Financial Harm can be:

- Stealing or taking money from a person
- Not letting someone use their money
- Not letting someone use the things they own

# **Sexual Harm**

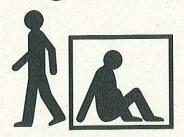


This means getting a person to do sexual things they don't want to do or don't understand.

## Sexual harm can be

- Making a person have sex
- Taking photos at private times
- Making a person look at sex DVDs or photos
- Getting a person to do sexual things for money or presents

# Neglect



This means stopping a person getting the things they need to be healthy.

Neglect can be

- Stopping a person from seeing their doctor
- Stopping a person from getting their medicine
- Stopping a person from getting the right food

# Help is available

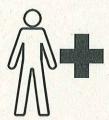
There is extra help for people over 16 years old who find it difficult to stop someone harming them because they

- are disabled
- are sick or
- have a mental health condition

People over 16 years old who might find it difficult to stop someone from harming them for one of these reasons are called "adults at risk of harm". The next part of the leaflet tells you what to do about harm.

# If you are worried about harm

Tell or show someone



Tell a health worker



Tell a social worker



Tell a police officer

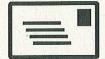
Tell anyone you trust

Health workers, social workers and police can help.



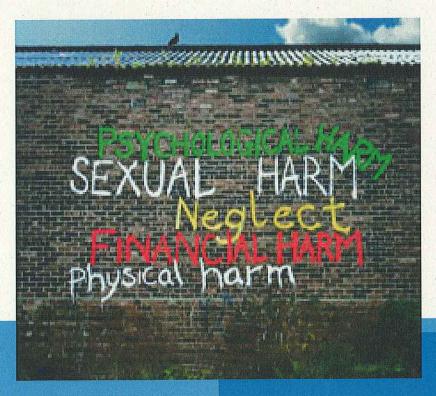
# **Your local contacts**











RR Donnelley B63754 02/10 ISBN: 978-0-7559-8270-7



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# Section 2 - Communication Tools:-



## Communication Profile (Adult Support & Protection)

Name:

This communication profile should be shared with all professionals and agencies working together to keep the Adult safe from harm.

Date:



Completed by:					
Areas of communication difficulty (please	tick all tl	hat apply)			
Understanding speech					
Reading					
Expressing self through speech					
Writing					
Interacting easily in every situation					
Hearing					
Vision					
Other:					
To help with understanding (please tick all that apply)					
Check hearing aid is inserted and switche	d on				
Check that glasses are on and clean	a on				
Use simple language – plain English					
Use body language and facial expressions	S				
Use gesture					
Use photos / pictures/ symbols					
Write down key words					
Other:					

# When expressing themselves, the Adult will use the following (please tick all that apply)

Physically moving towards a place or location	
Objects	
Simple sounds	36.00
Head and body language	1,11-11
Eye pointing	1
Gesture	
Facial expressions	
Photos/pictures/symbols	
Speech	
Written word	
Communications aids	A
Other:	

# Communication and the environment (please tick all that apply)

Use plenty of time – wait after each question and use pauses	- Algeria Study	
Inform the adult when you change topic		
Use names rather than you/me/she/he etc		
Ask the adult if they have understood what you have said		
No background distractions (TV/radio)		
One to one setting		
In a place that they feel comfortable		Table 14
Other:		
[2] 기계 (2) [4] [4] [4] [4] [4] [4] [4] [4] [4] [4]		7

This form is to be used to give workers a brief overview to ensure that the Adult's communication needs are supported at all times. This does not replace a full and comprehensive Speech and Language Therapy assessment.

If a client requires further support with their communication needs then please consult with Speech and Language Therapy services.

## **Council Officers Visit Summary Sheet**

Aim & Purpose:

The Council Officer Visit Summary sheet was designed to be used as a visual reminder of the topics discussed during visits.

The sheets should provide the client with a brief overview of the reason why the visit took place, what was agreed, what to do if the client feels unsafe and when the next visit/meeting is due and where.

## How to complete the sheets:

When filling out the sheets please note the following:-

- All sections should be completed
- The handwriting should be clear and legible
- Plain English should be used no jargon
- Ensure that the client understands what has been written before they are given the sheets
- Information should be clear and concise not verbatim

Where to keep the sheets:

The sheets should be kept in a place where the client is able to locate them if they need to. However, they should be kept private and out of view from people who may come into the client's home.

Council Officers should make a record of what they have written on the summary sheet also.

# Visit Summary Sheet

Visit S	Summary Sheet	
Date we met:		
My name:	Who I am:	
We met because:		
We talked about:		
	o keep you safe, we a	
What to do	if you feel unsafe	$\bigcirc \epsilon$
If you feel unsafe tell:		
Or		
Telephone:		
Date of next visit:		eey -
Where we will meet:		

## Social Stories and Adult Support and Protection

### What are Social Stories?

Social stories are short, descriptive stories that describes what happens in a specific social situation and presents information in a structured and consistent manner.

The information is presented through use of pictures rather than speech or observation.

Each story should be clear and offer accurate information about what is happening. Some of the information may appear obvious; however it is important that this is included at every stage. The story should describe what people do, what they do it and what the possible outcomes are.

## Purpose of Social Stories in ASP

Social Stories are used to introduce a person to a new experience and offer them the opportunity to become familiar with new situations before this happens. By using a social story the client should be more comfortable and have an understanding of what is going to happen.

Social Stories can be used within ASP in a number of different ways:-

- Advise and explain what ASP is
- Example of what will happen during interview
- Example of what will happen at a case conference meeting

## How to use a Social Story

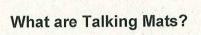
When using the social story you should sit side by side the person, reading the text slowly and showing them the pictures that support the text. Check that they have understood what has been said.

If you wish to write you own social story then ensure that the picture is on the left and text is on the right. Names should be used instead of I/he/she.

Who would benefit from the use of Social Stories?

Social stories were first developed for people with Autism and those with a social understanding impairment. However, as social stories have become more common, other client groups such as those with Learning Disabilities or dementia have found social stories useful.

## **Using Talking Mats within ASP**





Talking Mats is a communication aide with the aim to improve the lives of people with communication difficulties, and those close to them, by increasing their capacity to communicate effectively about things that matter to them.

The Talking Mats communication symbols tool is based on extensive research and designed by Speech and Language Therapists. It uses unique, specially designed picture communication symbols that are attractive to all ages and communication abilities and is used by clinical practitioners, carers and support workers in a wide range of health, social work, residential and education settings.

Whether used for consulting children and young people, used as a stroke communication resource, or used to overcome communication difficulties for people with learning disability or dementia, the communication symbols have proved highly effective.

## How are Talking Mats used?

Talking Mats is an interactive resource that uses three sets of picture communication symbols – topics, options and a visual scale – and a space on which to display them. This can either be a physical, textured mat, or a digital space, for example a tablet, smart board or computer screen.

- Topics: whatever you want to talk about, e.g., pictures symbolising 'what do
  you want to do during the day', 'where you want to live', 'who do you want to
  spend time with', etc.
- Options: relating specifically to each topic. For example: 'What do you feel about going for a walk? Or living at home?'

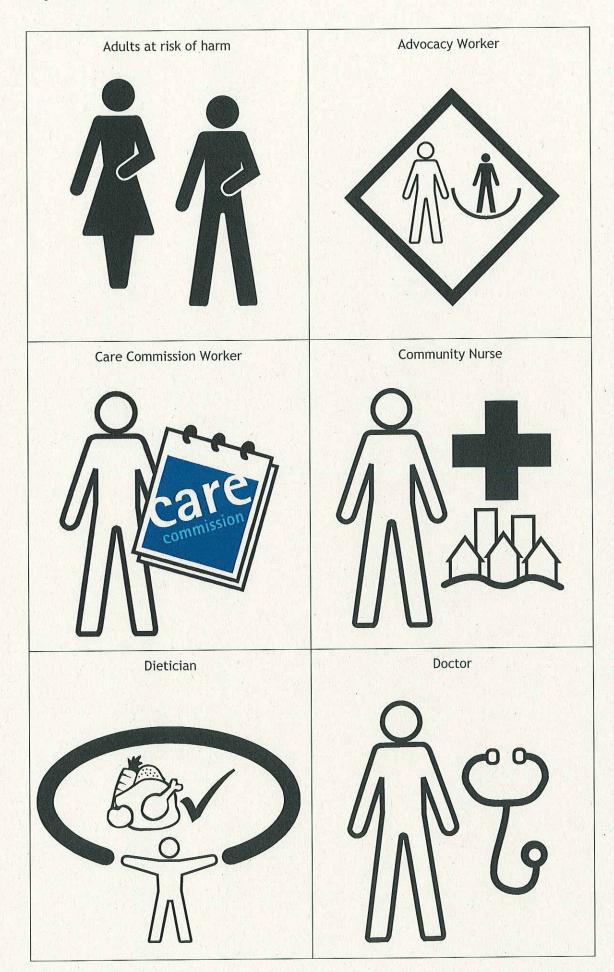
 Top Scale: this allows participants to indicate their general feelings about each topic and option. The meaning of the visual top scale can be adapted to suit the questions you are asking the person, for example, whether they are happy, unsure, or unhappy.

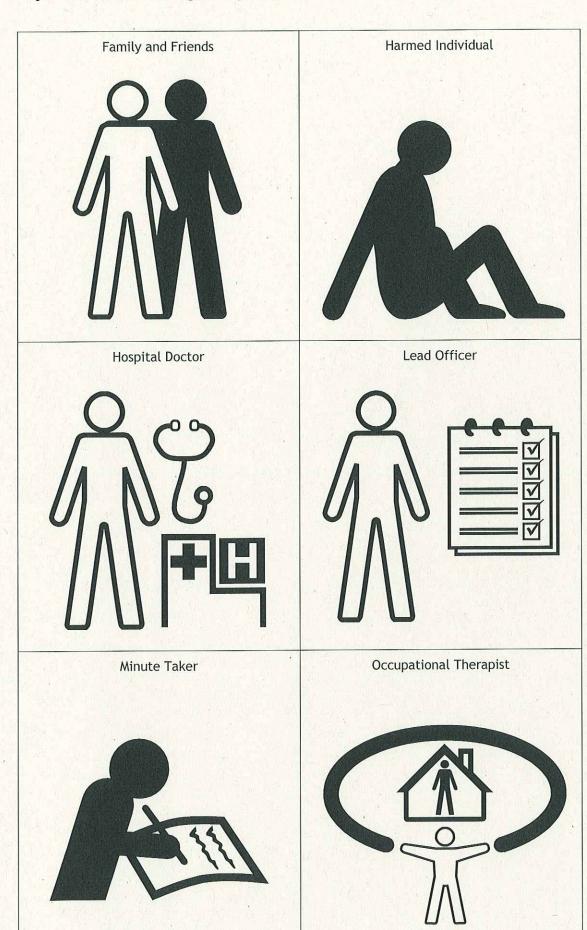
Once the topic is chosen e.g., 'activities' or 'people', the participant is given the options one at a time and asked to think about what they feel about each one. They can then place the symbol under the appropriate visual scale symbol to indicate what they feel.



## Where to access Talking Mats in West Dunbartonshire

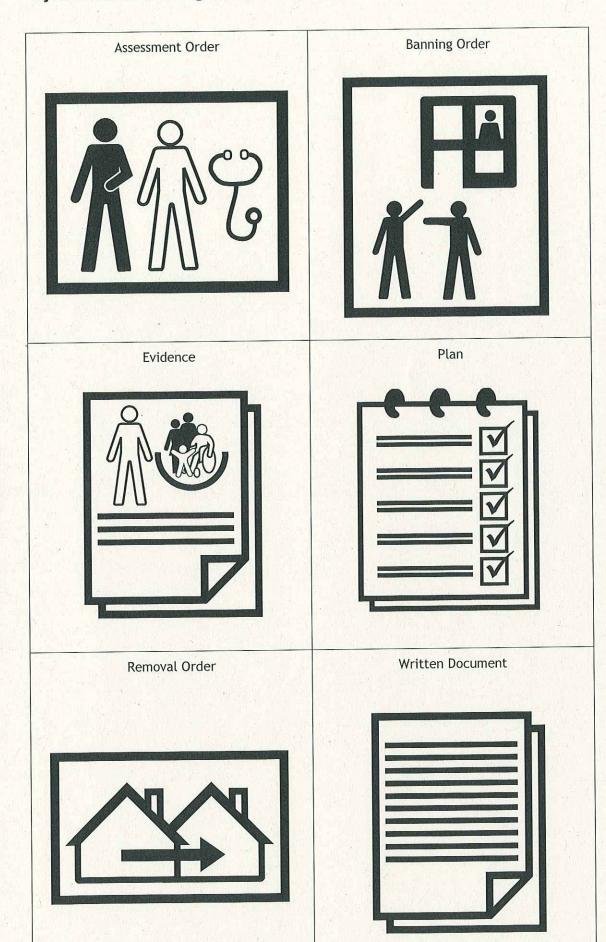
Most Speech and Language Therapists will have completed the appropriate training to facilitate the use of Talking Mats. There may also be a number of other professionals who are able to assist and offer guidance when using Talking Mats to interview an adult – if you would like to consider the use of Talking Mats then please contact the ASP Team on 0141 562 2457 who will then be able to direct you to the appropriate service.







Neglect Financial Harm Psychological Harm Physical Harm Sexual Harm

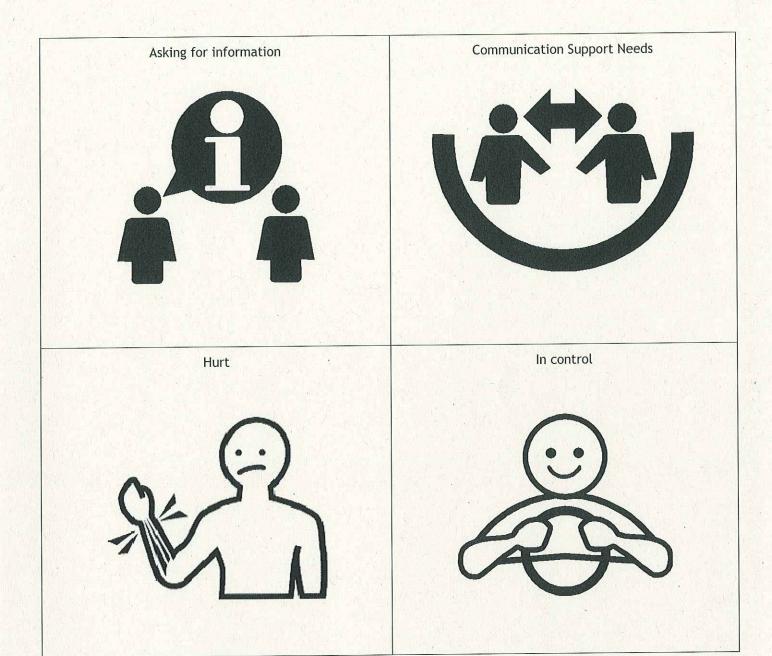


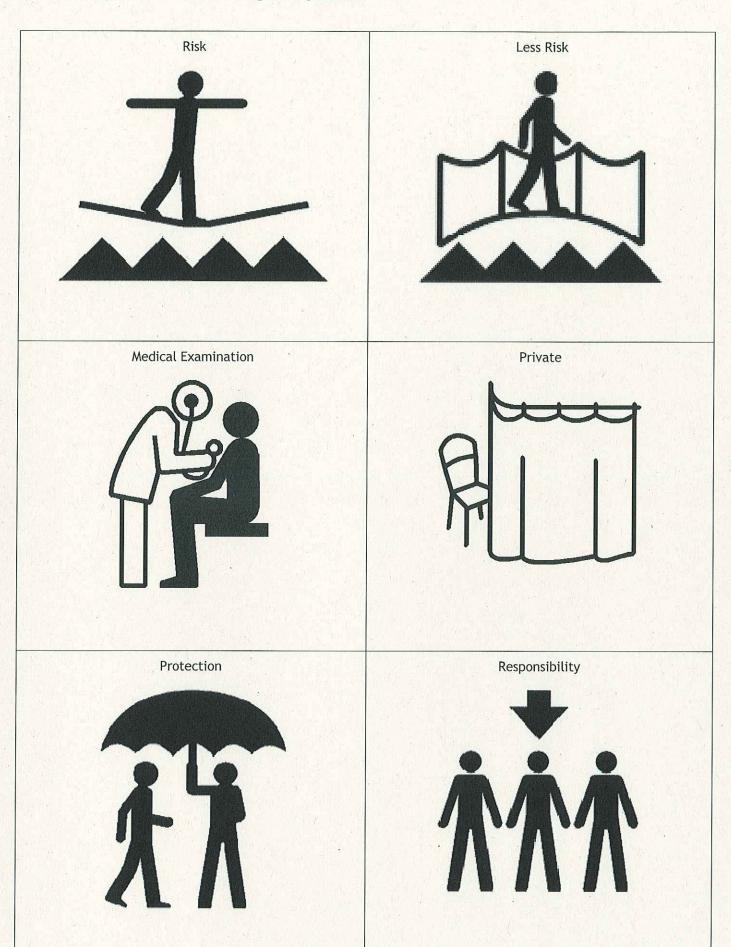
Apologies Case Conference Date of Next Meeting Consent Help to Talk to Someone **Decisions** 

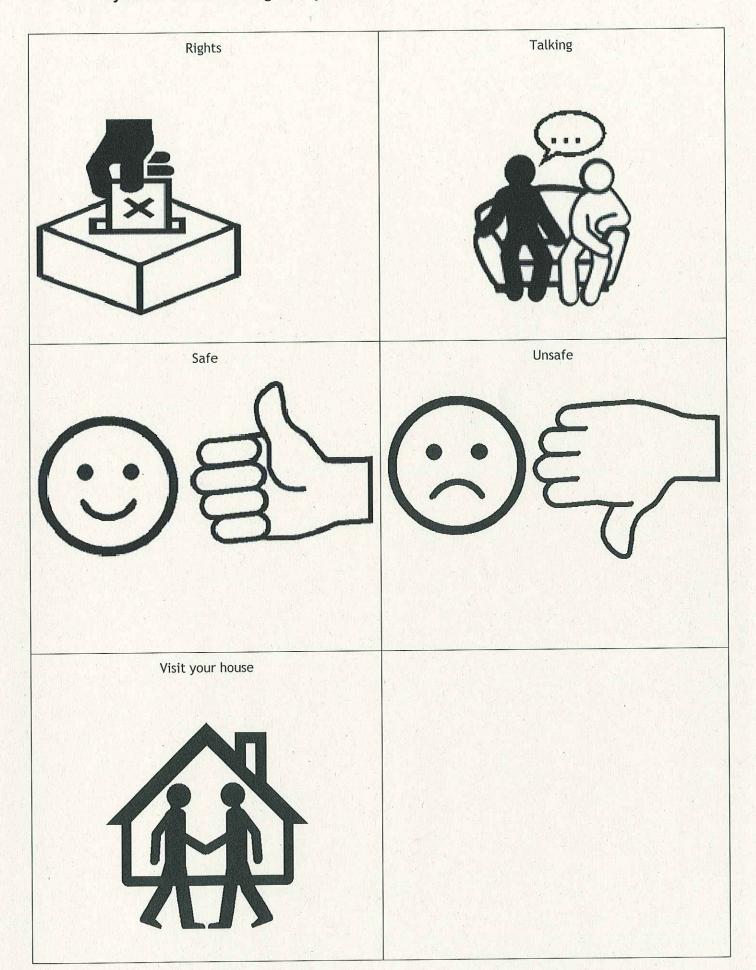




Introductions Inquiry Refuse News and Ideas Why we are having the meeting Support and Protection







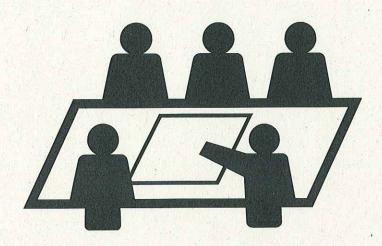




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### **Section 3 – Case Conference Meetings**



### Case Conference Access Checklist – Adult Support and Protection

### STOP - make sure I'm included

Please complete the checklist below to ensure that you have taken all of the appropriate measures for the Adult to attend the case conference meeting.



Does the Adult need assistance with the following? (the first is an example)

Barrier	Comments:	Resource
Hearing	Client wears a hearing aid	Ensure that client has hearing aid and that induction loop is set appropriately.
Hearing		
Vision		
Speech		
Literacy		

Consideration should be given to where the meeting will take place. Consider the below and tick all that apply to allow the Adult to attend the meeting.

Wheelchair access	Market San Ma
Extended/wide door frames suitable for wheelchairs or mobility scooters	
Disabled toilet	
Elevators / chairlifts	
Other:	

The Adult may not be able to attend the meeting on a particular date or time or may have other responsibilities. Consider the below and complete all that apply to allow the Adult to attend the meeting (the first is an example).

Barrier	Comments	Options
Time	Adult takes children to school in the morning at 8:45 and will not be available until 9:30.	Ensure that the meeting does not take place any earlier than 9:30.
Days (Monday – Friday)		
Time		
Other		

Other barriers - . Consider the below and complete all that apply to allow the Adult to attend the meeting (the first is an example).

Barrier	Comments	Options
Religious/cultural issues	Adult is an Islamic woman who would prefer female workers to attend the meeting.	Request a female chair, minute taker and council officer attend the meeting.
Financial Constraints		
Travel		
Religious/cultural issues		
Staffing issues		

Please note the	elow, please summ at every effort shou nin the meeting.	narise your finding uld be made so tha	and note your rec at the Adult can at	ommendations. tend and

Meeting about		
in	1	Introductions
AAA	2	Apologies
? ? ?	3	Why we are having the meeting
<b>6</b>	4	What the police think
	5	Talk about risk of harm and what can be done about risk of harm
	6	Support and protection

	7	News and ideas
<b>1919</b>	8	Decisions
	9	Date of next meeting

## Adult Support and Protection Case Conference Meeting – Minutes





Name:		
Date of meeting:		
Where the meeting v	vas held:	

### Who attended the meeting?

Name	What they do

Why are we having	ne meeting?	
What people said		
Police		
Family/friends		

Support/Care Worker	
Social Worker	
Doctor or Nurse	
Other people	

Vhat you said					
he decision of the	e meeting				
				12121	9
			1	2/2/2	
					A TOTAL SE
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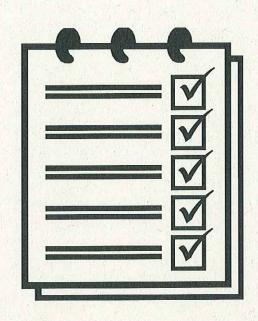




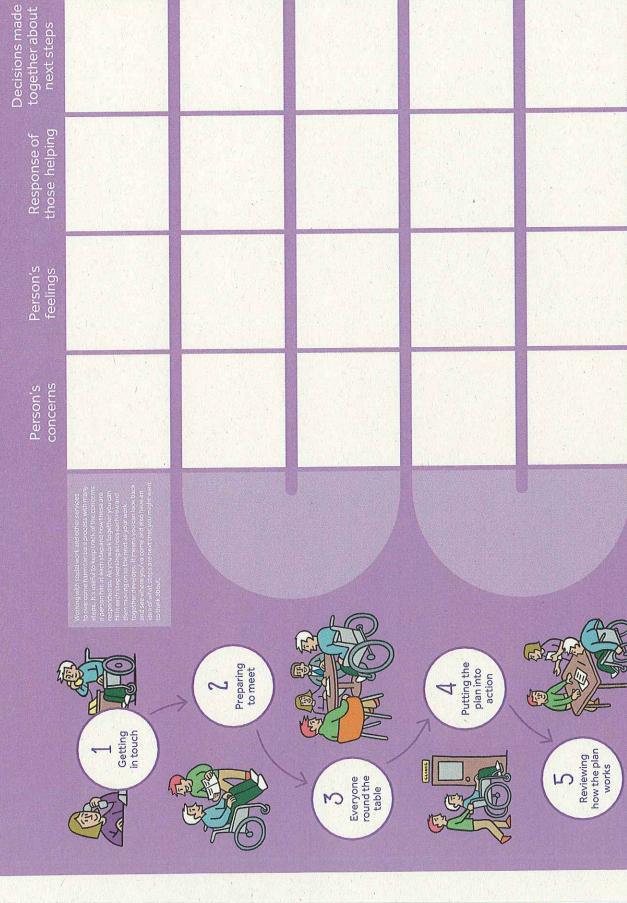
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### Section 4 – Other resources



# STEPS ALONG THE PATH: OUR RECORD OF WORK TOGETHER



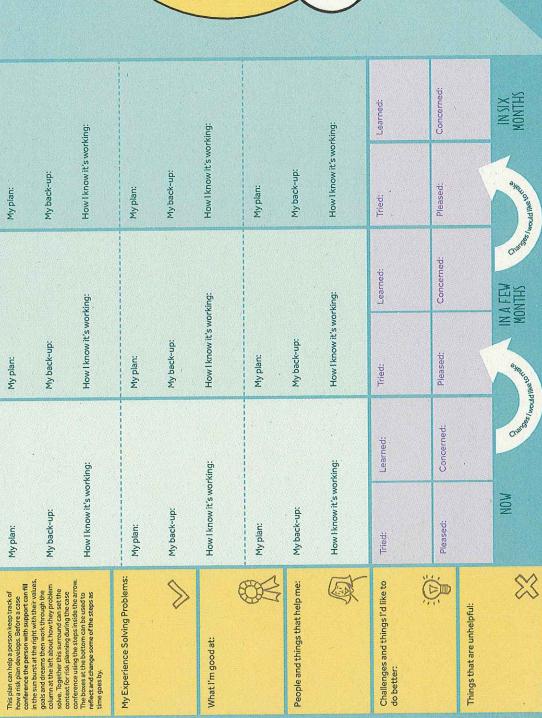
## MANAGING RISK WITHIN THE SETTING OF SETTING SE

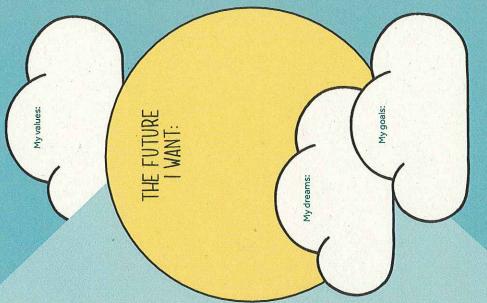












### What is important to me - Guidance and Information

The sheet was designed to list all of the things that are important within a person's life. The sheet can be used during various stages within the ASP process and attention to ensure that the client can still do the things they enjoy whilst being safe from harm.

The sheet can also be important when introducing new workers to the client and ensuring that their views and wishes are paramount during any ASP investigation.

### What is important to me?

My Name:		24
Who helped me complete th	is form:	
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Family, Friends & Care Name	Who are they?	Contact Details
Ivaille	willo are they?	Contact Details
The places I go		
Place	When I go	Contact Details
	3	

### My hobbies & interests

	Who helps me with this	When I do this
My Religion & Cultu	ıre	
Dietary Choices	Ne de la companya de	
My work (paid or ve	oluntary)	
My work (paid or ve	oluntary)	
My work (paid or ve	oluntary)	
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